

Mary Martin ~ Guided Hands  
Presents



**Sowing the Seeds of Summer**  
**Full Moon Guided Meditation ~ Activation**

What: Full Moon Guided Meditation-Activation

When: Monday, July 15<sup>th</sup>, 2019

Where: **Coyote Wisdom**  
2338 N. Grand River Ave.  
**Lansing, Michigan 48906**

517-323-1707

<https://www.coyotewisdomstore.com/>

Time: 6:30-7:30 p.m.

Cost: \$20.00 at the Door, Cash or Check (made out to Mary Martin)  
Thank You.

Greetings and Namaste~

I am so excited to be back in **Lansing, Michigan** to offer a **Full Moon Guided Meditation-Activation** at **Coyote Wisdom**. This amazing space has hosted many of our special events in the past. The Energy is so Incredible, and we hope you can Join us.

**Full Moon Meditations** create a powerful energy that invokes New Light into the Embodiments System, which creates and stimulates New Energy and Blessings to the individual and Soul Groups participating.

During this **Full Moon Meditation-Activation**, Mary will serve as a Guide and a Conduit to help bring forth the messages and energy for the Experience. As a Receiver and a Transmitter, she Intones Light Language as a Sacred Expression and a Co-Connection to the Higher Planes of our Existence.

We recently concluded another Shift which Spirit called the **Storm Surge**. It was another mass movement, and the energies were super intense. Now that this Storm is over, we will scan the energy of our **Seven Seals** (Chakras) so that we can **Recharge, Regroup, Reset and Receive** the **New Seeds of Living Light** being offered to us, under the **Light of the Full Moon**.

**Sowing the Seeds of Summer** presents **New Energy** being delivered from the Light of the Divine Source to the Receiver. As the **Seven Seals** are Revealed, we get to bring up and out anything that has been stuck or dormant, hiding or dividing our True Self. As the **Old Energy** is Removed, we allow **New Energy** to be Received. **Sowing the Seeds of Summer** is like a **Bonus** to our Embodiment. We are the lucky ones, and on this Special Day we will Receive a **Golden Seed** that one may Utilize immediately to their Embodiment. Though we may not fully understand what this Golden Seed is, with an open and receptive and

trustworthy spirit, the Energy will begin to Grow within and bring offerings of Love, Kindness, Peace and Harmony to the Receiver.

When you **Seed**, do it from your Heart and Claim for yourself what you want in this Seeding process, that will help Feed your beautiful life. Though you may not understand what is to come to fruition, your Higher Self and Source have **Cultivated and Coded** your Embodiment with Intelligence, as an agreement to always be Fed and Provided for. Faith and Hope is the Fertilizer of this New Foundation.

We will also focus on the **Second Seal (Sacral)**, representing Balance and Equality. As one lets go and moves forward, we allow a natural transition to occur within the Embodiment to Experience this New Energy. The **2<sup>nd</sup> Seal** is Emotions, Desires, Passion, Power of Choice, Intimate Connections, Unity and Creativity. With every **Seed of Living Light** that is Imbued, our Embodiments Ascend and Transcend the lower Frequencies that can no longer serve us.

In the busyness of life, sometimes we do not allow ourselves to feel **the Energy Experiences** occurring within. If we are too busy to “**tend**” to our own self-needs, the Seeds may become dormant and/or inactive. When one pays attention to their own self-needs, these Seeds begin to Rise, Develop and Mature. The Earthly Soul-Families have been working very hard at **Creating** a natural and organic **New Earth**. It only takes a few **New Seeds** from each one of us to **Grow** this incredible **New Garden of Goodness**.

You are an Amazing **Star-Seed** from the Great Universe, and we Thank you for all your hard work. And as you continue to cultivate the Seeds within, let us begin to Reap the Benefits of our New Beginning. Peace to you my dear ones.

Mother Blessings to thee.



Mary Martin  
Medium ~ Messenger ~ Minister

**Guided Hands** offers Energy Experiences to assist in Spiritual Activation's, while Awakening the Embodiment's System during the Accessional Process.

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