

***Community Resources
For Putnam County
Algood/Cookeville, South Cookeville &
Monterey
Head Start Centers
2025-2026***



To locate additional information on Community Resources access:

<https://empoweruppercumberland.org/discoverresources/>.

Or <https://ucassist.org/search/>

Developed and Distributed by L.B.J.& C. Head Start

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Adult Education:

Fortis Institute

1025 TN 111
Cookeville, TN. 38501
(931) 526-3660

Genesis Career College

880-A East 10th Street
Cookeville, TN. 38501
(931) 526-8735

Cookeville Higher Education Campus

1000 Neal St.
Cookeville, TN. 38501
855-516-0160
931-520-0551

Upper Cumberland Adult Education

286 E. Main Street
Algood, TN. 38506
(931) 528-8685

Roane State Community College

2567 Cook Rd
Crossville, TN 38571
931-456-9880

Tennessee Technology Center

910 Miller Ave.
Crossville, TN. 38555
(931) 484-7502

Tennessee Technological University

Cookeville, Tennessee 38505
(800) 255-8881 or (931) 372-3888 or 931-372-3101

Tennessee Reconnect

Helping adults to get a college education
ask@tnreconnect.gov
800-342-1663

Volunteer State Community College

113 Windle Community RD.
Livingston, TN 38570
931-823-7065

Adult Job Training Services:

Skill Up Tennessee

Barb Siddiqui
Administrative Associate II
Family & Consumer Sciences
UT Extension, Knoxville, TN
865/200-4532 - Office
skillup.tennessee.edu

Adult Learning Center & Flex Learning Center

286 E. Main Street
Algood, TN. 38506
(931) 528-8685

American Job Center

620 S. Jefferson Ave
Cookeville, TN 38501
931-520-6020

Career Center

580 S. Jefferson Suite A
Cookeville, TN. 38501
(931) 520-8733

Career Solutions

575 South Jefferson Suite C
Cookeville, TN. 38501
(931) 520-8789

Genesis Career College

880-A East 10th Street
Cookeville, TN. 38501
(931) 526-8735

Fortis Institute

1025 TN Highway 111
Cookeville, TN.
(931) 526-3660

Mr. Wayne's school of Hair Design

170 S. Willow Ave
Cookeville, TN. 38501
(931) 526-1478

Cookeville Higher Education

1000 Neal Street
Cookeville, TN. 38501
(931) 520-0551

Social Security Administration - SSI Program

1145 Perimeter Park Drive
Cookeville, TN 38501
800-772-1213

**Tennessee Department of Human Services -
Putman County**

Families First Program
955 E 20th St. Cookeville, TN 38501
931-528-7487

Tennessee Technology Center

910 Miller Ave.
Crossville, TN. 38555
(931) 484-7502

**Upper Cumberland Human Resource Agency -
Putnam County**

580 S Jefferson Ave Suite B
Cookeville, TN 38506
931-528-1127

Resources for Bereavement:**Heart of the Cumberland**

25 W Broad St. Suite 11
Cookeville, TN 38501
Phone: 931-525-2600
heartofthecumberland@gmail.com
*Specifically for children and teens that are hurting
because of losses suffered through death, divorce or
family circumstances*

Hospice Grief Recovery Group

Sponsored by: Gentiva Hospice
750 E Spring St. B1
Cookeville, TN.
931-520-1705-Main Office
931-528-5133

Hospice of Cumberland Co

30 E. Adams St.
Crossville, TN. 38555
(931) 484-4748

Childcare:**Algood/Cookeville Head Start**

180 West Church St
Algood, TN 38506
(931) 537-9057 (Free Service)

Bright Side

520 E. 10th Street
Cookeville, TN 38501
(931) 526-9649

Busy Bees Preschool

749 Buffalo Valley Rd
Cookeville, TN 38501
(931) 372-8275

Color My World Child Care And Learning

1701 N. Dixie
Cookeville, TN 38501
(931) 528-1503

Cookeville Creative Learning

275 S WALNUT
COOKEVILLE, TN 38501
(931) 528-2782

Cumberland Early Scholars Academy (-E-)

600 E. Veterans Drive
COOKEVILLE, TN 38501
(931) 528-2543

Cumberland Presbyterian Nursery
565 E. 10TH STREET
COOKEVILLE, TN 38501
(931) 528-8587

Jacob's Ladder
165 BROAD ST
COOKEVILLE, TN 38501
(931) 520-0181

Monterey Head Start
705 EAST COMMERCIAL
MONTEREY, TN 38574
(931)450-8257

Mrs. Kristie's
1410 Elmore Town Rd.
Baxter, TN 38544 (931) 265-1486

Lighthouse Learning Academy
1160 Perimeter Park Dr
Cookeville, TN 38501
931-520-7400

