

AMERICA LEGION AUXILIARY DEPARTMENT OF ARIZONA

AMERICANISM – AUGUST 2019

A very warm welcome to all!

I am honored to serve at the Americanism Chairperson for the Department of Arizona for the 2019-2020 year. This is going to be an exciting year and I cannot wait to get started! Congratulations to Madam President Patricia Lugo and best wishes on a great year!!

Americanism is an essential part of the American Legion Auxiliary ("ALA") and is an ideology that consists of the cultural and political values of the United States. Our Americanism program promotes patriotism and responsible citizenship and teaches respect for our country and our Nation's flag. The ALA provides learning opportunities and instructional resources to better educate our fellow Americans on Flag Etiquette, the Constitution and Patriotic Holidays.

We want our Americanism Programs to be successful and to do that your Unit should focus on the following for their participation in the ALA Americanism Program:

- Select an American Chairperson that enjoys being Patriotic and sharing their knowledge.
- The Chairperson should become familiar with the Americanism Plan of Action (POA) and read all previous Americanism Reports provided in the monthly packets.
- The Chairperson should determine what to keep records of such as the number of Unit Members involved in an Americanism/Patriotic event, the hours volunteered, money spent, etc., and setup a method to track that Americanism/Patriotism effort.
- The Chairperson should make a game plan to decide what to include in your Unit's year-end report and narrative. This may include writing summary reports for every event attended detailing Americanism/Patriotism witnessed and summarizing all for the Narrative.

Deadlines will be provided in next month's newsletter.

Upcoming Patriotic Days:

8/1 – Air Force Day

8/10 – US Dept of Defense Day

8/4 – Coast Guard Day

8/16 – National Airborne Day

8/7 – Purple Heart Day

8/29 – Marine Corps Birthday

For God and Country,

Laurie Castillo

Department of Arizona Americanism Chairperson

[lauriecastillo22@gmail.com](mailto:lauriecastillo22@gmail.com)

602.359.0409

AMERICA LEGION AUXILIARY DEPARTMENT OF ARIZONA

AMERICANISM – SEPTEMBER 2019

Happy Fall Y'all!!

Are you wondering what your Unit can do to promote Americanism? Your Unit's Americanism Chairperson or Committee should work on the following:

- Team up with your Legion Post to increase respect for the flag in your community; invite the public to participate in a flag disposal ceremony.
- Teach proper handling, displaying, and respect for the American flag, as well as our National Anthem and the Pledge of Allegiance.
- Organize a patriotic holiday event or participate in local patriotic holiday events.
- Volunteer to keep up the area around the flag pole at your community's civic government area by planting seasonal flowers and collecting trash.
- Encourage local businesses to fly the American flag, especially on patriotic holidays.
- Encourage Legion Family members to fly an American flag at their home.
- Provide American flags to your local schools for classrooms.
- Order pocket flag kits and distribute to members. More info here: <http://www.pocketflagproject.com/wp/participate/get-started/>
- Identify and distribute assembled pocket flags to active-duty military overseas.
- Encourage Auxiliary members to contact state and federal representatives and ask them to support the flag amendment.
- Encourage members to participate in Get Out the Vote and Kids Voting USA campaigns. For more information, refer to [www.legion.org/vote](http://www.legion.org/vote) and [www.kidsvotingusa.org](http://www.kidsvotingusa.org).
- Work with local schools to further education of the U.S. Constitution, either whole or in part such as the Bill of Rights or the Preamble.

Unfortunately the 2019-2020 Supplement to Americanism Programs Action Plan is not available, so this year's theme and deadlines have yet to be posted. I will make sure we have all information available in October's packet!

Upcoming Patriotic Days:

9/2 – Labor Day

9/11 – Patriot Day

9/17 – Constitution Day

For God and Country,

Laurie Castillo  
Department of Arizona Americanism Chairperson  
[lauriecastillo22@gmail.com](mailto:lauriecastillo22@gmail.com)  
602.359.0409



## Chaplain

### September 2019

Greetings American Legion Auxiliary members,

I hope you are all surviving these summer temperatures! I can't wait for the cooler weather! If you would like me to send a card to someone, my contact information is listed below. Please send me an e-mail or text message and I'll get a card sent out right away. I'd be happy to send any kind of card – get well, condolences, thinking of you, motivational, encouragement, great job, etc.

I'd like to hope for the cooler weather with a prayer for Fall:

Dear Heavenly Father,

As the fruit and grain ripen in your sunshine and showers,

May we grow in love and compassion.

Ripen our sense of justice for all people, especially the poor.

Deepen our gratitude for friends and family, who teach us to delight in each day.

