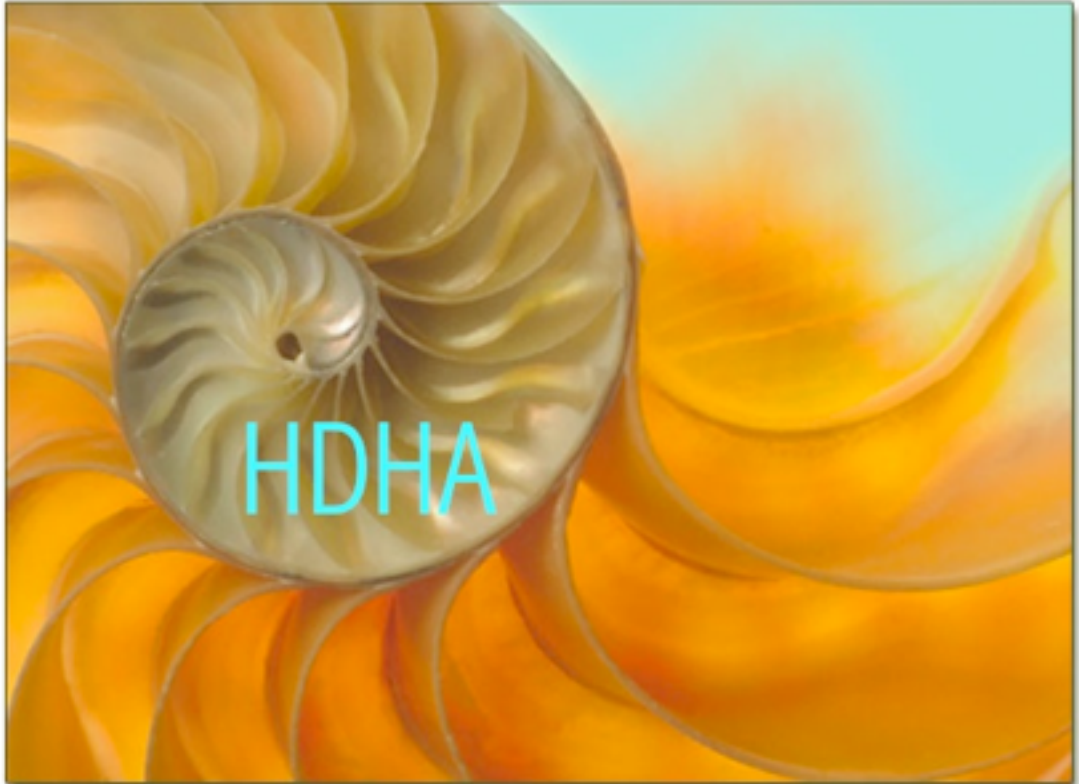


THE VOICE

WINTER 2016/2017

HAWAII DENTAL HYGIENISTS' ASSOCIATION



PRESIDENT'S ADDRESS

Thank you everyone for a successful and productive Annual Session. It was such an honor to get to meet all of the attending members and feel the love of the HDHA family. This edition of "The Voice" will give all that missed our educational and fun weekend on Oahu an overview of all the highlights and happenings. I would also like to encourage you all to look at the upcoming events and stay connected with Facebook. I just heard that Maui has started a Facebook

page for members in that area to stay up to date.

You may also have noticed some restructuring happening from the national level of ADHA down to our components. The goal is to make more streamline actions and create more unity among our state. I hope that with the removal of component officers and the creation of a more flexible 'study club' model, we will see more involvement from all members and not rest the burden on only a few volunteers. This is a great opportunity

for everyone (that means you!) to bring up CE ideas that they would like to see and discuss issues they are concerned with.

As our profession puts its last 100 years behind and looks toward the next century, we are going to be seeing changes in the way we treat our patients. Our founding hygienists graduated in 1914 and all went straight into public schools to provide care and oral hygiene instruction. Hygienist in Hawai'i might soon find themselves not calling the clinic home

but doing as those original 27 hygienists did and spending more time with patients outside of the office. Please keep this in mind this during the upcoming legislative season as we look for opportunities to expand our roles as providers to offer more access to care.