Little Wonderland
402 South Chestnut
Monterey, TN.38574
(931) 839-8478

Ms Tories Tots
1630 HANGING LIMB ROAD
MONTEREY, TN 38574
931-644-2705

Noah's Ark
780 FAIRGROUND ST
COOKEVILLE, TN 38501
(931) 528-7113

South Cookeville Head Start
571 South Willow Ave.
Cookeville, TN 38501
(931) 372-8021

TTU Child Development Lab
200 W 10th ST
COOKEVILLE, TN 38505
(931) 372-6262

Ms. Crystals Learning Tree
1262 Monterey Hwy
Monterey, TN 38574
931-544-3794

Resources to help in Child Abuse Situations:

Algood City Police Department
215 W. Main Street
Algood, TN. 38506
(931) 537-6830 & 911 Emergencies

Child Abuse Hotline
900 2nd Avenue North
Nashville, TN 37201
877-237-0004

Cookeville City Police Department
10 East Broad Street
Cookeville, TN. 38501
(931) 526-2125
(931) 526-2126
911 Emergencies

Court Appointed Special Advocates for Children (CASA)
3300 Williams Enterprise Drive
Cookeville, TN. 38501
931-528-8598

Department Of Children's Services
600 Hearthwood Ct
Cookeville, TN 38506
(931) 646-3000

District Attorney General
1289 S Walnut Ave.
Cookeville, TN. 38501
(931) 528-5015

Juvenile Court Family Services
421 East Spring Street Suite 1C07
Cookeville, TN. 38501
(931) 526-5641
(Assist with family legal needs)

Omni Community Health
665 S Jefferson Ave
Cookeville, TN. 38501

(931) 528-0051
(615) 781-0688

Monterey Police Department

711 E. Commercial Ave
Monterey, TN
(931) 839-2323
911 Emergencies

Putnam County Sheriff's Department

421 Spring Street
Cookeville, TN. 38501
(931) 528-8484
911 Emergencies

**The Exchange Club/Stephens Center for the
Prevention of Child Abuse**

616 N. Church St. B.
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

Tennessee Commission on Children/Youth

1225 S Willow Ave Cookeville, TN 38501
931-432-4297

Dental Providers who take TennCare:

Algood Family Dentistry

172 West Main Street
Algood, TN 38506
(931) 537-9948

Cookeville Regional Dental Clinic

350 Lowe Ave
Cookeville, TN 38501
(931) 528-5105

Crossville Dental Clinic

1720 West Avenue
Suite # 6
Crossville, TN. 38555
(931) 484-3007

Cumberland Pediatric Dentistry

510 S Jefferson Ave
Cookeville, TN 38501
931-854-1200

Dr. Steven Ellis

Upper Cumberland Family Dentistry
215 Oak St
Livingston, TN. 38570
(931) 823-5517 or 537-2254
Upper Cumberland Family Dentistry
215 Oak St
Livingston, TN. 38570
(931) 823-5517

Upper Cumberland Family Dentistry

554 W. Main St. Cookeville, TN 38506
931-537-2254

Putnam County Health

701 County Services Rd
Cookeville, TN. 38501
(931) 528-2531

Zoo Crew Pediatric Dentistry

1100 Neal Street Suite B
Cookeville, TN 38501
931-349-7807

Zoo Crew Pediatric Dentistry

2025 N. Mt. Juliet Rd Suite 110
Mt. Juliet, TN 37122
615-553-2921

Dr. L.G. Puckett

508 N. Church St
Livingston, TN
931-823-3754

Cloudland Dental

510 Livingston Rd
Crossville, TN 38555
931-484-3007

Cavity Commando

1265 interstate Dr. Cookeville, TN 38501
931-783-1491

Rockin Smiles

Sparta, Tn
931-488-8544

**Dental Providers, who may not take
TennCare, but offer services to low-income
families:**

Aspen Dental

416 W Jackson St., Bldg A
Cookeville, TN 38501
931-525-2500

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0503

Cookeville Rescue Mission

1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

Hays Dental Care

620 E. 10th Street
Cookeville, TN. 38501
(931) 526-1614

Hintz Family Dentistry

120 West Jackson Avenue
Cookeville, TN. 38501
(931) 526-5460

Monterey Dental Center

400 West Crawford Ave, Suite C
Monterey, TN. 38574
(931) 287-2642

Prescription Assistance Program

www.pparx.com
1-844-779-3837

Robinson Dental Care

738 East Spring Street
Cookeville, TN. 38501
(931) 520-8880

In the Month of February on a Saturday several Putnam County Dentist's provide a free dental services day. This day is announced in the local papers and Head Start shares this with our families and staff.

