



**Harpowell**  
Aging at Home

## 2019 Annual Report

Harpowell Aging at Home (HAH) is a community-led organization that seeks to help people thrive while aging at home. With partner organizations, we provide information, promote initiatives, mobilize volunteers and deliver needed services, with financial support from the Town, citizens, community organizations and foundations.

HAH and its partners provide a variety of services to older adults. The Food Committee, with the support of many community organizations, mobilized over 200 volunteer cooks to prepare more than 3300 meals for the Lunch with Friends and Meals in a Pinch Programs. The Health and Wellness Committee supported homebound seniors with Seniors Connecting weekly calls. Our Home Helpers Committee assisted with household chores that residents can no longer perform. The Home Repairs Committee, in partnership with Habitat for Humanity/7 Rivers and the Town, helped older adults stay safer, warmer and drier by repairing 23 homes and providing follow-on repairs for 15 former clients. The Resources Committee provided information about support services for older adults via 23 initial home visits and 16 follow-up visits and coordinated services across Committees. The Transportation Committee, in partnership with People Plus, organized 15 Harpswell drivers to provide 14,000 miles of rides. The Communications Committee promoted our programs and events with articles, newsletters, internet posts, presentations and a second golf tournament fundraiser. Overall HAH mobilized more than 10,000 hours of volunteer time last year.

In 2020, HAH will continue these services and expand them as needs emerge and volunteers are recruited. It continues to benefit from contributions from Harpswell volunteers, our partner organizations, and a wide range of community agencies. We invite you to become one of our volunteers as we continue to serve older adults in Harpswell!