



**TORONTO TRACK & FIELD CENTRE
THROWERS CLUB MEET #1
May 26, 2018 RESULTS**

**THROWS PENTATHLON
MASTERS**

Men	HT	SP	DT	JT	WT	PTS
Men 65-69						
Bill Pearson 65						
Meters	30.45	10.17	34.65	26.04	11.72	
AG Mark	44.62	13.83	40.32	40.67	13.07	
Perf. %	51.45%	59.85%	54.43%	41.30%	50.55%	
Points	588	718	671	452	625	3,054
Bruce Wilson 69						
Meters	18.71	6.52	23.04	17.93	6.05	
AG Mark	27.42	8.87	26.81	28.00	6.74	
Perf. %	31.61%	38.37%	36.19%	28.44%	26.09%	
Points	309	418	402	271	272	1,672
Men 55-59						
Walter Robert 55						
Meters	20.39	8.35	21.89	22.33	9.94	
AG Mark	26.80	10.60	24.30	29.87	11.15	
Perf. %	30.90%	45.89%	32.81%	30.34%	43.15%	
Points	299	522	354	297	516	1,988
Men 35-39						
Reggie Johnston 37						
Meters	30.01	10.91	28.29	34.12	10.72	
AG Mark	30.91	11.31	28.69	34.54	10.93	
Perf. %	35.64%	48.94%	38.73%	35.08%	42.30%	
Points	365	565	439	364	504	2,237

**THROWS PENTATHLON
MASTERS**

Women	HT	SP	DT	JT	WT	PTS
Women 55-59						
Kristen Dajia 55	Can. Rec.		Can. Rec.			
Meters	38.53	8.72	26.90	20.07	9.72	
AG Mark	53.88	11.95	38.75	29.06	12.55	
Perf. %	69.97%	52.81%	50.46%	39.82%	53.20%	Can. Rec.
Points	1019	658	630	459	649	3,415
Women 50-54						
Tracey McCarthy 50						
Meters	32.59	9.45	23.34	20.44	10.82	
AG Mark	41.83	11.91	30.64	26.87	12.79	
Perf. %	54.34%	52.65%	39.90%	36.81%	54.20%	
Points	751	655	475	417	664	2,962

**TORONTO TRACK FIELD CENTRE
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**TRIATHLON
MASTERS
Men**

Men 75-79

Patrick Grouix	76					
Meters	0.00	6.82	18.17	18.85	0.00	
AG Mark	0.00	9.54	26.04	35.68	0.00	
Perf.%	0.00%	41.28%	35.15%	36.24%	0.00%	
Points	0	458	387	380	0	1,225

Gary McColeman	76					
Meters	0.00	6.62	14.35	14.90	0.00	
AG Mark	0.00	9.26	20.56	28.20	0.00	
Perf.%	0.00%	40.07%	27.76%	28.64%	0.00%	
Points	0	441	283	274	0	998

Men 70-74

Ram Sharma	70					
Meters	0.00	8.42	22.84	22.35	0.00	
AG Mark	0.00	10.78	29.19	37.55	0.00	
Perf.%	0.00%	46.64%	39.41%	38.13%	0.00%	
Points	0	533	449	407	0	1,389

Men 65-69

Peter Zowkewych	67					
Meters	0.00	9.96	27.38	29.44	0.00	
AG Mark	0.00	13.55	31.86	45.98	0.00	
Perf.%	0.00%	58.62%	43.01%	46.70%	0.00%	
Points	0	701	501	529	0	1,731

Men 55-59

Peter St. Pierre	59					
Meters	0.00	8.52	24.68	35.81	0.00	
AG Mark	0.00	10.82	27.40	47.91	0.00	
Perf.%	0.00%	46.82%	36.99%	48.65%	0.00%	
Points	0	535	414	558	0	1,507

**TRIATHLON
MASTERS
Women**

Women 75-79

Adriana Rowswell	77					
Meters	0.00	7.08	18.99	12.72	0.00	
AG Mark	0.00	12.97	40.91	28.99	0.00	
Perf.%	0.00%	57.33%	53.28%	39.72%	0.00%	
Points	0	725	672	457	0	1,854

Women 45-49

Ina Legzdins	49					
Meters	0.00	7.09	18.67	17.97	0.00	
AG Mark	0.00	8.46	22.51	22.42	0.00	
Perf.%	0.00%	37.42%	29.31%	30.72%	0.00%	
Points	0	429	323	334	0	1,086



**TORONTO TRACK FIELD CENTRE
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SINGLE EVENTS

MASTERS

Men

Hammer

		M	AG Mark	Perf.%	Points
Men 75-79					
Patrick Grouix	76	20.12	33.17	38.25%	401
Men 70-74					
Brian Peacock	71	15.35	22.29	25.70%	228
Men 55-59					
Walter Robert		21.03	27.64	31.87%	313
Men 35-39					
Reggie Johnston	37	30.01	30.91	35.64%	365

Shot Put

		M	AG Mark	Perf.%	Points
Men 75-79					
Patrick Grouix	76	6.82	9.54	41.28%	458
Gary McColeman	76	6.69	9.36	40.49%	447
Men 65-69					
Peter Zowkewych	67	10.20	13.87	60.03%	720
Men 55-59					
Walter Robert	55	8.61	10.93	47.32%	542
Peter St. Pierre	59	8.52	10.82	46.82%	535
Men 35-39					
Reggie Johnston	37	10.91	11.31	48.94%	565

