

"Entanglement with Spirit"

We have 10 min inspirational thoughts for you every Sunday, starting with this one, until Assembly is in back in full swing.

Hello from Rev. Tiger at Church of the Angels. Happy Spring! You are loved and missed.

This past year's events have been a challenge for us all. The constant turmoil surrounding us has led me to reexamine lifelong teachings as a fourth generation Spiritualist. I would like to share some of that personal inspirational motivation with you in a series of "Lyceum" if you will, in old Spiritualist terms.

As we must break from personal Assembly, in a virus infested world, I would like through digital means each week to expand upon different aspects of Spiritualist thinking as presented in our membership handbook entitled "Becoming a Spiritualist". Remember, this is my personal take on Spiritualist fundamentals, and you have free will to see things differently... That is one of the books teachings by the way - we are not an autocratic Assembly.

I think the number one tenant that sets Spiritualism apart from so many other philosophies or religions is our knowing entanglement with eternal life. So, today's topic is:

"Entanglement with Spirit"

>>> We came into this earthly body from Spirt and will return to Spirit and in EVERY moment we breath upon this earthly plain we are a vibrant Spirit - still part of, contributing to and benefiting from Spirit's continuity. We are perpetually being fed from the collective. In return we are personally feeding energy back into all the energy that is swirling around us everywhere.

This is why Spiritualists converse directly with the collective Spirit, as well as with individual souls, and are eager and comforted to hear back from them. Communication will never cease.

Hopefully we are each contributing to the universal collective of Spirit in beneficial ways every day, though sometimes we are invoking harm instead. Some call this "The Butterfly Effect". It affects the vitality and balance of the collective Spirit. It trickles down to our loved ones, our coworkers, folks we encounter in the grocery store, nations as well, even nature... It creates a rippled effect that, when negative, can upset the equilibrium of our health and our surroundings.

I think we have been experiencing this ripple effect in tidal waves in 2020! The outcome has shown us why it is so important to not hide in a hole or get stuck on a singular idea.

Yes, it takes a little time and effort to examine differing aspects, but we owe it to ourselves and the equilibrium of the universe to respectfully access opposing perspectives and then choose, or yield to, a positive universally beneficial direction. Having Spiritualist values as a compass I believe truly helps us make decisions more wisely and speeds our investigative process toward positive growth.

It can be incredibly difficult to have any motivation while sequestered in a living room cocoon forcing a long unchosen rest period. It leads some of us to doubt, to fear, to even want to lash out from frustration, boredom or loneliness, cultivating lack of direction or appreciation.

I found myself sullen, antsy, lonely, lazy so I asked myself how I might change this aimless crabby behavior into a positive attitude. That's what led me on my bookshelf hunt for our membership handbook, "Becoming a Spiritualist ", in hope of finding a direction out of my confused state.

I believe that what we have been witnessing, outside of our private sanctuaries, is the emergence of a "Fantastical Atmospheric Beast" - like an Alien landing and stunning us with its chaos but it is actually a buildup of negative energy! It is emanating from a planet's inhabitants comatose in illness and bewilderment.

We must deflate it! Defuse the Beast! Imagine instead being bathed in a force field of wellbeing and positive energy that easily radiates outward to touch

everyone we come in contact with. Don't buy into the chaos tempting you to acknowledge it as reality!

How might we sustain enough momentum to not be swept into a negative wave? I would suggest first comparing our many hours of personal lock down to a long beautiful reflective hibernation - a rejuvenating time of delicious inner reflection. We might never again in this lifetime be afforded this luxurious private open ended bubble bath. It is a gift from Spirit.

I intend to revel in my cave, sleep in, walk around in my underwear, finger paint, make cookies every day... I can prepare for new productive action of my choosing, dust off my bucket list, refresh and consciously not contribute to a "Beastly Atmosphere". I can shed my skin so to speak and manifest productivity...

After looking through my handbook I decided to do two noteworthy things every day > intentionally reach out to others and in a positive way (which I hope I am doing here) > and consciously analyze my own lack of motivation and negative energy when it shows up so as to bring it back into balance quickly.

I personally have been having good days and bad like everyone else. When I find my energy sinking into stagnation or negativity, I now consciously change it!

For instance: An item I was buying at checkout in the drugstore was not showing the sale price, so as I started becoming aggravated about the situation, I caught myself and consciously made the effort to change direction! I forced myself instead to smile and engage in light conversation with the Clerk as it was laboriously being corrected. We shared a good chuckle about it instead. My change in attitude I think helped pull Him out of aggravation as well which meant I saved myself from even more unnecessary negativity. I sure hope I can catch myself again next time. Life is a constant opportunity to learn and honor Spirit with our growth as practicing Spiritualists.

On that note I offer you an invitation: Church of the Angels is allowing me to regularly provoke you with inspirational messages until we at least resume weekly Assembly, and you may join us. Simply visit our website anytime and click onto

the folder where the weekly chapters will accumulate. A new posting will appear at the top every Sunday morning through this changing time. We are calling this:

"HEART in HAND" - Sunday Inspiration

Next Sunday my topic of exploration will be understanding "Confirmation from Spirit". It incorporates ideas on how you might better achieve that joyful experience on a daily basis.

Thank You Rev. Jenni Vinecourt and Rev. Sharon Vrettas for many hours of assistance in this weekly endeavor.



Today's Invocation >>>

Mother, Father, Infinite Spirit - Please, comfort us as we explore life's miraculous adventure and help us to understand how to better utilize the knowledge we collect so we may project love and positive energy while abiding in this world...

Safe Journey,

 Rev. Tiger