

Frightening 4K 2019

Age Group Results

4K

Race Date
October 19, 2019

Male Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Etienne Pousse	Fourquevaux	2566	26	1	13:52.40	13:52.40	5:35/M
2	Dillon Helzerman	Vero Beach FL	2625	17	2	14:06.89	14:06.89	5:40/M
3	Brandon Rinchack	Vero Beach FL	2349	24	3	14:29.81	14:29.81	5:50/M

Male Masters Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Benjamin Monroe	Vero Beach FL	2237	41	11	15:55.25	15:55.25	6:24/M

Male Senior Grand Masters Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Sal Farino	Cape Canaveral FL	2336	63	38	17:51.55	17:51.55	7:11/M

Frightening 4K 2019

Age Group Results

4K

Race Date
October 19, 2019

Male 9 and Under

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Brandon Metz	Vero Beach FL	2204	9	82	20:13.12	20:15.41	8:09/M		
2	* Rudy Radocaj	Vero Beach FL	2541	7	85	20:22.70	20:30.87	8:15/M		
3	* Sawyer Oneill	Palm City FL	2164	7	93	20:39.00	20:47.87	8:22/M		
4	Dash Weston		2686	8	104	21:06.89	21:06.89	8:29/M		
5	Jaxon Hudson	Vero Beach FL	2674	9	105	21:07.01	21:09.21	8:31/M		
6	Luke Wagner	Vero Beach FL	2347	9	127	21:44.28	22:10.44	8:55/M		
7	Ari Krough	Vero Beach FL	2668	9	135	22:16.22	22:19.71	8:59/M		
8	Benjamin Phillips	Vero Beach FL	2659	9	151	23:04.41	23:18.13	9:22/M		
9	Kona Cromer	Vero Beach FL	2538	7	153	23:09.76	23:11.75	9:20/M		
10	Noah Hemmer	Vero Beach FL	2658	9	159	23:21.73	23:41.24	9:32/M		
11	Madden Schiermyer	Vero Beach FL	2598	9	222	25:56.87	26:37.46	10:43/M		
12	Roland Hamwey	Vero Beach FL	2547	9	229	26:21.30	26:34.81	10:41/M		
13	Kaiden Whittington	Vero Beach FL	2260	7	236	26:37.45	26:56.96	10:50/M		
14	Andrew Vendryes	Vero Beach FL	2679	9	302	29:40.74	30:14.99	12:10/M		
15	Jase White	Vero Beach FL	2533	5	311	30:14.06	30:45.11	12:22/M		
16	Samuel Hunter	Vero Beach FL	2171	8	334	31:36.95	32:16.63	12:59/M		
17	Nolan Schiermyer	Vero Beach FL	2597	7	363	34:22.19	35:01.97	14:05/M		
18	Zachary Bianchi	Vero Beach FL	2544	8	364	34:22.38	35:02.01	14:06/M		
19	Rome Barker	Vero Beach FL	2545	9	377	36:12.40	36:25.22	14:39/M		
20	Orion Scott	Vero Beach FL	2548	9	379	36:15.47	36:27.90	14:40/M		
21	Sebastian Holbrook	Vero Beach FL	2683	6	394	38:26.25	39:09.04	15:45/M		

Male 10 to 14

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Luke Damiani	Vero Beach FL	2527	14	16	16:22.34	16:23.75	6:35/M		
2	* Parker Banzhaf	Vero Beach FL	2583	13	18	16:30.61	16:38.30	6:42/M		
3	* Colin McAdams	Vero Beach FL	2501	14	25	16:53.13	16:54.00	6:48/M		
4	Caleb Wilkinson	Vero Beach FL	2614	13	31	17:23.97	17:24.73	7:00/M		
5	Austin Banzhaf	Vero Beach FL	2584	11	49	18:23.29	18:30.78	7:27/M		
6	Diego Magallanes	Vero Beach FL	2622	13	75	19:50.52	19:57.82	8:02/M		
7	Corban Chhim	Vero Beach FL	2254	13	108	21:12.77	21:24.80	8:37/M		
8	A.j. Munz	Vero Beach FL	2405	14	122	21:27.82	21:32.80	8:40/M		
9	Koa Cromer	Vero Beach FL	2537	10	136	22:17.49	22:21.21	9:00/M		
10	Charlie Smith	Vero Beach FL	2283	13	141	22:33.22	22:51.74	9:12/M		
11	Zach Knecht	Orlando FL	2354	14	149	22:57.58	23:00.52	9:15/M		
12	Carter Chhim	Vero Beach FL	2253	10	150	23:00.44	23:37.23	9:30/M		
13	Mason Gignac	Vero Beach FL	2505	11	184	24:27.76	24:38.39	9:55/M		
14	Angus Sutherland	Vero Beach FL	2337	11	201	25:05.63	25:32.47	10:16/M		
15	Connor McAdams	Vero Beach FL	2500	13	227	26:21.00	26:35.27	10:42/M		
16	Dominick Hamwey	Vero Beach FL	2546	12	228	26:21.20	26:34.86	10:41/M		
17	Logan Smith	Vero Beach FL	2591	12	232	26:31.11	26:58.65	10:51/M		
18	Joshua Engel	Fort Pierce FL	2554	12	320	30:59.63	31:25.26	12:38/M		
19	Luke Lowther	Vero Beach FL	2185	11	327	31:17.61	31:56.96	12:51/M		
20	Vincent Henry	Vero Beach FL	2217	12	359	33:45.40	33:59.38	13:40/M		
21	Jesus Virdin		2423	14	418	41:29.58	41:33.28	16:43/M		
22	Cody Brault	Vero Beach FL	2450	14	442	46:01.28	46:12.97	18:35/M		

Male 15 to 19

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Adrian Castro	Vero Beach FL	2660	17	4	14:35.35	14:36.11	5:52/M		
2	* Kai Cromer	Vero Beach FL	2491	15	6	14:47.41	14:48.15	5:57/M		
3	* Christian McAdams	Vero Beach FL	2502	17	8	15:01.66	15:01.66	6:03/M		
4	William Munz	Vero Beach FL	2408	17	12	16:05.96	16:07.94	6:29/M		
5	Oscar Lindenthal	Vero Beach FL	2225	15	15	16:11.28	16:12.51	6:31/M		
6	Eli Barin	Vero Beach FL	2631	15	22	16:49.96	16:51.24	6:47/M		
7	Caleb Chhim	Vero Beach FL	2264	16	45	18:15.17	18:27.12	7:25/M		
8	Paul Wickert	Vero Beach FL	2682	18	50	18:33.76	18:39.69	7:30/M		
9	Morgan Hatton	Vero Beach FL	2422	18	62	19:15.78	19:22.35	7:48/M		
10	Chris Rios		2667	18	63	19:16.73	19:22.14	7:48/M		
11	Zachary Engel	Fort Pierce FL	2556	15	139	22:25.28	22:50.68	9:11/M		
12	Timothy Shaver	Vero Beach FL	2654	19	142	22:33.64	22:57.85	9:14/M		
13	Dj Blackman	Vero Beach FL	2425	19	145	22:41.56	22:47.84	9:10/M		