Once again, I am grateful to be serving you and please feel free to contact me with any questions or comments.

Wishing you all the best in the coming months. Happy New Year!

Justin Stanton, RDH, BS
President HDHA

justinstantonrdh@gmail.com



- HAPPENING THIS MONTH -

January 12-13, 2017

Hawaii Dental Association Convention
Hawaii Convention Center Honolulu, Hawaii

We hope to see you there!



HAWAII DENTAL
ASSOCIATION CONVENTION

 **CLL2017**
94TH ANNUAL SESSION
JUNE 14-20, 2017 / JACKSONVILLE, FL

It seems like a lot of money so why join???

Benefits of Membership

- Free CEUs for members
- Membership rate to Annual Session Meeting
- Networking opportunities and the chance to develop new friendships
- Always being informed and up to date on the latest information in our profession
- Discounted Malpractice and Disability Insurance
- Access Magazine Subscription
- Discounted Rental Cars/Hotels
- Leadership Opportunities
- Employment Listings

Did you Know???

- One piece of legislation can change our profession.
- ADHA continues to help move your career and your profession forward.

Together we CAN make a difference!

- Only a fraction of the total number of hygienists are members of our profession.
- ADHA is the only association representing and protecting our Profession.
- Strength in numbers...Join the transformation!

Think about how much you stand to lose... YOUR CAREER!!!
 It really doesn't seem like too much money to spend on your future.
 Membership in Hawaii costs \$0.74/day.

No Members, No money, No Voice, No Job!!!

Visit: www.adha.org for more information

P.O. Box 23313 ♦ Honolulu, HI 96823 ♦ www.hdha.net

HDHA SCHOLARSHIP WINNERS

submitted by Justin Stanton, RDH, BS

Congratulations to this year's HDHA Annual Scholarship winners. It was with great excitement that the the 2015-2016 Administrative Committee chose the winners for \$1000 in scholarship money. It wasn't easy as all four of the applicants had excellent ideas and obvious passion about their essays. Each student was tasked with a 500 word essay on leadership and the dental hygienist. Leadership in HDHA is vital to our progression as a profession and all four applicants explained how they would use their past experiences, skills and values to lead the future. In addition to being future leaders they shared why they felt it was important to be an active member of our professional organization (ADHA/HDHA) long after graduation. On behalf of all of the members of HDHA, I would like to congratulate our winners and thank them for their understanding of the importance of our association.

Congratulations to:

Crystal Acosta

First Place

\$500

Christen Coloma

Second Place

\$300

Shay Chun

Third Place

\$200

We welcome these future leaders into the HDHA family!
Hope you Enjoy the winning essay as much as we did!

Crystal Acosta

HDHA 2016 Scholarship Winner's Essay

A dental hygienist is more than a practicing clinician. The knowledge and skills we have attained throughout our academic journeys have molded us to fulfill other roles. Roles such as educators, leaders, and problem solvers, are some of the roles we have adapted to become. After graduation, I hope to become a leader in my professional association, community, and dental office.

As a knowledgeable and skilled dental hygienist, I hope to grow into a leader-type role. Spreading the awareness of our profession and becoming a valuable member of the association by contributing meaningful input are some ways of accomplishing that aspect.

In a community setting, I will use my knowledge and skills to become a valuable source for oral health education. As a dental hygienist, we must find ways for those around us to benefit from what we have learned. For example, going out to schools to educate them about the importance of good oral hygiene would tremendously benefit the community. By educating our schools, it could be the key to preventing or changing bad oral hygiene habits.

Aside from the community, it is also important to play a vital role in the dental office. A leader must be knowledgeable and usually wears many hats. In a dental office setting, it is important to use the knowledge and skills that I have obtained during school to make the dental practice run more efficiently. Also, lending a helping hand where it is needed serves as a positive example to the rest of the dental team.

