



**TORONTO TRACK & FIELD CENTRE
THROWERS CLUB MEET #1
May 17, 2014 RESULTS**

THROWS PENTATHLON
MASTERS

Men	HT	SP	DT	JT	WT	PTS
Men 70-74						
John Kasperski 70						
Meters	33.59	11.13	32.04	19.63	11.19	
AG Mark	50.80	14.99	40.95	32.98	12.76	
Perf. %	58.57%	64.85%	55.28%	33.49%	49.36%	
Points	690	789	684	341	607	3,111
Enrico Toscano 73						
Meters	16.02	6.33	16.40	9.20	6.50	
AG Mark	24.22	8.52	20.96	15.45	7.41	
Perf. %	27.93%	36.88%	28.29%	15.70%	28.67%	
Points	258	397	290	101	308	1,354
Men 60-64						
Bill Pearson 61						
Meters	31.38	11.59	37.17	29.64	12.31	
AG Mark	41.05	14.46	39.50	41.91	12.83	
Perf. %	47.33%	62.57%	53.33%	42.56%	49.62%	
Points	529	757	654	470	611	3,021

OPEN/JUNIOR/YOUTH

Men <30						
Jared Skeath 20						
Meters	47.35	14.04	43.95	41.69	15.98	
AG Mark	47.35	14.04	43.95	41.69	15.98	
Perf. %	54.59%	60.73%	59.33%	42.33%	61.79%	
Points	633	731	745	467	791	3,367
John Reston 16						
Meters	0.00	11.22	34.65	40.32	15.09	
AG Mark	0.00	11.22	34.65	40.32	15.09	
Perf. %	0.00%	48.53%	46.77%	40.94%	58.35%	
Points	0	559	557	447	740	2,303



THROWS PENTATHLON**MASTERS****Women**

	HT	SP	DT	JT	WT	PTS
Women 65-69						
Rhona Trott	65					
Meters	27.76	6.54	17.23	14.12*	10.71	
AG Mark	47.29	10.85	30.88	25.65	14.20	
Perf.%	61.43%	47.97%	40.22%	35.15%	60.18%	
Points	872	585	479	395	751	3,082
Women 50-54						
*factor adjusted for 500g javelin						
Kristen Dajia	50					
Meters	40.53	8.44	24.25	17.98	10.49	
AG Mark	52.03	10.64	31.83	23.63	12.40	
Perf.%	67.57%	47.02%	41.45%	32.38%	52.55%	
Points	978	571	497	357	640	3,043
Women 35-39						
Marie-Josée Le Jour	35					
Meters	48.97	12.38	46.09	30.29	16.56	
AG Mark	53.58	12.83	47.78	32.17	18.08	
Perf.%	69.59%	56.72%	62.22%	44.07%	76.64%	WR
Points	1012	716	807	518	994	4,047

OPEN/JUNIOR/YOUTH

Women <30						
Cyerra Cassel	17					
Meters	53.76	11.09	30.30	20.82	16.30	
AG Mark	53.76	11.09	30.30	20.82	16.30	
Perf.%	69.82%	49.01%	39.45%	28.52%	69.07%	
Points	1016	601	468	304	882	3,271

SINGLE EVENTS**MASTERS****Men****Hammer**

	M	AG Mark	Perf.%	Points
None				

Shot Put

	M	AG Mark	Perf.%	Points	
Men 60-64					
Ralph Shapiro	62	10.49	13.09	56.63%	673

Discus

	M	AG Mark	Perf.%	Points	
Men 60-64					
Ralph Shapiro	62	29.97	31.85	43.00%	501
Men 35-39					
Fernando Cornejo	39	39.44	40.00	54.00%	665

Javelin

	M	AG Mark	Perf.%	Points	
Men 55-59					
Peter St. Pierre	55	34.91	46.70	47.43%	540

Weight

	M	AG Mark	Perf.%	Points
None				



SINGLE EVENTS**MASTERS****Women****Hammer**

		M	AG Mark	Perf.%	Points
Women 65-69					
Rhona Trott	65	27.76	47.29	61.43%	872
Women 35-39					
Marie-Josée Le Jour	35	50.20	54.92	71.34%	1042