Resources for Persons with Disabilities:**Project Affirm**

501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570
931-432-5590 & Hotline: 931-823-5678

Putnam County Health Department

701 County Services Drive
Cookeville, TN 38501
931-528-2531

Independent Opportunities Inc. (I.O.I.)

25 West Broad Street
Suite # 11
Cookeville, TN. 38501
(931) 528-7701

KIDS Putnam

1130 Chocolate Dr
Cookeville, TN 38501
931-526-5437

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

Social Security Administration - SSI Program

1145 Perimeter Park Dr
Cookeville, TN 38501
931-528-9765 & **Hotline:** 888-717-1528

Support Group for Families of Children w/Disabilities

Sponsored by: Upper Cumberland Regional Health
1100 England Drive
Cookeville, TN. 38501
931-528-7531

Tennessee Department of Human Services - Putnam County

1000 England Drive, Suite A
Cookeville, TN 38501
931-528-7487

TN Early Intervention System (TEIS)

Upper Cumberland
1519 East Spring St. Suite E
Cookeville, TN 38506
(931) 528-1623

Upper Cumberland Human Resource Agency - Putnam County
580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

Tennessee State Vocational RHB
955 E. 20th Street
Cookeville, TN 38501
931-526-4721

Assurance Wireless
Free phone with 250 minutes per 250 minutes per month to apply call:
1-888-321-5880

Resources to help in Domestic Violence Situations:

Algood City Police Department
215 West Main Street
Algood, TN. 38506
(931) 537-6830 or 931-537-6357 & 911
Emergencies

Cookeville City Police Department
10196 Neal St.
Cookeville, TN. 38501
(931) 526-2125 Or (931) 526-2126 & 911
Emergencies

Domestic Violence Support Group
Sponsored by Genesis House: 931-525-1637
800-707-5197
Cookeville, TN 38501

District Attorney General
1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015

Genesis House
Street location is confidential
Cookeville, TN N/A
(931) 525-1637
Hotline: 800-707-5197

Life Care Family Services
665 South Jefferson
Cookeville, TN. 38501

(931) 528-0051 or (615) 781-0688

Monterey Police Department
711 E. Commercial Ave
Monterey, TN. 38574
(931) 839-2323 & 911 Emergencies

Putnam County Sheriff's Department
421 Spring Street
Cookeville, TN. 38501
(931) 528-8484 & 911 Emergencies

Trinity Outreach Center
205 West Wall Street
Algood, TN 38506
931-537-9830

Alcohol and Drug Abuse

All Local Churches in Area (See listed under Pre-Marriage Counselors)

12 Steps to Freedom
Algood Presbyterian Church
Algood, TN 38506
931-239-8251

Standing Stone Church
385 Elmore St
Monterey, TN 38574
931-265-9120

Adult & Teen Challenge
200 Freedom LN
Livingston, TN 38570
888-688-0470

Alcoholics Anonymous (AA)
122 S. Madison Ave.
Cookeville, TN 38501
800-559-2252
More info/locations: <https://aanashville.org/wp/>

AA/NA
Monterey Senior Citizen
Elmore St Monterey, TN 38574

Algood City Police Department
110 West Main Street
Algood, TN. 38506
(931) 537-6830 or 931-537-6357
911 Emergencies

Bradford Health Center @ Cookeville Regional Office

1330 Neal Street, Suite D
Cookeville, TN 38501
931-528-6803

Center Grove Church of Christ

Meetings on Meth Abuse
38575 S Grundy Quarles Hwy
Gainesboro, TN 38575
931-858-7460

Cookeville City Police Department

10 East Broad Street
Cookeville, TN. 38501
(931) 526-2125 & (931) 526-2126
911 Emergencies

Daily Surrender

St. Michael's Church
640 N Washington Ave
Sunday, Thursday, Friday, 7PM
931-526-4654

