

# 4th Annual St Helen Harvest Run 5K

Race Date

November 22, 2014

## Overall Finish List

### 5K Run/Walk

Place	Age /		Time			Pace						
<u>Overall</u>	<u>Name</u>	<u>AG Place</u>	<u>Gen</u>	<u>Time</u>	<u>Pace</u>							
1	Shane Streufert	1 Top Fin	42 M	16:18.50	5:15/M	61	Mark Marques	4	40-49	41 M	31:50.00	10:16/
2	Joseph Granberg	1 15-19	16 M	16:27.25	5:18/M	62	Les Plumb	2	70-99	81 M	32:07.99	10:22/
3	Seth Pierce	1 20-29	26 M	17:05.25	5:31/M	63	Gerrica Lamothe	5	10-14	13 F	33:21.74	10:45/
4	Jaymes Cole	2 15-19	18 M	17:43.25	5:43/M	64	Gwen Lamothe	7	40-49	45 F	33:50.50	10:55/
5	James Granberg	1 10-14	14 M	18:28.74	5:57/M	65	Chuck Mitchell	2	50-59	58 M	34:01.76	10:58/
6	Bailey Yoerin	3 15-19	15 M	18:39.00	6:01/M	66	Aimee Markford	5	30-39	32 F	34:28.50	11:07/
7	Lotte Branigan	1 Top Fin	40 F	18:51.24	6:05/M	67	Julia Lamothe	6	10-14	11 F	34:51.00	11:15/
8	Jerry Sintes	1 Top Fin	48 M	20:10.74	6:30/M	68	Mason Hooker	4	1- 9	9 M	34:56.25	11:16/
9	Coogie Freedman	1 30-39	34 M	20:46.76	6:42/M	69	Michala Calahan	7	10-14	12 F	36:02.01	11:37/
10	Alexios McDonald	2 10-14	14 M	21:14.75	6:51/M	70	Maureen Champeau	1	60-69	64 F	37:13.49	12:00/
11	Barry Segal	1 40-49	45 M	21:17.50	6:52/M	71	Erica Klipstine	6	30-39	31 F	37:26.25	12:05/
12	Joseph Cachaldora	3 10-14	13 M	21:57.49	7:05/M	72	Ginny McAlarnen	5	50-59	57 F	38:04.80	12:17/
13	Rylee Woodall	1 10-14	12 F	22:57.75	7:24/M	73	Lindsay McAlarnen	4	20-29	26 F	38:05.30	12:17/
14	Brittany Streufert	1 Top Fin	42 F	23:01.74	7:25/M	74	Don Palinkas	3	70-99	80 M	38:19.04	12:22/
15	Ronan McDonald	4 10-14	12 M	23:14.00	7:30/M	75	Bobbi Bridge	7	30-39	36 F	39:08.30	12:37/
16	Jack Foster	5 10-14	11 M	23:16.52	7:30/M	76	Bob Bond	4	70-99	72 M	39:11.05	12:38/
17	Mary Arden	1 40-49	40 F	23:17.00	7:31/M	77	James McSweeney	5	70-99	74 M	39:21.06	12:42/
18	Kendra Brown	2 40-49	43 F	23:23.25	7:33/M	78	Nicholas Valerio	6	70-99	81 M	40:15.55	12:59/
19	John Binkley	1 50-59	58 M	23:34.01	7:36/M	79	Donna Trocchio	6	50-59	55 F	43:28.55	14:01/
20	Phril Hanson	2 20-29	26 M	23:37.74	7:37/M	80	Margaret Foreman	1	70-99	72 F	43:34.04	14:03/
21	Tara Walker	1 20-29	29 F	24:00.51	7:45/M	81	Matt McAlarnen	7	60-69	65 M	47:54.30	15:27/
22	Scott Dipietro	2 30-39	33 M	24:09.75	7:47/M	82	Beverly Galego	2	70-99	72 F	48:07.28	15:31/
23	Danny Richmond	6 10-14	12 M	24:39.99	7:57/M	83	Tim Galego	5	40-49	46 M	48:59.55	15:48/
24	Christian Negherbon	7 10-14	12 M	24:50.99	8:01/M	84	Terry Rosenbarker	8	60-69	68 M	49:10.81	15:52/
25	Steve Schrell	1 60-69	67 M	25:00.50	8:04/M	85	Suzanne Rosenbarker	2	60-69	66 F	49:11.05	15:52/
26	Mark Ashdown	2 60-69	66 M	25:12.49	8:08/M	86	Grace Avril	1	1- 9	6 F	52:12.06	16:50/
27	Via Viteri	2 20-29	23 F	25:22.00	8:11/M	87	Johanna Avril	8	30-39	37 F	52:12.55	16:50/
28	Jennifer Rossmell	1 30-39	30 F	25:29.75	8:13/M	88	Jack Cannon	9	60-69	62 M	52:16.54	16:52/
29	David Vatland	3 30-39	35 M	25:50.24	8:20/M							
30	Matthew Vatland	1 1- 9	8 M	25:50.49	8:20/M							
31	Edward Branigan	3 60-69	69 M	25:52.25	8:21/M							
32	Danielle Reuter	2 30-39	37 F	26:08.99	8:26/M							
33	Linda Wells	3 40-49	48 F	26:19.50	8:29/M							
34	Iris Madison	1 50-59	58 F	26:22.25	8:30/M							
35	Joe Dellamarggio	1 70-99	75 M	26:33.25	8:34/M							
36	Michele Poysell	4 40-49	45 F	26:35.51	8:35/M							
37	Andrew Negherbon	2 1- 9	8 M	26:38.26	8:35/M							
38	Danielle Negherbon	5 40-49	41 F	26:38.51	8:35/M							
39	Dan Richmond	2 40-49	43 M	26:38.51	8:35/M							
40	Jessica Jaynes	3 20-29	29 F	26:45.00	8:38/M							
41	Jim Streufert	4 60-69	68 M	26:50.76	8:39/M							
42	Paul Burgener	3 40-49	42 M	27:28.25	8:52/M							
43	Sue Mitchell	2 50-59	56 F	27:46.01	8:57/M							
44	Alan Madison	5 60-69	66 M	27:48.25	8:58/M							
45	Leslie Howard	3 50-59	52 F	27:51.50	8:59/M							
46	Jennifer Richmond	6 40-49	42 F	27:54.49	9:00/M							
47	Jeffrey Phillips	4 30-39	38 M	27:59.01	9:02/M							
48	Haley Snowhill	2 10-14	13 F	27:59.25	9:02/M							
49	Laura Kulsik	4 50-59	54 F	28:18.50	9:08/M							
50	Lindsey Richmond	3 10-14	13 F	28:52.00	9:19/M							
51	Angela Mill	3 30-39	30 F	28:56.49	9:20/M							
52	Derek Calahan	8 10-14	11 M	29:15.99	9:26/M							
53	Marie Busch	4 30-39	30 F	29:29.50	9:31/M							
54	Ryslan Kapkayev	3 20-29	29 M	29:57.74	9:40/M							
55	Emily Cole	1 15-19	19 F	30:18.76	9:46/M							
56	Samantha Godwin	4 10-14	12 F	30:36.76	9:52/M							
57	Chris Apple	5 30-39	34 M	31:10.26	10:03/							
58	Dennis Diem	6 60-69	69 M	31:26.99	10:08/							
59	Kait Richmond	2 15-19	16 F	31:45.26	10:15/							
60	Barrett Marques	3 1- 9	7 M	31:48.99	10:15/							