



Head Start & Early Head Start FY 14 Annual Report





Northside Center's Head Start and Early Head Start programs provide a comprehensive child and family development program for low-income pregnant women and children birth to age five. In addition to early childhood education, children and families receive health and nutrition services, family development support, access to mental health services, as well as supports for children with disabilities. The goal of the program is to improve child and family outcomes including school readiness, by providing a continuum of comprehensive services that support child development and family functioning.

Northside offers Early Head Start services for low income pregnant women, infants and toddlers birth to age three through center- and home-based programs in the South Bronx, East Harlem and Fort Greene-Brooklyn communities of New York City.

Our home-based services provide every family with weekly home visits designed to support their role as the primary educator of their children. In addition, several times a month families and children visit the early childhood center for socialization activities with other children and families. Our services for pregnant women encourage early access to

prenatal and postpartum care as well as opportunities for parenting education and information on fetal and child development.

In a partnership with Odyssey House – Manor Facility in East Harlem, a residential substance abuse program, our Susan Patricof Head Start Center offers two classes serving children 2 to 24 months. This includes center-based services for 16 children (8 per classroom) and family services supported by social service personnel for men and women with children under the age of five.

Head Start serves low income preschool children aged three to five at our Susan Patricof Head Start in East Harlem and at our Fort Greene- Brooklyn location. All children participate in a full day center based preschool program at both sites. One classroom at the Susan Patricof Head Start Center has been approved by the New York City Department of Education to provide education services for typically developing and special needs children in an integrated setting.

Northside also delivers Head Start services in partnership with Early Learn New York City (ELNYC). Early Learn receives funding from the federal government and subcontracts to Northside to provide Head Start services to 81 children and their families. This delegate Head Start program provides year round services with planned closings for staff professional development days and holidays only. Northside also offers Universal Pre-Kindergarten at both Head Start sites, devoted to ensuring that all children in our communities receive early childhood education based on the Common Core standards which readies them for school success.

Brooklyn Transition Center

At our Fort Greene center, special needs students from the Brooklyn Transition Center (P373K) work in conjunction with our Head Start staff as part of a program for students with significant developmental challenges. The job placements vary depending on student's interests and needs. The goal is to have a collegial, mutually beneficial and productive relationship for everyone. The students learn work skills and the staff benefit from additional support throughout the program year. Students who work at our Head Start are able to move on and become productive members of society after graduation.

Jumpstart

Jumpstart is a nationally recognized early childhood education program that develops literacy and language with three to five year olds with the assistance of college students. There are 13 Long Island University students who volunteer at our Fort Greene Head Start. The students are an integral part of our classrooms from September to June, each year.

American Ballet Theatre

ABT has formed a partnership with Northside Center to provide our Head Start three and four year olds with a formal ballet class taught by certified dance instructors from ABT. The program exposes our Head Start children to this art form as an opportunity to learn dance and this form of self-expression. Our children performed at the Metropolitan Opera House in June as part of ABT's Young People's Workshop to an audience of more than 4,000 New York City children.

Tech for Tots

This is a technology program which we offer our four year old Head Start children. It introduces the children to literacy and math through the use of IPADS. The classrooms divide into groups of five children at a time as they receive one on one instruction with our technology teacher.

Enrollment

Program Information Report (PIR)
Performance Indicator:

	EHS SPHS & Bronx	EHS FGCFS	ELNYC	HS SPHS	HS FGCFS
Number of children served	160	90	93	53	74
Number of pregnant women served	9	5	—	—	—
Funded enrollment	152	108	84	51	68
Children with disabilities served	13	7	13	18	8

We have also established community partnerships with the following local Agencies: East Harlem 0-5 Network, Little Sisters of the Assumption Family Health Services Early Childhood Department, Mount Sinai Hospital Therapeutic Nursery, Cornell University Cooperative Ext. NYC, SCAN New York, Harlem Hospital-Family Planning, Newborn Home Visiting Program, Central Harlem Healthy Start, West Harlem Community Organization Head Start, Abyssinian Development Corporation, Baby Steps Home Visiting Program, Settlement Health, Amber Charter School, Northern Manhattan Perinatal Partnership Inc., New York School of Dentistry, Harlem Children’s Zone, Columbia University Mailman School of Public Health, Bloomingdale Family Program, Inc., Community Life Center, Inc., Union Settlement Association Asthma Initiative Program, Dawning Village Day Center, Dr. Zandman, Community Health Center, Harlem Center for Educational Opportunity Center, NY Children’s Health Project, Community HealthCare Network, Caribbean Women’s Health Association, Ft. Greene SNAP – Family Resource Center and Cool Culture.

Federal Compliance

The Administration for Children and Families (ACF) Office of Head Start (OHS) conducted an on-site monitoring review of the Northside Head Start and Early Head Start programs in December of 2014. Based on the review, it was determined that our Head Start and Early Head Start programs are in full compliance with all applicable Head Start Program Performance Standards, laws, regulations and policy requirements. It was a perfect audit with no citations and therefore no corrective action plan was required.