Frightening 4K 2019

Age Group Results

4K

Race Date
October 19, 2019

Male 20 to 24

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Colin Elleby	Vero Beach FL	2383	23	14	16:10.90	16:13.91	6:31/M
2	* Adam Edgcomb	Vero Beach FL	2250	24	47	18:22.69	18:27.64	7:25/M
3	* Johan Lichtner	Vero Beach FL	2570	22	51	18:37.04	18:41.06	7:31/M
4	Max Kohlstedt	Melbourne FL	2645	20	64	19:18.20	19:21.27	7:47/M
5	Michael Boles	Vero Beach FL	2291	22	143	22:33.79	23:04.45	9:17/M
6	Darlyn Rubi	Vero Beach FL	2428	23	194	24:49.55	24:54.84	10:01/M
7	Hamilton Harris	Vero Beach FL	2557	24	324	31:12.90	31:57.31	12:51/M
8	Chase Pavlock	Sebastian FL	2476	23	332	31:31.46	32:04.69	12:54/M

Male 25 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Zac Wyckoff	Atlantic Beach Beach	2245	26	7	14:58.29	14:59.49	6:02/M
2	* Kevin MacRito	Port Saint Lucie FL	2675	27	10	15:51.83	15:53.90	6:23/M
3	* Valentin Hulard	Vero Beach FL	2568	26	20	16:35.61	16:36.85	6:41/M
4	Guillaume Kotarba	Vero Beach FL	2572	25	24	16:50.47	16:52.07	6:47/M
5	David Alonso	Vero Beach FL	2595	26	27	17:02.96	17:06.24	6:53/M
6	Jonathan Pipard	Vero Beach FL	2571	27	29	17:19.31	17:20.83	6:58/M
7	Alexandre Palma	Toulouse FL	2569	25	48	18:23.11	18:25.18	7:25/M
8	Corey Doutrich	Vero Beach FL	2465	28	61	19:13.65	19:37.30	7:54/M
9	Quintin Bergman	Festus MO	2365	25	71	19:38.27	19:46.07	7:57/M
10	William Walsh	Vero Beach FL	2661	28	76	19:51.21	20:02.60	8:04/M
11	Cj Simon	Vero Beach FL	2485	25	97	20:45.62	21:00.40	8:27/M
12	Nicholas Francis	Fort Pierce FL	2573	27	140	22:28.12	22:39.09	9:07/M
13	Thomas Michaels	Vero Beach FL	2469	28	211	25:24.73	25:55.80	10:26/M
14	Ryan Miller	Vero Beach FL	2215	26	215	25:43.87	26:30.37	10:40/M
15	Kelvin Chupina	Vero Beach FL	2670	29	251	27:17.00	27:40.07	11:08/M
16	Ray Casas	Vero Beach FL	2415	28	263	27:37.04	27:59.54	11:16/M
17	Cameron Marks	Vero Beach FL	2380	26	267	27:51.06	28:17.29	11:23/M
18	Vikas Divakaruni	Vero Beach FL	2388	28	317	30:33.44	30:56.01	12:27/M
19	Dontae Lewis	Vero Beach FL	2441	28	322	31:02.30	31:20.41	12:36/M
20	Tyler Winslett	Vero Beach FL	2662	26	413	41:21.53	42:00.77	16:54/M
21	Alan Houston	Vero Beach FL	2412	29	415	41:23.03	42:02.51	16:55/M

Male 30 to 34

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Daniel Pfundstein	Vero Beach FL	2409	31	9	15:37.09	15:37.09	6:17/M
2	* Joe Phelps	Vero Beach FL	2359	31	13	16:06.12	16:09.47	6:30/M
3	* Michael Morgan	Vero Beach FL	2520	33	59	19:12.52	19:27.05	7:50/M
4	Brandon Rada	Vero Beach FL	2324	30	98	20:46.16	20:59.55	8:27/M
5	Jonathan Woodward	Vero Beach FL	2483	30	115	21:19.24	21:37.78	8:42/M
6	Michael Oneill	Vero Beach FL	2166	34	117	21:22.58	21:31.48	8:39/M
7	Marco Lopez	Vero Beach FL	2399	32	121	21:27.46	21:49.12	8:47/M
8	Travis Bass	Vero Beach FL	2516	30	176	23:55.37	24:23.58	9:49/M
9	Rob Haughey	Tampa FL	2178	31	190	24:38.07	25:04.53	10:05/M
10	Charles Hetherington	Fort Pierce FL	2374	30	351	32:41.04	33:29.32	13:28/M
11	Matthew Wandell	Fort Pierce FL	2394	34	386	37:20.12	37:41.04	15:10/M

Male 35 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Chris See	Vero Beach FL	2321	36	5	14:40.49	14:41.50	5:54/M
2	* Travis Stephens	Vero Beach FL	2390	35	30	17:23.14	17:24.99	7:00/M
3	* Nicolas Bousquet	Vero Beach FL	2567	38	36	17:40.23	17:44.24	7:08/M
4	Jason Noel	Vero Beach FL	2272	37	72	19:41.03	20:09.25	8:06/M
5	Mark Perna	Sebastian FL	2562	37	77	19:52.42	19:54.68	8:00/M
6	Rickey Meier	Sebastian FL	2214	39	114	21:17.57	21:58.72	8:50/M
7	Jason White	Vero Beach FL	2495	39	126	21:36.69	21:46.22	8:45/M
8	Gabriel Rivera	Vero Beach FL	2382	39	162	23:27.39	23:44.90	9:33/M
9	Tony Morales	Vero Beach FL	2387	37	164	23:27.87	23:50.87	9:35/M
10	Chantha Chhim	Vero Beach FL	2265	39	254	27:25.31	27:43.91	11:09/M
11	Salvatore Recco	Vero Beach FL	2559	39	257	27:26.29	27:29.32	11:03/M
12	Kevin White	Vero Beach FL	2470	36	310	30:13.64	30:45.66	12:22/M

Frightening 4K 2019

Age Group Results

4K

Race Date
October 19, 2019

Male 35 to 39

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
13	Jared Smith	Vero Beach FL	2588	35	329	31:22.49	31:52.15	12:49/M
14	Justin Miley	Vero Beach FL	2451	37	443	46:05.32	46:18.31	18:38/M