Drug Abuse Hotline

844-289-0879

Freedom Group

165 E Broad St
1st United Methodist Church (*Mondays 7PM*)
931-526-2177

LifeCare Family Services

665 South Jefferson
Cookeville, TN. 38501
(931) 528-0051 (615) 781-0688

Meth Tip Line

Spring Street
Cookeville, TN. 38501
(931) 525-6384

Drug Abuse Hotline/Statewide

844-289-0879

Mothers against Drunk Driving of Tennessee - Putnam County

18 N Madison Ave
Cookeville, TN 38502
931-520-6233

Mothers against Drunk Driving /Support Group Meetings

18 N. Madison Ave
Cookeville, TN. 38501
931-284-4829

Noon Group

St Michael's Church
640 North Washington Ave
M-F 12 Noon
931-526-4654

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123 Hotline: (877) 567-6051
Crisis Hotline 800-704-2651

Putnam County Sheriff's Department

421 Spring St
Cookeville, TN. 38501
(931) 528-8484
911 Emergencies

Promise of Hope

Friendship United Methodist
5454 N Jefferson Ave Cookeville, TN 38501
Wednesdays 6 PM
931-525-3555

The Ranch

6107 Pinewood Rd
Nunnely, TN 37137
1-888-534-4731

Recovery 1st St. Michael's

604 N Washington Ave
Cookeville, TN 38501
Tuesday, Wednesday, Saturday, 7PM
931-526-4654

Serenity Health

222 W. Spring St
Cookeville, TN 38501
931-854-1799
Thursday & Friday 7PM, Saturday 10AM

Thirteenth Judicial Task Force

1270 W. Broad St.

Cookeville, TN. 38501
(931) 528-5400

Upper Cumberland-Community Services

Agency
1000 England Dr
Cookeville, TN 38501
(931) 520-0200

**Upper Cumberland Human Resource Agency
(UCHRA) - Putnam County**

580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

**Assistance in the event of an Emergency
Situation:**

Air Evac Life Team

106 Emergency Services Dive
Albany, KY 42602
(606) 387-9099
Emergency = 911

Algood City Police Department

215 West Main Street
Algood, TN. 38506
(931) 537-6830
911 Emergencies

Baxter Fire Department

410 Elm St
Baxter, TN.
(931) 858-2621
911 Emergencies

Cookeville City Police Department

1019 Neal St
Cookeville, TN. 38501
(931) 526-2125
(931) 526-2126
911 Emergencies

Cookeville City Fire Department

45 East Broad Street
Cookeville, TN. 38501
(931) 526-2121
(931) 520-5236
911 Emergencies

Disaster Assistance

DisasterAssistance.gov
800-621-3362

Monterey Police Department

711 Commercial Ave.
Monterey, TN. 38574
(931) 839-2323
911 Emergencies

Monterey Fire Department

401 Elmore St
Monterey, TN. 38574
(931) 839-3551
911 Emergencies
(Assist with emergency needs)

Poison Control/National

1-800-222-1222

Poison Control/Cookeville

1-800-288-9999

Putnam County Sheriff's Department

421 Spring Street Suite 1 D31
Cookeville, TN. 38501
(931) 528-8484
911 Emergencies

Putnam County Ambulance Service

700 County Services Dr
Cookeville, TN. 38501
(931) 528-1555
911 Emergencies

Putnam County Fire Department

700 County Services Dr
Cookeville, TN. 38501
(931) 528-1200
911 Emergencies

Shriners of Tennessee

1354 Brick Church Pike
Nashville, TN. 37207
(615) 226-7766

TEMA

www.tn.gov/tema

Thirteenth Judicial Task Force

1270 W. Broad St.
Cookeville, TN. 38501

(931) 528-5400

Assistance with Food/Clothing/Utilities:

5 Loafs of Bread

Vines Ridge Church
Vine Ridge Rd.
Friday 9-12pm

1st Baptist Church

106 N. Chestnut St. Monterey, TN
931-839-2971

Allons Church of Christ

3154 Celina Hwy
Allons, TN.
(931) 823-4145
(Assist with various needs)

Baxter Church of Christ

224 Buffalo Valley Rd
Baxter, TN 38544
Contact: John Pippin
931-858-3515
(Assist with food and clothing)

St Thomas Outreach

421 North Washington Ave.
Cookeville, TN. 38501
(931) 526-2575 931-372-1368
(Assist with food needs)

Center Grove Church of Christ

3857 S Grundy Quarles Hwy
Gainesboro, TN 38562
931-858-7460

Church on the Hill

3001 Phillips Cemetery Rd
Algood, TN
931-537-9504
Mon, Tues, Thurs 9-4pm
(Assists with utilities once a year)

Collegeside Church of Christ

252 East 9th Street
Cookeville, TN. 38501
(931) 526-2661
(Assist with food needs)

Covenant Church

Neal Marcum, Ministry Coordinator

Northside Community Center

1615 Brown Ave, Suite 23
Laundry mat, tutoring, food, clothing.
931-265-1102

First Baptist Church

18 South Walnut Ave
Cookeville, TN. 38501
(931) 526-7108
(Assist with food needs)

First United Methodist Church of Cookeville

165 E Broad
Cookeville, TN 38501
931-526-2177
(Assists with Food, Clothing, and Utilities.)

Hope In Christ

315 E Peter Ave Monterey, TN 38574
2nd & 4th Friday 9am-12pm.
833-315-4673

5 Loaves Food Pantry

602 Vine Ridge
Vines Ridge Church
Crawford, TN
931-445-3414

Jefferson Ave Church of Christ

Community Action Center/Spring Street
CAC facility open Monday-Thursday 1:00-4:00
p.m.
521 South Jefferson Ave
Cookeville, TN
931-526-4605

Life Church

2223 N. Washington Ave.
Cookeville, TN
526-6900 *(Assist with food and other needs)*

Monterey Church of God

625 S Poplar Monterey, TN 38574
(Assist with food and other needs)
931-839-2182

Mineral Springs Missionary Baptist Church

4038 Hanging Lib Hwy
Monterey, TN 38574
931-839-3538
(Assist with food and other needs)

Putnam County Helping hands

421 E Broad St
Cookeville, TN. 38501
M-F 9-12 & 1-5p
(931) 526-3838 (*Assists families in need*)

Stevens Street Baptist Church Care Center

406 Short St
Cookeville, TN. 38501
(931) 520-4881
Open Noon-2pm, Closed Fridays (*Assist with food needs*)

St. Thomas Aquinas Catholic

421 N. Washington Ave
931-526-2575
(*Assists with food and utilities*)

Sycamore Church of Christ

1144 Crescent Drive
Cookeville, TN
931-526-5427

Tennessee Department of Human Services - Putman County

955 E 20th St
Cookeville, TN 38501
931-528-7487
(*Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities*)

Trinity Outreach Center

205 West Wall Street
Algood, TN 38506
931-537-9814 or 931-537-9830

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

Victory Christian Church

125 S. Oak Street

Monterey, TN 38574
(931) 839-6068

West View Baptist Church

427 Laurel Ave
Cookeville, TN 38501
931-526-7220
Free clothing 1st & 3rd Monday 11Am-1PM

Willow Avenue Church of Christ

1150 South Willow Avenue
Cookeville, TN 38506
931-432-2333

Resources to assist with Housing/HomelessNeeds:**Algood Manor**

100 Maddux Ct
Algood, TN. 38506
(931) 537-3228 (*Income Based Housing*)

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0503

HART

Homeless Advocacy for Rural Tennessee
Grant based program, which allocates homeless assistance
P.O. Box 3311
Crossville, TN 38557
931-484-3207

Highlands Residential Services

235 West Jackson St.
Cookeville, TN 38501
Main Office: (931) 526-9793
Fax: (931) 526-2626
Website: www.highlandsrs.com

Cookeville Rescue Mission

1331 South Jefferson Ave
Cookeville, TN 38506
(931) 528-5819 (*Homeless shelter*)

First United Methodist Church of Cookeville

165 E Broad
Cookeville, TN 38501
931-526-2177

Habitat for Humanity

560 S Jefferson Ave
Cookeville, TN. 38501
(931) 528-1711

Highland Manor

535 Old Walton Rd
Monterey, TN 38574
(931) 839-7566

Homeless Prevention and Rapid Rehousing

1225 S. Willow Ave
Cookeville, TN 38501
931-432-4111

Hope In Christ

315 Peter Ave Monterey, TN 38574
833-315-4673
2nd and 4th Friday of Month 9AM-12PM (Food)

Laurel Creek Apartments

Sponsored by: Upper Cumberland Development District
580 Cora Rd
Cookeville, TN. 38501
(931) 528-7066

Rolling Meadows

186 Dry Valley Rd
Algood, TN. 38506
(931) 537-9839 (*Low-income Benefits for Housing*)

Hope Church

205 West Wall Street
Algood, TN 38506
931-537-9830
(*Assists in paying **utilities**, rent, prescription drugs, and household items for Domestic Violence cases. Individuals can also receive food and clothing help.*)

United States Department of Agriculture

Rural Development
1843 Foreman Drive Suite 200
Cookeville, TN 38501
(931) 528-6539 800-342-3149 (*Provides affordable home loans. Assists low-income homeowners finance needed home repairs*)

