



2023

Secondary Schools'  
*Track & Field*  
Championships

March 1st & 2nd, 2023

Dwight Yorke Stadium, Tobago



OFFICE OF THE PRIME MINISTER  
SPORT AND CULTURE FUND



***THE NATIONAL GAS COMPANY  
OF TRINIDAD AND TOBAGO LIMITED***



**Government of the Republic of Trinidad and Tobago**  
Ministry of Sport and Community Development



Dwight Yorke Stadium, venue for 2023 Championships

Hello Track Fans

Welcome to our Secondary Schools' Track & Field Championships 2023 Magazine. Thanks to you, our loyal supporters over the years, who will be with us on this new journey and welcome to all new viewers. Stay with us as we take you to higher heights.

*Stepping Into a Golden Future"*



"Whether they compete for victory or just to showcase their best performance, our athletes blaze a trail of accomplishment that invigorates and encourages all to persevere.

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A PASTudio Production  
Designed & Edited by Sherry Nyack-Allard



## PRESIDENT'S MESSAGE

### JOSEPH BREWSTER

Secondary School Track and Field (SSTF) is extremely happy to welcome you to the National Secondary Schools' Track and Field Championships 2023. It could be said that we are picking up where we left off, as the last time we held the National Championships was back in 2020 right here at this beautiful facility, the blue tracked Dwight Yorke Stadium. It's been almost three years since these games have been held due to the COVID 19 pandemic but we thank God that we are back and we are back with a bang. We have a new name - Secondary Schools' Track and Field (formerly Trinidad and Tobago Secondary Schools' Track and Field Association) and a new logo designed by a son of the soil right here in Tobago - Anderson Burris of Mason Hall Secondary Hall. We have new alignments as we have changed from eight zones to three regions. We also have new qualifying routes to the final and with the introduction of automatic qualifying standards, the expected quality of the performance should be of the highest caliber. Finally, we have introduced several combined events to our roster.

SSTF is determined to make this year's competition even better than 2020, which was hailed as the best ever. With over eight hundred students throughout Trinidad and Tobago qualifying for this championship, hailing from ninety five secondary schools, we expect keen but fair competition. Over three thousand five hundred students participated in the regionals and relay festival trying to qualify for this championship. This could not be possible without the generous contribution from the Office of the Prime Minister's Sport and Culture Fund.

This year, with the support of the Ministry of Sport and Community Development, SSTF hosted our National Relay Festival with a truly international flavor. Fifty schools from Trinidad and Tobago vied for qualification for the 4x100m and 4x400m at the National Championships, while the 17+ category had the added bonus of facing off against notably some of the Caribbean finest with schools from Jamaica, Barbados and Guyana. It was the first of its kind but certainly it is just the start of greater things to come.

As SSTF continues to strive for excellence and explore new horizons for the benefit of our student athletes, we recognize the enormity of the tasks ahead. And so we want to publicly thank our partners and contributors, namely The Office of the Prime Minister's Sport and Culture Fund, The Ministry of Education, The Ministry of Sports and Community Development, The Tobago House of Assembly, The National Gas Company of Trinidad and Tobago, Blue Waters, Guardian Group, Gatorade, Kenny's Sports Ltd, NAAATT, The Sports Company of Trinidad and Tobago, Mr John Andalcio and his team of technical officials, Ms Michelle Stoute-Lopez, Mr Allan Baboolal and the photo finish team, and all our other service providers.

Special thanks must be given to SSTF's team of organizers at all levels for their hard work and commitment, without you this will not be possible. I want to take this opportunity to very specially thank Ms Indra Ramsingh-Geoffroy, Dr Philip Allard and his wife Ms Sherry Nyack-Allard, Ms Krystal Francis-Joseph, and our former treasurer now well retired Mr Arnold Rampersad for their tireless contributions to SSTF. We cannot fail to mention the many Principals, teachers, parents, coaches, supporters, volunteers and students who have also played major roles however small, in making this year a reality and a success. .

Hold on to your seats and don't blink, because you might miss that memorable moment when one of these eager student athletes does something special. Enjoy these two days with us and God bless.

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# SSTF NATIONAL EXECUTIVE

President:	Joseph Brewster, Sangre Grande Secondary
1st Vice President:	Andy Joseph, Moruga Secondary
2nd Vice President:	Dale Peters, Speyside High School
Secretary:	Allan Neptune, Sangre Grande Secondary
Assistant Secretary:	Vanessa Ottley, St Joseph's Convent, San Fernando
Treasurer:	Ian George, Toco Secondary
P.R.O.	Roxane Romeo, Aranguez North Secondary
Trustees	Natasha Leotaud, Holy Faith Convent, Penal Robert Warner, Princes Town West Secondary Zico Kennedy, East Mucurapo Secondary

# SSTF REGIONALS

- North - Walcott/Lendore/Ahye Regional Championships
- South/Central - Richards/Cedenio/Borel Regional Championships
- Tobago - Stewart/Quow/Baptiste Regional Championships

# TROPHIES AT STAKE

- 1.Champion School Overall
- 2.Champion School Girl
- 3.Champion School Boys
4. Victor and Victrix Ludorum
- 5.Champion athlete male U13, U15, U17, 17+
- 6.Champion athlete female U13, U15, U17, 17+





In loving memory of our dearest

*Philip Mario Kalloo*

FATHER, BROTHER, HUSBAND AND A FRIEND.

Philip Kalloo was the President of SSTF from 2009 to 2010 and a retired Principal of Blanchisseuse Secondary School. Even after his retirement in 2018, Philip continued to serve SSTF in the North Eastern District and as a member of the Planning Committee. His experience and expertise in managing sporting organisations was critical in the formulation of SSTF's strategic plan.

As we undertake this National Championships, we salute and remember our dear past President, Philip Mario Kalloo.

## VISION

To be the leading Schools' National Sporting Organisation in Trinidad and Tobago

## MISSION

SSTF provides opportunities for track and field development of secondary schools students so that they will achieve their full potential.” This is achieved through:

- Effective organization of track and field events;
- Developing meaningful relationships with stakeholders;
- Providing opportunities for the development of athletic potential;
- The development of officiating and coaching capacity.

## OBJECTIVES

SSTF sets its objectives as follows:

- To source adequate sponsorship for all its events and activities.
- To attain increased participation by schools.
- To attract increased spectatorship.
- To provide opportunities for the development of students' athletic potential and development.
- To develop and enhance more meaningful relationships with stakeholders.
- To develop a cadre of personnel to carry out administrative and official duties.
- To facilitate training of teachers and other school personnel in coaching.
- To acquire the necessary equipment to host events.
- To acquire a physical space from which to operate.



