


Meals on Wheels delivers to those who  
Can't joins us at the center  
Call 388-4711 for more in information

Belgrade Senior Center  
MARCH 2018 Activities

92 Cameron Ave  
Belgrade, MT 59714  
388-4711

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:30 AM PINOCHLE 1:45 PM BINGO 9 AM NEEDLEAIRES	2 8 AM YOGA 9AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	3 
4	5 9AM MOVEMENT IN MOTION 12:30 PM HAND & FOOT	6 9 AM YOGA 10 AM FULL BODY AARP TAX HELP	7 9 AM MOVEMENT IN MOTION FOOD PANTRY 1 PM MOVIE	8 8:30 AM PINOCHLE 1:45 PM BINGO 9 AM NEEDLEAIRES BLOOD PRESSURE CK	9 8 AM YOGA 9AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	10
11 	12 9AM MOVEMENT IN MOTION 12:30 PM HAND & FOOT	13 9 AM YOGA 10 AM FULL BODY AARP TAX HELP <b>RED ROCKERS @</b>	14 8:30 AM PINOCHLE 1:45 PM BINGO 9 AM NEEDLEAIRES	15 8:30 AM PINOCHLE 1:45 PM BINGO 9 AM NEEDLEAIRES BLOOD PRESSURE CK	16 8 AM YOGA 9AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	17 
18	19 9AM MOVEMENT IN MOTION 12:30 PM HAND & FOOT	20 <b>SPRING</b> 9 AM YOGA 10 AM FULL BODY AARP TAX HELP	21 <b>HAPPY BIRTHDAY</b> 8:30 AM PINOCHLE 1:45 PM BINGO 9 AM NEEDLEAIRES	22 8:30 AM PINOCHLE 1:45 PM BINGO 9 AM NEEDLEAIRES	23 8 AM YOGA 9AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	24
25 <small>Spring is in the Air Spring is in the air Flowers are blooming sky high Children are laughing</small> 	26 9AM MOVEMENT IN MOTION <b>1 PM BOARD MEETING</b>	27 9 AM YOGA 10 AM FULL BODY AARP TAX HELP	28 8:30 AM PINOCHLE 1:45 PM BINGO 9 AM NEEDLEAIRES	29 8:30 AM PINOCHLE 1:45 PM BINGO 9 AM NEEDLEAIRES	30 8 AM YOGA 9AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	31 