Fill us with the joy of being fully awake to your miracles all around us and within us.

Amen.

Stacey Mayberry

Department of Arizona Chaplain

9139 W Harmony Lane

Peoria, AZ 85382

Cell Phone: 702-403-4903

Email: [Mayberry.stacey@gmail.com](mailto:Mayberry.stacey@gmail.com)

## Children and Youth Program

September 2019

Greetings fellow Auxiliary members,

Happy September! School is back in session so what a perfect time to work together with your Education, Americanism and Junior's chairs to promote "Star Spangled Kids".

The "Star Spangled Kids" program is to help educate children and youth on the history of the United States in the aspect of patriotism, Americanism and the U.S. Constitution.

- Does your unit work with a local school to provide school supplies? Work with that school to create a citizen ship Award to present to a student or students who have demonstrate the ideals of the US Constitution.
- Veterans are service members in the classroom is an excellent way to bring perspective to the Youth of today on what these men and women had done (or are doing) to defend the ideals of the Constitution.
- Create a fun word search game using words from the constitution for the juniors members of your unit. Have a fun prize for the junior who completes the puzzle the fastest.
- for the younger kids there are patriotic coloring books pages you can download from the internet ([www.pateioticcoloringspages.com](http://www.pateioticcoloringspages.com)) and have a coloring contest at your next meeting. Display the artwork in a place of honor in your post.

These are just a few ideas you can use. I encourage you to work with your other program chairman as well as your entire Legion family to promote "Start Spangled Kids".

The National Security/Children & Youth Workshop has not been scheduled at this time. Full information will be sent as soon as all plans are finalized.

For God and Country

Lynda Griffin – Chairman

Rebecca Gulley – Committee



## *Creative Arts*

*September 2019*

The National Veterans Creative Arts Festival 2019, will be held in Kalamazoo, Michigan from October 28<sup>th</sup> through November 3<sup>rd</sup>, hosted by Battle Creek VAMC. You can go to [alaforveterans.org/NVCAF](http://alaforveterans.org/NVCAF), to read more about it. Some of the headlines from the 2018 festival are; “Blind Army Veteran overcomes trauma through creative writing,” “Vietnam Veteran finds solace singing the blues,” “Veteran paints new life outside of prison,” “VA Care music therapy helps Chicago veteran overcome PTSD,” and “Navy veteran finds profound healing through music therapy.” If you have doubts about how Creative Arts is beneficial to veterans, you need only read these stories. The headlines by themselves should help you understand. The ALA is the only other sponsor of this program other than the Veterans Administration. It takes a lot of volunteer hours and funds to make this happen. Start planning now to raise funds and mark your calendars for next February 2020, for your local Creative Arts Festivals. The Phoenix VA festival will be February 12<sup>th</sup> for set up and judging, and February 13<sup>th</sup> open to the public for you to enjoy and the awarding of prizes to the veterans.

Your Department Creative Arts Team 2019-2020:

Phoenix: Margaret Ellis, Chairman      [maggylou@cox.net](mailto:maggylou@cox.net)      480-818-3166

Prescott: Sally Fine      [mightyfine123@gmail.com](mailto:mightyfine123@gmail.com)

Tucson: Kathy Szakonyi      [N3SAD@aol.com](mailto:N3SAD@aol.com)



**Centennial**

**September  
2019**

**CENTENNIAL  
CELEBRATION  
1920 – 2020**

The American Legion Auxiliary has been dedicated to serving veterans, military and their families for 100 years. Auxiliary members exemplify **“Service Not Self”** through countless volunteer hours, programs, children and youth and community service. Although many things may have changed since 1920, the one thing that remains the same is our unwavering commitment to honor those who have served and continue to serve. As we celebrate this milestone and ring in a new century of supporting the American Legion Auxiliary mission – serving our veterans, let us continue truly living the promise of **“Service Not Self.”**

**Get started with the HISTORY of your Unit.**

You can celebrate within your unit or district or both if possible. Start thinking about activities in which you can celebrate your history locally and statewide. We worked with The American Legion Family as they celebrated their 100 years and this year can be a continuation with the Auxiliary in center stage. As a unit start collecting items for your history and set up a display for special presentations in your post home. Contact long time members who will be a treasure of information. You could make a scrapbook of everything that you obtain and display it at events.

That is just a beginning of our celebration. I suggest you begin planning events for the next year. Display banners and most of all – PUBLICIZE!. I would be most appreciative if you would keep me in the loop on everything that you do for our Centennial, along with Department Historian Rose Ficklin. This can be an awesome year for this organization. More information to come at Fall Conference.