## THE ATHLETES' OATH

We declare that we will take part in the National Secondary Schools' Track and Field Championship In the spirit of true sportsmanship, recognizing the rules which govern it, for the honour of our schools, our Districts, and the glory of sport

## THE OFFICIALS' OATH

We declare that we will officiate in the National Secondary Schools' Track and Field Championship In the spirit of true sportsmanship, recognizing the rules which govern it, for the honour of our schools, our Districts, and the glory of sport

# RULES OF THE CHAMPIONSHIPS

1. The Secondary Schools National Track and Field Championships will be open to ALL FULL TIME students of Secondary Schools in Trinidad and Tobago who fulfill the age requirements in Regulation 2 below.
2. There will be events in FOUR (4) age groups, Under 13, Under 15, Under 17 and 17+. Ages shall be calculated as at December 31st of the year of competition except the 17+ age group where the age of twenty-one (21) years should not have been attained by July 3rd.
3. Athletes must compete only in the age group to which they belong, except in events which are not catered for in their age group.
4. Substitution can only be made by District Coordinators or named designate and shall be made at the Technical Meeting prior to the Championships. If an athlete is injured during the course of the Championships, consideration for substitution will be made after medical consultation at least one hour before the start of the event.
5. Confirmation of registration will take place ONE (1) hour before the scheduled start of the event.
6. All athletes must report not less than FIFTEEN (15) minutes before the scheduled start of event.
7. Athletes shall, at all times be identified by their school numbers and school colours; and be suitably attired. Failure to comply will result in disqualification from the event.
8. An athlete shall compete in no more than THREE (3) individual events.
9. There will be semi-finals and finals on both days of the championships.
10. Two (2) athletes will represent each zone in each event except in the 100m, 200m, 400m, long jump and javelin, where three (3) athletes can represent.
11. In the relays, one school team per district can participate.
12. Points shall be awarded as follows: First: 10; Second: 8; Third: 6; Fourth: 5; Fifth: 4; Sixth: 3; Seventh: 2; Eighth: 1. For the relays these points will be doubled.
13. Team officials are strictly forbidden from entering the track or onto the inner field except with the permission of a referee.
14. If an athlete in a field event is unavoidably late, he/she may be allowed only the remaining trials at the time of arrival with the permission of the Field Referee.
15. An athlete who defaults an event must get the approval of the referee, before being allowed to participate in any other event in the Championships.
16. Any athlete (or school official) may make a verbal protest to the Referee pending the official protest, which must be made in writing on the prescribed form within THIRTY (30) minutes of the announcement of the results. A fee of one hundred dollars (\$100) will be charged for each protest.
17. In all cases of dispute, the final decision rests with the Jury of Appeal.
18. In the event of a tie for the Championships, the award shall be given to the school gaining the greater number of first places, and if a tie still exists, the points shall be awarded to the one with the greater number of second places and so on.
19. Except where provided by these Regulations, the Rules of the International Affiliates of Athletic Federations shall apply.
20. Athletes shall not be allowed to compete in school uniform, national athletic uniform or club uniforms.
21. For the walk pass, each participating school must provide one student bearing the flag on a flag pole and adorned in full school uniform.

# TECHNICAL DATA

## QUALIFICATION STANDARDS FOR NATIONAL CHAMPIONSHIPS

SECONDARY SCHOOL- STANDARDS TO QUALIFY FOR NATIONALS										
EVENT	U13G	U13B	U15G	U15B	U17G	U17B	U20G	U20B	OPEN-F	OPEN-M
100M	14.86s	14.50s	13.15s	12.25s	12.95s	11.85s	12.40s	11.50s		
200M	30.00s	29.00s	26.30s	24.60s	25.50s	23.70s	25.50s	23.00s		
400M	1:45.00	1:20.00	1:10.00	55.50s	1:05.00	53.00s	57.00s	51.00s		
800M			2:50.00	2:40.00	2:42.00	2:21.00	2:30.00	2:05.00		
1500M			6:10.00	5:10.00	6:00.00	4:45.00	5:50.00	4:25.00		
3000M									15:00.00	
5000M										20:00.00

### HURDLES

EVENT	U13G	U13B	U15G	U15B	U17G	U17B	U20G	U20B	OPEN-F	OPEN-M
60H			14.00s							
80H				13.60s						
100H					18.00s		16.00s			
110H						17.00s		16.00s		
400H					1:50.00	1:30.00	1:40.00	1:25.00		

### FIELD EVENTS JUMPS

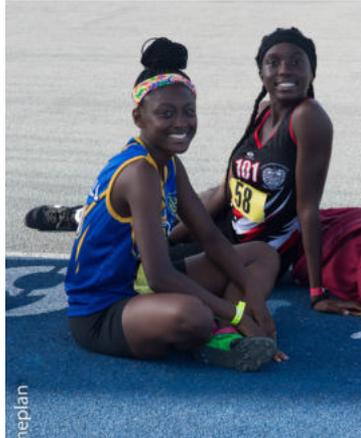
EVENT	U13G	U13B	U15G	U15B	U17G	U17B	U20G	U20B	OPEN-F	OPEN-M
HJ	1.30m	1.30m	1.35m	1.40m	1.50m	1.65m	1.60m	1.75m		
PV									1.50m	2.00m
LJ	3.00m	3.40m	4.00m	4.35m	4.45m	5.60m	4.90m	6.00m		
TJ					9.00m	11.00m	10.00m	12.00m		

### FIELD EVENTS THROWS

EVENT	U13G	U13B	U15G	U15B	U17G	U17B	U20G	U20B	OPEN-F	OPEN-M
SP	5.00m	5:25m	8.30m	9.10m	8.00m	11.20m	8.00m	13.50m		
DT			21.00m	25.00m	23.00m	30.00m	28.00m	35.00m		
JT			20.00m	28.00m	27.00m	41.00m	28.00m	45.00m		
HT									15.00m	20.00m



# National Championships 2020 Memories





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#SCHOOLCHAMPS2020 REP 968



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@keyllonguevaraphotos

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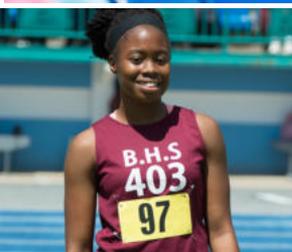


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#SCHOOLCHAMPS2020 REP 968



# Cross Country 2022 Results

SSTF's 2022-2023 Athletics' Festival commenced on Sunday 25th September 2022 at The Queen's Park Savannah, Port of Spain with our annual Cross Country Run and Health Fair. This event was also opened to the public and we were very happy to have celebrated runners such as Samantha Shukla and Kelvin Johnson compete. Participants and patrons were happy to sample healthy food products from SM Jaleel, Bermudez, Gatorade and Blue Waters, and all participated in fun aerobics at the end.

