

1. Alpha 20C—Food for the Immune (Defense) System...(wood---spring---green---sour)...Protects Body..

Alpha 20C get its name from what it promotes: T Cells (the 20th letter of the alphabet being “T” and “C” standing for cells). This food nourishes the immune system through the bone marrow, liver and adrenals. **Alpha 20C** has a delicious “mocha” taste, and can be eaten as is, or added to any Sunrider food. Eaten throughout the day, together with **Conco**, Sunrider’s **Goldenseal**, and Sunrider’s **Spirulina**, promotes a strong immune response to environmental attacks. **Alpha 20C** helps the immune system come into balance, whether it is overactive or underactive. Nourishes the ability to “fight.” **Alpha 20 C** contains naturally occurring antioxidants, calcium and fortifying properties. Most of the herbs contained in **Alpha 20 C** formulation have been used separately as part of the Chinese herbal pharmacy. Now these herbs are being studied by scientists and are receiving positive reinforcement of their beneficial properties. Available in capsules, powder packets (1 powder packet = 10 capsules) or powder in bulk canisters (1 canister = approx. 600 capsules).

Major organs fed:

- Liver, gallbladder, ovaries, testes

Postive emotion: planning and decision making

In ancient China, a similar formula was used to:

- build a healthy immune system.
- strengthen the T-cells that are important in
 - 1) Fighting infections and
 - 2) Controlling the growth of dangerous and destructive, extraneous cells, such as in cysts and tumors.
- detoxify the body and help expel fever and illness.
- reduce vulnerability to viral and bacterial infections, as well as parasites and yeast overgrowth.
- govern the body’s resilience and adaptability; assist an appropriate response to environmental stresses.
- fortify the body as emotional food for **anger, irritability and depression.**

Ingredients: Chinese White Flower, Paris Herb, Scutellaria Herb, Dandelion Root, Imperate Root