Male 40 to 44

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Rob Banzhaf	Vero Beach FL	2335	41	21	16:46.61	16:53.58	6:48/M
2	* Ramon Cordero	Palm Bay FL	2649	41	23	16:50.18	16:51.53	6:47/M
3	* Casey Monroe	Vero Beach FL	2271	41	33	17:37.92	17:48.09	7:10/M
4	Jay Lawton	Vero Beach FL	2391	43	34	17:38.27	17:41.89	7:07/M
5	Richard Mulroy	Stuart FL	2467	42	39	17:51.87	17:57.12	7:13/M
6	Don Weston	Vero Beach FL	2685	40	79	20:01.25	20:01.25	8:03/M
7	Jeff Phillips	Vero Beach FL	2268	43	83	20:13.64	20:27.04	8:14/M
8	Tracey Higginbotham	Vero Beach FL	2317	41	90	20:36.08	20:39.30	8:18/M
9	Jeff Bonham	Vero Beach FL	2385	44	95	20:44.83	20:57.89	8:26/M
10	Greg Zugrave	Vero Beach FL	2474	40	109	21:12.82	21:17.42	8:34/M
11	Josh Dugan	Vero Beach FL	2681	41	116	21:22.00	21:24.57	8:37/M
12	Brian Witherow	Vero Beach FL	2579	40	206	25:10.68	25:59.97	10:27/M
13	Myron Cross	Sebastian FL	2609	41	208	25:18.56	25:34.77	10:17/M
14	Doug Sapusek	Vero Beach FL	2461	40	230	26:22.75	26:42.29	10:45/M
15	Astra Scott	Sebastian FL	2384	40	268	27:53.55	28:09.13	11:20/M
16	Jay Roberts	Vero Beach FL	2493	44	286	28:43.11	29:06.59	11:42/M
17	Alex Brown	Vero Beach FL	2277	42	297	29:26.75	30:16.64	12:11/M
18	Phillip Buchanan	Vero Beach FL	2189	42	419	41:39.55	41:52.23	16:51/M

Male 45 to 49

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Kane Froncowiak	Vero Beach FL	2429	46	44	18:13.06	18:18.74	7:22/M
2	* Shane Streufert	Viera FL	2497	47	66	19:20.45	19:25.67	7:49/M
3	* Chris Kohlstedt	West Melbourne FL	2452	48	67	19:20.73	19:23.54	7:48/M
4	Wilf Knecht	Orlando FL	2353	45	69	19:29.06	19:31.80	7:51/M
5	Marcus Rogers	Vero Beach FL	2243	48	81	20:11.08	20:21.74	8:11/M
6	Gus Skarlis	Vero Beach FL	2220	45	87	20:29.06	20:39.44	8:18/M
7	Jason Bragg	Vero Beach FL	2642	46	106	21:09.48	21:24.12	8:37/M
8	Eric Purvis	West Melbourne FL	2586	48	146	22:49.66	22:56.50	9:14/M
9	Sunil Patel	Albany NY	2175	47	223	25:59.32	26:10.57	10:32/M
10	John Reichert	Vero Beach FL	2379	48	367	34:28.66	34:46.27	13:59/M
11	Dan Whittington	Vero Beach FL	2192	48	393	38:09.33	38:31.29	15:30/M
12	Corbin Stephens	Vero Beach FL	2392	46	400	39:16.28	39:52.33	16:02/M

Male 50 to 54

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Brian Masters	Vero Beach FL	2176	54	17	16:28.85	16:28.85	6:38/M
2	* Micah Vanatta	Titusville FL	2395	52	32	17:29.84	17:35.75	7:04/M
3	* Rob Maddaloni	Sebastian FL	2372	50	53	18:49.99	19:04.73	7:40/M
4	Sam Hooker	Sebastian FL	2552	51	56	18:58.07	19:01.22	7:39/M
5	Mike Smith	Vero Beach FL	2345	54	57	18:58.69	19:13.45	7:44/M
6	Andre Vendryes	Vero Beach FL	2678	52	186	24:30.90	25:06.09	10:06/M
7	John Lambert	Vero Beach FL	2653	53	207	25:11.86	25:25.75	10:14/M
8	Billy Klingensmith	Vero Beach FL	2377	53	331	31:24.54	31:51.31	12:49/M
9	Enrique Bianchi	Vero Beach FL	2454	51	365	34:26.99	35:05.84	14:07/M

Male 55 to 59

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Mark Wheeler	Vero Beach FL	2638	57	26	17:01.44	17:02.68	6:51/M
2	* Tim Bishop	Vero Beach FL	2666	59	68	19:27.47	19:33.94	7:52/M
3	* Craig Meyers	Vero Beach FL	2296	56	88	20:30.33	20:32.91	8:16/M

Frightening 4K 2019

Age Group Results

4K

Race Date
October 19, 2019

Male 55 to 59

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
4	Kenneth Hageman	Deerfield Beach FL	2481	57	163	23:27.56	23:35.57	9:29/M
5	John Wermers	Vero Beach FL	2196	57	173	23:52.33	24:00.11	9:39/M
6	Rob Atkins	Vero Beach FL	2326	56	199	24:54.79	25:27.46	10:14/M
7	John Lindenthal	Vero Beach FL	2224	56	217	25:50.52	26:08.27	10:31/M
8	Patrick Boles	Vero Beach FL	2292	58	426	42:51.70	43:34.26	17:32/M

Male 60 to 64

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Vince Casserly	Vero Beach FL	2294	62	42	18:04.36	18:08.07	7:18/M
2 *	Brad Damiani	Vero Beach FL	2191	62	91	20:36.14	20:41.16	8:19/M
3 *	Michael Munz	Vero Beach FL	2407	60	396	38:28.13	38:44.23	15:35/M

Male 65 to 69

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Bill Clear	Vero Beach FL	2650	65	120	21:26.79	21:26.79	8:37/M
2 *	Gary Walters	Vero Beach FL	2355	66	179	23:59.65	24:11.80	9:44/M
3 *	Gerard Lee	Ft Pierce FL	2340	65	187	24:31.16	24:39.70	9:55/M
4	Gary Munoz	Sebastian FL	2418	67	256	27:25.65	27:38.01	11:07/M
5	James Tardi	Vero Beach FL	2309	65	265	27:43.40	28:25.14	11:26/M
6	Bill Minard	Vero Beach FL	2330	68	362	34:21.65	34:38.28	13:56/M
7	Stephen Ambrisco	Sebastian FL	2482	65	387	37:25.31	38:19.00	15:25/M