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave

Cookeville, TN 38506

931-528-1127

Volunteer Behavioral Outreach

Kristin Raines- Homeless Outreach Coordinator
1200 S. Willow Ave
Cookeville, TN 38501
931-432-4123

Willow Avenue Church of Christ-Furniture & Appliances

Denny Richardson Contact
931-432-2333
1150 S Willow Ave, Cookeville, TN 38506

Wonderwood Apartments

230 Cates Rd
Monterey, TN. 38574
(931) 839-3118 (*Low-income housing, must meet guidelines*)

Assistance with Insurance Needs:**Blue Cross Blue Shield**

1-800-845-2738 (*Affordable Insurance for Families & Individuals*)

Blue Care 1-866-570-9445**Farm Bureau**

102 E. Commercial Ave.
Cookeville, TN 38501
(931) 528-1571 (*Affordable Insurance for Families & Individuals*)

Farm Bureau

1165 South Willow Ave
Cookeville, TN 38501
(931) 432-1571 (*Affordable Insurance for Families & Individuals*)

Farm Bureau

107 W. Commercial Ave
Monterey, TN
931-584-0042

State Farm Insurance

212 S. Jefferson Ave
Cookeville, TN 38501
(931) 528-6515 (*Affordable Insurance for Families & Individuals*)

**Tennessee Department of Human Services -
Putnam County Coverkids**
Cover Kids (www.coverkids.com)
866-620-8864
1000 England Drive, Suite B
Cookeville, TN 38501
931-528-7487

Tennessee Justice Center
155 Lafayette St.
Nashville, TN 37210
615-255-0331
TN Care Select 1-800-342-3145
(Request 3-5 days in advance have SSN and TN
Care ID when calling along with doctor's address
and name)

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville
580 S. Jefferson Avenue
Cookeville, TN 38506
931-528-8598

Highland Residential Services
Housing Authority
235 W Jackson
Cookeville, TN 38503
(931) 526-9793 Cookeville
(931) 839-3331

**Legal Aid Society of Middle Tennessee and the
Cumberlands**
9 South Jefferson Avenue Suite 102
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817

United Way 211
250 Venture Circle
Nashville, Tn 37228
1-800-318-9335

**Upper Cumberland-Community Services
Agency**
417 E. Broad St.
Cookeville, TN 38501
(931) 520-0200

**Upper Cumberland Human Resource Agency -
Putnam County**
580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

Resources to Strengthen Marriages:

**Assessment Counseling & Training Services
(ACTS)**
377 Short St
Cookeville, TN 38501
(931) 528-9399

Family Church of God
A Family of Faith, Hope and Love
625 S. Poplar Street
Monterey, TN 38574
(931) 839-7011 (931) 839-2182

LifeCare Family Services
665 S. Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

**The Exchange Club/Stephens Center for the
Prevention of Child Abuse**
616 N. Church Street
Livingston, TN 38570
931-823-6432 & 800-635-5199
Hope Church
205 West Wall Street
Algood, TN. 38506
(931) 537-9830

Upper Cumberland Development District
1104 England Dr
Cookeville, TN 38501
(931) 432-4111

Westview Baptist Church
427 Laurel Ave.
Cookeville, TN. 38501
(931) 526-7220

Pre- Marriage Counselors:

Assessment/Counseling/training Services**(ACTS)**

377 Short St. Suite D
Cookeville, TN. 38501
(931) 528-9399

Trinity Church

205 West Wall Street
Algood, TN. 38506
(931) 537-9830

Westview Baptist Church

427 Laurel Ave.
Cookeville, TN. 38501
(931) 526-7220

Medical Providers who take TennCare:**Health Department**

Cookeville Regional Health Office
701 County Services Dr.
Cookeville, TN 38501
931-528-2531