Category	Age Group	Gender	Name	School	Time
4K	U13	Male	1st: Kymani Antoine 2nd: Mikael Serrete 3rd: Dishawn Trudge	St Francis Boys College Arima Central Sec QRC	14:14 16:07 22:54
		Female	1st: Amirah Sebreth 2nd: Janessa Morris 3rd: Janessa Beckles	Sangre Grande Sec Barataria South Sec Sangre Grande Sec	32:16 33:13 38:05
	U15	Male	1st: Khordae Lewis 2nd: Isaiah Alder 3rd: Khordel Lewis	Diego Martin North Sec St James Secondary Diego Martin North Sec	14:11 14:22 14:25
		Female	1st: Aniqua Bailey 2nd: Durlana Rouse 3rd: Zariah Pascall	Diego Martin North Sec Holy Name Convent, P/F El Dorado West Sec	14:58 19:36 20:12
6K	U17	Male	1st: Omare Thompson 2nd: James Castagne-Hay 3rd: Jaeden Andrews	Diego Martin North Sec Fatima College Mt Hope Sec	21:13 22:32 22:56
		Female	1st: Kayleigh Forde 2nd: Keneisha Shelbourne 3rd: Kewes Gomes	St. Joseph's Convent ASJA Girls, Charlieville Holy Faith Convent, Couva	25:35 30:40 37:26
	17+	Male	1st: Omari George 2nd: Migkayal Gafoor 3rd: Shenii St Hillaire	Five Rivers Sec QRC Pres. College, San F'do	22:51 23:23 24:05
		Female	1st: Kerziah Young 2nd: Dominique Stewart 3rd: Nyqueela Alfred	Tableland Sec Diego Martin North Tableland Sec	35:03 41:34 45:41





## 2022 Cross Runs

SSTF introduced a new event for this athletic season, the Cross Run. This race involved participants running a total distance of 5K on the road, grass and sand. The first Cross Run was held on Sunday 22nd October 2022 at Mount Irvin Tobago and the second on Sunday 20th November 2022 at Clifton Hill Point Fortin.

Region	Gender	Name	School	Time
Tobago	Male	1st Nkosi Toney 2nd Mykhal Paria 3rd Malique Young	Signal Hill Sec Signal Hill Sec Bishop's High School	19:18 19:28 22:11
	Female	1st Sylina Jack 2nd Angel Davidson 3rd Rasheeda Cave	Goodwood Sec Signal Hill Sec Roxborough Sec	25:03 27:03 27:19
North	Male	1st Kayamba Johnson 2nd Alder Isaiah 3rd Jarell Blaise	Blanchisseuse Sec St James Sec Toco Sec	20:08 20:22 21:09
	Female	1st Xea Bruce 2nd Diarra Williams 3rd Kyla George	Toco Sec Toco Sec Sangre Grande Sec	30:50 36:09 36:13
South/ Central	Male	1st Sheni St Hillaire 2nd Diamond Baptiste 3rd Elisha Sylvester		19:57 23:59 24:06
	Female	1st Darlaina Rouse 2nd Kyla Hospedales 3rd Nakayla Gordon		29:52 31:23 32:38



# 2023 Relay Festival

SSTF's Relay Festival was held on Thursday 9th February 2023 at the Hasely Crawford Stadium, Port of Spain. This festival was unique due to the participation of schools from Jamaica, Barbados and Guyana, and was facilitated by the kind support of the Ministry of Sport and Community Development. Jamaica sent its champion schools from Boys and Girls Champs - Kingston College and Edwin Allen High School. Barbados was represented by Christ Church Foundation and St Michael School, while Guyana was represented by its top secondary schools athletes.

This Relay was a qualifying event for local schools to the National Championships.



Kingston College, Jamaica



Queen's Royal College



El Dorado East Secondary



Edwin Allen High School, Jamaica



St Benedicts College



Holy Name Convent



# 2023 Featured Athletes

<b>Name of School</b>	<b>Athlete/s</b>	<b>Events</b>
Aranguuez Educational Secondary	Jehsiah Peters	Boys 17+ 400m
Bishop Anstey High School	J'Nae De Gannes	Girls 17+ 100m & 200m
Bishop's High School Tobago	Malique Young	Boys U15 800m & 1500m
	Denesia Fletcher	Girls U15 400m
Chaguanas North Secondary	Jerrel Vincent	Boys 17+ javelin
Coryal Secondary	Jelaney Chinvelu	Boys U17 discus & shot put
Cowen Hamilton Secondary	Jayden Clement	Boys U17 100m, 200m & 400m
El Dorado East Secondary	Conrad Mathura	Boys Pole Vault Open
El Dorado West Secondary	Gianna Paul	Girls 17 + 100 hurdles
Goodwood Secondary	Sylina Jack	Girls U15 800m



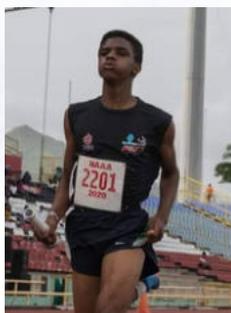
J'Nae De Gannes



Malique Young



Denesia Fletcher



Jayden Clement



Gianna Paul



Sylina Jack

# 2023 Featured Athletes

<b>Name of School</b>	<b>Athlete/s</b>	<b>Events</b>
Holy Faith ConventPenal	Akira Malaver	Girls U17 400m
Manzanilla Secondary	Dylon Mohammed	Boys U15 100m
Mason Hall Secondary	Dextra Harris	Girls 17+ long jump
	Oshea Cummings	Girls U15 1500m
Presentation College San Fernando	Adah Barclay	Boys 17+ long jump
Providence Girls Catholic Secondary	Nathanalia King	Girls Triple Open
Queen's Royal College	Tafari Waldron	Boys 17+ 1500m & 5000m open
	Daeshawn Cole	Boys 17+ 200m
	Jordan Noel	Boys 17+ 100m