Karen Smith, Chairman  
(520) 249-1119  
ksmith111@cox.net

# ***Community Service***

***September 2019***

Hello Ladies,

I am honored to take on the chairmanship of Community Service. Please feel free to contact me with any questions you might have, if I can't answer them, I will do my very best to research and find the answer for you. I am very excited for the year ahead.

I would like to share ideas and resources with you and your units to promote Community Service within your area. I also encourage you to log everything you and your Unit does in order to make mid-year and end of year reports and narratives easy.

One upcoming opportunity to serve in the community is **9/11 Day** formally known as **Patriot Day**. I encourage you and your members to make an official pledge of service on or around 9/11 Day and share your pledge with others on social media outlets like Twitter and Facebook and encourage others to join you in your pledge. Your service pledge can be as broad or as specific as you like, as long as it is in the spirit of service and remembrance.

To officially pledge, go to [www.911day.org](http://www.911day.org) and make your pledge. After pledging, share your pledge on social media sites. Remember to include the hashtag **#911Day** and **#ALA**

I encourage you to review the ALA's Plan of Action online at [www.ALAforVeterans.org/program/community-Service/](http://www.ALAforVeterans.org/program/community-Service/) for other suggested service opportunities.

Sara C. Decker  
Community Service Chairman  
[SaraCDecker91@gmail.com](mailto:SaraCDecker91@gmail.com)  
480-580-3269



## Education September, 2019



Everyone is back in school. Each month I will focus on one of the areas mentioned in the first newsletter. This month: **Build a relationship with your local schools - focus attention on "Give 10 to Education," American Education Week and Teacher Appreciation Week.**

The "Give 10 to Education" program is designed to allow our members to support education from different angles. Every unit participating will receive a certificate. Let's try for 100% participation, because this project can allow all members, juniors included, to participate. Here's how it works!

Determine what type of activity in which you would like to participate. Here are some suggestions:

1. Donate 10 minutes/hours/days of your time to volunteer in a classroom.
2. Assist with or donate 10 items to a backpack program held at many schools.
3. Donate 10 boxes of pencils or crayons to a classroom or school.
4. Provide a \$10 donation to a school library.
5. Help a teacher on the playground for 10 minutes.
6. Donate 10 flags and discuss the importance of the flag to a class.
7. Donate 10 pair of socks to a kindergarten class.
8. Donate 10 pair of shoes.
9. Give 10 dictionaries to third grade students.
10. Support a scholarship fund (including National Scholarships) by donating \$10.

American Education Week is November 18-22, 2019. Visit the schools to promote the Auxiliary scholarships. Send a card to all local school staff, including all school personnel who children interact with, teachers, office staff, bus drivers, custodians, etc.

Promote Teacher Appreciation Week, May 4-8, 2020. Send cards to your local schools' teachers. Donate resources that teachers or needy children may need. Plan teacher appreciation events at your schools.

I'm looking forward to hearing about the creative ways in which your Units and Members promote the Education Program.

In the Spirit of Service, not for self,  
For Veterans, God and Country,

*Julie Vietri*

Education Chairman  
Department of Arizona



## FINANCE INFORMATION

SEPTEMBER 2019

As your finance Committee, let us begin this month with a couple of questions for all Units and Districts: #1 Do you know the meaning of the word Audit and #2 Has your Unit and District had their Treasurers books & records Audited? Audit – a formal checking of your financial records. How long has it been since your records were audited? You answer this question. The new National ALA Guide Book states on page 45:” The Unit Treasurer should be present to facilitate an audit. If your By-Laws don’t state how the audit is to be conducted the Unit may hire an outside auditor or appoint an audit committee of two or more persons. The Unit Treasurer should provide a report after an annual audit of the Treasurer’s books. Once the audited report has been adopted, it becomes part of the Unit’s or Districts permanent record.

This is why we continually remind all of you to retain receipts of income and payouts whether by check or cash as these items are necessary to complete an AUDIT. It is NOT GOOD POLICY to keep writing a check to yourself – take a check with you when purchasing items or paying out to a vendor.

An Audit protects not only the Treasurer and other officers but the organization as a whole. It is also good policy when writing checks to either make a copy of your written check or better yet, when you order checks get them with duplicate copies.

Our very sincere thanks to ALL who donated items for the drawings at the Department Convention – many were handmade and most of all the Finance Committee thanks all who purchased tickets for the many items. Because of your generosity and the tables full of items, the income from the ticket sales was \$1,030. to be used to pay for overhead expenses at our Department headquarters office. Also to those fantastic Auxiliary ladies that helped with ticket sales – THANK YOU ALL!!!