Male 70 to 74

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Freddie Waybright	Vero Beach FL	2186	72	74	19:48.85	19:52.85	8:00/M
2 *	Robert Rau	Vero Beach FL	2401	71	299	29:27.14	29:47.74	11:59/M
3 *	Jim Palinkas	Bel Air MD	2446	74	342	32:14.16	32:29.48	13:04/M
4	Robert Hendsbee	Sebastian FL	2647	70	391	37:42.48	38:25.52	15:27/M
5	Jerry Jones	Vero Beach FL	2274	72	392	37:48.47	38:13.36	15:23/M
6	Peter Robinson	Vero Beach FL	2344	71	421	42:03.12	42:43.94	17:11/M

Male 80 and Over

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1 *	Don Palinkas	Vero Beach FL	2637	84	373	35:04.57	35:24.04	14:15/M
2 *	Peter Dordal	Vero Beach FL	2577	81	449	47:07.23	47:42.98	19:11/M

Frightening 4K 2019

Age Group Results

4K

Race Date
October 19, 2019

Female Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Grace Wynn	Palm Beach FL	2664	26	19	16:34.82	16:34.82	6:40/M
2	Kendall Wyckoff	Vero Beach FL	2244	26	28	17:12.20	17:12.20	6:55/M
3	Jackie Metz	Vero Beach FL	2574	26	35	17:40.01	17:40.01	7:06/M

Female Masters Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Solana Morris	Vero Beach FL	2526	41	41	17:58.21	17:58.21	7:14/M

Female Senior Grand Masters Winners

		-----Total-----						
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Heidi Fritz	Vero Beach FL	2512	65	191	24:38.39	24:38.39	9:55/M

Frightening 4K 2019

Age Group Results

4K

Race Date
October 19, 2019

Female 9 and Under

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Alexandra Smith	Vero Beach FL	2259	9	37	17:43.68	17:45.63	7:08/M		
2	* Camilla Dadufalza	Sebastian FL	2472	9	169	23:34.69	23:42.44	9:32/M		
3	* Nola Hudson	Vero Beach FL	2673	8	240	26:45.07	26:53.99	10:49/M		
4	Violet O'Dell		2657	8	243	26:58.97	27:09.29	10:55/M		
5	Ryan Radocaj	Vero Beach FL	2542	7	262	27:33.64	27:42.06	11:09/M		
6	Ariella Barry	Port Saint Lucie FL	2252	9	283	28:40.96	28:43.29	11:33/M		
7	Lucille Banzhaf	Vero Beach FL	2585	8	308	30:07.08	30:15.42	12:10/M		
8	Gianna D'Elia	Vero Beach FL	2629	9	315	30:23.77	30:40.09	12:20/M		
9	Maggie Recco	Vero Beach FL	2565	9	319	30:51.66	31:07.98	12:31/M		
10	Macie Smith	Vero Beach FL	2592	9	330	31:23.00	31:52.42	12:49/M		
11	Juliana Gammell	Vero Beach FL	2626	6	335	31:41.76	32:09.32	12:56/M		
12	Brooke Farmer	Sebastian FL	2611	9	369	34:39.39	34:55.40	14:03/M		
13	Mattie Law	Orange City FL	2550	9	402	40:11.30	40:48.07	16:25/M		
14	Brooklyn Strate	Vero Beach FL	2677	5	423	42:20.71	43:13.27	17:23/M		
15	Peyton Frasier	Vero Beach FL	2580	8	434	44:21.72	45:05.73	18:08/M		
16	Holland Zugrave	Vero Beach FL	2475	5	435	44:24.86	44:43.71	17:59/M		
17	Ophelia Buchanan	Vero Beach FL	2551	9	440	45:04.52	45:06.32	18:09/M		
18	Lydia Lowther	Vero Beach FL	2184	6	455	51:28.15	52:18.84	21:03/M		

Female 10 to 14

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Cassidy Olea	Vero Beach FL	2617	12	70	19:33.30	19:37.83	7:54/M		
2	* Faith Tanner	Vero Beach FL	2400	14	86	20:26.59	20:36.46	8:17/M		
3	* Luna Rivera	Vero Beach FL	2236	14	89	20:30.72	20:32.65	8:16/M		
4	Emma Metz	Vero Beach FL	2205	10	96	20:45.47	20:49.04	8:23/M		
5	Anna Marie Zugrave	Vero Beach FL	2227	10	110	21:13.33	21:17.95	8:34/M		
6	Payton White	Vero Beach FL	2535	11	125	21:36.62	21:45.77	8:45/M		
7	Hayley Garrett	Vero Beach FL	2620	13	129	21:46.83	21:50.77	8:47/M		
8	Jocelyn Heredia	Vero Beach FL	2619	12	148	22:53.15	22:56.14	9:14/M		
9	Sasha Hepler	Sebastian FL	2521	11	156	23:12.25	23:17.35	9:22/M		
10	Rygel Estillore	Vero Beach FL	2582	13	165	23:30.49	23:41.05	9:32/M		
11	Kailee Webster		2348	12	196	24:51.31	25:02.83	10:04/M		
12	Scarlett Higgins	Vero Beach FL	2524	13	198	24:53.12	24:59.79	10:03/M		
13	Darci Wagner	Vero Beach FL	2346	11	200	25:02.26	25:28.72	10:15/M		
14	Charlotte McKenzie	Vero Beach FL	2201	13	202	25:05.94	25:30.95	10:16/M		
15	Aaniyah Zamora	Vero Beach FL	2618	12	203	25:06.85	25:14.17	10:09/M		
16	Lili Gaskins	Vero Beach FL	2644	11	204	25:07.34	25:34.53	10:17/M		
17	Samantha Lambert	Vero Beach FL	2522	13	205	25:10.41	25:24.70	10:13/M		
18	Emma Wolf	Vero Beach FL	2439	13	226	26:19.19	26:23.33	10:37/M		
19	Savannah Maher	Vero Beach FL	2218	13	233	26:32.28	26:57.36	10:51/M		
20	Keirsten Nichols	Sebastian FL	2616	14	238	26:40.24	26:47.54	10:47/M		
21	Emma Prescott	Vero Beach FL	2621	11	239	26:44.99	26:49.36	10:47/M		
22	Izzy Recco	Vero Beach FL	2564	11	255	27:25.44	27:28.47	11:03/M		
23	Rachel Estillore	Vero Beach FL	2581	13	269	28:02.94	28:14.05	11:22/M		
24	Karizabeth Rodriguez	Fort Pierce FL	2636	13	275	28:15.03	28:25.57	11:26/M		
25	Mia Lombardo	Vero Beach FL	2534	10	279	28:38.01	28:47.54	11:35/M		
26	Caitlin Roberts	Vero Beach FL	2536	10	281	28:39.19	29:02.09	11:41/M		
27	Katelyn Beare	Vero Beach FL	2169	11	282	28:40.29	29:03.50	11:41/M		
28	Toni Dorsett		2426	10	284	28:41.23	28:43.13	11:33/M		
29	Jessie Liddell	Vero Beach FL	2269	13	291	28:59.48	29:23.67	11:49/M		
30	Payton O'Neill	Vero Beach FL	2165	11	316	30:26.43	30:34.69	12:18/M		
31	Hayden McGuire	Sebastian FL	2615	13	344	32:21.16	32:25.00	13:03/M		
32	Madison Ryan	Vero Beach FL	2593	10	347	32:24.37	33:11.89	13:21/M		
33	Alora Morris	Vero Beach FL	2525	11	355	33:01.37	33:04.20	13:18/M		
34	Jalyn Rossmell	Vero Beachbeach FL	2280	10	371	35:01.02	35:30.83	14:17/M		
35	Ava Recco	Vero Beach FL	2561	13	376	36:02.39	36:09.09	14:33/M		
36	Libby Law	Orange City FL	2549	12	406	40:39.02	41:15.72	16:36/M		
37	Kennedy Simmons-Wright	Port Saint Lucie FL	2258	11	428	42:58.64	43:20.62	17:26/M		

