

BACKPACK MINISTRY FOOD DONATION LIST

BREAKFAST

Instant Oatmeal
Instant Grits
Cereal Bars/Snack Bars
Pop Tarts
Cereal (individual boxes)



LUNCH

Vienna sausage
Beenie Weenies
Beef Stew
Can Pasta (Ravioli, Spaghetti o's, etc.)
Chicken with Rice, Chicken & Dumplings, etc.
Soup & Crackers
Peanut Butter (creamy)
Jelly
Dried Fruit (Raisins, cranberries, etc.)
Can Fruit (Fruit Cocktail, Peaches, etc.) / individual servings

DINNER

Canned Vegetables (corn, green beans, collards, mixed vegetables, carrots
Canned beans (pinto's, black eye peas, navy beans, great northern beans,
crowder peas)
Boxed Complete Meals (Pizza, Spaghetti, etc.)
Prefer meals with meat included
Individual Serving Meals
Spam/Treet / Canned chicken, canned tuna
Macaroni & Cheese, Shells & Cheese, etc.
Instant Potatoes
Rice, Pasta, Spaghetti
Spaghetti sauce (in tin can)

SNACKS

Popcorn
Chips (No large bags – individual packages only)
Cookies (Individual packages only)
Snack Crackers (Cheese crackers, Nekots, etc.)
Fruit snacks

ALL ITEMS MUST BE SHELF STABLE PRODUCTS

NO REFRIGERATION REQUIRED