Another reminder – have you made your annual report to the office of the Secretary of State listing your Unit as a veterans organization, your annual report to the AZ Corporation Commission and to the Internal Revenue Service filing some form of the 990. Your fiscal year determines the date for filing to the IRS.

Remember the three words this committee will be using from now on - HONESTY, INTEGRITY AND RESPONSIBILITY!!!

Your Finance Committee Team - Helen Stout, Chairman, Penny Maklary, Helen Griffin, President Patsy Lugo, Cindy Queen (NEC), Barbara Matteson, (Dept. Sec. Treas)

## HISTORIAN

SEPTEMBER 2019

Hope you all are staying cool, fall is almost upon us. Just a reminder, please send me the minutes of your unit and district meetings, especially if your District President or Madam Department President is there so I can write the history of 2019-2020. My address is

1740 E 2<sup>nd</sup> Ave Mesa AZ 85204. Or email them to  
[auntwosie1990@yahoo.com](mailto:auntwosie1990@yahoo.com)

There will be history information at fall conference. But if you have questions feel free to call or text me 602-628-4088

For God and Country

Rose

AMERICAN LEGION AUXILIARY  
DEPARTMENT OF ARIZONA  
JUNIOR PROGRAM 2019-2020

"Serving Those Behind the Badge"

2019-2020 Department of Arizona Junior Conference

The Junior Conference will be held in October. The time and place will be announced in next months bulletin. Please make plans to attend as it will be an informative and fun experience for all.

2019-2020 National Junior Meeting

Make plans to bring your Juniors to a national Junior meeting! These one\*day meetings are held on a Saturday so there's no need to miss school! Juniors learn about the ALA's mission, meet other Juniors, and have a lot of fun!

Where: Las Vegas, Nevada

January 25, 2020

Go to [www.ALAforVeterans.org/Meetings](http://www.ALAforVeterans.org/Meetings) for more information.

Registration opened July 17, 2019

For questions please feel free to call me.

Lexis Escudero, Chairman

623-221-7132

[lescudero@camdenliving.com](mailto:lescudero@camdenliving.com)

## Legislative

### September 2019

Greetings Ladies,

Just to catch everyone up. We have some updates.

First and foremost, the Legion Act was signed by President Trump on July 30<sup>th</sup>, effective immediately. I believe the Department website has all the updates and information. This includes eligibility for the Auxiliary as well. Make sure applicants are writing, "Legion Act" on the eligibility section of the application.

On August 1<sup>st</sup>, Elizabeth Warren 2020 Democratic Party hopeful visited Tempe for a town hall meeting. President Trump was in Ohio for a rally.

On August 5<sup>th</sup> according to Military.com, "President Donald Trump said Monday that he supported the so-called "red flag" laws on gun sales and ownership that have drawn criticism for their potential impact on the 2nd Amendment rights of veterans."

On August 7<sup>th</sup>, Gary Sinise was in Orlando to send 28 veterans to the National WWII Museum in New Orleans.

***"A primary object should be the education of our youth in the science of government. In a republic, what species of knowledge can be equally important? And what duty more pressing than communicating it to those who are to be the future guardians of the liberties of the country?" - George Washington***

For God and Country,

Stephanie M. McMullen

Chairman

15239 W. Taylor St.

Goodyear, AZ 85338

(623)910-4716, stephanieemr@yahoo.com

# ***ARIZONA MISSION TRAINING / LEADERSHIP***



This year we encourage members to go to National Website, [www.alaforveterans.org](http://www.alaforveterans.org) under member resources and at least look at the courses offered. Although these will not count towards Arizona Mission Training, you do receive certificates of completion after submitting the test offered at the end of each course.

## **Ten Habits to Practice:**

1. Promote the vision
2. Manage priorities
3. Delegate tasks
4. Motivate change
5. Generate self-urgency to complete tasks
6. Communicate clearly
7. Listen actively
8. Manage risks, weigh costs and benefits
9. Act decisively but control impulse and impatience
10. Empower others

There is one mini training session scheduled at this time for Unit 107 on October 26<sup>th</sup>. Two or three other units and districts have expressed interest in scheduling, but none have scheduled at this time.

Please remember the TEN RULE – 10 signed up and paid to Department ten days in advance of training. 8-hour course is \$10 each; 4-hour course is \$5 each.

As with all members certain dates have events scheduled; so, I respectfully request in considering scheduling of training to please check for open dates before setting a definite date for your unit or district.