Becoming a leader is one characteristic of an excellent dental hygienist, remaining active in our state's professional organization is also another. It is imperative to remain as an active member of the HDHA/ADHA to strengthen the presence of our profession. Together in numbers, we can solidify our value to the community as dental hygienists.

With the ever-changing times, our profession must continue to progress and evolve. Remaining active within the dental hygiene community is a great way to stay knowledgeable of the current events that may affect us. The role of a dental hygienist in the workplace must be protected because we are a fundamental piece of the puzzle when it comes to providing quality dental care. Although it is vital to preserve the skills and tasks that we already contribute to a dental team, we must also find ways to expand.

Actively being part of a group also gives us an outlet as individuals to voice our opinions or ideas. The collaboration of thoughts and ideas as a group can greatly intensify and advance the role of a dental hygienist. A single great mind may affect a few, but it is a group of great minds that may affect a community.

Continuing as an active member long after graduation creates a sense of togetherness and dedication. The foundation of the HDHA/ADHA is its members. These members create a community and solid team. As a team that shares the same principles and interests of protecting our profession, we will be able to strengthen our potentiality.

Lastly, being an active member gives us the opportunity to remain updated and connected to the dental hygiene community. This is a great way to network and meet fellow dental hygienists. Meeting other dental hygienists may also give us a chance to learn about oral health from different perspectives. We can learn many new things from each other for the betterment of our careers.

As dental hygienists it is important to see the capabilities of our profession. We must remain relevant and valuable to the dental community in order to uphold our significance as oral health providers. In order to do that, we must become leaders in our own professional associations, communities, and dental offices.

2016 TABLE CLINIC WINNERS & PRESIDENT'S RECEPTION

This year, the students from UHM School of Dental Hygiene and Maui Community College Dental Hygiene were invited to participate in the Student Table Clinic Competition at the 25th Annual Scientific Session. 10 different entries were submitted by the senior students. The ten groups were:

- Got Fluoridated Milk? By Christen Coloma and Jinnelle Ballesteros
- Cancer Detection for the Hygienist by Abcydie Sildora and Nicole Chang
- Botox for TMJ by Sherilyn Tabion and Kira Minato
- Tongue Awareness by Chantel Tokumoto and Megumi Kodama

- Nighttime Nuisance by Kari Ann Ishii, Natalie Ayre and Marisa Lyman
- 3D Printed Restorations by Christopher Gamboa and Randal Monitel
- What's All the Vape About by Jikta Novotney, Peggi Rossi, Ja'Nae Chaves and Tara Tran (Maui Community College)
- Triclosan by Shannon Maldonado and Skye Shimabukuro
- Diode Laser by Shay Chun and Alice Cheng
- Saliva-A Diagnostic Window to Overall Health by Crystal Acosta and Lesley Barangan

The ten student groups showcased their displays and presentation skills at the Hawaii Family Dental sponsored-President's Reception Saturday evening. The participating students displayed their artistic, intelligent, and creative poster boards to session attendees and five qualified judges. HDHA Past President Pearl Arrington, RDH, HDHA member Susan Kahawai, RDH, HDHA Immediate Past President Noe Green, HDHA Past President Ellie Kelley-Miyashiro and RDH Nikkie Au judged the event and had the difficult task of choosing the winners.

This year's competition was excellent—full of current research-based topics. The winners of this year's competition were *Got Fluoridated Milk?* By Christen Coloma and Jinnelle Ballesteros. Second place winners were Abcydie Sildora and Nicole Chang with *Cancer Detection for the Hygienist* and the third place display was *Botox for TMJ* by Sherilyn Tabion and Kira Minato. Students, Christen Coloma and Jinnelle Ballesteros, will be sponsored by HDHA to travel to Jacksonville, Florida along with this year's official delegates, June 14-20, 2017. There they will compete against other students from around the country.