Female 15 to 19

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Sarah Wolf	Vero Beach FL	2438	16	60	19:13.60	19:15.03	7:45/M		
2	* Daisy Bragg	Vero Beach FL	2643	15	73	19:44.70	19:59.66	8:02/M		
3	* Riley Mullins	Port Saint Lucie FL	2515	16	144	22:35.77	23:00.88	9:15/M		
4	Leena Alkayaly	Vero Beach FL	2633	15	216	25:48.00	25:59.46	10:27/M		
5	Amelia McKenzie	Vero Beach FL	2200	16	273	28:14.42	28:39.07	11:32/M		

Frightening 4K 2019

Age Group Results

4K

Race Date
October 19, 2019

Female 15 to 19

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
6	Cierra Cross	Sebastian FL	2610	15	326	31:15.50	31:32.01	12:41/M
7	Isabella Flores	Vero Beach FL	2632	15	328	31:20.54	31:32.11	12:41/M
8	Hannah Rogers	Vero Beach FL	2241	16	345	32:22.33	32:39.26	13:08/M
9	Kristina Helseth	Vero Beach FL	2420	16	404	40:36.73	41:29.46	16:41/M
10	Abigail Sanchez		2424	18	411	41:17.64	41:35.63	16:44/M

Female 20 to 24

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Mikelle Petersen	Vero Beach FL	2641	23	175	23:55.00	24:23.79	9:49/M
2	* Daniella Diminich	Vero Beach FL	2203	24	225	26:14.17	26:26.44	10:38/M
3	* Keirsten Metz	Vero Beach FL	2672	21	237	26:38.01	26:47.31	10:47/M
4	Sarah Bergstrom	Vero Beach FL	2655	21	242	26:58.01	27:12.67	10:57/M
5	Jackie Delaney	Vero Beach FL	2640	22	246	27:01.86	27:12.21	10:57/M
6	Kylie Bromer	Vero Beach FL	2174	20	285	28:42.98	29:07.82	11:43/M
7	Andrea Petitbois	Vero Beach FL	2393	20	294	29:06.51	29:12.37	11:45/M
8	Kelsey Smith		2608	24	333	31:34.71	32:22.08	13:01/M
9	Kirstie Tandberg	Fort Pierce FL	2464	24	346	32:23.02	32:35.01	13:07/M
10	Morgan Bromer	Vero Beach FL	2240	21	383	37:01.27	37:25.51	15:03/M
11	Brenna Romani	Vero Beach FL	2170	24	385	37:15.87	37:50.54	15:13/M
12	Tesla Hazlewood	Vero Beach FL	2590	23	388	37:26.84	38:01.28	15:18/M
13	Caitlyn Monaghan	Vero Beach FL	2514	20	410	41:03.61	41:25.27	16:40/M
14	Maria Boles	Vero Beach FL	2289	24	425	42:48.33	43:32.70	17:31/M

Female 25 to 29

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Emily Hodges	Vero Beach FL	2308	26	46	18:19.51	19:02.96	7:39/M
2	* Denisa Surdu	Medias	2634	28	54	18:57.02	18:58.99	7:38/M
3	* Carlie Perricone	Vero Beach FL	2477	28	113	21:17.54	21:28.77	8:38/M
4	Cheyenne Parsons	Vero Beach FL	2404	28	133	21:59.77	22:26.26	9:02/M
5	Kelsey O'bee	Vero Beach FL	2331	29	134	22:12.14	22:25.97	9:01/M
6	Erica Snowberger	Vero Beach FL	2208	27	152	23:06.75	23:18.81	9:22/M
7	Elizabeth Michaels	Vero Beach FL	2468	28	158	23:16.52	23:46.84	9:34/M
8	Kendra Cope	Vero Beach FL	2364	29	161	23:26.28	23:40.35	9:31/M
9	Kristin Anderson	Vero Beach FL	2288	26	166	23:30.90	23:33.21	9:29/M
10	Laura Baughman	Vero Beach FL	2263	29	170	23:39.45	24:04.76	9:41/M
11	Melanie Snowberger	Vero Beach FL	2209	26	182	24:19.15	24:31.14	9:52/M
12	Zoe Beddo	Vero Beach FL	2323	25	185	24:29.16	25:14.80	10:09/M
13	Megan Ryan	Fort Pierce FL	2282	25	219	25:53.02	26:03.05	10:29/M
14	Alexandra Duke	Vero Beach FL	2453	25	234	26:33.05	26:42.43	10:45/M
15	Samantha Ramirez	Vero Beach FL	2357	28	309	30:08.84	30:57.20	12:27/M
16	Deepikha Punniamoorthy	Vero Beach FL	2389	27	323	31:05.67	31:28.73	12:40/M
17	Kristin Grant	Vero Beach FL	2234	26	325	31:13.56	31:57.04	12:51/M
18	Courtney Hannula	Vero Beach FL	2466	25	353	32:48.76	33:12.99	13:21/M
19	Angelica Faulkner	Vero Beach FL	2448	25	358	33:15.30	33:24.61	13:26/M
20	Lindsay Cullinan	Vero Beach FL	2456	29	361	34:09.02	34:28.05	13:52/M
21	Laura Foley	Vero Beach FL	2646	29	390	37:41.67	38:25.27	15:27/M
22	Alicia Mello	Vero Beach FL	2663	26	414	41:22.22	42:01.82	16:54/M
23	Julia Deyoe	Vero Beach FL	2411	27	416	41:24.91	42:03.88	16:55/M
24	Allison Meyer	Vero Beach FL	2434	27	422	42:15.58	42:20.60	17:02/M
25	Lisa Bosworth	Vero Beach FL	2307	27	444	46:12.85	46:48.08	18:50/M
26	Jessica Gerard	Sebastian FL	2517	28	451	47:37.49	47:37.49	19:09/M