Akira Malaver



Dylon Mohammed



Dextra Harris & Alexxe Henry



Adah Barclay



Tafari Waldron



Jordan Noel

# 2023 Featured Athletes

<i>Name of School</i>	<i>Athlete/s</i>	<i>Events</i>
Roxborough Secondary	Rasheeda Cave	Girls 17+ 400 hurdles & 1500m
	Deyonce Graham	Girls Hammer Open
	Natalia Eastman	Girls U17 800m
Scarborough Secondary	Daniel Briggs	Boys U17 long jump
	Tonyah Boucher & Xiah Tobais	Girls U15 high jump
	Lalenii Grant	Girls 17+ discus
	Jinelle Campbell	Boys U17 shot put
	Ezekiel Prescod	Boys 1500 walk open
	J'Leisha Alexander	Girls 1500 walk open
	Kevah Scott	Girls 17+ 400M



Rasheeda Cave



Natalia Eastman



Tonyah Boucher



Lalenii Grant



Kevah Scott

# 2023 Featured Athletes

<i>Name of School</i>	<i>Athlete/s</i>	<i>Events</i>
Sangre Grande Institute of Higher Learning	Kenika Cassar	Girls 17+ javelin
San Juan South Secondary	Payton Winter	Girls U17 shot put & discus
Signal Hill Secondary	Solomon Joseph	Boys U17 javelin
	Beris Joseph	Boys U15 javelin
	Kiile Reid	Boys U17 800m
	Alexxe Henry	Girls U17 100m
Speyside Secondary	Kai Martin	Boys 17+ 400 hurdles
	Keron Daniel	Boys U17 400 hurdles
St Anthony's College	Keone John	Boys 17+ 110 hurdles
	Jahfa Woodley	Boys 17+ 800m
St François Girls' College	Hailey Lynch	Girls U17 long jump
St James Secondary	isaiah Alder	Boys U17 1500m
St Joseph Secondary	Brion Scott	Boys U15 200m & 400m
Toco Secondary	Jenique Mc Laren & Jenniah Mc Laren	Girls U15 100m
Trinity College, Moka	Khadeem Ryan	Boys 17+ 100m
Woodbrook Secondary	Tenique Vincent	Girls U17 high jump, 100 hurdles & javelin



Kenika Cassar



Keone John



Jenique Mc Laren & Jenniah Mc Laren



Tenique Vincent

# Schedule of Events... Day 1: Wednesday March 1st 2023

EVENT #	TIME	EVENT	AGE GROUP	ROUND
80	10:30 AM	Hammer Throw (4kg)	Girls Open	Final
81	10:30 AM	Hammer Throw (6kg)	Boys Open	Final
96	11:00 AM	Long Jump	G 15+ Pent (1)	Final
73	11:10 AM	Long Jump	Girls U17	Final
63	11:00 AM	High Jump	Girls U15	Final
57	11:00 AM	Discus(1kg)	Girls U17	Final
84	11:00 AM	60m Hurdles (0.76m)	Girls U15	Final
41	11:00 AM	Shot (3kg)	Girls U13	Final
43	11:00 AM	Shot (3kg)	Girls U15	Final
49	11:00 AM	Javelin (400g)	Girls U15	Final
89	11:10 AM	80m Hurdles (0.84m)	Boys U15	Final
85	11:20 AM	100m Hurdles (0.76m)	Girls U17	Final
86	11:30 AM	100m Hurdles (0.84m)	Girls 17+	Final
90	11:40 AM	110m Hurdles (0.91m)	Boys U17	Final
97	11:45 AM	110m Hurdles (0.91m)	B 15+ Hep (1)	Final
91	11:50 AM	110m Hurdles (0.99m)	Boys 17+	Final
MEDAL PRESENTATION (Field Events and Hurdles)				
3	12:00 PM	100m	Girls U13	Prelims
95	12:00 PM	Long Jump (West)	B U15 Tri (1)	Final
96	12:00 PM	High Jump	G 15+ Pent (2)	Final
97	12:00 PM	High Jump	B 15+ Hep (2)	Final
4	12:10 PM	100m	Boys U13	Prelims
5	12:20 PM	100m	Girls U15	Prelims
6	12:30 PM	100m	Boys U15	Prelims
59	12:30 PM	Discus (1kg)	Girls 17+	Final
48	12:30 PM	Shot (6kg)	Boys 17+	Final
94	12:30 PM	Long Jump (East)	G U15 Tri (1)	Final
51	12:30 PM	Javelin (500g)	Girls U17	Final
7	12:40 PM	100m	Girls U17	Prelims
8	12:50 PM	100m	Girls 17+	Prelims
9	1:00 PM	100m	Boys U17	Prelims
10	1:10 PM	100m	Boys 17+	Prelims
33	1:30 PM	400m	Girls U15	Prelims
34	1:40 PM	400m	Boys U15	Prelims
66	1:15 PM	High Jump	Boys U17	Final
69	1:45 PM	Long Jump	Girls U13	Final
70	1:45 PM	Long Jump	Boys U13	Final
94	1:45 PM	Shot (3kg)	G U15 Tri (2)	Final
95	1:45 PM	Shot (3kg)	B U15 Tri (2)	Final
50	1:45 PM	Javelin (600g)	Boys U15	Final
55	1:45 PM	Discus (1kg)	Girls U15	Final
MEDAL PRESENTATION (Field Events)				

EVENT #	TIME	EVENT	AGE GROUP	ROUND
35	1:50 PM	400m	Girls U17	Prelims
36	2:00 PM	400m	Girls 17+	Prelims
37	2:10 PM	400m	Boys U17	Prelims
38	2:20 PM	400m	Boys 17+	Prelims
74	2:30 PM	Long Jump	Boys U17	Final
97	2:30 PM	Long Jump	B 15+ Hep (4)	Final
60	2:40 PM	Discus (1.75kg)	Boys 17+	Final
11	2:40 PM	1500m	Girls U15	Final
67	2:45 PM	High Jump	Girls 17+	Final
12	2:50 PM	1500m	Boys U15	Final
46	2:55 PM	Shot (5 kg)	Boys U17	Final
97	2:55 PM	Shot (5 kg)	B 15+ Hep (3)	Final
MEDAL PRESENTATION (Field Events)				
13	3:00 PM	1500m	Girls U17	Final
14	3:10 PM	1500m	Girls 17+	Final
15	3:20 PM	1500m	Boys U17	Final
16	3:30 PM	1500m	Boys 17+	Final
MEDAL PRESENTATION (1500m)				
96	4:15 PM	Shot (3kg)	G 15+ Pent (3)	Final
45	4:25 PM	Shot (3kg)	Girls U17	Final
3a	3:50 PM	100m	Girls U13	Final
4a	3:55 PM	100m	Boys U13	Final
5a	4:00 PM	100m	Girls U15	Final
6a	4:05 PM	100m	Boys U15	Final
7a	4:10 PM	100m	Girls U17	Final
8a	4:15 PM	100m	Girls 17+	Final
9a	4:20 PM	100m	Boys U17	Final
10a	4:25 PM	100m	Boys 17+	Final
MEDAL PRESENTATION (Shot Put and 100m)				
94	4:35 PM	400m	G U15 Tri (3)	Final
95	4:40 PM	400m	B U15 Tri (3)	Final
33a	4:45 PM	400m	Girls U15	Final
34a	4:50 PM	400m	Boys U15	Final
35a	4:55 PM	400m	Girls U17	Final
36a	5:00 PM	400m	Girls 17+	Final
37a	5:05 PM	400m	Boys U17	Final
38a	5:10 PM	400m	Boys 17+	Final
MEDAL PRESENTATION (400m)				
100	5:25 PM	4 x 100m Relay	Girls U15	Final
101	5:35 PM	4 x 100m Relay	Boys U15	Final
102	5:45 PM	4 x 100m Relay	Girls U17	Final
103	5:55 PM	4 x 100m Relay	Boys U17	Final
104	6:05 PM	4 x 100m Relay	Girls 17+	Final
105	6:15 PM	4 x 100m Relay	Boys 17+	Final
MEDAL PRESENTATION (4x100m Relays)				

