

# She Bangs

64 count, 4 wall, intermediate level  
Choreographer: Hillbilly Rick (USA)

Choreographed to: She Bangs by Ricky Martin

Web site:

E-mail:

### (RIGHT) MODIFIED VINE, SIDE SHUFFLE, (LEFT) KICK-BALL CHANGE

- 1 Right - Step to side
- 2 Left - Cross step behind right foot
- 3 Right - Step to side
- 4 Left - Cross step behind right foot
- 5 Right - Step to side
- & Left - Step together
- 6 Right - Step to side
- 7 Left - Kick forward
- & Left - Land on (ball of) foot, while slightly lifting left foot off floor
- 8 Right - Lower foot back to floor

### (LEFT) MODIFIED VINE, SIDE SHUFFLE, (RIGHT) KICK-BALL CHANGE

- 1 Left - Step to side
- 2 Right - Cross step behind left foot
- 3 Left - Step to side
- 4 Right - Cross step behind left foot
- 5 Left - Step to side
- & Right - Step together
- 6 Left - Step to side
- 7 Right - Kick forward
- & Right - Land on (ball of) foot, while slightly lifting left foot off floor
- 8 Left - Lower foot back to floor

### WALK FORWARD, SHUFFLE FORWARD, FORWARD ROCK-RECOVER

- 1 Right - Step forward
- 2 Left - Step forward
- 3 Right - Step forward
- 4 Left - Step forward
- 5 Right - Step forward
- & Left - Step together
- 6 Right - Step forward
- 7 Left - Step (rock) forward, while slightly lifting right foot off floor
- 8 Right - Lower foot back to floor (recover)

### ANGLE STEP LOCKS BACK, SHUFFLE BACK, BACK ROCK-RECOVER

- 1 Left - Step back at an angle
- 2 Right - Step back, bringing foot across left foot (ankle lock)
- 3 Left - Step back at an angle
- 4 Right - Step back, bringing foot across left foot (ankle lock)
- 5 Left - Step backward
- & Right - Step together
- 6 Left - Step backward
- 7 Right - Step (rock) backward, while slightly lifting left foot off floor
- 8 Left - Lower foot back to floor (recover)

Note: On counts 5&6 shuffle diagonally backwards, towards 7 o'clock as with the step locks back.

### SIDE STEP, CROSS BEHIND, SIDE SHUFFLE (RIGHT), CROSS ROCK-RECOVER, SIDE SHUFFLE (LEFT)

- 1 Right - Step to side
- 2 Left - Cross step behind right foot
- 3 Right - Step to side
- & Left - Step together
- 4 Right - Step to side
- 5 Left - Cross step (rock) in front of right foot, while slightly lifting left foot off floor
- 6 Right - Lower foot back to floor (recover)
- 7 Left - Step to side
- & Right - Step together
- 8 Left - Step to side