

## Mossman Hall Class and Event Details

Class/Event Title	Description	Day & Time	Cost	Contact Information
Pottery Throwing	Learn pottery wheel techniques. 4 classes. By arrangement only.	Every Weds. 6-8pm	1 person \$150, 2 people \$250	Gail Davis meisgail1@yahoo.com
Clay Station	Get creative with clay. All levels. Finished pieces can be glazed and fired.	Every Mon & Sat 10am-noon	\$10 per hour	Gail Davis meisgail1@yahoo.com
Stretch & Flex Yoga	All levels welcome.	Every Thurs. 5:30-7pm	\$7	Susie Collins
Women's Intermediate Yoga	Intermediate yoga.	Every Mon 11am-1pm	\$10	Susie Collins
Low, Slow Yoga	Beginner-intermediate yoga.	Every Weds 11am-1230pm	\$10	Susie Collins
Beginner's Tai Chi & Qigong	Free, beginner's level class.	Every Friday 10:30-11:30am	Free!	Karen Goff 352-339-4772
Tai Chi	All levels welcome. First class free!	Every Tuesday 10:30am-12pm	\$8	Karen Goff 352-339-4772
Conscious Awakening Service	Interfaith Spiritual Ministry	Every Sunday 9:30am-12pm	Donations accepted	Rev. Tom 941-228-3703
Yoga with Hope	Yoga for all levels.	Every Tuesday 6-7pm	\$10	9esperanzak@gmail.com
Zumba with Beverly	Dance fitness class.	Mon/Weds 5:30-6:30pm	\$5/class or \$45/10 classes	Beverly Little 352-284-8147
Zumba with Mary	Dance fitness class.	Weds/Thurs 9-10:15am	Donation Accepted	Mary Westmorland 904-652-7278
Solar Discovery	Add value to your home, save money, creates sustainability .	Sat, July 11th 1-2:30pm	Free!	Mandie plocherster@gmail.com
Nontoxic Living	Find easy ways to start living nontoxic. Make nontoxic disinfectant spray. RSVP.	Sat, July 25th 1-2:30pm	Free!	Mandie plocherster@gmail.com
Art Walk	Gallery showing of featured artist + live music outside.	Every first Friday 6-9pm	Free!	Mossman Hall 352-475-2924

**GALLERY HOURS: Fri 12-5p, Mon 10a-2p, other days and times by appt only**

301 SR-26, Melrose FL 32666

(352) 475-2924

mossmanhall.com

facebook.com/MossmanHall

mossmanhall@gmail.com

*Classes are subject to change. Please visit MossmanHomePreservationFoundation.com or Facebook.com/MossmanHall for updates.*