Cookeville Pediatrics Associates

150 N. Willow Ave
Cookeville, TN. 38501
(931) 528-1485

Cookeville Regional Medical Center

1 Medical Center Blvd
Cookeville, TN. 38501
(931) 528-2541

Center of Vision Development/Dr. Clopton

1445 E10th St
Cookeville, TN. 38501
(931) 372-2020

Dr. P.K. Jain

225 North Willow Ave.
Cookeville, TN. 38501
(931) 528-8899

Dr. Koucheiki

40 Elmo Dr
Crossville, TN. 38555
(931) 484-5525
1-800-669-1851

Dr. Krusa

289 Highland Square Shopping Center
Crossville, TN. 38556
(931) 484-3664

Dr. David Snodgrass

1747 Medical Center Parkway
Murfreesboro, TN. 37129
615-771-1111

Kids Kare

Dr. Climico
758 South Willow Ave.
Cookeville, TN. 38501
(931) 526-6173

Live Well Medical Clinic& Spa

117 W Commercial Ave
Monterey, TN. 38574
(931) 839-6642

Mullins Eyes

209 E. Commercial Ave
Monterey, TN.
(931) 839-3937

Putnam County Health

701 County Services Drive
Cookeville, TN. 38501
(931) 528-2531

Tennessee Pediatrics

435 North Cedar Street
Cookeville, TN. 38501
(931) 526-6100

Wheeler Eye Care

Dr. Jane Wheeler
768 S. Willow Ave
Cookeville, TN. 38501
(931) 528-1567

Monterey Medical Center

400 W Crawford Ave. Monterey, TN
931-839-2224

**Medical Providers, who may not take
TennCare, but offer services to low-
income families:**

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0503

Cookeville Regional Medical Center

1 Medical Center Blvd
Cookeville, TN. 38501
(931) 528-2541

Monterey Lion's Club

108 E. Commercial Ave.
Monterey, TN. 38574
(931) 839-2669

Putnam County Health

701 County Services Drive
Cookeville, TN. 38501
(931) 528-2531

Mercy Clinic

315 N. Washington Ave Suite 109
Cookeville, TN 38501
931-372-8668

**Mental Health Providers who take
TennCare:****Cumberland Plateau Recovery**

335 Newman Dr Ste A
Cookeville, Tn 38501
(931) 403-3577
(931) 265-5382

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN. 38570
(931) 823-5678 or (800) 704-2651

John B. Averitt, Ph.D. (Adults only)

100 W. 4th Street Suite 300
Cookeville, TN
931-526-2722

Personal Growth and Learning Center

509 North Cedar Avenue
Cookeville, TN 38501
931-520-8435

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38506 Phone: (931) 432-4123 or
Crisis Hotline: (877) 567-6051

Rape and Sexual Assault Response Center

Hours of operation = 24 hrs/day, 7 days a week
Hotline: 800-656-4673

**Volunteer Behavioral Health Care System -
Plateau Mental Health Center**

1200 South Willow
PO Box 3165
Cookeville, TN 38506
931-432-4123 **Hotline:** 1-800-281-4943

LifeCare Family Services

665 S. Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Mental Health Co-Op

418 N. Willow Ave
Cookeville, TN 38501
931-646-5600

**Mental Health Providers, who may not take
TennCare, but offer services to low-income
families:****Assessment/Counseling/training Services
(ACTS)**

377 Short St. Suite D
Cookeville, TN. 38501
(931) 528-9399

Omni Community Health

665 S. Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Peggy Karlosky, Ph.D.

Licensed Psychologist
1716 Heathrow Drive
Cookeville, TN 38506
931-528-1361

HOPE Counseling Center

Individual, Child, Family, and or marital Counseling
906 Allen Avenue
Cookeville, TN 38501
931-528-6167

Plateau Mental Health Center

1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123 or Hotline: (877) 567-6051

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

Source of Strength Counseling

145 S Jefferson
Cookeville, TN 38501
Jerri Cross (female therapist) 931-214-0527
Karla Duke 931-303-7789

Suicide Prevention Hotline

800-273-8255 or call 988

UCDD Services Agency

1104 England Dr.; Cookeville, TN 38501
Phone: [\(931\) 432-4111](tel:9314324111)

Upper Cumberland Human Resource Agency - Putnam County

580 South Jefferson Ave Suite B
Cookeville, TN 38506
931-528-1127

Warrior Counseling, PLLC

Natalie Whorton
705 Howell St
Sparta, TN 38583
931-510-8365

Center of Development

1445 E 10th St. Cookeville, TN
931-372-2567
931-372-2020

Stepping Stones

2370 Quinland Lake Rd Cookeville, TN

931-201-9682

Little Hands Little Feet

419 W Broad St. Cookeville, TN
931-854-5056
referrals@littlehandlittlefeettherapy.com

Quit Tobacco Resources

Tennessee Tobacco Quitline: 1-800-784-8669

Cumberland County Health Department

Smoking Cessation
Ruth Lucas
1503 S. Main Street
Crossville, TN 38555
931-484-6196

Cookeville Regional Medical Center-Algood

Quit 4 Life Smoking Cessation
Randy Todd
142 W. 5th Street
Cookeville, TN 38501
931-261-4305

