



GUATEMALA: Antigua,

Lake Atitlán & Guatemala City

November 4-13, 2019

\$5,299 (based on double occupancy)

\$899 (Single supplement)

BOOK NOW 888.747.7501

Guatemala has a lot to offer including a rich cultural heritage, dating back four thousand years to the times of the Mayan people, whose legacy still lives on today. The country is exceptionally beautiful geographically with stunning vistas dotted with lakes and volcanoes. It is easy to access from the U.S., easy to get from city to city due to its small size and has a pleasant year-round climate.

Program Highlights

- 9 nights / 10-day journey through Guatemala
- **Accompanying guest program** available on this itinerary.
- Nanda Journeys and the University of Pittsburgh School of Nursing are collaborating to develop this educational activity. **8.0-10 Continuing Nursing Education contact hours will be awarded for this journey.** *The University of Pittsburgh School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC) (PO229).*

Focus on healthcare

- **Interact with nursing professionals** from a variety of facilities throughout your travels. Explore Guatemala's healthcare system including prevention of illness and the management of chronic disease along with the role of nursing and other health professionals in providing health care.
- Develop an appreciation of Guatemala's response to health challenges through a mutual exchange with representatives from local hospitals and universities. Hosts may include **Hospitalito Atitlán, Moore Pediatric Surgical Center** and the **Universidad de San Carlos (USAC)**.

Focus on the community & culture

- Giving back and engaging with the local community is an important part of your journey. Spend time **providing healthcare exams to local school children** in Antigua in cooperation with the team at Niños de Guatemala.
- Visit the community of **San Lorenzo el Cubo** and meet with a family in their home where you learn about the art of making Guatemalan worry dolls.

Program Leader: Program Leader: Dr. Bobbie Berkowitz, Dean Emerita and Professor of Nursing, Columbia University School of Nursing

- Bobbie also holds the title of professor emerita at the University of Washington, where she was the Alumni Endowed Professor of Nursing and chair of the Department of Psychosocial and Community Health and adjunct professor in the School of Public Health and Community Medicine.



Why Nanda Journeys?

Travel for people with purpose and passion. See for yourself what a difference travel makes.

Ready to go?

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