



# BalanceMD

Solutions for Dizziness and Hearing Loss

## Indianapolis office

9106 N Meridian Street, Ste 200  
Indianapolis, IN 46260  
phone (317) 644-3044  
fax (317) 218-3597

## Lafayette office

3721 Rome Drive, Ste A  
Lafayette, IN 47905  
phone (765) 807-7100  
fax (765) 807-7101

[www.BalanceMD.net](http://www.BalanceMD.net) (888) 888-DIZZY (3499)

Welcome to **BalanceMD!** Dr. Scott Sanders is a board certified neurologist with specialty training in neuro-ophthalmology and vestibular (dizziness or imbalance) system disorders. BalanceMD is a specialty medical clinic focusing on the diagnosis and treatment of those suffering from dizziness, vertigo, imbalance, and neurologic eye/vision disorders, including double vision, unequal eyelids or pupils, eyelid and/or facial spasms.

**BalanceMD is the only true balance center in Indiana**, where physician, audiologist and physical therapist all work together in the same medical practice to meet ALL needs of those suffering from dizziness, vertigo and/or imbalance. So, there is no need to travel to different facilities for any needed diagnostic evaluation or treatment.

BalanceMD has two audiologists (Sandy Bratton in our Lafayette office and Michelle Koley in our Indianapolis office) who specialize in vestibular diagnostic testing and hearing disorders. They are both experts in providing **hearing aids** if needed.

Vestibular rehabilitation, a special type of physical therapy for improving/resolving dizziness and imbalance, is also available at BalanceMD. Our physical therapist, Stephanie Ford, PT, works at both our Indianapolis and Lafayette office. She has completed the most advanced training available and focuses exclusively on treating dizziness and imbalance.

We strive to keep your appointment on time, so the following information is important to review and follow:

- **Arrive 20-30 minutes prior** to your scheduled appointment time. This allows our staff to get you checked in and ready to be seen at your appointment time. **If you are late, your appointment may be rescheduled so as not to inconvenience other patients.**
- Complete paperwork **PRIOR** to your appointment. All needed paperwork may be found under “Patient Forms” on our website - <http://www.balancemd.net/patient-information.html>.
- Bring your insurance card(s) and driver’s license.
- Be prepared to pay any co-pay, coinsurance and/or deductible amounts as required by your health insurance carrier on the day of your appointment.
- Please ask your referring doctor to mail/fax pertinent records, including any lab or radiology test results, prior to your appointment. Bring MRI and/or CT scans (obtain from imaging facility) on a CD.
- Provide a medication list that is current and includes dose and frequency.
- Most patients who are being seen for dizziness, vertigo or imbalance should expect a return appointment for vestibular function testing. Additional instructions will be given once the appointment is made. **If you live far away, please request that any needed vestibular diagnostic testing be performed the same day prior to your appointment to see Dr. Sanders**, so as to avoid making an extra trip.
- For most follow-up visits, Dr. Sanders offers Telemedicine (aka “virtual visits”), which allows you to see Dr. Sanders online from home or work or wherever you are. Medicare and some private insurance plans do not cover this service, so you will need to check with your own insurance company. For more information, go to <http://www.balancemd.net/patient-information.html> and look under “Virtual Visit Forms”.

Additional information about our practice, including maps to both of our offices, can be found on our website [www.BalanceMD.net](http://www.BalanceMD.net).

Dr. Sanders and his staff will go to great strides to make your visit with us as pleasant as possible. Feel free to contact our office Monday through Thursday 9-4 and Friday 9-3 with any questions. If after hours, please leave a message and our staff will return your call as soon as possible.

Sincerely,  
Dr. Scott Sanders and Staff