

Vegan Meal DF

Available: Berry-Cream & Vanilla Flavor



Clinical Applications

- Ideal Meal Supplement, with 16 gram of Protein per one scoop serving
- Ideal Choice for People with Allergies to Milk & Milk Products
- Nutritional Support for Vegetarians / Vegans - 100% vegetarian

Vegan Meal DF is delicious plant-derived protein powder designed to help promote an optimal intake of protein, fats, carbohydrates, vitamins and minerals needed for overall wellness.

All Adaptogen Research Formulas Meet or Exceed cGMP Quality

Discussion

Vegan Meal DF is a **Dairy-Free**, nutrient-rich functional food powder designed to help promote an optimal intake of Protein, Fats, Carbohydrates, Vitamins and Minerals needed for overall wellness. It features a natural **Pea Protein** isolate as its protein source, and does not contain casein, lactose or gluten. **Vegan Meal DF** is an ideal choice for people with allergies to milk and milk products who must avoid casein or whey proteins, and for those with lactose intolerance.

Pea Protein

- Natural pea protein isolate made from non-GMO (non-genetically modified) North American grown yellow peas
- Produced using no chemical solvents
- Gluten- and Grain-free
- Easy to digest
- Excellent array of amino acids, including healthy levels of the important branched chain amino acids (BCAAs)

Vegan Meal DF

- Ideal meal supplement, with 16 g of protein per one scoop serving
- Excellent for low carbohydrate diets
- 100% vegetarian
- **NatureFolate™** – natural vitamin folates that are found in foods such as spinach and are immediately “active” and bioavailable to the human body. These natural folates are included rather than the potentially harmful synthetic folic acid, which is known to build up in the body as unmetabolized folic acid.
- **Stabilized creatine** – important for energy reserves and helps to increase muscle mass, strength and endurance. Vegetarians appear to have lower tissue creatine concentrations, since creatine is mostly found in animal foods such as herring, pork, beef, salmon and tuna.
- **Glucomannan and fiber** – included to support satiety, blood sugar balance and drink texture
- **Conjugated Linoleic Acid (CLA)** – naturally-occurring fatty acid shown to be useful in supporting proper fat burning, healthy blood sugar levels, and in modulating inflammation.
- **Vitamin E** in the form of high gamma mixed tocopherols
- **Chelated minerals** for superior absorption
- **Does not contain sucrose, fructose or artificial sweeteners**
- Naturally sweetened with the herb stevia, which will not affect insulin levels

***These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**



Distributed by: Adaptogen Research
625 Barksdale Road, Suite 113
Newark, DE 19711

Vegan Meal DF



Who could benefit from Vegan Meal™?

Vegan Meal is suggested in combination therapies for:

- Nutritional support for vegetarians/vegans
- Weight management
- Lipid management
- Type II diabetic control
- Blood sugar balance
- Hypoglycemia
- Detoxification support
- Weight training/muscle maintenance
- Athletes/bodybuilders who are sensitive to whey
- Protein malnutrition
- Cachexia
- Anorexia
- Sarcopenia

Vegan Meal DF Berry-Cream

Supplement Facts			
Serving Size: 30 grams (approx. one scoop) Servings Per Container: 15			
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	110	Calcium (from natural sources)	60 mg 6%
Calories from Fat	35	Iron (from natural sources)	4 mg 20%
Total Fat	1.5 g 2%*	Magnesium	100 mg 25%
Total Carbohydrate	15 g 4%	†Creatine (from Creatine MagnaPower®)	550 mg †
Dietary Fiber	8 g 32%*	Zinc (TRAACS® Zinc Bisglycinate Chelate)	5 mg 10%
Soluble Fiber	5 g †	Chromium	10 mcg 40%
Insoluble Fiber	3 g †	†TRAACS® Chromium Nicotinate Glycinate Chelate	300 mcg 15%
Protein (from pea)	15 g 32%*	Sodium (from natural sources)	300 mg 15%
Vitamin C (as Ascorbic Acid)	100 mg 170%	†Creatine (from Creatine MagnaPower®)	550 mg †
Vitamin E (as d-alpha-tocopherol)	17 IU 60%	Conjugated Linoleic Acid (CLA)	520 mg †
Thiamin (Vitamin B-1)	10 mg 670%	High Gamma Mixed Tocopherols	500 mg †
Riboflavin (Vitamin B-2)	10 mg 500%	(as d-gamma, d-delta, d-alpha, d-beta)	
Niacin (Vitamin B-3) (as Nicotinamide)	10 mg 50%	†Lactin	500 mg †
Vitamin B-6 (as Pyridoxine HCl)	10 mg 500%	Inositol	10 mg †
Folate (NatureFolate™ blend)	100 mcg 25%		
Vitamin B-12	50 mcg 833%		
(as Methylcobalamin)			
Biotin (as d-Biotin)	100 mcg 33%		
Pantothenic Acid	100 mg 1000%		
(as d-Calcium Pantothenate)			

Other Ingredients: Vegetable fiber, natural flavors, crosslinked cellulose, glucomannan, inulin, silicon dioxide, vegetable cellulose, stevia leaf extract.

Vegan Meal DF Vanilla

Supplement Facts			
Serving Size: 30 grams (approx. one scoop) Servings Per Container: 15			
Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	110	Pantothenic Acid	100 mg 1000%
Calories from Fat	10	(as d-Calcium Pantothenate)	
Total Fat	1.5 g 2%*	Calcium	60 mg 6%
Total Carbohydrate	14 g 3%	(from pea protein and natural flavors)	
Dietary Fiber	8 g 32%*	Iron (from pea protein)	4 mg 22%
Soluble Fiber	5 g †	Magnesium (from Creatine MagnaPower®)	100 mg 25%
Insoluble Fiber	3 g †	Zinc (as Zinc Bisglycinate Chelate)	3 mg 12%
Protein (from pea)	15 g 32%*	Chromium	50 mcg 40%
Vitamin C (as Ascorbic Acid)	100 mg 167%	†TRAACS® Chromium Nicotinate Glycinate Chelate	
Vitamin E (as d-alpha-tocopherol)	17 IU 60%	Sodium (from natural sources)	300 mg 15%
Thiamin (Vitamin B-1)	10 mg 667%	†Creatine (from Creatine MagnaPower®)	550 mg †
(as Thiamin Mononitrate)		Conjugated Linoleic Acid (CLA)	520 mg †
Riboflavin (Vitamin B-2)	10 mg 500%	High Gamma Mixed Tocopherols	500 mg †
Niacin (Vitamin B-3) (as Nicotinamide)	10 mg 50%	(as d-gamma, d-delta, d-alpha, d-beta)	
Vitamin B-6 (as Pyridoxine HCl)	10 mg 500%	†Lactin	500 mg †
Inulin	100 mcg 25%	Inositol	10 mg †
(as Quercetin) 3-(5'-methylthio)uracil-6-yl-β-D-glucopyranoside (saccharin salt, 290 mcg)			
Vitamin B-12 (as Methylcobalamin)	50 mcg 833%		
Biotin (as d-Biotin)	100 mcg 33%		

Other Ingredients: Vegetable fiber, crosslinked cellulose, natural flavor, tapioca dextrin, glucomannan, inulin, silicon dioxide, vegetable cellulose, natural flavor, stevia leaf extract.

TRAACS® and Creatine MagnaPower® are registered trademarks of Albion Laboratories, Inc. Creatine MagnaPower® is covered by U.S. Patent 6,114,379 and patents pending.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by: Adaptogen Research
625 Barksdale Road, Suite 113
Newark, DE 19711