Female 30 to 34

		-----Total-----						
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Sarah Christopherson	Vero Beach FL	2487	32	52	18:44.07	18:48.33	7:34/M
2	* Brooke Oneill	Vero Beach FL	2167	33	55	18:57.53	19:04.71	7:40/M
3	* Jessica Schmitt	Vero Beach FL	2297	34	78	19:55.34	19:59.89	8:02/M
4	Lindsay Nafziger	Vero Beach FL	2589	34	130	21:47.74	22:05.98	8:53/M
5	Gabriela Hemmer	Vero Beach FL	2216	30	160	23:21.98	23:41.59	9:32/M
6	Liz Diaz	Vero Beach FL	2459	30	172	23:48.04	24:06.12	9:42/M
7	Megan Gandy	Vero Beach FL	2262	30	178	23:58.48	24:03.07	9:41/M

Frightening 4K 2019

Age Group Results

4K

Race Date
October 19, 2019

Female 30 to 34

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
8	Whitney Deyoe	Vero Beach FL	2624	33	214	25:40.33	25:50.30	10:24/M		
9	Lauren Deacetis	Port Saint Lucie FL	2190	31	224	26:02.63	26:31.86	10:40/M		
10	Sierra Vasquez	Vero Beach FL	2440	33	235	26:35.89	27:04.62	10:53/M		
11	Whitney Witherow	Vero Beach FL	2578	32	247	27:07.23	27:57.48	11:15/M		
12	Shana Dipalma	Sebastian FL	2376	33	248	27:09.54	27:36.21	11:06/M		
13	Amber Perna	Sebastian FL	2563	32	250	27:15.47	27:28.36	11:03/M		
14	Melissa Marinko	Vero Beach FL	2194	33	253	27:25.15	28:05.13	11:18/M		
15	Joni Edwardson	Sebastian FL	2182	31	272	28:13.72	28:35.50	11:30/M		
16	Rebecca Sussman	Albany NY	2267	34	274	28:14.96	28:25.95	11:26/M		
17	Karen Whittington	Vero Beach FL	2315	32	288	28:47.25	29:07.16	11:43/M		
18	Lenore Gerun	Vero Beach FL	2398	33	289	28:50.36	29:11.59	11:44/M		
19	Lucie Remy	Vero Beach FL	2523	30	293	29:05.26	29:24.53	11:50/M		
20	Britney Roman	Vero Beach FL	2381	32	301	29:40.38	29:56.46	12:03/M		
21	Brittney Soare	Vero Beach FL	2327	31	313	30:18.90	30:48.59	12:24/M		
22	Jennifer Courtney	Vero Beach FL	2594	33	348	32:24.52	33:11.93	13:21/M		
23	Katie Profeta	Vero Beach FL	2222	31	350	32:39.10	32:59.25	13:16/M		
24	Chelsea Hetherington	Sebastian FL	2375	30	401	39:27.26	40:14.31	16:11/M		
25	Marianna Deyoe	Vero Beach FL	2596	31	417	41:27.18	42:06.92	16:56/M		

Female 35 to 39

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Stephanie Zugrave	Vero Beach FL	2228	39	40	17:53.54	17:55.24	7:13/M		
2	* Lorna Landherr	Vero Beach FL	2431	36	119	21:25.21	21:32.84	8:40/M		
3	* Alexis Riley	Vero Beach FL	2604	39	123	21:31.70	21:49.76	8:47/M		
4	Tisha Lowery	Vero Beach FL	2606	37	124	21:34.73	21:58.04	8:50/M		
5	Kim Metz	Vero Beach FL	2206	38	128	21:46.15	22:09.76	8:55/M		
6	Angela Smylie	Vero Beach FL	2223	37	192	24:39.29	25:04.63	10:05/M		
7	Audrey Gignac	Vero Beach FL	2504	39	193	24:45.39	24:57.87	10:02/M		
8	Jennifer Rossmell	Vero Beach FL	2281	35	195	24:50.03	25:19.69	10:11/M		
9	Anna Kirkland	Vero Beach FL	2413	37	209	25:22.06	25:36.00	10:18/M		
10	Renee Rennick	Vero Beach FL	2473	39	210	25:24.57	25:50.69	10:24/M		
11	Traci McGough	West Melbourne FL	2304	37	220	25:55.45	26:12.12	10:32/M		
12	Elaine McGinty	Vero Beach FL	2303	39	221	25:55.60	26:12.37	10:32/M		
13	Gabriella Dadufalza	Sebastian FL	2471	39	244	26:58.98	27:14.32	10:57/M		
14	Monica Holbrook	Vero Beach FL	2684	36	258	27:27.06	28:09.76	11:20/M		
15	Jamie Dunson	Vero Beach FL	2328	37	260	27:28.14	27:34.47	11:05/M		
16	Rene Miller-Xavier	Port Saint Lucie FL	2490	36	270	28:05.17	28:17.99	11:23/M		
17	Kimberly Atkins	Vero Beach FL	2325	37	276	28:19.46	28:51.52	11:36/M		
18	Kelly Peters	Vero Beach FL	2386	39	278	28:34.41	28:44.30	11:34/M		
19	Antoinette Hood	Vero Beach FL	2432	36	280	28:39.17	28:44.88	11:34/M		
20	Victoria Brown	Vero Beach FL	2278	37	314	30:18.93	31:11.32	12:33/M		
21	Sabrina (bri) Johnson	Vero Beach FL	2229	39	338	31:47.60	32:15.70	12:59/M		
22	Mary Brault	Vero Beach FL	2449	37	340	32:10.74	32:23.83	13:02/M		
23	Alisha Recco	Vero Beach FL	2560	37	343	32:19.43	32:37.17	13:07/M		
24	Maria Ramirez	Vero Beach FL	2671	37	378	36:13.73	36:36.13	14:44/M		
25	Shannon Oleary	Vero Beach FL	2680	37	398	39:06.79	39:34.71	15:55/M		
26	Jessica D'Elia	Vero Beach FL	2458	37	399	39:13.59	39:31.42	15:54/M		
27	Christina Clark	Vero Beach FL	2433	37	445	46:13.82	46:49.20	18:50/M		
28	Shannon Maitland	Vero Beach FL	2183	35	454	51:28.12	52:19.96	21:03/M		

