

Class Schedule

Master Steven Miller
7th Degree Black Belt
Chief Instructor

Lil' Dragons (ages 4 & 5)
Junior Classes (ages 6 – 12)
Teen Classes (ages 13 – 17)
Adult Classes (ages 16 & up)

Master Tara Miller
7th Degree Black Belt
Chief Instructor

Lil' Dragons:

Monday at 5:00pm | Saturday at 9:00am

Junior White Belts:

Monday at 5:45pm | Tuesday & Thursday at 10:30am or 6:45pm | Wednesday at 4:45pm | Saturday at 9:45am (30 min class)

Junior Yellow, Green & Blue Belts:

Tuesday & Thursday at 10:30am or 5:45pm | Wednesday at 4:45pm | Saturday at 10:30am

Junior Red & Black Belts:

Tuesday & Thursday at 10:30am or 4:45pm | Wednesday at 5:45pm | Saturday at 10:30am

All Teens & Adults:

Monday & Wednesday at 6:45pm | Tuesday & Thursday at 11:30am | Saturday at 11:30am

All Black Belts:

Thursday at 7:30pm

- Lil' Dragon classes are 30 min.
- Junior classes are 45 min (except for the Saturday white belt class).
- Adult classes are 1 hour.
- Schedule is subject to change. Any changes will be announced in class and posted at Midtown TKD.
- Schedule effective Saturday, April 3, 2021



Contact Us:

901-725-5552

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