



Denver Police Department Newsletter

January 2019

FROM CHIEF PAZEN:

Late January, we publicly released our crime stats from 2018. While the overall crime rate is flat, we did see an increase in homicides and aggravated assaults. After a deeper data analysis, it was determined that gang violence and domestic violence were some of the drivers in these crimes. With the Strategic Plan, we have new programs already in place and new partnerships to combat DV and gang violence, in addition to some of the other social harms driving crime, such as mental health and drug abuse. Also, to respond quicker and more efficiently to gun violence, we will soon be creating the Real Time Crime Information Center, which combines HALO, gunshot detection technology, and other technology.

I thank each of you for your commitment to this department, and as we continue to take care of our Denver community, I remind you to take care of yourself and one another.

FOR YOUR BENEFIT:



Habits are a common part of our lives, and good habits can increase our happiness, as well as our life expectancy. Habits are shortcuts that we use to help preserve our self-control and willpower, which some say is in limited supply. They free us from decision making as the new routine becomes automatic. There are proven methods to help create new habits that will stick. First, you should know yourself and what works for you. A habit that works well for your personality and schedule will increase your likelihood of staying with it. Second, scheduling your new habit after an existing one is a helpful way to make it become automatic. For example, workout after morning coffee. Third, monitoring your new routine is another good way to create a lasting one.

The three best ways to improve your health are through sound sleep, healthy diet, and consistent exercise. Schedule your day, monitor and record your activities, and begin your journey towards a healthy lifestyle.

OFFICERS BEING AWESOME:

This story was sent to us by a private resident, who told us that in October, District 1 Officer Michael Kelley responded to a call at a convenience store in the 1300 block of W. 38th Avenue. The call was unfounded, but Officer Kelley stayed at the location and initiated contact with a man who appeared to be homeless. The resident overheard the good officer asking about the man's well-being and if he'd recently eaten. After the man said he had not, Officer Kelley invited him into the store with him. While inside, the officer explained to the employees that he was buying the man a meal. After the man selected a burrito and a bag of chips, Officer Kelley paid for the meal and was on his way. Thank you Officer Kelley for your compassion!



On December 6, 2018, a traveler was in a hurry to catch her flight at DIA, when an item she tried carrying-on did not pass TSA screening. That item was a Christmas gift for her 90-year-old mother. In a bit of a panic to catch her flight, the traveler stopped at the airport police desk to see if there was any help available. Corporal Anthony Wilkerson was behind that desk, and without

hesitation, offered to mail the gift. The traveler offered to pay for the postage and compensate the good corporal, who refused both offers. And true to his word, Corporal Wilkerson mailed the gift, which got to the traveler's mother in time for Christmas.

Thank you, Corporal for your thoughtfulness!

EVENTS & REMINDERS:

- ~ Feb 9 - Volunteer Appreciation Luncheon
- ~ Mar. 10 - Special Olympics Polar Plunge/5K
- ~ April 18 - Denver Police Foundation Award Luncheon
- ~ May 10 - Recruit Officer Graduation