Schedule of Events... Day 1: Wednesday March 1st 2023

# Schedule of Events... Day 2: Thursday March 2nd 2023

EVENT #	TIME	EVENT	AGE GROUP	ROUND
44	10:00 AM	Shot (4kg)	Boys U15	Finals
71	10:00 AM	Long Jump (East)	Girls U15	Final
75	10:00 AM	Long Jump (West)	Girls 17+	Final
58	10:00 AM	Discus (1.5kg)	Boys U17	Final
87	10:00 AM	400m Hurdles (0.76m)	Girls U17	Final
88	10:10 AM	400m Hurdles (0.76m)	Girls 17+	Final
53	10:00 AM	Javelin (600g)	Girls 17+	Final
68	10:00 AM	High Jump	Boys 17+	Final
92	10:20 AM	400m Hurdles (0.84m)	Boys U17	Final
93	10:30 AM	400m Hurdles (0.91m)	Boys 17+	Final
MEDAL PRESENTATION (Field Events and Hurdles)				
17	10:45 AM	200m	Girls U13	Prelims
18	10:55 AM	200m	Boys U13	Prelims
19	11:05 PM	200m	Girls U15	Prelims
20	11:15 PM	200m	Boys U15	Prelims
21	11:25 PM	200m	Girls U17	Prelims
47	11:30 PM	Shot (4kg)	Girls 17+	Final
56	11:30 PM	Discus (1kg)	Boys U15	Final
65	11:30 PM	High Jump	Girls U17	Final
97	11:30 PM	Javelin (700g)	B 15+ Hep (6)	Final
77	11:30 PM	Triple Jump	Girls Open	Final
78	11:30 PM	Triple Jump	Boys U17	Final
79	11:30 PM	Triple Jump	Boys 17+	Final
22	11:35 PM	200m	Girls 17+	Prelims
23	11:45 PM	200m	Boys U17	Prelims
24	11:55 PM	200m	Boys 17+	Prelims
88	12:00 PM	Javelin (700g)	Boys U17	Final
96	12:05 PM	200m	G 15+ Pent (4)	Final
97	12:15 PM	200m	B 15+ Hep (5)	Final
MEDAL PRESENTATION (Field Events)				
39	12:30 PM	1500m WALK	Girls Open	Final
40	12:30 PM	1500m WALK	Boys Open	Final
72	12:30 PM	Long Jump	Boys U15	Final
76	12:30 PM	Long Jump	Boys 17+	Final
MEDAL PRESENTATION (Walks)				
17a	1:00 PM	200m	Girls U13	Final
18a	1:05 PM	200m	Boys U13	Final
19a	1:10 PM	200m	Girls U15	Final
20a	1:15 PM	200m	Boys U15	Final
21a	1:20 PM	200m	Girls U17	Final
22a	1:25 PM	200m	Girls 17+	Final
23a	1:30 PM	200m	Boys U17	Final
24a	1:35 PM	200m	Boys 17+	Final
MEDAL PRESENTATION (200m)				

Schedule of Events... Day 2: Thursday March 2nd 2023

EVENT #	TIME	EVENT	AGE GROUP	ROUND
54	1:30 PM	Javelin (800g)	Boys 17+	Final
25	2:00 PM	800m	Girls U15	Final
26	2:10 PM	800m	Boys U15	Final
27	2:20 PM	800m	Girls U17	Final
28	2:25 PM	800m	Girls 17+	Final
29	2:30 PM	800m	Boys U17	Final
30	2:35 PM	800m	Boys 17+	Final
96	2:40 PM	800m	G 15+ Pent (5)	Final
97	2:45 PM	800m	B 15+ Hep (7)	Final
1	2:55 PM	3000m	Girls Open	Final
2	3:15 PM	5000m	Boys Open	Final
MEDAL PRESENTATION (800m)				
106	3:45 PM	4 x 400m Relay	Girls U15	Final
107	3:55 PM	4 x 400m Relay	Boys U15	Final
108	4:05 PM	4 x 400m Relay	Girls U17	Final
109	4:15 PM	4 x 400m Relay	Boys U17	Final
110	4:25 PM	4 x 400m Relay	Girls 17+	Final
111	4:35 PM	4 x 400m Relay	Boys 17+	Final
MEDAL PRESENTATION (4x400m Relay)				



**OFFICE OF THE PRIME MINISTER  
SPORT AND CULTURE FUND**



**THE NATIONAL GAS COMPANY  
OF TRINIDAD AND TOBAGO LIMITED**



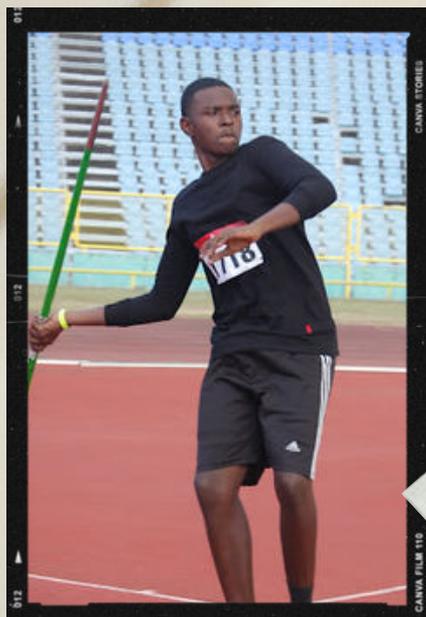
**Government of the Republic of Trinidad and Tobago**  
**Ministry of Sport and Community Development**

