

# 2019 Hilldale Power lifting Meet Release Form

SCHOOL:\_\_\_\_\_ COACH:\_\_\_\_\_

NAME OF LIFTER:\_\_\_\_\_ WEIGHT DIVISION:\_\_\_\_\_

SCHOOL CLASSIFICATION: (Circle One)

Large School (6A 5A 4A 3A)

Small School (2A A B C)

We, the undersigned, agree not to hold the Oklahoma Football Coaches Association and /or host school (Hilldale High School) and officials liable in the event of an accident. We further agree to abide by all rules and regulations established by the OFBCA.

\_\_\_\_\_  
(Signature of Lifter)

\_\_\_\_\_  
(Signature of Parent/Guardian)

\_\_\_\_\_  
(Signature of Coach)

Note:

1. Each lifter is to complete and sign this form by deadline.
2. Coach may copy this form as needed.