Nicotine Anonymous

877-879-6422

American Lung Association

1 Vantage Way #C120
Nashville, TN 37228
Freedom from Smoking
800-586-4872
info@lung.org

American Lung Association of Tennessee

212 S. Peters RD Suite 106
Knoxville, TN 37923
865-691-7228
www.lungusa.org

Resources to assist persons raising children possibly other than their own:**Agricultural Extension Service - Putnam County**

900 South Walnut Avenue Suite 4
Cookeville, TN 38501
931-526-4561

Department Of Children's Services

600 Heathwood Court
Cookeville, TN 38506
(931) 646-3000

CHANT

Upper Cumberland
Regional Office
1100 England Dr
Cookeville, TN 38501
931-520-4202

Upper Cumberland Relative Caregiver Program

1104 England Drive, Cookeville, TN 38501
Phone: (931) 432-4111 Web: www.ucdd.org

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616 N Church St. Suite B Livingston, TN 38570
931-823-6342

Upper Cumberland-Community Services**Agency**

1000 England Dr
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

Youth Villages

448 Neal Street
Cookeville, TN. 38501
(931) 525-6900

Resources to assist with Transportation Needs:**A Cheap Taxi**

984 Humble Dr, Cookeville, TN 38501
(931) 431-8075

A-1 Auto Repair

12636 Monterey Hwy

Monterey, TN. 38574

(931) 839-3013

Clark's Taxi Cab Service

565 W Broad St, Cookeville, TN 3850
(931) 526-8889

Cookeville Taxi Cabs

428 E Broad St, Cookeville, TN 38501
(931) 372-2227

Discount Taxi

960 Humble Drive
Cookeville, TN 38501
(931) 431-8075

First United Methodist Church of Cookeville

165 East Springs Street
Cookeville, TN 38501
931-526-2177

Norrod's Garage

605 Cates Road
Monterey, TN. 38574
(931) 839-3016

Selby's Cab Company

164 W 1st St, Cookeville, TN 38501
(931) 372-7588

TennCare Transportation

866-405-0238

Upper Cumberland-Community Services Agency

1000 England Dr
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Putnam County

Cookeville Area Transit Service, CATS
580 S Jefferson Ave Suite B
Cookeville, TN 38506
931-528-1127
931-372-8000

Upper Cumberland Development District

1104 England Drive
Cookeville, TN 38501
(931) 432-4111

Promoting Youth Involvement:

Baxter Branch Library

101 Elmore Town Rd
Baxter, TN 38544
(931) 858-1888

Church of the Nazarene

110 North Poplar Street
Monterey, TN. 38574
(931) 839-2609

Collegeside Church of Christ

252 East 9th Street
Cookeville, TN. 38501
(931) 526-2661

Cookeville Children Theatre

46 S. Cedar Ave
Cookeville, TN. 38501
931-319-2809

Highlands Residential Services

235 West Jackson St.
Cookeville, TN 38501
Main Office: (931) 526-9793
Fax: (931) 526-5841
Website: www.highlandsrs.com

Upper Cumberland Soccer Complex

2341 Whiteaker Springs Rd
Cookeville, TN 38501
931-526-6941

First United Methodist Church Youth Group

165 E. Broad Street
Cookeville, TN. 38501
(931) 526-2177

Monterey Branch Library

401 East Commercial Ave
Monterey, TN. 38574
(931) 839-2103

Hope in Christ Fellowship

315 E Peter Ave. Monterey, TN 38574

Putnam County Library

50 E. Broad Street
Cookeville, TN. 38501
(931) 526-2416

Putnam County Children's Library

50 E. Broad Street
Cookeville, TN. 38501
(931) 526-2416

River Community Church

1200 Miracle Rd
Cookeville, TN. 38506
(931) 528-3660

Upper Cumberland-Community Services Agency

1000 England Dr
Cookeville, TN 38501
(931)520-0200

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave Suite B
Cookeville, TN 38506
931-528-1127

YMCA

235 Raider Dr
Cookeville, TN. 38501
(931) 528-1133

Victory Christian Church Youth Program

125 Oak St
Monterey, TN. 38574
(931) 839-6068

WCTE American Graduate& Ready to Learn

lWray@wcte.org
CPutnam@wcte.org
931-528-2222

Language Assistance

Monterey

ESL Classes

Monterey High School

Tuesdays at 6pm
931-839-2970

ESL Classes

Hope in Christ
315 Peter Ave. Monterey, TN
Thursdays @ 6pm

Language Assistance
(All Counties)

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center
(615) 445-8310

Hispanic Association
732 Lafayette Rd Red Boiling Spgs, TN 37150
(615) 699-6279

LifeCare Family Services - Cookeville - Counseling and Therapeutic Services
665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051