## **For God and Country in Service to Veterans**

Kat Sticklin, Department Chair  
Arizona Mission Training  
928-428-7431 / 928-322-1550  
[gsticklin@cableone.net](mailto:gsticklin@cableone.net)  
1519 S. 2<sup>nd</sup> Avenue  
Safford, AZ 85546

Open, Northern Co-Chair

Pending Approval, Southern Co-Chair

Open, Central Co-Chair

# POPPIES

## SEPTEMBER 2019



**Hi ladies,**

**So, it's time to get this Poppy Party Started! First, order Poppies then get group together to make them. Second, find Poppy girl to promote them and represent the organization. Third, let's raise awareness and funds to let our Countries Finest know they are not forgotten.**

**In Closing, something to think *about*: The Poppy**

It was made to symbolize the love that our soldiers have for their country. To Lay down their life for our Freedom. Freedom that is taken for granted daily by all of us. We are all human and it naturally slips our minds. Just as our soldiers who gave their life was also human. It probably slipped their minds, during the midst of battle next to their fellow soldiers hoping they might just make it home alive. Some endured great pain and anguish as they died proudly on the battle fields. Some endured more than pain. They came home with the memories of those who gave their lives for us.

For God and Country  
We say Thank You

**For God & Country**

**Nita Kimball- Poppy Chair**

, [Nitastreehouse@gmail.com](mailto:Nitastreehouse@gmail.com) (928)919- 2734



## **American Legion Auxiliary Past Presidents Parley**

**September 2019**

**This is a reminder of the focus of the Past Presidents Parley:**

- **Women currently serving in the military**
- **Women Veterans**
- **Outstanding unit members who do the hard work of service**

**Here are a few tips on how your Unit can actively promote the “Salute to Servicewomen Award”?**

- 1. This award was established in 2003 and honors women who are currently serving in the US Army, Navy, Marine Corps, and Air Force and includes the National Guard and Reserves.**
- 2. The criteria require a written narrative or You Tube vide that demonstrates exemplary service in and out of uniform.**
- 3. She must be willing to be a guest of the Auxiliary and speak at the next ALA Convention in August 2020.**
- 4. The nomination form must be submitted by June 1, 2020.**
- 5. Please contact me and I will provide you with the necessary form and some helpful hints on the video checklist.**


**Does your Unit honor Women Veterans? If so, share your ideas with this chairman.**

**Does your Unit encourage training and development of future leaders? How do honor outstanding Unit members? This chairman wants to hear from you.**


**If you have questions please feel free to contact me.**

**Yolanda Bonilla  
Past Presidents Parley Chairman  
602-989-3321  
yodobo@msn.com**

# Ring Your Mission Bell



Share your Unit's  
Mission work for  
Veterans, Military,  
Families and Community

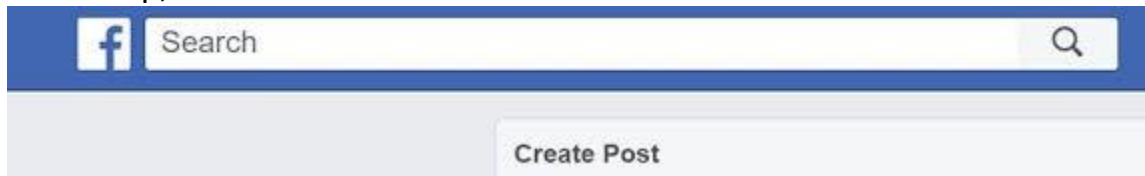


**Rosie The Ringer**  
WAR PRODUCTION CO-ORDINATING COMMITTEE

## Social Media is a powerful force!

Join any or all of these Facebook groups! To find the groups you are interested in—

- Go to your personal Facebook page,
- At the top, find the search bar:



- Type in the group name exactly as listed below:
  - **Ring Your (Mission) Bell Arizona ALA** – Share the work your Unit does to meet the needs of Veterans, Military, Families and Community. Other Units love new ideas and inspiration!
  - **American Legion Auxiliary Public Relations**
  - **ALA Children & Youth**
  - **ALA National Security**
  - **ALA Legislative**
  - **American Legion Auxiliary Chaplains**
  - **ALA Community Service**
  - **AEF, American Legion Auxiliary Emergency Fund**
  - **American Legion Auxiliary Veterans Affairs & Rehabilitation (VA&R)**
  - **American Legion Auxiliary**
  - **National ALA Girls State Alumnae Network**
  - **American Legion Auxiliary Poppy Program**
  - **ALA Education Program**
  - **American Legion Auxiliary 100th Anniversary Celebration**
  - **ALA Leadership Program**
  - **American Legion Auxiliary National Headquarters**
  - **American Legion Auxiliary Girls Nation**
- Click “Join Group” - Many of these are “closed” groups that will have a short survey before you are approved to join. That’s all there is to it!