Family Engagement

Parents are children's first and most important teachers. At Northside's Head Start and Early Head Start Programs, we actively engage parents, families and the community in order to support the positive growth and development of young children. Family engagement is promoted through parent participation in classroom experiences, home visits, socialization opportunities and workshops/ education programs. Information on parenting and child development supports parents in taking an active role in their children's early care and education. In addition, Head Start and Early Head Start parents are involved in program governance as part of Policy Council and Parent Site Committees.

Family Engagement activities for the 2013-2014 school year included:

- Parent Orientation
- Transition Activities
- Monthly Policy Council Meetings
- Parent Education Workshops
- Parent/Teacher Conferences
- Nutrition Workshops
- Healthy Home Workshops
- Stress Management
- English Survival Workshops
- Asthma Control
- Stress Management
- Parent Read Aloud

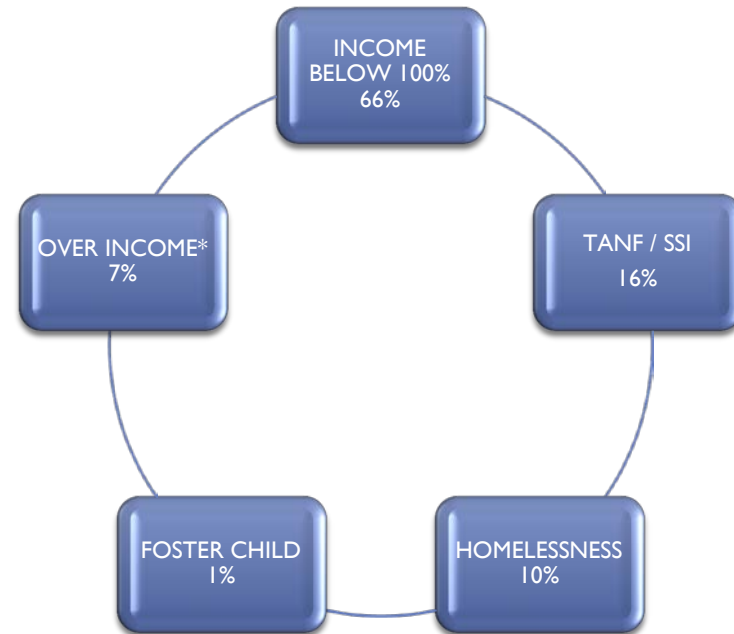


Foster Grandparents

Our Foster Grandparent program is a collaboration with the Department of the Aging. Northside has 20 full time foster grandparents who work with our children in the classroom setting at all of our Head Start, Early Head Start and Therapeutic Early Childhood programs.

Eligibility

Northside Center's Head Start and Early Head Start income eligibility is reported as indicated below. Sixty-six percent of families enrolled fall below the standard federal poverty guidelines for a family of four. Ten percent are homeless. One child is in foster care and sixteen percent require temporary assistance. Seven percent are over income.



Preparing for Kindergarten

In our Early Head Start Home Based program we use the Partners for a Healthy Baby Curriculum. It brings together all the information that home visitors need to work with expectant families and families with young children. This evidenced-based series stresses the importance of prenatal and early childhood development and the power of developing early family relationships.

Northside uses the Creative Curriculum as the foundation for Head Start and Early Head Start. The curriculum is based on 38 objectives for development and learning which aligns with the New York State learning standards and serves as a basis for best practices in early childhood education. School readiness goals guide our educational efforts which are focused on the whole child and his/her family.

During this school year, we worked on our school readiness goals, as part of the Federal Head Start Act. These school readiness standards help us to clearly focus on specific learning goals that children should be achieving based on their age.

Our instructional curriculum aligns with Common Core standards, integrating techniques that encourage children to play, explore, discover, create, speak, listen, interpret, problem solve and *enjoy* learning. The daily schedule in our classrooms provides a balance between quiet and active play, individual and group learning, small and large motor skill development and indoor and outdoor activities.

Our Early Head Start and Head Start programs are about investing in our children's future. The growth that takes place in these early years is tremendous and is critical to a child's physical, emotional and cognitive development. At Northside Center our goal is to prepare every child to rise up and thrive.



All children participating in our Head Start and Early Head Start programs receive early developmental screenings within the first 45 days of enrollment. Our screening tool at Northside is the Ages and Stages Questionnaire & Social Emotional Screener, which enables teachers to identify potential developmental delays and giftedness in language, motor, self-help, social-emotional, and cognitive skills. Screening results help identify developmentally appropriate assessment and instruction for each child and are shared with parents. Parents provide key input into this process.

