

**Giddy-Up Volunteer Application**  
**7135 County Road 23**  
**Fort Lupton CO 80621**

We are excited that you are interested in volunteering with Giddy-Up! We are always eager to find dedicated volunteers to add to our family. Please complete the application below and return it to [volunteer@giddyupandride.com](mailto:volunteer@giddyupandride.com).

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Primary phone: \_\_\_\_\_ Alternative phone: \_\_\_\_\_

Is your primary number a cell, home or work phone? \_\_\_\_\_

Email: \_\_\_\_\_

Birth date: \_\_/\_\_/\_\_\_\_

Employer/School: \_\_\_\_\_

How did you hear about Giddy Up?

- \_\_\_ Volunteer agency
- \_\_\_ Friend
- \_\_\_ Giddy Up website
- \_\_\_ Driving by
- \_\_\_ Other \_\_\_\_\_

Do you have horse experience?

- Little/None       Some       Substantial

Please Explain:

---

---

---

Do you have experience working with people with disabilities?

- Little/None       Some       Substantial

Please Explain:

---

---

---

**Giddy-Up Volunteer Application**  
**7135 County Road 23**  
**Fort Lupton CO 80621**

Are you able to walk for 45 minutes and lightly jog for short distances?  Yes  No

Are you able to hold your arms at or above shoulder height for the duration of a 45 minute class?  Yes  No

Do you have any physical limitations that we should be aware of?  Yes  No

If "yes" please explain:

---

---

---

How are you interested in getting involved with Giddy Up?

\_\_\_ Lesson Volunteer (Horse Leader or Side Walker)

\_\_\_ Volunteer Sub (Called when needed)

\_\_\_ Barn Helper (Mucking Stalls)

\_\_\_ Horse Helper (Exercise Horses)

If you want to volunteer in lessons either as a volunteer or a sub, what is your availability (check all that apply):

Tuesday Morning  Saturday Morning  Saturday Afternoon

Sunday Morning  Sunday Afternoon

How many times per month would you like to volunteer?  1  2  Weekly

If you want to volunteer with either barn or horse maintenance please describe your experience:

---

---

---

When are you available to start volunteering? \_\_\_\_\_

**Giddy-Up Description of Volunteer Roles**  
**7135 County Road 23**  
**Fort Lupton CO 80621**

### **Lesson Volunteer (Horse Leader or Side Walker)**

Lesson volunteers are critical to the success of our riders! They assist the instructor with safety protocols , reinforce instructions as well as support and encouragement. These roles are physical and involve both horses and riders with disabilities. You should be able to follow instructions and communicate clearly any questions or concerns.

Volunteers are expected to show up at least 15 minutes prior to the lesson time to assist with getting the horse ready and greeting the riders.

#### **Horse Leader:**

This person is responsible for leading the horse throughout the mounting, lesson and dismounting. The primary focus should always remain on the horse. Training by Giddy-Up is mandatory prior to volunteering in classes.

#### **Sidewalker:**

Sometimes working alone, sometimes with a fellow sidewalker, depending on the rider's needs, this person remains focused on the rider. They are expected to reinforce the instructor's requests and encourage the rider in a positive way.

### **Volunteer Sub (Called when needed)**

Subs are needed when a regular volunteer isn't available or if someone calls out at the last minute. When a situation arises where a Sub is needed, the instructor or volunteer coordinator will reach out to all subs asking for anyone who is able to fill in.

### **Barn Helper (Mucking Stalls)**

The Giddy Up horses prefer clean stalls and we can use all the help we can get in maintaining them! If you are up for some shoveling we would love your help. Training will be provided. This is physical role that involves walking, shoveling and pushing a (full) wheelbarrow. Good boots are recommended!

### **Horse Helper (Exercise Horses)**

Even though our horses work hard during lessons they need regular exercise and additional schooling to reinforce good behaviors. If you have experience riding horses we'd love to do an evaluation to see if you could be a horse helper!