



# COULD YOU HAVE POST-TRAUMATIC STRESS?

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Are you an active duty or retired service member experiencing:  
nightmares or flashbacks? difficulty sleeping?  
difficulty concentrating? feeling easily irritated or angered?

PLEASE JOIN OUR STUDY TO ASSESS A THERAPEUTIC RESEARCH INTERVENTION THAT MAY HELP SYMPTOMS OF PTSD

PARTICIPATION KEPT CONFIDENTIAL &  
NOW APPROVED FOR REMOTE ACCESS

**\*DOESN'T NEED TO BE IN PERSON\***

YOU MAY BE COMPENSATED FOR YOUR PARTICIPATION

10 90-minute sessions  
+  
2 Pre/Post Assessments  
+  
3 follow up sessions  
at 2, 6 and 12 months

**Location:** Walter Reed

**Protocol Title:**  
Reconsolidation of  
Traumatic Memories to  
Resolve Posttraumatic  
Stress Disorder  
(RECONTROL)