

2019 COWAN LAKE FEST RACE



Friends Caring for Cowan Lake State Park
3rd Annual Lake Fest Canoe and Kayak Race



SUNDAY, JULY 21, 2019 at 9AM - WILMINGTON, OHIO

Location: Cowan Lake State Park; Cowan Lake Public Beach;
1021 Yankee Road; Wilmington, OH 45177

Registration **8:00 AM**
Race Safety Meeting at **8:45 AM**
Race Start at **9:00 AM**
Awards at **11:00 AM**



Races: 6 mile and 3 mile events / USCA Sanctioned / Additional info on signup form (back)

Awards for top 3 finishers in each class!

Last Ohio race before the State Championships!

Free On-site camping available with pre-registration!

Video by Fred Haaser from 2017 race: <https://vimeo.com/226746406>

The Cowan Lake Fest Race is a 3 or 6 mile canoe/kayak/SUP race on beautiful Cowan Lake as part of the Cowan Lake Fest weekend. Race day registration starts at 8AM, racer meeting at 8:45AM, race starts at 9AM with awards at 11AM. This race is a great race for the first time racer as well as the seasoned veteran with flat deep water. Also, this race is the best value in town with advanced online cost of \$15 (see link below) and race day registration at \$20. Free camping on Saturday night at the swimming beach (advanced registration req'd - see link below). *PFD is required to be worn for all racers during race.*

Registration and other Lake Fest information at:

<http://www.cowanlakestatepark.com/lake-fest.html>

Contact for Race Information:
Greg Bechtel, Race Director
gregory.s.bechtelt@gmail.com
513-356-2034

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2019 RACE EVENTS (please check)

___ 6 Mile Canoe/Kayak/SUP Race (Start/Finish: Public Beach)

___ 3 Mile SUP/Rec Canoe/Rec Kayak Race (Start/Finish: Public Beach)

Registration: Race Day (onsite) registration opens at 8:00 AM and is \$20 per racer at Lake Cowan public beach. Mail in and online registration is \$15 per racer and must be received by 7/16/19. Proceeds from "Cowan Lake Fest Race" go to "Friends Caring for Cowan Lake State Park". In case of inclement weather, race will be cancelled and no refunds.

PFD REQUIRED TO BE WORN DURING RACE

(PLEASE PRINT)

Last Name: _____ First Name: _____

Boat Make/Model: _____
(If Applicable)

Race Partner: _____

Gender: M ___ F ___ Date of Birth: ___/___/___ Age _____

E-mail address: _____

Day phone: () _____

Evening phone: () _____

Street address: _____

City: _____ State: _____ Zip: _____

Zip Code/Postal code: _____

If paying by check please make checks payable to:

Cowan Lake Fest (or FCC) & return payment with form to:

Cowan Lake Fest

C/O Friends Caring for Cowan (FCC)

1750 Osborn Road

Wilmington, Ohio 45177

Online Registration: www.cowanlakesatepark.com/lake-fest.html

CLASSES: (Please check one)
(NO AGE GROUP OR MASTER CLASSES)

6 Mile Race - CANOE & KAYAK & SUP

- ___ C-1 Race Boat - Man
- ___ C-1 Race Boat - Woman
- ___ C-2 Race Boat - Men
- ___ C-2 Race Boat - Women
- ___ C-2 Race Boat - Mixed
- ___ C-2 Recreational* (canoe length < 17'6") - Men
- ___ C-2 Recreational* (canoe length < 17'6") - Women
- ___ C-2 Recreational* (canoe length < 17'6") - Mixed
- ___ K-1 Unlimited (length>18' for ICF, surf ski) - Man
- ___ K-1 Unlimited (length>18' for ICF, surf ski) - Woman
- ___ K-1 Sea Kayak (length <= 18') - Man
- ___ K-1 Sea Kayak (length<= 18') - Woman
- ___ K-1 Rec Kayak* (Kayaks <=16") - Man
- ___ K-1 Rec Kayak* (Kayaks <=16") - Woman
- ___ K-2 Men/Women/Mixed
- ___ SUP - Man
- ___ SUP - Woman
- ___ OC-1 - Man
- ___ OC-1 - Woman

3 Mile Race - SUP & REC KAYAK & REC CANOE

- ___ SUP - Man
 - ___ SUP - Woman
 - ___ K-1 Rec Kayak* (Kayaks <=16") - Man
 - ___ K-1 Rec Kayak* (Kayaks <=16") - Woman
 - ___ K-2 Rec Kayak* - (any length) Men/Women/Mixed
 - ___ C-2 Rec Canoe* (length < 17'6") - Men/Women/Mixed
- *Recreational Canoes or Kayaks (non-race boats)

Free camping at Public Beach on Saturday night – preregister online.

This race is part of Cowan Lake Fest and for a list of weekend activities go to www.cowanlakesatepark.com/lake-fest.html

Friend Caring for Cowan Facebook:

www.facebook.com/friendscaringforcowanlake

Race Questions: contact gregory.s.bechtel@gmail.com