Female 40 to 44

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Julie Sapusek	Vero Beach FL	2460	40	43	18:11.55	18:15.55	7:21/M		
2	* Tara McFarlane	Vero Beach FL	2607	40	80	20:10.99	20:17.08	8:10/M		
3	* Angela Banzhaf	Vero Beach FL	2334	41	102	20:56.53	21:04.83	8:29/M		
4	Carrie Gammell	Vero Beach FL	2627	40	118	21:23.33	21:32.99	8:40/M		
5	Andia C Fonnegra	Vero Beach FL	2575	40	131	21:50.60	22:02.24	8:52/M		
6	Katie Smith	Vero Beach FL	2306	42	167	23:32.63	23:45.03	9:33/M		
7	Vinimariee Alvarez	Port Saint Lucie FL	2498	43	168	23:33.99	23:48.97	9:35/M		
8	Susan Chhim	Vero Beach FL	2266	40	218	25:50.87	26:09.38	10:31/M		
9	Jennifer Rogers	Vero Beach FL	2242	43	241	26:52.01	27:02.46	10:53/M		
10	Christina Brako	Micco FL	2623	43	249	27:13.01	27:19.12	10:59/M		
11	Melinda Schiermyer	Vero Beach FL	2599	40	264	27:42.72	28:23.50	11:25/M		
12	Jennie Roselli	Vero Beach FL	2363	42	277	28:25.69	28:50.88	11:36/M		
13	Cassandra Flores	Vero Beach FL	2247	41	290	28:57.54	29:09.65	11:44/M		
14	Jennifer Norris	Vero Beach FL	2488	40	295	29:08.82	29:34.72	11:54/M		

Frightening 4K 2019

Age Group Results

4K

Race Date
October 19, 2019

Female 40 to 44

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
15	Shannon Roberts	Vero Beach FL	2492	44	298	29:26.93	29:50.75	12:00/M		
16	Gabrielle Wagner	Vero Beach FL	2338	43	300	29:35.09	30:01.01	12:05/M		
17	Angela Love	Vero Beach FL	2246	42	304	29:48.86	29:59.18	12:04/M		
18	Misty Rummage	Port Saint Lucie FL	2301	40	389	37:32.90	37:55.72	15:15/M		
19	Liz Hunter	Vero Beach FL	2172	42	407	40:40.86	41:17.27	16:37/M		
20	Donella Dorsett	Vero Beach FL	2427	40	412	41:19.28	41:36.47	16:44/M		
21	Virgen Vargas	Vero Beach FL	2442	42	420	41:59.53	42:18.18	17:01/M		
22	Chante Lee	Vero Beach FL	2444	41	438	44:50.00	45:10.12	18:10/M		
23	Sheri Anderson	Vero Beach FL	2239	41	447	46:14.67	46:48.15	18:50/M		
24	Catherine Engel	Fort Pierce FL	2555	43	453	50:46.32	51:20.56	20:39/M		

Female 45 to 49

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Brittany Streufert	Viera FL	2496	47	65	19:20.12	19:25.87	7:49/M		
2	* Ruth Reed	Vero Beach FL	2343	49	84	20:19.38	20:23.94	8:12/M		
3	* Guadalupe Gutierrez	Vero Beach FL	2503	46	94	20:39.86	20:42.39	8:20/M		
4	Maria Casserly	Vero Beach FL	2293	47	99	20:48.44	20:53.50	8:24/M		
5	Brooke Flood	Sebastian FL	2213	45	103	21:04.28	21:10.42	8:31/M		
6	Christine Sappenfield	Vero Beach FL	2177	46	107	21:09.96	21:18.81	8:34/M		
7	Julie Damiani	Vero Beach FL	2603	46	138	22:22.89	22:27.62	9:02/M		
8	Sophie Shanaphy	Vero Beach FL	2486	47	154	23:10.43	23:34.05	9:29/M		
9	Stacy Beard-Adams	Micco FL	2202	46	155	23:10.46	23:19.71	9:23/M		
10	Christina Barber	Vero Beach FL	2299	46	171	23:41.97	23:51.19	9:36/M		
11	Rebecca Hurley	Vero Beach FL	2430	45	177	23:57.77	24:03.94	9:41/M		
12	Jen Wortham	Tampa FL	2179	45	189	24:37.66	25:04.10	10:05/M		
13	Kimberly Oglethorpe	Vero Beach FL	2341	47	197	24:52.19	25:02.92	10:04/M		
14	Mary Chavers	Vero Beach FL	2360	46	213	25:40.08	26:04.99	10:29/M		
15	Rhonda Smith	Vero Beach FL	2587	48	252	27:17.67	27:46.16	11:10/M		
16	Dawn West	Vero Beach FL	2210	47	261	27:31.37	27:55.16	11:14/M		
17	Nicole Moran	Vero Beach FL	2232	45	266	27:43.49	28:02.67	11:17/M		
18	Jill Liddell	Vero Beach FL	2270	45	292	28:59.67	29:23.94	11:49/M		
19	Laura Beare	Vero Beach FL	2168	47	296	29:26.75	29:50.50	12:00/M		
20	Barbara Ware	Fellfellsmeresmere FL	2558	47	303	29:46.32	30:11.34	12:09/M		
21	Melissa Knecht	Orlando FL	2463	45	305	29:50.87	30:17.65	12:11/M		
22	Michelle Monjar	Vero Beach FL	2261	48	336	31:43.84	31:52.79	12:49/M		
23	Theresa Wood	Sebastian FL	2352	46	339	32:07.94	32:29.94	13:04/M		
24	Ursula Bianchi	Vero Beach FL	2455	48	366	34:27.93	35:05.86	14:07/M		
25	Gail Savidge	Vero Beach FL	2378	47	368	34:28.79	34:46.09	13:59/M		
26	Maria Cordero	Palm Bay FL	2648	48	375	35:54.61	36:19.89	14:37/M		
27	Triana Romero	Vero Beach FL	2613	46	380	36:20.45	36:36.07	14:44/M		
28	Tina Helseth	Vero Beach FL	2403	47	405	40:37.11	41:30.05	16:42/M		
29	Jennifer Strate	Vero Beach FL	2676	46	424	42:20.85	43:13.41	17:23/M		
30	Camille Willoughby	Port Saint Lucie FL	2443	45	439	44:52.00	45:12.30	18:11/M		
31	Carla Esposito	Port St Lucie FL	2687	45	441	45:15.05	45:15.05	18:12/M		
32	Sharon Welch	Vero Beach FL	2635	45	446	46:14.30	46:48.95	18:50/M		
33	Tammie Simmons	Port Saint Lucie FL	2312	48	457	52:45.88	53:08.08	21:23/M		