Discus

		M	AG Mark	Perf.%	Points
Men 75-79					
Patrick Grouix	76	18.17	26.04	35.15%	387
Gary McColeman	76	14.35	20.56	27.76%	283
Men 70-74					
Ram Sharma	70	22.84	29.19	39.41%	449
Men 65-69					
Peter Zowkewych	67	27.38	31.86	43.01%	501
Men 55-59					
Walter Robert	55	24.47	27.16	36.68%	409
Men 35-39					
Reggie Johnston	37	29.71	30.13	40.68%	467

Javelin

		M	AG Mark	Perf.%	Points
Men 75-79					
Patrick Grouix	76	18.85	35.68	36.24%	380
Men 55-59					
Peter St. Pierre	59	35.81	47.91	48.65%	558
Men 55-59					
Walter Robert	55	22.33	29.87	30.34%	297
Men 45-49					
Jean-Emile Paraiso	45	17.85	20.91	21.24%	174
Men 35-39					
Reggie Johnston	37	34.12	34.54	35.08%	364

Weight

		M	AG Mark	Perf.%	Points
Men 65-69					
Bruce Wilson	69	6.33	7.05	27.30%	289
Men 55-59					
Walter Robert	55	10.08	11.31	43.75%	526
Men 35-39					
Reggie Johnston	37	10.72	10.93	42.30%	504



**TORONTO TRACK FIELD CENTRE
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MASTERS

Women

Hammer

		M	AG Mark	Perf.%	Points	
Women 65-69						
Lucille Green	68	14.60	24.87	32.31%	383	
Women 50-54						
Tracey McCarthy	50	32.59	41.83	54.34%	751	Can. Rec.

Shot Put

		M	AG Mark	Perf.%	Points	
Women 75-79						
Adriana Rowswell	77	7.11	13.02	57.57%	729	
Women 60-64						
Doreen Garner	64	10.55	15.84	70.00%	917	
Women 50-54						
Tracey McCarthy	50	9.45	11.91	52.65%	655	
Women 45-49						
Ina Legzdins	49	7.43	8.87	39.21%	456	

Discus

		M	AG Mark	Perf.%	Points	
Women 75-79						
Adriana Rowswell	77	18.99	40.91	53.28%	672	
Women 60-64						
Doreen Garner	64	24.65	39.34	51.23%	641	
Women 50-54						
Tracey McCarthy	50	23.34	30.64	39.90%	475	
Women 45-49						
Ina Legzdins	49	19.48	23.48	30.58%	341	

Javelin

		M	AG Mark	Perf.%	Points	
Women 75-79						
Adriana Rowswell	77	15.31	34.89	47.80%	570	
Women 60-64						
Barb Dabrowski	60	30.86	49.74	68.14%	855	
Women 50-54						
Tracey McCarthy	50	23.44	30.81	42.21%	492	
Women 45-49						
Ina Legzdins	49	18.87	23.54	32.26%	355	

Weight

		M	AG Mark	Perf.%	Points	
Women 65-69						
Lucille Green	67	7.55	10.01	42.42%	493	
Women 50-54						
Tracey McCarthy	50	10.82	12.79	54.20%	664	



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SINGLE EVENTS

PARA ATHLETES - SEATED

Male **Age** **M**
Shot Put
Joshua Watson 40 5.69

Discus
Joshua Watson 40 14.55

Javelin
Joshua Watson 40 12.56

Female

Shot Put
Tiffany Gaudette 32 5.91
Pamela Lejean 33 4.53
Martha S. Gustafson 68 3.61

Discus
Tiffany Gaudette 32 15.59
Pamela Lejean 33 12.63
Martha S. Gustafson 68 8.46

Javelin
Tiffany Gaudette 32 5.91
Pamela Lejean 33 4.53
Martha S. Gustafson 68 3.61

PARA ATHLETES - AMBULATORY

Female **Age** **M**
Shot Put
Laura Calovini 16 6.88

Discus
Renee Foessel 22 28.97
Heather Cowley 44 21.93
Laura Calovini 16 16.32

Javelin
Laura Calovini 16 9.22



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SINGLE EVENTS

OPEN/JUNIOR/YOUTH/MIDGET/BANTAM

Male

Hammer

Age M

Senior

Jonathon Raspanti 21 52.56 PB

Shot Put

Age M

Youth

Jordon Gluck 16 15.60

Boris Simenac 16 11.80

Senior

Eric Brathwaite 27 16.96

Eli Pawliw 23 16.81

Discus

Age M

Youth

Jordon Gluck 16 48.53

Boris Simenac 16 34.87

Senior

Jonathon Raspanti 21 46.53

Javelin

Age M

Senior

Benjamin Cross 19 61.00

SINGLE EVENTS

OPEN/JUNIOR/YOUTH/MIDGET

Female

Hammer

Age M

Bantam

Jessie Buck 13 36.63

Youth

Kristina Tchoumak 17 51.94

Shot Put

Age M

Bantam

Estela Victoria 13 9.09

Jessie Buck 13 7.84

Discus

Age M

Bantam

Jessie Buck 13 22.76

Junior

Grace Tennant 17 47.50

Javelin

Age M

Bantam

Jessie Buck 13 22.33

