

DIALECTICAL BEHAVIOR THERAPY

5 DAY INTENSIVE TRAINING



October 13–17, 2020
from 9am–4pm

AT
Saint Paul University
223 Main Street
Ottawa, ON

Professionals: \$1400 + HST**
Students: \$1100 + HST

**Early Bird Registration Deadline:
August 31, 2020

**Late Registration Rate: \$1500+HST
Students: \$1200+HST

ONLINE REGISTRATION LINK:

<http://bit.ly/DBTworkshop>

ABOUT THE PRESENTERS:

Kafui Sawyer

Kafui Sawyer is a Registered Psychotherapist, Clinical Supervisor, and Mental Health Consultant for Health Canada. She was originally trained in Dialectical Behavior Therapy 9 years ago while working as a Child, Youth, and Family Mental Health Clinician in British Columbia. Kafui has worked with Indigenous communities across Canada providing DBT skills class and therapy to youth and families.

Kafui has taken the lead in the development of DBT programs in Ontario and Quebec. She has facilitated the development and practice of DBT within Inuit Communities in the Arctic Region. She provides clinical supervision to DBT clinicians. With a foundation in family systems, She continues to facilitate ongoing multi-family DBT skills classes, individual and family therapy. She enjoys a diverse clinical practice helping children, youth, and adults. Kafui is a member of the Canadian Psychological Association. She resides in Ottawa with her husband and 3 children.

Dialectical Behaviour Therapy (DBT) is a proven treatment for chronically suicidal patients with Borderline Personality Disorder, for patients with eating disorders, depression, anxiety, addictions, anger problems, other impulsive behaviours, for adolescent mental health populations and for inpatient and outpatient settings. School counsellors in educational settings also use DBT to help high school students cope with transitional processes and manage parental conflict.

This DBT Training is specific to health and education professionals as well as students in a clinical training. Participants will receive a certificate of participation to indicate that they have received the necessary training to use DBT in their clinical practice. This course is eligible for continuing educational credits through many professional associations.



Mark Vegh

Mark Vegh is a Registered Clinical Counsellor with British Columbia Association of Clinical Counsellors. Mark completed his Master's Degree in Counselling at Trinity Western University in 2002. He is employed at Ministry of Children and Family Development (MCFD) with the Child and Youth Mental Health (CYMH) Program. Mark also runs a small private practice in counselling.

Although Mark's clinical background is family systems and couple counselling, he specializes in Dialectical Behavior Therapy (DBT), particularly focused on the adolescent population. He was originally trained in DBT in 2005.

Since then, Mark has played a lead role in developing DBT programs in his region. He has facilitated numerous week long intensive workshops and smaller skills training workshops in DBT for Master's level practitioners. In addition to training and development, Mark facilitates ongoing multi-family DBT skills classes, and individual and family counselling.