



COACH INFORMATION

GENERAL INFORMATION (Page 1)



- General Information – Page 1
 - Review the Rules, Coaches Handbook & Risk Management information on Clawson Youth Soccer Website at the below link.
 - <http://www.clawson-soccer.org/coaches-corner.html>
 - Cancelling Games Due to Weather
 - Cancelling Games due to weather will be made by the Strikers Director of Coaching Jason Schmidt by 10pm the night before a game.
 - If games need to be rescheduled, agree on a date with the other Coach & then notify the Master Scheduler & Director of Coaching of the new date. However, this should be a last resort since CYS is charged for rescheduled games. A Coach contact list will be provided to all Coaches to handle rescheduled games.
 - If you do not hear from Jason, then please use good judgement prior to the start of the game on if you think it is safe for your players.
 - Cancelling Practices Due to Weather
 - Please cancel practices due to weather early as possible. Please cancel at least 3-4 hours before the start of practice via e-mail. Be sure to be clear in your Subject line of your e-mail.
 - Ex. "Practice Cancelled Today 3-1-17 – Cheetahs"
 - If you have to cancel practice within 30 minutes of start time, send out an e-mail & have someone drive up to the field to notify anyone who did not receive the e-mail.
 - If the practices has already started & the storm moves in where there is lightning, please seek shelter & wait for parents to arrive. You may not resume practices 30 minutes until the last sign of lightning.
 - Practice Schedules
 - Jason Schmidt will contact each Coach on which day they would like to practice & will send out a Master Practice Calendar.
 - Game Schedules
 - Clawson Youth Soccer will post schedules on the website before the season.
 - Referee Fees
 - Clawson Youth Soccer will provide you with a check to cash, you are responsible to pay the refs before each game.
 - Uniforms
 - Triple Thread supplies all uniforms, if Parents have an issue with their jersey, have them contact Triple Thread.
- Basic Coaching Guidelines - Page 2
- Code Of Conduct – Page 3
- Practice Information & Plans – Page 4



COACH INFORMATION

BASIC COACHING GUIDELINES (Page 2)



Role of Head Coach:

- Role Model
 - You are a role model to these kids, Act like one on & off the field.
 - Don't just be a Coach, be a Mentor
 - The words you choose before, during & after a game will have a lasting impact for the players for years to come.
 - Remember – It's ok to Lose, as long as you don't lose the lesson.
 - Youth Coaches measure success in Smiles.
 - Do Not Yell at a referee, other Coaches, players on another team or other parents
- Be Organized
 - Hold a Parents meeting early in the season to discuss the below topics:
 - Coach Introduction, Coaching Philosophy, Practice schedules, Game schedules, the roster, Lines of Communication (E-mail), Parents, Coaches & Players Code of Conduct.
 - Show up early & start every session on time.
 - Create practice plans on a notecard or book to review quickly during practices.
 - Understand the Rules per your age group.
- Easy Guidelines to Follow
 - Have Fun with It
 - Keep It Simple – Be clear, concise & clearly show the drills so they understand.
 - Demonstrate the drill both visually & verbally since kids learn different ways.
 - Don't focus on 15 drills during a practice, break it down into simple 3 to 5 drills per practice.
 - Avoid long lines during practices, the goal is to develop the player, not to have them sit in line, per USA Youth Soccer, have the player get in as many touches with the ball in every practice. You don't like standing in lines at the grocery store, kids don't like it either, they want to have FUN all the time.
 - Avoid Long Lectures, be brief & clear – Do Not spend more then 2-5 minutes talking to the players depending on their age group. Kids lose interest very quickly & will not pay attention to what you are saying if you talk to long.
 - Let players know it is OK to make mistakes, "A mistake is NOT a mistake unless you repeat the mistake".
 - Make sure the players understand that they don't have to be the best player on the field but they have to try their BEST when they are on the field. Muhamad Ali had a great quote – "The Will Must be greater then the Skill".
 - Never let the kids face the sun when you are talking to them, the sun should be in your face so the players can see you.
 - Never wear sunglasses when you are talking to the players.



COACH INFORMATION

CODE OF CONDUCT (Page 3)



Code of Conduct:

- Coach
 - I will instill the correct attitude towards training and games.
 - I will arrive early & be prepared for practices & games.
 - I will teach my players the skills that they can use in all areas of life.
 - I will show respect to everyone involved in the game including officials, opposing players, coaches, and spectators.
 - I will never engage in rude, offensive, or abusive behavior.
 - I will praise and provide constructive positive feedback.
 - I will treat each player with the same amount respect.
 - I will promote fair play among my team.
 - I will understand the rules of the game per my age group.
 - I will remember that this game is for the kids, not adults.

- Parent
 - I will not give instructions to players -- that is the coach's role.
 - If I am upset by something I will wait 24hrs before discussing the issue with the team coach and will do so in a private and constructive manner.
 - I will show respect for all players, all coaches, all officials and all spectators at all times
 - I will make my child feel like a winner by offering praise for competing fairly and doing their best.
 - I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
 - Children learn by example. I will applaud good plays by both my child's team and their opponents.
 - I will make sure that my child arrives for practices and games at the time designated by the coach, ready to begin.
 - I realize that failure to abide by the Code of Conduct may result in my removal of myself, and potentially my child, from the vicinity of the playing field and potentially further sanctions by the club.

- Player
 - I will play by the rules of soccer, and in the spirit of the game.
 - I will show respect at all times for all coaches, all referees, all players, all spectators, and all club officials.
 - I will control my temper. I will not fight or use foul or abusive language or inappropriate gestures.
 - I will be a team player.
 - I know that winning isn't everything - having fun, playing fair, improving my skills, making friends and doing my best are all important.

Practice Information:

- First Practice
 - Have your practice plan ready, set-up cones prior to practice, bring all the kids over to you & explain who you are & what you expect out of them (Hard Work, Listening skills, Teamwork, respect & to have fun).

Links for Practice Drills & Coaches Information:

- Free Youth Soccer Drills - Drills for U4 players all the way up to U16
 - <http://www.freeyouthsoccerdrills.com/>
- Coaching Kids Soccer – Concepts on teaching the Basics, Practice Plans per age group, Game Day Information & Coaching Tools
 - <http://www.coaching-kids-soccer.com/>
- Coaching Soccer 101 – Concepts on Coaching, Practice Drills & Rules
 - <http://www.coachingsoccer101.com/>
- Soccer Expert – Ranks Soccer Drills by Coaches & per age group – Great Site – Field Diagrams & Line-Up Information
 - <https://www.soccerxpert.com/>
- Soccer Pilot – Animated practice drills – Passing, Dribbling, Shooting, Ball Control, Tackling, Tactics, Coaching Info & Technique
 - <http://www.soccerpilot.com/>
- Soccer Playing Guide – Tons of Free Drills for Passing, Defensive Drills, Shooting Drills
 - <http://www.soccerplayingguide.com/index.html>
- Soccer Drive – Animated Practice drills for U6 players up to U16 – Soccer Drills & Soccer Tactics
 - <https://www.soccerdrive.com/> - Some of the drills require a membership but it is still a good site.
- Footy 4 Kids – Coaching Information, Soccer Drills & Lesson Plans all for Youth players
 - <http://www.footy4kids.co.uk/>