**AMERICAN LEGION AUXILIARY  
DEPARTMENT OF ARIZONA  
PRESIDENT'S SPECIAL PROJECT 2019-2020**

**The One Hundred Club of Arizona**

**"Standing Behind the Men and Women who  
Stand Behind the Badge."**

The mission of the One Hundred Club is to provide financial assistance to families of First Responders who are seriously injured or killed in the line of duty and provide resources to enhance their safety and welfare. We have proudly served the public safety community since 1968.

They provide immediate financial assistance to families of public safety officers and firefighters who are seriously injured or killed in the line of duty, and to provide resources to enhance their safety and welfare.

On behalf of President Lugo, we would like to thank all the Units for your support of this great project.

We are available to come to your meetings and bring information and ideas for fund raisers.

Josephine Herrera, Chairman  
Jherrera268@aol.com  
623-340-5936

**SCRAPBOOK**  
**"HONORING THOSE BEHIND THE BADGE"**  
**100 Club**  
**September 2019**

**It's me again...yes this is last month's bulletin. Did you read it then if not read now. NEW ADDRESS for mailing SCRAPBOOK stuff.**

Hi, my name is Irene Martinez I will be the scrapbook chairman for 2019-2020. For the coming year I would like to ask anyone who has president's visits, meetings, social gatherings to please send all or any info, pictures, etc. you gather for President Lugo's scrapbook.

For those of you who don't know president Lugo is my mother. I'm proud to say... If for any reason you may need to contact me please text me at 602-475-0208. Or mail any of your gatherings to 5421 W Fremont Rd, Laveen, AZ 85339. Excited to be the scrapbook chairman for my mother and looking forward to receiving lots of pictures, etc. for the scrapbook.

Irene Martinez

Scrapbook Chairman

2019-2020

## **Veterans Affairs & Rehabilitation**

**September 2019**

Many Units are amping up for the year after going dark for the summer. Planning meetings are taking place and Unit Budgets are being developed.

Do you have fundraiser events planned or will be planned? Need ideas for fundraisers, look on Ring Your Bell, you will see fundraisers other Units have done.

Speaking of Ring Your Bell don't forget to post what your Unit is doing for the Veterans, we want to see all your good work!

Does your Unit have a VA & R Chairperson? If not, please consider appointing, as this program is one of the programs we want to work.

I would love to hear from your Unit and see pictures of what you are doing with our veterans.

I look forward to hearing from you and reading what you are doing on Ring Your Bell.

The Gift Shops are right around the corner.

Don't hesitate to contact me if you have any questions.

Until next month . . .

Barbara White  
Department 2<sup>nd</sup> Vice President  
602-908-2980  
[Barbarawhite99@gmail.com](mailto:Barbarawhite99@gmail.com)

American Legion Auxiliary  
Tucson Christmas Gift Shop

Attention!

This is a special message and invitation for those Units that are assigned to the Southern Arizona Veterans Hospital Gift Shop.

The Dates for the Gift Shop this year are December 3rd-6th. We will be setting up the Gift Shop on Tuesday, Dec. 3rd.

The official opening will be Wednesday, Dec. 4th at 10 a.m. The Ribbon Cutting ceremony will be at 10 a.m. Please mark your calendars.

TIME for set up will be in next month bulletin with more information to come.

It is a great pleasure to chair this program and I thank madam President Patsy for asking me, I know it will be an experience.

Dolores Chavez  
Tucson Gift Shop, Chairman  
PO Box 1517  
Benson, AZ 85602  
928-386-0841  
[chebeejs@cox.net](mailto:chebeejs@cox.net)

# **ARIZONA STATE VETERANS HOME – TUCSON (ASVH-TUCSON)**

## **SEPTEMBER, 2019**

Ladies,

Units hosting the monthly Birthday Cake and Ice Cream Socials are as follows:

Unit 59 – August                      Unit 68 and 132 – September                      Unit 36 – October

Need a Unit for November      Unit 131 - December

Please contact Terry Soto to schedule or confirm for the monthly event or for questions at 520-551-3628. We honor you for your time and commitment in seeing the ASVH-Tucson residents enjoy themselves.

### **HAPPY BIRTHDAY TO ASVH-TUCSON RESIDENTS – BEST WISHES ALWAYS TO YOU**

<b><u>REMINDER:</u></b>	Second Monday monthly	Arizona State Veterans Home-Tucson, Steering Committee Meeting at 11:00 a.m. in the Chapel Room, Bldg. #1
	Third Tuesday monthly	<b>Auxiliary hosted a Birthday Cake and Ice Cream Social at 1:30 p.m. Set up is at 1:00 p.m. in the Chapel Room in Bldg. #1</b>
	Second Tuesday monthly	Pizza and Beer Party – Cost is \$120 which includes pizza and chicken wings – need sponsors. Yup, cost decreased with a vendor.
	Third Wednesday monthly	Bingo in Bldg. 2 hosted by Fred H Humphreys Auxiliary Unit 8

Please advise if your unit is donating items to ASVH-Tucson so that the steering committee can recognize you in these monthly bulletins. The steering committee is great to attend as we plan out monthly and future events. And, yes by all means we greatly support, “Adopt a Building.”

