FOR INGREDIENT LIST FOR AUGUST 2020 MENUS

AUGUST 3  BREADED CHICKEN STRIPS – CHICKEN, BREADING, VEG.OIL
TATOR TOTS – POTATOES, VEG OIL
DIPPING SAUCE – BBQ SAUCE
CAKE – FLOUR, SUGAR, EGGS, MARG., MILK

AUGUST 4  BAKED SPAGHETTI – BEEF, SPAGH.SAUCE, MUSHROOMS, PASTA
ITALIAN BLEND VEGS – ZUCCHINI, CARROTS, CAULIFLOWER, LIMAS,
ITAL. GR. BEANS
GARLIC ROLL – FLOUR, YEAST, WATER, GARLIC POWDER, MARG.

AUGUST 5  SMOKED SAUSAGE - PORK
WHIP POTATOES – DEHY. POTATOES, WATER
WARM BLUSHING FRUIT – FOOD COLORING, FRUIT

AUGUST 6  HAMBURGER - BEEF
FRIES – POTATOES, VEG OIL
CAPRI BLEND VEGS – GREEN BEANS, CARROTS, SQUASH, ZUCCHINI

AUGUST 10 BREADED CHICKEN PATTY – CHICKEN, BREADING, VEG OIL
POTATO WEDGES – POTATOES, VEG OIL
GRAHAM CRACKERS – FLOUR, HONEY, SOYBEAN OIL
AUGUST 11  CHEESE OMELET – EGGS, CHEESE
          HASH BROWNS – POTATOES, VEG OIL
          BISCUIT – FLOUR, BUTTERMILK, SUGAR, MILK, CORNSTARCH
          FRUITED MUFFIN – BLUEBERRIES, FLOUR, EGGS, SUGAR, MILK
AUGUST 12  SCALLOPED CHICKEN -DICED CHICKEN, STUFFING, GRAVY
          DINNER ROLL – FLOUR, YEAST, WATER
AUGUST 13  SWEET POTATO CASSEROLE – YAMS, MARGARINE
          ANIMAL CRACKERS -FLOUR, SUGAR, OIL, BAKING SODA
AUGUST 17  SWISS STEAK – BEEF, TOMATOES, BELL PEPPERS, ONION, FLOUR,
          CAKE – FLOUR, SUGAR, EGGS, MARG., MILK
          DINNER ROLL – FLOUR, YEAST, WATER
AUGUST 18  SWEDISH MEATBALLS -PORK, BEEF, BREAD CRUMBS, CELERY,
          ONIONS, VEG.OIL, SOUR CREAM, GRAVY
          BUTTERED PASTA – FLOUR, EGGS
          COLE SLAW – CABBAGE, SLAW DRESSING
AUGUST 19  CHILI SOUP – GRD BEEF, KIDNEY BEANS, TOMATOES, TOMATO
          SAUCE, TOMATO JUICE, CHILI POWDER, GARLIC POWDER, WATER, ONIONS
          CHICKEN SALAD – CHICKEN, MAYO, RELISH, EGGS, ONIONS
AUGUST 20  SALSA CHICKEN – CHICKEN, SALSA, CHICKEN BROTH  
SPANISH RICE – RICE, TOMATOES, BELL PEPPERS, ONIONS,  
SEASONING, TOMATO BASE  
DINNER ROLL – FLOUR, YEAST, WATER  

AUGUST 24  SALISBURY STEAK – BEEF, BELL PEPPERS, ONIONS  
BLUEBERRY MUFFIN – BLUEBERRIES, WATER, FLOUR, EGGS, SUGAR  
DINNER ROLL – FLOUR, YEAST, WATER  

AUGUST 25  CHICKEN MARSALA – CHICKEN, MUSHROOMS, MUSHROOM SOUP,  
CHICKEN BROTH  
RICE PILAF – RICE, SEASONING,  
DINNER ROLL – FLOUR, YEAST, WATER  

AUGUST 26  MEATLOAF - GROUND BEEF, EGGS, CRACKER CRUMBS, ONIONS  
HASH BROWNS – POTATOES, VEG OIL  
PUDDING – COCOA, MILK, CORNSTARCH  
DINNER ROLL – FLOUR, YEAST, WATER  

AUGUST 27  WHIP POTATOES – DEHY POTATOES, WATER  
DINNER ROLL – FLOUR, YEAST, WATER  

AUGUST 31  HOT DOG - BEEF  
BAKED BEANS – BEANS, KETCHUP, SF SYRUP, ONIONS