Ongoing assessment is part of the support for kindergarten readiness at Northside's Head Start programs. The Teaching Strategies GOLD Assessment System helps inform teachers and parents about what children know and are able to do. At three checkpoints during the school year, assessment data is collected and examined to guide objectives for development and learning. Twice yearly parent teacher conferences provide an opportunity for the exchange of information about children's progress.



Child Outcomes:

Table 1 Federal Head Start Average Scores on Creative Curriculum 2013-2014

Developmental Dimension	Fall Pretest Average	Spring Posttest Average	N
Social Emotional	4.37	6.26	46
Gross Motor	5.19	6.77	63
Fine Motor	5.06	6.76	63
Language	4.23	5.89	33
Cognitive	4.26	6.07	62
Literacy	2.56	4.66	63
Mathematics	3.05	5.23	63

Note. Children were rated on a scale of 1 to 9, the numbers representing progression of development. All posttest increases in average score were significant at the .001 level.

Table 2 City Head Start Average Scores on Creative Curriculum 2013-2014

Developmental Dimension	Fall Pretest Average	Spring Posttest Average	N
Social-Emotional	3.74	5.35	73
Gross Motor	4.50	6.04	68
Fine Motor	4.29	5.98	68
Language	3.63	5.30	72
Cognitive	3.33	4.81	72
Literacy	2.24	3.70	60
Mathematics	3.06	4.55	59
Science and Technology	.90	1.36	61
Social Studies	1.02	1.54	62
The Arts	1.14	1.52	61
English Language Acquisition	4.12	5.70	20

Note. Children were rated on a scale of 1 to 9, the numbers representing progression of development. All posttest increases in average score were significant at the .001 level.

Table 3 Early Head Start Children: Average Scores on Creative Curriculum 2013-2014

Developmental Dimension	Fall Pretest Average	Spring Posttest Average	N
Social-Emotional	2.30	3.63	42
Gross Motor	3.51	4.65	46
Fine Motor	3.11	4.18	47
Cognitive	1.81	3.24	40
Literacy	.60	1.56	33
Mathematics	.84	2.33	32

Note. Children were rated on a scale of 1 to 9, the numbers representing progression of development. All posttest increases in average scores were significant at the .001 level.

Child Health & Development

Program Information Report (PIR)
Performance Indicator:

Early Head Start – SPHS & Bronx Early Head Start - FGCFs ELNYC Head Start-SPHS Head Start - FGCFs

	Early Head Start – SPHS & Bronx	Early Head Start - FGCFs	ELNYC	Head Start-SPHS	Head Start - FGCFs
Number of children With Health Insurance at the end of enrollment	155	86	92	52	66
Number of children with an ongoing source of continuous, accessible health care	154	70	92	53	64
Number of children who are up to date on a schedule of appropriate, preventative and primary health care, according to the state’s EPSDT schedule for well child care	148	64	92	53	74
Number of children with continuous, accessible dental care provided by a dentist	156	77	86	53	41
Number of children who received preventive dental care since last year’s PIR was reported	—	—	79	49	50
Number of all children, including those enrolled in Medicaid or CHIP, who have completed a professional dental examination since last year’s PIR was reported	—	—	85	51	20
Number of all children who are up-to-date on a schedule of age-appropriate preventive and primary oral health care according to the relevant state’s EPSDT schedule	147	76	—	—	—



FINANCIAL STATEMENT

July 1, 2013 – June 30, 2014

INCOME

Government	\$	15,983,869
Contributions	\$	2,461,106
Investments	\$	90,746
TOTAL SUPPORT AND REVENUE	\$	18,535,721

EXPENSES

Day School	\$	3,937,158
Clinic	\$	4,942,499
Head Start	\$	6,744,696
Administration for Children's Services	\$	875,639
Youth Services	\$	295,513
Restricted Funds	\$	1,402,575
Management	\$	1,119,209
Fundraising	\$	563,308
TOTAL EXPENSES	\$	19,880,597

ASSETS

Cash and Cash Equivalents	\$	4,576,631
Other Assets	\$	14,346,153
TOTAL ASSETS	\$	18,922,784

LIABILITIES AND NET ASSETS

Total Liabilities	\$	6,691,887
Unrestricted	\$	5,380,275
Temporarily Restricted	\$	6,739,058
Permanently Restricted	\$	111,564
TOTAL NET ASSETS	\$	12,230,897
TOTAL LIABILITIES AND NET ASSETS	\$	18,922,784



Center Locations:

**Susan Patricof Head Start Center
302-306 East 111th Street
New York, NY 10029
646-351-1300**

**Therapeutic Early Childhood Center
1301 Fifth Avenue
New York, NY 10029
212-426-3400**

**Odyssey House Manor Facility
219 East 121 Street
New York, NY 10029
212-987-5100**

**Ft. Greene Brooklyn Children and Family Services
44-60 Rockwell Place
Brooklyn, NY 11201
347-505-5500**

**Bronx Children and Family Services
745 Eagle Avenue
Bronx, NY 10456
347-926-5400**