Having 1 CE credit as well as being able to view the table clinics was great, but what made it even better was Hawaii Family Dental's co-sponsorship of the event. Because of HFD, we were able to have the wonderful assortment of pupu's and refreshments. HDHA truly appreciates your support! Congratulations again to all our winners and participants. Looking forward to next year!

HAWAII DENTAL HYGIENISTS' ASSOCIATION TABLE HDC MEETING ON JANUARY 12 & 13, 2017

We are looking for volunteers to monitor HDHA's table at HDA annual meeting!
Are you available for a couple of hours to meet & greet our fellow RDH members
and possible new or renewing members?

Hours needed are from 8am-4pm, Thursday & Friday.

We will have a signup sheet for upcoming Ethics CE & CPR CE (date TBD)
for RDH interested in fulfilling their Hawaii CE requirements.

Please contact Gerraine Hignite - gerrainehignite@gmail.com or (808)381-4857, no later than Jan 10.

HDHA SILENT AUCTION FUNDRAISER

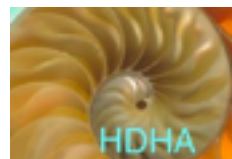
Submitted by Noelani Greene, RDH, BS

This year's Silent Auction, held at the 25th Annual Scientific Session, was another resounding success! Over \$3500 were raised over the two-day bidding period. Highlights from the auction included dental hygiene instruments, including several hand instruments, cavitron inserts as well as a number of electric toothbrushes and bleaching products. Other popular items featured were Trader Joe's snacks, pet items, beauty products, bags, gift sets and jewelry. Gift cards, gift items donated, as well as, your kind monetary donations and generous bids at this year's Silent Auction will help UH Manoa dental hygiene students in next year's scholarship event!

A big thank you to the following dental companies who kindly donated items: Colgate, Dentsply, Proctor & Gamble, PDT, Philips Sonicare/Zoom, and American Eagle Instruments.

Special thanks to HDHA member hygienists who donated items: Gayle Chang, Ellie Kelley-Miyashiro, Sierra Spruce, Noelani Greene, Marianne Timmerman, Mavis Gushiken, Terri Brown, Gerraine Hignite and any others I may have missed.

Thank you again to all involved whether you contributed an item or generously bid on something special. Please continue to support the silent auction so that we can continue to fund student scholarships for the future dental hygienists. We look forward to another fun and successful auction at next years 26th Annual Scientific Session.



COMMUNITY SERVICE - WE NEED YOUR HELP

SPECIAL OLYMPICS SPECIAL SMILES - BIG ISLAND (KONA) SAT, APRIL 29, 2017

We are looking for volunteers to provide oral hygiene instruction and nutrition information to athletes participating in Special Olympics Big Island games in the Kona area.

You will be given a free t-shirt to wear/light refreshments & snacks will be provided.

A volunteer form will be sent via email if interested.

Deadline to sign up will be April 1, 2017.

For more information, please contact Gerraine Hignite
gerrainehignite@gmail.com or (808)381-4857

SPECIAL OLYMPICS SPECIAL SMILES
SAT, JUNE 03, 2017

We are looking for volunteers to provide oral hygiene instruction and nutrition information to athletes participating in Special Olympics Summer games at the University of Hawaii at Manoa campus.

There will be two shifts available.

You will be given a free t-shirt to wear/light refreshments & snacks will be provided. As a volunteer, 6 CE credits will be given if requirements are met.

A volunteer form will be sent via email if interested.
Deadline to sign up will be May 06, 2017.

For more information, please contact Gerraine Hignite
gerrainehignite@gmail.com or (808)381-4857



Special Olympics

- EDITOR NEEDED -

Thank you all for reading my final issue of The Voice!
Your contributions have made this newsletter a great source of information for us all.

If you are interested in becoming our new editor, please contact Justin at
justinstantonrdh@gmail.com

Jennifer Madeisky, RDH, BS