

3-Dimensional Notan Supply list:

**A fabric kit with fabric to complete the top only (no binding included) will be available from the teacher for \$15.00. Text Carol at 701-516-2939 or email carolkrausemd@aol.com to reserve a kit.

- 1) 1 yard of background fabric. The best choices for optimal 3-D effect are MEDIUM tones in blue, green, blue/green, aqua, teal or gray
- 2) 1 Fat quarter for the applique. The best choice for optimal 3-D effect are MEDIUM tones of red, pink or orange. Batiks or hand dyed fabrics work well, but not required.
- 3) Paper backed fusible web such as Heat N Bond light
- 4) Drafting tools such as 12" square, 12" circle, large 60 degree Triangle ruler, French curve or flexible artist curve, plastic templates, 18" ruler, pencil with a good eraser. I will bring some of these supplies that can be used in class too.
- 5) A good pair of scissors to cut out applique pieces
- 6) 3-D glasses: \$1 per pair payable to teacher in class
- 7) sewing machine and thread to applique
- 8) 1 yard of backing fabric and batting
- 9) 3/8 – 1/2 yard of binding fabric

PreClass instructions

- 1) I suggest that you look on Pinterest or Google 'Notan' to get ideas about design possibilities. Many of these are free form cut, which is one approach that you can take. Some are more detailed than what you might want to do for your first project. Most of my class samples were more structured and symmetrical which is another option.
- 2) Think about what your starting shape will be: Rectangle, Square, Triangle, Circle, etc. If you have a ruler or circular lid of that shape (I used a 12" square ruler on one, a large 60 degree triangle ruler for another and a 12" diameter circular lid on another, for example), bring it to class.
- 3) Think about what type of shapes that you want to cut out. I drafted some of mine (rulers, French curves can be helpful) and used plastic templates (hearts, flowers, etc) in others. If you are artistic, you can draw whatever you like. Finally, you can free form cut your shapes. The choice is yours. Bring whatever supplies that you think will be helpful.