Female 50 to 54

									-----Total-----	
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Stacy Mueller	Vero Beach FL	2287	50	58	19:09.10	19:16.38	7:45/M		
2	* Jennifer Jones	Vero Beach FL	2286	52	100	20:51.39	20:55.89	8:25/M		
3	* Lenora Ritchie	Vero Beach FL	2507	50	101	20:53.73	21:05.47	8:29/M		
4	Wendy Barin	Vero Beach FL	2630	53	132	21:54.19	21:56.96	8:49/M		
5	Cindy Goetz	Vero Beach FL	2410	51	137	22:18.86	22:36.85	9:06/M		
6	Leslie Bergstrom	Vero Beach FL	2656	53	147	22:52.46	23:07.13	9:18/M		
7	Dawn Folsom	Vero Beach FL	2351	52	157	23:15.88	23:31.07	9:28/M		
8	Jill Amos	Vero Beach FL	2484	50	183	24:26.58	25:06.82	10:06/M		
9	Nancy Holmes	Sebastian FL	2457	53	245	26:59.79	27:23.29	11:01/M		
10	Lynn Maddaloni	Sebastian FL	2371	54	312	30:16.43	30:31.67	12:17/M		
11	Barb Grass	Vero Beach FL	2396	51	318	30:50.99	31:29.97	12:40/M		
12	Kim Hooker	Sebastian FL	2553	54	337	31:44.03	31:52.72	12:49/M		
13	Eva Rothenberg	Vero Beach FL	2435	52	354	32:56.58	33:02.07	13:17/M		
14	Robin Sullivan	Vero Beach FL	2419	50	357	33:14.38	34:01.14	13:41/M		
15	Beth Munz	Vero Beach FL	2406	54	395	38:27.24	38:43.17	15:35/M		
16	Kerry Bartlett	Vero Beach FL	2513	54	409	41:03.43	41:25.11	16:40/M		
17	Tina Hageman	Deerfield Beach FL	2480	53	432	43:27.54	43:50.69	17:38/M		

Frightening 4K 2019

Age Group Results

4K

Race Date
October 19, 2019

Female 50 to 54

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
18	Stephanie Lindenthal	Vero Beach FL	2226	50	433	44:20.36	44:39.27	17:58/M
19	Cindy Thompson	Vero Beach FL	2187	51	456	51:28.19	52:19.75	21:03/M

Female 55 to 59

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Roxanne Bachman-Lee	Vero Beach FL	2339	56	92	20:39.00	20:44.82	8:21/M
2	* Mary Frances Weerts	Melbourne Beach FL	2437	56	111	21:13.80	21:21.26	8:35/M
3	* Maria Lawson	Vero Beach FL	2506	55	112	21:14.22	21:25.59	8:37/M
4	Cheri Jones	Vero Beach FL	2275	58	174	23:53.94	24:18.35	9:47/M
5	Melissa Courtney	Vero Beach FL	2356	57	180	24:02.70	24:52.79	10:00/M
6	Maureen Nicolace	Vero Beach FL	2300	55	181	24:14.53	24:23.17	9:49/M
7	Terri Walters	Vero Beach FL	2462	56	287	28:43.92	29:03.60	11:41/M
8	Lucy Lovely	Sebastian FL	2195	56	306	29:51.04	30:31.65	12:17/M
9	Linda Shrewsbury	Stuart FL	2219	56	349	32:36.27	32:46.80	13:11/M
10	Marianne Day	Vero Beach FL	2518	59	360	33:45.65	33:59.63	13:40/M
11	Beth Ryan	Fort Pierce FL	2397	58	382	36:58.68	37:27.13	15:04/M
12	Mary Brown	Vero Beach FL	2602	56	384	37:04.91	37:43.06	15:10/M
13	Donna McGrath	Vero Beach FL	2279	58	408	40:42.27	41:29.00	16:41/M
14	Melanie Boles	Vero Beach FL	2290	58	427	42:53.24	43:34.84	17:32/M
15	Jennifer Stride	Vero Beach FL	2198	55	431	43:20.27	43:54.74	17:40/M
16	Susan Emerson	Vero Beach FL	2639	59	437	44:41.95	45:17.22	18:13/M
17	Erin Briggs	Vero Beach FL	2421	57	458	53:16.93	54:07.82	21:46/M

Female 60 to 64

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Abbe Chane	Vero Beach FL	2221	61	212	25:37.99	25:43.74	10:21/M
2	* Candace Carter	Vero Beach FL	2329	60	259	27:28.11	27:50.42	11:12/M
3	* Starlet Kirkland	Vero Beach FL	2494	62	307	30:05.09	30:35.32	12:18/M
4	Janelle Clarke	Vero Beach FL	2370	61	381	36:42.72	37:19.48	15:01/M
5	Mary Alber	Vero Beach FL	2197	62	430	43:20.17	43:54.65	17:40/M

Female 65 to 69

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Sandra Hebler	Vero Beach FL	2295	67	188	24:34.95	24:42.28	9:56/M
2	* Karen Gore	Vero Beach FL	2511	66	231	26:25.54	26:36.29	10:42/M
3	* Pat Palinkas	Bel Air MD	2447	69	271	28:09.25	28:24.32	11:26/M
4	Mary Gerlich	Vero Beach FL	2478	65	341	32:12.43	32:33.07	13:06/M
5	Vicki Hanson	Vero Beach FL	2416	65	397	38:32.88	39:01.63	15:42/M
6	Cheryl Millikan	Vero Beach FL	2669	65	403	40:16.78	40:24.27	16:15/M
7	Nancy Munoz	Sebastian FL	2417	68	429	43:12.54	43:53.94	17:39/M
8	Pam Shelton	Vero Beach FL	2665	67	436	44:31.19	45:06.62	18:09/M
9	Anne Cahill	Vero Beach FL	2368	66	448	46:15.12	46:48.15	18:50/M
10	Rosemary Lund	Vero Beach FL	2628	66	452	50:34.73	51:20.87	20:39/M

Female 70 to 74

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Ana Bernal	Vero Beach FL	2499	72	321	31:00.27	31:18.72	12:36/M
2	* Betty Hickox	Port Saint Lucie FL	2249	72	352	32:48.13	32:58.42	13:16/M
3	* Cathy Glunz	Vero Beach FL	2508	70	356	33:03.69	33:32.79	13:30/M
4	Diane Green	Sebastian FL	2369	70	372	35:02.15	35:11.27	14:09/M
5	Janet Farmer	Sebastian FL	2612	73	374	35:54.16	36:10.71	14:33/M
6	Carmen Dordal	Vero Beach FL	2576	70	450	47:25.87	47:59.95	19:18/M

Frightening 4K 2019

Age Group Results

4K

Race Date
October 19, 2019

Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	* Beverly Kinkead	Vero Beach FL	2652	79	370	34:51.71	35:14.79	14:11/M