

# AUGUST 2018



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

			01	02	03	04
			Performance Training 5:20-5:50pm XFE Folkstyle 6:00-8:00pm			
05	06	07	08	09	10	11
	Performance Training 5:20-5:50pm XFE Folkstyle 6:00-8:00pm		Performance Training 5:20-5:50pm XFE Folkstyle 6:00-8:00pm			
12	13	14	15	16	17	18
	Performance Training 5:20-5:50pm XFE Folkstyle 6:00-8:00pm		Performance Training 5:20-5:50pm XFE Folkstyle 6:00-8:00pm			
19	20	21	22	23	24	25
XFE Folkstyle 9:00-11:00am	Performance Training 5:20-5:50pm		Performance Training 5:20-5:50pm XFE Folkstyle 6:00-8:00pm			
26	27	28	29	30	31	
XFE Folkstyle 9:00-11:00am	Performance Training 5:20-5:50pm		Performance Training 5:20-5:50pm XFE Folkstyle 6:00-8:00pm		2017-2018 MEMBERSHIPS EXPIRE RENEW NOW	

\*\*\*\*BE SURE TO WATCH WHEN TO ORDER YOUR 2018-2019 X-FACTOR ELITE APPAREL & GEAR\*\*\*\*