# SSTF Championships' Previous Winners

Year	Champion School	Champion School (Male)	Champion School (Female)	Victor	Victrix
2020	Toco Secondary	Bishops' High School, Tobago	Toco Secondary	Devonte St Hillaire, Scarborough Secondary School (1st BU13 Long Jump, 2nd BU13 200m, 2nd BU13 400m)	Xea Bruce, Toco Secondary (1st GU17 400m, 1st GU17 400m hurdles, 1st GU17 100m hurdles, 3rd GU17 4x100m Relay, 3rd GU17 4x400m Relay)
2019	Toco Secondary	Bishops' High School, Tobago	Toco Secondary	Genesis Joseph, St. Francis Boys' (1st B17+ 800m, 1st B-Open 5000m, 1st B17+ 1500m) Dontae Stewart, Toco Secondary (1st BU13 Long Jump, 1st BU13 200m, 1st BU13 - High Jump) Keone John, St. Anthony's (1st BU15 80m Hurdles, 1st BU15 400m, 1st BU15 200m)	Jernee Hunte, St. Joseph's Convent, POS (2nd GU13 100m, 1st GU13 200m, 1st GU13 400m, 3rd GU13 Long Jump) Janee De Gannes, Holy Name, POS (1st GU15 100m, 1st GU15 200m, 1st GU15 Long Jump)
2018	Toco Secondary	Toco Secondary	Toco Secondary	Jaden Kirton, Toco Secondary	Natasha Fox, Point Fortin West Secondary Shaniqua Bascombe, St. James Secondary Malika Coutain, Vessigny Secondary
2017	Toco Secondary	Bishops' High School, Tobago	Toco Secondary	Troy Richards, Toco Secondary	Patrice Richards, Holy Faith Convent Couva Xea Bruce, Toco Secondary Camille Lewis, Sangre Grande Secondary
2016	Toco Secondary	Bishops' High School, Tobago	Toco Secondary	Shakeem Mc Kay, Queen's Royal College	Anya Akili, Bishops' High School, Tobago
2015	Toco Secondary	Toco Secondary	Toco Secondary	Avindale Smith, Arima Central Secondary	Ayana Glasgow, Toco Secondary



# Photos from Regionals





Rinaldo Moore  
U17 - 400m Hurdles  
Record Holder



Keshorn Walcott  
17+ Javelin Record Holder



Jehue Gordon  
17+ - 110m Hurdles  
Record Holder

# Track & Field Record Holders Male

# MALE TRACK EVENTS RECORD HOLDERS

Event	Age Group	Record Holder	2020 Winner	2023 Winners
100m	U14	Johnathan Holder, QRC, 2006, 11.52 s.	(U13) Jurel Williams, Iere High School, 13:69	
	U15	Sherman Allsop, South East POS, 2005, 11.05 s.	Enoch Joseph, El Dorado West, 11.90	
	U17	Mark Asson, 2010 10.24 s.	Jordan Noel, QRC, 11:43	
	17+	D. Pierre, 2005 10.26 s.	Elijah Irvine, Signal Hill Sec., 11:07	
200m	U14	Johnathan Holder, QRC, 2006, 23.86 s.	(U13) Jaden Paul, Bishops High School, 28.60	
	U15	Nicholas Douglas, 2010, 22.34 s.	Jabari Branche, Arima Central Sec, 23.45	
	U17	Mark Noriega, El Dorado Sec, 1989 21.25 s	Revell Webster, Trinity College, 22.94	
	17+	Hayden Stephens, El Dorado Sr Sec, 1989, 21.13 s	Elijah Irvine, Signal Hill Sec., 22.15	
400m	U14	M. Worrel, San Juan Gov't Sec, 2006, 57.47 s.	(U13) Jaden Paul, Bishops High School, 1:05:68	
	U15	Jabari Branche, Arima Central Sec, 2020, 52.39 s.	Jabari Branche, Arima Central Sec., 52:39	
	U17	Mark Noriega, El Dorado Sr Sec, 1989, 48.04 s.	Joshua Mascall, Fyzabad Secondary, 49.78	
	17+	Jamil James, Pres. College, San F'do, 2003, 47.21 s.	Saeed Pompey, Fatima College, 50:12	
800m	U15	Darnel Creig, Scarborough Sec., 2003, 2:10.21	Andre Joseph, Barataria South, 2:21.55	
	U17	Garvin Nero, Fatima College, 2006, 1:56.88	Joshua Mascall, Fyzabad Secondary, 2:09.73	
	17+	Simeon Bovell, P/Town Sr Sec, 2003, 1:51.85	Ethan Forde, Fatima College, 1:58.07	

# MALE TRACK EVENTS RECORD HOLDERS

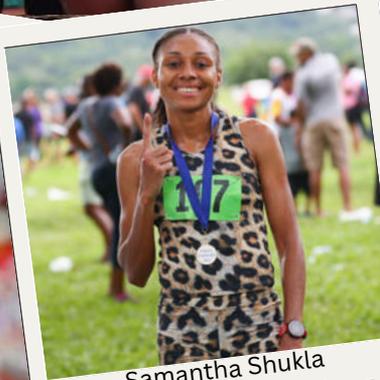
Event	Age Group	Record Holder	2020 Winner	2023 Winners
1500m	U15	Mark London, Tobago, 2007 4:26.50	Ben-Israel Bannister, Goodwood High, 4:57:54	
	U17	Quentin John, Vessigny Sec, 1988, 4:08.55	Tyrese Charles, Bon Air Secondary, 4:38:73	
	17+	Junior Mitchell, St. Andrews Coll., 1992, 3.58.66	Wesley Rampersad, Iere High School, 4:21:16	
5000m	Open	Junior Mitchell, St Andrews Coll., 1992, 15:30.24	Wesley Rampersad, Iere High School, 16:55.54	
1500m Walk	Open	Kenverne Brathwaite, Scarborough Sec., 2008, 7:29.65	Ayodele Cudjoe, Bishops High School, 8:18.55	
Hurdles	U15 - 80m	Nicholas Castillo, 2011, 11.39 s	Glen Joseph, Roxborough Sec., 13:10	
	U17 - 100m	Kevin Henry, 2011, 13.09 s	(110m) Keone John, St Anthony's College, 15:27	
	17+ - 110m	Jehue Gordon, 2010, 13.30 s	Che Saunders, Bishops High School, 14:94	
	U17 - 400m	Rinaldo Moore, St. Anthony's, 2019, 55:39:00	Kai Martin, Speyside Sec, 1:06.08	
	17+ - 400m	Ansil Nicholson, El Dorado Sec., 2008, 53.88 s.	Dominque Harry, Fatima College, 56.99	
4x100m Relay	U14	Tobago, 2006 49.43 s.	(U13) Bishops High School, 1:04.45	
	U15	Diego Martin Jnr Sec., 1987, 46.00 s.	Fatima College, 47:45	
	U17	St. George West, 2003, 43.44 s	Holy Cross College, 46:76	
	17+	El Dorado Sec., 2002, 41.55 s.	QRC, 43:44	
4x400m Relay	U15	Caroni, 2003 3:47.09	Fatima College, 4:02.68	
	U17	St. George West, 2005, 3:21.98	QRC, 3:35.02	
	17+	St. George West, 2007, 3:15.98	Signal Hill Secondary, 3:30.53	