### **DONATION - Modified Golf Cart – Transport Residents in Wheel Chairs to VA**

Steering Committee continuing to discuss the need for a handicapped golf cart. Currently, staff assists in walking the residents in wheelchairs to the VA. It is a long walk and it would be easier to transport them using a specialized golf cart to carry the driver, and the resident in a wheel chair. The cost for the modifications is not cheap. Steering Committee Member John Mandaloni, Post 132 talked to a vendor and with the special modifications and secured belts the estimate was approximately \$10,000. We commend Post 132 as the Post has remained active in fundraisers towards this needed cart. We prepared a letter which was given to Mr. Jim Click regarding this need. Thank you Kay Willard, American Legion Auxiliary Cocio-Estrada Unit 59, for submitting the letter to Mr. Jim Click's office. Wish us luck as we are hoping to provide ASVH-Tucson with this golf cart. In the meantime, if you have any recommendation in acquiring this specialized golf cart, contact Anna Marie Arenas at 520-404-7646.

### **UPCOMING EVENTS** - Dates subject to change or be added.

#### **September**

Sept 10	Pizza and Beer Party – 5:30 p.m.
Sept 17	ALA Units 68 and 132 hosting monthly Birthday Cake and Ice Cream Social 1:30 p.m. Set up at 1:00 p.m.
Sept 19	AMVETS hosting bingo at 5:30 p.m.
Sept 20	Dog Show at 3:00 p.m.
Sept 25	ELKS hosting money bingo at 2:30 p.m.
Sept 28	Car Show – plans in process for food, vendor, and car show coordination.

## **ASVH-TUCSON – September 2019 - Continued**

### **October**

Oct 8 Pizza and Beer Party – 5:30 p.m.  
Oct 15 ALA Unit 36 hosting monthly Birthday Cake and Ice Cream Social 1:30 p.m.  
Set up at 1:00 p.m.  
Oct 17 AMVETS hosting bingo at 5:30 p.m.  
Oct 25 Fall Festival from 5:30 to 9:00 p.m. Vendors to set up by 5:00 p.m.  
Need cake donations for cake walk and candy to hand out to residents and family, and employees and their families. Call Anna Marie or Terry  
Oct 30 ELKS hosting money bingo at 2:30 p.m.  
Oct 31 ELKS hosting Halloween Party at 2:00 p.m.

### **Future Events**

Nov 29 Decorate for the holidays at ASVH-Tucson buildings – meet at 9:00 a.m. in Building 1. Want to continue hanging wreaths around the buildings (inside). This was started by ALA in 2018. ALA units are encouraged to participate per these meeting minutes.  
Dec 14 ALA hosting Christmas party at 2:00 p.m. Handing out Christmas gifts and providing desserts.  
Dec 18 ELKS hosting a Christmas party – Handing out Christmas gifts.  
Dec 21 The Military Order of the Cootie of the United States, aka Cootie hosting a Christmas party.  
Dec 24 The Military Order of the Purple Heart hosting a Christmas Eve party  
Dec 31 Knights of Columbus hosting a New Year's Eve party

### **WISH LIST – UPDATE – REMAINS THE SAME**

Recreation therapists are still in need of 300 piece puzzles (residents specifically want 300 pieces only) and CD players (portable or boom box style). Also, need batteries AA, D, and C. Chocolate candy bars plain or with almonds a Number 1 request, also Milky Way, Kit Kat, and Reese's Cups. Candy used as prizes for bingos hosted by ASVH-Tucson Recreation Department. Need candy and cakes for annual Fall Festival on October 25<sup>th</sup>. Contact Anna Marie or Terry.

### **HAPPINESS AND ENTERTAINMENT IS ALWAYS NUMBER 1 THERAPY!**

**For God and Country,**

**Anna Marie Arenas**  
**ASVH-Tucson Chairman**  
[aarenas@cox.net](mailto:aarenas@cox.net)  
**520-404-7646**

**Terry Soto**  
**ASVH-Tucson Co-Chairman**  
[bravo1107@yahoo.com](mailto:bravo1107@yahoo.com)  
**520-551-3628**

VA&R REPORT  
TUCSON VA MEDICAL CENTER  
7-31-19

**Upcoming Events (Volunteers & Monetary Donations Needed):**

**Bingo parties** which are held on the **third Saturday of each month at 1:30PM in Building 60** at the VA hospital. Volunteers are needed to assist with this activity, which is much appreciated by our hospitalized Veterans. Please consider sponsoring the Bingo program. We are now welcoming Veteran patients from the Building 95 Substance Use Treatment Disorder Program to our Bingos. Thank you Unit 54 for your generous donation to support the Bingo program. Many thanks to the new Bingo volunteers, Rose, Kathy & Marilyn.

