

**FOR INGREDIENT LIST FOR AUGUST 2020 MENUS**

**AUGUST 3 BREADED CHICKEN STRIPS – CHICKEN, BREADING, VEG.OIL**

**TATOR TOTS – POTATOES, VEG OIL**

**DIPPING SAUCE – BBQ SAUCE**

**CAKE – FLOUR, SUGAR, EGGS, MARG., MILK**

**AUGUST 4 BAKED SPAGHETTI – BEEF, SPAGH.SAUCE, MUSHROOMS, PASTA**

**ITALIAN BLEND VEGS – ZUCCHINI, CARROTS, CAULIFLOWER, LIMAS,**

**ITAL. GR. BEANS**

**GARLIC ROLL – FLOUR, YEAST, WATER, GARLIC POWDER, MARG.**

**AUGUST 5 SMOKED SAUSAGE - PORK**

**WHIP POTATOES – DEHY. POTATOES, WATER**

**WARM BLUSHING FRUIT – FOOD COLORING, FRUIT**

**AUGUST 6 HAMBURGER - BEEF**

**FRIES – POTATOES, VEG OIL**

**CAPRI BLEND VEGS – GREEN BEANS, CARROTS, SQUASH, ZUCCHINI**

**AUGUST 10 BREADED CHICKEN PATTY – CHICKEN, BREADING, VEG OIL**

**POTATO WEDGES – POTATOES, VEG OIL**

**GRAHAM CRACKERS – FLOUR, HONEY, SOYBEAN OIL**

**AUGUST 11 CHEESE OMELET – EGGS, CHEESE**

**HASH BROWNS – POTATOES, VEG OIL**

**BISCUIT – FLOUR, BUTTERMILK, SUGAR, MILK, CORNSTARCH**

**FRUITED MUFFIN – BLUEBERRIES, FLOUR, EGGS, SUGAR, MILK**

**AUGUST 12 SCALLOPED CHICKEN -DICED CHICKEN, STUFFING, GRAVY**

**DINNER ROLL – FLOUR, YEAST, WATER**

**AUGUST 13 SWEET POTATO CASSEROLE – YAMS, MARGARINE**

**ANIMAL CRACKERS -FLOUR, SUGAR, OIL, BAKING SODA**

**AUGUST 17 SWISS STEAK – BEEF, TOMATOES, BELL PEPPERS, ONION, FLOUR,**

**WATER**

**CAKE – FLOUR, SUGAR, EGGS, MARG., MILK**

**DINNER ROLL – FLOUR, YEAST, WATER**

**AUGUST 18 SWEDISH MEATBALLS -PORK, BEEF, BREAD CRUMBS, CELERY,**

**ONIONS, VEG.OIL, SOUR CREAM, GRAVY**

**BUTTERED PASTA – FLOUR, EGGS**

**COLE SLAW – CABBAGE, SLAW DRESSING**

**AUGUST 19 CHILI SOUP – GRD BEEF, KIDNEY BEANS, TOMATOES, TOMATO**

**SAUCE, TOMATO JUICE, CHILI POWDER, GARLIC POWDER, WATER, ONIONS**

**CHICKEN SALAD – CHICKEN, MAYO, RELISH, EGGS, ONIONS**

**AUGUST 20 SALSA CHICKEN – CHICKEN, SALSA, CHICKEN BROTH**

**SPANISH RICE – RICE, TOMATOES, BELL PEPPERS, ONIONS,**

**SEASONING, TOMATO BASE**

**DINNER ROLL – FLOUR, YEAST, WATER**

**AUGUST 24 SALISBURY STEAK – BEEF, BELL PEPPERS, ONIONS**

**BLUEBERRY MUFFIN – BLUEBERRIES, WATER, FLOUR, EGGS, SUGAR**

**DINNER ROLL – FLOUR, YEAST, WATER**

**AUGUST 25 CHICKEN MARSALA – CHICKEN, MUSHROOMS, MUSHROOM SOUP,**

**CHICKEN BROTH**

**RICE PILAF – RICE, SEASONING,**

**DINNER ROLL – FLOUR, YEAST, WATER**

**AUGUST 26 MEATLOAF - GROUND BEEF, EGGS, CRACKER CRUMBS, ONIONS**

**HASH BROWNS – POTATOES, VEG OIL**

**PUDDING – COCOA, MILK, CORNSTARCH**

**DINNER ROLL – FLOUR, YEAST, WATER**

**AUGUST 27 WHIP POTATOES – DEHY POTATOES, WATER**

**DINNER ROLL – FLOUR, YEAST, WATER**

**AUGUST 31 HOT DOG - BEEF**

**BAKED BEANS – BEANS, KETCHUP, SF SYRUP, ONIONS**