

Missions for Humanity
Mission Trip 2015 - Dar es Salaam, Tanzania

(July 1th, 2015 – July 16th, 2015)

Purpose: To share the gifts God has given to us by providing medical, dental and humanitarian aid to those in the world's neediest communities. Rooted in the teachings of the Catholic faith, we serve with utmost respect for the preservation of human dignity. We provide care for all people regardless of religion, gender, race, or ethnicity.

We are working through the Caritas Dar es Salaam. Through this program we have been connected with the Dar es Salaam Archdiocese Health Network.

- We will be working at clinics in Dar es Salaam and in the outlying villages within the diocese. Caritas will have everything planned out before we get there. They will arrange the transportation etc. that we need.
- Those who are not medical people will act as assistants, be teaching, or be working on various projects that the Caritas staff will arrange.
- Although the language spoken by the majority of the people is Kiswahili, some do speak English, so language should not be a problem. There will be translators for the doctors etc. who need them.
- The following web site will bring you to the Caritas program through which we will be working...
www.tanzania-africa-development.com/who/staff.asp

Dates: Friday July 1st– Saturday, July 16th

Cost: Approximately \$2500 - \$3500... Exact amount will depend on flight when you purchase airfare and any optional trips you take.

Approximate Cost Breakdown

Airfare: I will book first batch November 1st for best prices. I will need a \$2000 deposit to have your flight booked. You will need to email me the following info:

- **Name as it appears on your passport**
- **Passport number**
- **Date of Birth**
- **Date issued**
- **Date of Expiration** (must be more than 6 months or you must renew)
- **Phone number**

Flight Price as of 10/12/15

Emirates

Date	Flight	From	To	Departure	Arrival	Length	Class
Fr 01 Jul	EK 240	Boston Logan Intl.	Dubai	1155A	815A (Sa 02 Jul)	12:20	Economy U
Sa 02 Jul	EK 725	Dubai	Dar Es Salaam Intl.	1050A	315P	5:25	Economy U
Fr 15 Jul	EK 728	Dar Es Salaam Intl.	Dubai	1150P	640A (Sa 16 Jul)	5:50	Economy U
Sa 16 Jul	EK 237	Dubai	Boston Logan Intl.	840A	215P	13:35	Economy U

Total per person incl. tax & any applicable nonrefundable service fees : \$ 1826.00

Fares and taxes are subject to change without notice until payment has been received and tickets are issued.

Airfare (approximate)	\$1900.00
Room & Board 13 nights @ approximately \$38.00/day	<u>\$ 494.00</u>
Approximate Cost without side trips	\$2394.00

Travel Insurance (purchase on your own – cost depends on what you buy)

Optional Expenses

- Airport Transportation (approximate) \$ 40.00
- Safari (approx.\$800- \$2000) depending on what you chose. \$ 800-2,000
- Dubai Extension (\$\$ depends what you do) \$???

Accommodations: Mbagala Center (The Diocesan Center for the Diocese of Dar es Salaam) Bed & breakfast and dinner is \$38.00/night.

- Rooms: Single, Double or Triple rooms. All rooms have private bathrooms with showers (cold water), and ceiling fan.

Not Included:

- Visa upon arrival - \$100 US dollars
- Drinks(other than water) at meals and other times
- Dinner the night we take the Caritas staff out (about \$65 per person)
- Tips on safari (if you go on one)
- Tips at Mbagala Center
- Spending money for gifts

Passport Required

Visa: Required – we will obtain the visa at the airport we arrive in Tanzania – cost \$100.00

Medical: Vaccinations

Mandatory: Yellow Fever (no longer mandatory as of 5/11... good idea???)

Recommended:

- Hepatitis A
- Hepatitis B
- Malaria – (specific for Tanzania) pills that you must start before you go
- Tetanus
- Typhoid (1 shot or pills that you must start a month or so before you go)
- Polio booster

Check with your insurance to see what is covered where.

- Miriam Hospital Travel Clinic – Providence
- Travel clinic in the Cape
- Travel clinic outside of Boston

Clothing

- See recommended list of items to bring
- You may have clothes washed while you are there.
- Women (and usually men) do not wear shorts in public.
- Spray clothes????

Communication

- Internet is rarely available
- Some cell phones services – check with your provider.

Currency – Tanzanian Shillings 2,168.00 = \$1.00 (as of 10/12/15)
(fluctuates a lot)

- **Only New (Big Headed, dated 2004 or after ONLY)** American dollars are accepted in Tanzania.
- You receive a better rate of exchange if you exchange large (\$100's, 50's) bills.

Current - 220V

- You need either a 3 prong plug (UK size) Adaptor.
- You need a current converter if the items you will be charging don't state that they work on both currents.
- A 220 V power strip is great if you have a lot to plug in. I purchased one on-line at World Gift Center

Dubai Extention Option -You need to book yourself, but we can give you info on what we did, where we stayed, tour group etc. **Need to know before you book your flights.**

- JW Marriott Hotel
- Dubai Private Tours

Contact: Kathy Crosson
Home 508-672-7996 kcrosson1@comcast.net
Cell 508-972-2979 (I don't answer it during school hours)

***To see pictures from past mission trips to Tanzania and Honduras visit the Missions for Humanity website at www.missionsforhumanity.org and click on the Flickr link or go directly to our Flickr account at <http://www.flickr.com/photos/30649903@N05/>