**Bridging Ceremony refreshments for the Substance Use Disorders Treatment Program (SUDTP)** on the **third Tuesday of each month and any month that there is a fifth Tuesday**. We sponsored refreshments on July 16, 2019 & July 30, 2019. We will be sponsoring refreshments on August 20, 2019. The time is 2PM and the venue is Building 90 at the VA hospital. Thank you to members of Unit 131 & Unit 68 who have volunteered to help with this program. Special thanks to Fire Woman (Ku Istan) and Jude for all their assistance with this activity.

**The President's Special Project** forwarded monies to sponsor gift cards for recreational activities during the summer for Veteran patients at the Southwest Blind Rehabilitation Center.

**Thank you Unit 66** for your very generous donation which enabled this committee to sponsor gift cards for recreational activities during the summer for Veteran patients at the Community Living Center.

The gift cards were requested to broaden the possible activities which could be provided during the summer heat (movies tickets, bowling, International Wildlife Museum, etc.) to encompass venues which are not on the Federal purchasing program.

**Wish Lists**

Golf clubs, Gloves, Gift Cards and Meals for PGA Hope Golf Program POC Scott Strzyzewski (520) 792-1450 X6367

Yuma CBOC (Community Based Outreach Clinic) is seeking donations of gift cards to local food stores (Fry's, Walmart, Albertsons, Sam's Club, Food City). These donations will support a collaboration between American Legion Post 19 and the Yuma CBOC. The Registered Dietician, Kelly Hamlin, MA, RDN is coordinating the effort to provide a cooking class for Veterans who would benefit from these skills. Many Veterans at the Yuma CBOC suffer from diabetes, obesity, high blood pressure and kidney issues due to a diet of processed foods. They want to teach these Veterans to prepare some healthy, simple meals to help improve their health. POC: Kelly E. Hamlin, MA, RDN; phone (520) 403-0217; mailing address 3111 S. 4<sup>th</sup> Ave., Yuma, AZ 85364. Should you decide to support this effort, please make sure that you submit a donation form to Southern Arizona VA Healthcare System.

The new Residential Mental Health Rehabilitation facility is now open. This added 25 new beds to house Veterans in various treatment programs with on-site housing on the hospital campus. The staff requesting donations has put forward that donations in kind, rather than monetary donations, would best fill this need.

The grand total of material and activity donations for the American Legion Auxiliary for May 1, 2019 to July 31, 2019 is \$13,267.80. We would like to express special thanks to Elaine Yates and Yuma Unit 19, Unit 7's Ann Reatherford, Unit 24, Unit 131, Unit 132, Unit 73 and Unit 109 members and unaffiliated volunteers for their constant support of VA programs through their donations. The Legion family is the largest supporter of the Arizona Fisher House. Currently, Arizona Fisher House is funded for the foreseeable future. Other programs are in dire need of donations (ie. Homeless, Building 95, Social Services, Bingo, etc.).

Eight registered hospital volunteers and two summer youth volunteers, donated time which was credited to the American Legion Auxiliary. The grand total of registered volunteer hours May 1, 2019 to July 31, 2019 is 2,164.5. Occasional hours are 45 donated by ten volunteers. Please consider volunteering at SAVAHCS if you can possibly devote the time.

This chairman has volunteered 79.5 hours and logged 1,080 miles this year in service to the Tucson VA Medical Center as of July 31, 2019.

Respectfully Submitted, Kathy Szakonyi, VAVS Representative

VA&R REPORT  
TUCSON VA MEDICAL CENTER  
7-31-19

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This chairman has volunteered 79.5 hours and logged 1,080 miles this year in service to the Tucson VA Medical Center as of July 31, 2019. This chairman was elected to the Executive Committee of the VAVS Committee during the July meeting. This chairman volunteers at all the monthly Bingos and coordinates the refreshments for the Bridging Ceremony celebrations on the third Tuesday of each month. This chairman is responsible for entering all material & activity donations and acknowledging all donations, monetary and material, for SAVAHCS each year. These donations were in excess of \$1,000,000 for the last two years.

Respectfully Submitted, Kathy Szakonyi, VAVS Representative