# MALE FIELD EVENTS RECORD HOLDERS

Event	Age Group	Record Holder	2020 Winner	2023 Winners
Hammer Throw	Open	Jamaal Alexander, Matelot Secondary, 2020, 39.14m	Jamaal Alexander, Matelot Secondary, 39.14m	
Long Jump	U14	Nicholon Caesar, Scarborough Sec., 2009, 5.6 m.	(U13) Devonte St Hillaire, Scarborough Sec., 3.62	
	U15	Nicholas Douglas, 2010, 6.57 m.	Imani Matthew, Scarborough Sec, 5.43	
	U17	Shawn Bovell, El Dorado Sec., 1992, 6.94 m.	Keone John, St Anthony's College, 6.12m	
	17+	Kyron Blaise, North Eastern, 2007, 7.38 m.	Lorenzo Lucas, S/Hindu College, 6:03m	
Triple Jump	U17	Shawn Bovell, El Dorado Sec., 1992, 14.05 m	Tyrique Dennis, Bishops High School, 12.23	
	17+	Seon Stafford, 2010 15.29 m	Lorenzo Lucas, S/Hindu College, 13.25	
High Jump	U14	Nicholon Caesar, Scarborough Sec, 2009, 1.60 m		
	U15	Jaidi James, Signal Hill, 2020, 1.79 m.	Jaidi James, Signal Hill, 1.79	
	U17	Jason Mitchell, Signal Hill, 1993 & Peter Carter, St. George West, 2004, 1.90 m.	Kimani Kent, Bishops High School & Kriston James, Signal Hill Secondary, 1.70m	
	17+	Keri Chai Hong, QRC, 1993, 2.00 m.	Che Saunders, Bishops High School, 1.85m	
Javelin	U15	Jaden Kirton, Toco Sec , 2018, 46.45m	Neya Joseph, Roxborough Sec., 33.11	
	U17	Gerrin Francois, Carapichaima Jr. Sec., 2006, 54.54 m.	Jaheim Hector, Sangre Grande Sec., 49.92	
	17+	Keshorn Walcott, Toco Secondary, 2011, 61.14 m.	Nathaniel Mathura, El Dorado East, 55.43	
Discus	U15	Kenejah Williams, 2010 47.29 m	Kyle Manswell, Speyside Sec, 37.08	
	U17	Anthony Alexander, QRC, 1992, 46.84 m.	Jaron James, Signal Hill Sec, 48.47	
	17+	Quincy Wilson, Belmont Boys, 2009 56.97 m.	Christopher Crawford, Light & Life, 49.97	
Shotput	U14	Shervon Worrel, Bishops High School, 2008, 11.85 m	(U13) Mikel DeGazon, Scarborough Sec., 6.35	
	U15	Kenejah Williams, 2010 14.21 m.	Neyo Joseph, Roxborough Sec, 10:43	
	U17	Romeo Hezekiel, 2010 15.84 m.	Jeron James, Signal Hill, Sec, 12.82	
	17+	Romeo Hezekiel, 2011, 16.96 m.	Jayden Scott, Scarborough Sec., 15.96	
Pole Vault	Open	J. Eccles, North Eastern, 2005, 3.35m.		



Kelly Ann Baptiste  
17+ 200m  
Record Holder



Samantha Shukla  
U15 1500m, 3000m Open  
Record Holder



Michelle Lee Ahye  
U17 100m Record  
Holder

# Track & Field Record Holders Female

# FEMALE TRACK EVENTS RECORD HOLDERS

Event	Age Group	Record Holder	2020 Winner	2023 Winners
100m	U14	Marsha Lewis, Cunupia High, 2002 12.45 s.	(U13) Andrea La Guerre, Malabar Secondary, 13:96	
	U15	Alicia Tyson, San F'do East, 1992 11.31 s.	Janika Jordan, Woodbrook Secondary, 12:41	
	U17	Michelle Lee Ahye, Tranquility Gov't, 2008, 11.48 s	Karessa Kirton, Providence, 12:61	
	17+	M. Cabral, St. George East, 2005, 11.45 s.	Reese Qebster, Bishops, POS, 12:17	
200m	U14	Alicia Tyson, San F'do East, 1990 24.75 s.	(U13) Andrea La Guerre, Malabar Secondary, 28.68	
	U15	Alicia Tyson, San F'do East, 1992 23.76 s.	Janae De Gannes, Bishops POS, 25.62	
	U17	J. Francis, St George West, 2005, 24.22 s.	Karessa Kirton, Providence, 25.67	
	17+	Kelly Ann Batiste, Tobago, 2004 23.83 s.	Khadija Abraham, Scarborough Secondary, 26.25	
400m	U14	Brittany St. Louis, Mt Hope Jnr, 2002 1:01.67	(U13) Laqesha Robley, San Fernando East, 1:14:63	
	U15	Natasha Fox, P/Fortin West, 2018 56.55	Kaori Robley, Scarborough Sec., 1:00:87	
	U17	Rae-ann Serville, St Joseph Convent, POS, 2018, 56.07	Xea Bruce, Toco Secondary, 58.53	
	17+	Khyesha Hills, H.F.C., Pt Fortin, 2003, 54.80 s.	Joanna Rogers, Sixth Form, 58:54	
800m	U15	N. Reyes, Caroni, 2005 2:20.56	Kayleigh Forde, SJC POS, 2:28.13	
	U17	Jean-Marie Farinha, Bishops East, 2018 2:09.03	Christie-Marie Maharaj, Bon Air Sec., 2:27.62	
	17+	Denelle DeVerteuill, North Eastern Coll., 2003, 2:14.37	Julice Gardiner, Mason Hall Sec., 2:25.67	