Shot Put

None

Discus

		M	AG Mark	Perf.%	Points
Women 45-49					
Michelle Baptie	46	20.10	24.23	31.56%	355
Women 35-39					
Marie-Josée Le Jour	35	46.22	47.92	62.40%	810

Javelin

None

Weight

		M	AG Mark	Perf.%	Points
Women 35-39					
Marie-Josée Le Jour	35	16.77 Can Rec	18.31	77.61%	1009

SINGLE EVENTS**PARA - ATHLETES****Men****Shot Put**CP37 **M**

Jon Brown 27 7.11

DiscusCP37 **M**

Jon Brown 27 17.86

Women**Shot Put**F13 **M**

Petrina Dressler 41 6.45



SINGLE EVENTS
OPEN/JUNIOR/YOUTH

Male

Hammer

M

Open

Daniel Novia	25	57.72
Chris Preece	22	54.46
Jared Skeath	20	53.05
Damian Anisko	30	49.28

Junior

Brandon Dobson	18	42.64
Nick Earle	19	36.36

Youth

John Reston	16	47.80
Patrick Ryall	16	35.16

Shot Put

M

Open

Eric Brathwaite	23	16.49
Umar Khan	25	15.89
Jared Skeath	20	14.04

Junior

Jonathon Obeiri	19	13.28
Sacha Dajia	18	13.09
Gregory Parker	18	13.01
Nick Earle	19	12.80
Brandon Dobson	18	12.77
Jhalil Lindo	19	12.25
Ezana Debalke	18	nd

Youth

John Reston	16	11.86
Chris Simon	16	11.25
Patrick Ryall	16	11.17



SINGLE EVENTS
OPEN/JUNIOR/YOUTH

Male (con't)

Discus

M

Open

Damian Anisko	30	45.28
Jared Skeath	20	43.95
Grant Holiday	23	36.92
Andrew Dabrowski	33	36.04

Junior

Ezana Debalkew	18	42.97
Gregory Baker	18	42.64
Sacha Dajia	18	40.35
Jhalil Lindo	19	36.12

Youth

Patrick Ryall	16	37.54
John Reston	16	34.65
Chris Simon	16	26.78

Javelin

M

Open

Alex Rudan	20	53.21
Andrew Dabrowski	33	45.32
Jared Skeath	20	41.69
Dinyar Buhariwalla	32	29.32

Junior

Nick Earle	19	45.47
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Youth

John Reston	16	40.32
Chris Simon	16	38.01

Weight

M

Open

Jared Skeath	20	15.98
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Youth

John Reston	16	15.09
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SINGLE EVENTS
OPEN/JUNIOR/YOUTH/PEEWEE

Female

Hammer

M

Open

Kristin Obrochta	25	54.86
Brittany Crew	20	51.72
Cynthia Appiah	24	49.42
Samantha Irwin	20	47.22
Ekua Cudjoe	20	43.32

Junior

Fatim Ammor	19	26.59
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Youth

Cyerra Cassel	17	53.76
Samantha Buck	17	40.81

Shot Put

M

Open

Brittany Crew	20	15.36
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Junior

Obeng Marfo	18	12.96
Faiim Ammor	19	11.44

Youth

Samantha Buck	17	11.58
Cyerra Cassel	17	11.09
Kyra Ridgewell	17	11.35

Pewee

Emma Tolson	11	8.13
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Discus

M

Open

Samantha Irwin	20	37.89
Cynthia Appiah	24	33.80

Junior

Obeng Marfo	18	37.58
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Youth

Samantha Buck	17	38.82
Cyerra Cassel	17	30.30
Kyra Ridgewell	17	29.80



SINGLE EVENTS
OPEN/JUNIOR/YOUTH/PEEWEE

Female (con't)

Javelin

M

Youth

Samantha Buck	17	39.00
Ashley Pryke	17	34.13
Kyra Ridgwell	17	29.96
Cyerra Cassel	17	20.82

Weight

M

Youth

Cyerra Cassel	17	16.30
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