

Not By Our Own Strength September 13, 2017

The original title of this piece was going to be "How's That Working Out For You?". The reasoning is because the Lord gave me multiple messages this past weekend. The end message from Him to me was how much I still try to do things in my own strength including spiritual things like prayer.

I know it seems strange to think even prayer can be done in our own strength. If we truly sit and think about it, we can see how this is true. When is the last time you asked the Lord what He wanted you to speak through prayer? When is the last time you asked the Lord exactly what words to speak? For me, it has been awhile until this weekend.

Through this encounter with Holy Spirit I also realized that much of what I have been doing in recent months has been in my own strength even though I have maintained communication with the Lord.

Through a message I heard this weekend, I realized I have not been leaning on the Lord with all my strength. I have not laid my head on His chest and just listened to His heartbeat in quite awhile. To sum it all up, here is the phrase King Jesus through Holy Spirit spoke to me:

"Live to live. When you rely on Me and let Me work through you, how much easier things will be. How free you will feel when you let Me work through you and we work together as one."

How simple is that? To put it in Biblical words:

Matthew 11:29-30 - Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For My yoke is easy and My burden is light."

Here are some absolutes and promises of our Lord being our help. Read them out loud to send them up as prayers. Let our souls, our faith, our hope, and our communion be restored. Selah.

Matthew 6:31-34 - "Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32 For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. 33 But seek

first the kingdom of God and His righteousness, and all these things shall be added to you. 34 Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.

Psalm 33:20-22 - Our soul waits for the Lord; He is our help and our shield. 21 For our heart shall rejoice in Him, Because we have trusted in His holy name. 22 Let Your mercy, O Lord, be upon us, Just as we hope in You.

[an example of taking a Bible passage and making it a personal prayer: Soul, wait on the Lord. Lord, You are our help and our shield. Heart, rejoice in the Lord; trust in His Holy Name. Lord, let Your mercy be upon us. My hope is in the Lord.]

Psalm 37:39-40 - But the salvation of the righteous is from the Lord; He is their strength in the time of trouble. 40 And the Lord shall help them and deliver them; He shall deliver them from the wicked, And save them, Because they trust in Him.

Psalm 121

1 I will lift up my eyes to the hills—From whence comes my help?

2 My help comes from the Lord, Who made heaven and earth.

3 He will not allow your foot to be moved; He who keeps you will not slumber.

4 Behold, He who keeps Israel Shall neither slumber nor sleep.

5 The Lord is your keeper; The Lord is your shade at your right hand.

6 The sun shall not strike you by day, Nor the moon by night.

7 The Lord shall preserve you from all evil; He shall preserve your soul.

8 The Lord shall preserve your going out and your coming in From this time forth, and even forevermore.

Take another few minutes and stop everything you are doing. Hit the play button on this video and close your eyes. Truly allow the Lord and His Presence to overwhelm you and be your help.

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https://m.youtube.com/watch?v=NI_1YliutzA