# FEMALE TRACK EVENTS RECORD HOLDERS

Event	Age Group	Record Holder	2020 Winner	2023 Winners
1500m	U15	Kayleigh Forde, St Joseph Convent, POS, 5:08.34	Kayleigh Forde, SJC POS, 5:08:34	
	U17	Pilar McShine, St George's College, 2003, 4:48.64	Christie-Marie Maharaj, Bon Air Secondary, 5:26:21	
	17+	Pilar McShine, St George's College, 2005, 4:49.53	Zahra Gaskin, Bishop's East Sec, 5:26:18	
3000m	Open	Samantha Shukla, Morvant/Laventille, 2008, 10:02.80	Zahra Gaskin, Bishop's East Sec, 12:09.10	
1500m Walk	Open	Daphne Walcott, Tobago, 2007, 8:59	Kayanne Miller, Scarborough Sec., 9:34.59	
Hurdles	U15 - 80m	Deandra Daniel, Williamsville Sec., 2006, 12.07 s.	(60 m) Gianna Paul, El Dorado West Sec., 9:78m	
	U17 - 100m	Jeanelle Ovid, Bishop Anstey, 2008 15.27 s.	Xea Bruce, Toco Secondary, 15.87 s	
	17+ - 110m	Gabriella Cumberbatch, 2011 14.84 s.	(100m) Shanika Belfon, Bishops High School, 16:57	
	U17 - 300m	Sparkle MCKnight, Chag Jr. Sec., 2006 48.50 s.	(400m) Xea Bruce, Toco Secondary, 1:04.28	
	17+ - 400m	Kernisha Spann, 2011 1:01.45	Shanika Belfon, Bishops High School, 1:10.86	
4x100m Relay	U14	P.O.S., 2010 51.45 s.	(U13) Bishops High School, 1:05.36	
	U15	St George West, 2007, 49.61 s.	Scarborough Secondary, 53:09	
	U17	St. George West, 2008, 48.08 s	Bishops High School, 52.79	
	17+	St. George West, 2003, 46.90 s.	Bishop Anstey High School, 53:19	
4x400m Relay	U15	St. George West, 2007, 4.03.27	Scarborough Secondary, 4:34.46	
	U17	Caroni, 2007 3:53.66	Bishop Anstey High School, 4:31.24	
	17+	St. George West, 2003 3:54.46	Bishops High School, 4:30.38	

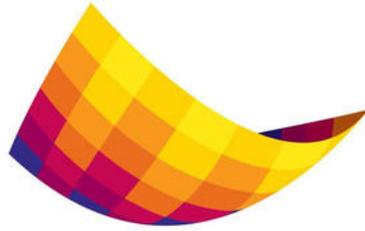
# FEMALE FIELD EVENTS RECORD HOLDERS

Event	Age Group	Record Holder	2020 Winner	2023 Winners
Hammer Throw	Open	Lexine Williams, Roxborough Sec., 2019, 21.54m	Addrianna Cordner, Bishops High School, 20.94m	
Long Jump	U14	Shemiah Clarke, S.A.G.S., 2009, 4.64 m.	(U13) Zayn Jackson, Bishops East, 2.76	
	U15	Janae De Gannes, Bishops POS, 2019 & 2020 5.33m	Janae De Gannes, Bishops, POS, 5.33	
	U17	Carisa Leacock, St. George West, 2006, 5.41 m.	Micaela Simmons, Signal Hill Secondary, 4.51m	
	17+	R. Watkins, St. George West, 2005, 6.09m	Jayda Williams, Couva East, 5:53	
Triple Jump	Open	Sheron Mark, Bishop Anstey, 2003, 12.22 m	Shade Guy, Toco Secondary, 9.98	
High Jump	U14	Tricia Marshall, Pt. Fortin Sec., 1989; Sherine Phillip, North East. Coll., 2006; Sherece Benskin, St George College, 2007; Ayanna Glasgow, 2010, 1.45m	(U13) Destiny Unique, Goodwood High, 1.35	
	U15	Gianna Paul, El Dorado West, 2020, 1.72m	Gianna Paul, El Dorado West, 1.72m	
	U17	Jenelle Ovid, St. George West, 2007 & Deandra Daniel, Marabella Senior, 2008, 1.70 m.	Dextra Harris, Mason Hall Sec, 1.45	
	17+	R. Watkins, St. George West, 2005, 1.75 m.	Jelese Alexander, Signal Hill Secondary, 1.60m	
Javelin	U15	Akidah Briggs, 2011, 27.53 m.	Shania Abraham, Bishops High School, 21.90m	
	U17	Marsha Mark, Pt. Fortin Sec., 1990, 38.06m.	Maria La Foucade, Princes Town West, 28.91	
	17+	Vernice Frederick, North Eastern, 2007, 40.60m.	Tehealia Kennedy, Scarborough Sec, 32.74	
Discus	U15	Chelsea James, 2011 28.41 m	Adrianna Quamina, North Eastern Coll, 27.92	
	U17	Anastacia Daire, 2009 33.33 m	Arziki Moses, Scarborough Sec, 28.60m	
	17+	Annie Alexander, San Juan Sec., 2006, 43.46m.	Elizabeth Galera, Arima North Sec., 42.12m	
Shotput	U14	R. Parris, Caroni, 2005, 8.29 m	(U13) T'Kia Chance, Goodwood High, 6.23m	
	U15	Portious Warren, 2010 11.41m.	Daniella Taylor, Bishops High School, 11.13	
	U17	Brianna Percy, Signal Hill, 2019, 12.22m	Ashanti Marcelle, Scarborough Sec, 11.63	
	17+	Annie Alexander, San Juan Sec., 2006, 14.31 m.	Allesha Lindsay, Light & Life, 11.08	
Pole Vault	Open	Celine Isaac, Matelot, 2019, 1.70m		

# Thank you

- The Prime Minister's Sports & Culture Fund
- Ministry of Education
- Ministry of Sport
- Tobago House of Assembly (THA)
- Port Authority of Trinidad & Tobago
- National Gas Company of Trinidad & Tobago (NGC)
- Guardian Group
- Blue Waters
- Kenny's Sports Center
- Gatorade
- National Association of Athletic Administrators
- Trinidad & Tobago Police Service - Tobago Division
- Trinidad & Tobago Fire Services - Tobago Division
- Tobago Emergency Management Agency (TEMA)
- Management of Dwight Yorke Stadium, Tobago





# Guardian Group



Kenny's Sports



