

PARISH OF OUR MOTHER OF PERPETUAL HELP Redemptorist Community

Rev.Fr. Joseph Stephen, C.Ss.R. (Parish Priest)
Rev.Fr. Patrick Massang, C.Ss.R. (Assistant Parish Priest)
Celebrating, Listening and Walking as
Pilgrims of Hope.

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak, 1, Jln Serindik, Ipoh Gdn., Ipoh Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) website: omphip.org

ANNOUNCEMENTS:



OMPH QR code accepts donation from any banks & e-wallet.

The QR code is displayed on the Notice-

Board and around the church for your kind donation. Every cent helps us maintain our building, our facilities and compound.

Your Parish contributions can be trf. to:- (Public Bank:) "PARISH OF

OUR MOTHER OF PERPETUAL HELP, IPOH GARDEN, IPOH"

(Account number: 3096 86 4807)

OR, you can write a cheque made payable to: "PARISH OF OUR MOTHER OF PERPETUAL HELP, IPOH GARDEN, IPOH" and hand to the parish office.

Thank you for your support. (Parish priest)

WORLD MARRIAGE DAY

is celebrated on 8 & 9 Feb., 2025 during the eucharistic celebration. The theme is "Marriage: Source of Hope, Spring of Renewal. Pursue a lasting Love!" On this day married couples will renewal their marriage vows.

PARISH PASTORAL COUNCIL MEETING

(date) **Sun. 9 Feb.,2025** (time) 7.00 p.m. (venue) St. Mark's Room

Catechesis of the Good Shepherd(CGS) intake 2025

Parents with children between the ages of 3 and 5 are invited to register their children before 12 February, for the 2025 intake, which begins on 16 February 2025. Places are limited. Please contact Camelia Gomes at 012-5782674 for further details.

ALTAR SERVERS MISSION TRIP – 12 Feb., 2025

We welcome Rev.Fr. George Harrison and Altar Servers from Divine Mercy Church, Shah Alam to our OMPH parish on Wed. 12/2/2025 to meet up with our OMPH Altar Servers.

PARISH ACTIVITIES & MEETINGS:

(February 2025)

* 9/2/2025 - 4.00 p.m. – Eucharistic Ministers Retreat * 9/2/2025 - 7.00 p.m Parish Pastoral Council	(ven Francis Xavier Rm.) (St.Mk.Rm.)
* 10/2/2025 - 8.00 p.m Lay Spirituality for Senior Citizen	
* 10/2/2025 – 6.00 p.m Sun.Sch Confirmants fellowship	
* 11/2/2025 - 9.00 a.m - RCIA Recollection day	(St.Mk.Rm) +
* 44/9/9995 - 509	(ven Francis Xavier Rm.)
* 11/2/2025 – 7.30 p.m. – Lay Spirituality in Mission	(St.Mk.Rm.)
* 11/2/2025 - 8.00 p.m – Legion of Mary (C)	(St.Mt.Rm.)
* 11/2/2025 - 8.00 p.m. – Tamil Charismatic	(church)
* 12/2/2025 - 2.30 p.m. – OMPH & CDM Altar servers	(church)
* 12/2/2025 - 7.30 p.m Caritas OMPH	(parish hall)
* 12/2/2025 - 7.30 p.m - CCR praise & worship	(church)
* 12/2/2025 - 8.00 p.m - Chinese Apostolate	(St.Mk.Rm.)
* 13/2/2025 - 7.30 p.m RCIA (E)	(St.Mk.Rm.)
- 8.00 p.m - RCIA (T)	(St.Paul Rm.)
- 8.00 p.m - RCIA (BM)	(Wallace Rm.)
* 14/2/2025 –8.00 p.m. – RCIA (C)	(ven Francis Xavier Rm.)
* 14/2/2025 - 8.00 p.m Area Coordinators	(St.Mk.Rm.)
* 15/2/2025 - 7.00 p.m. – Chinese community	(Cafeteria)
* 16/2/2025 – 1.30 p.m. – Ecology Formation	(ven Francis Xavier Rm.)
* 17/2/2025 - 8.00 p.m Lay Spirituality for Senior Citizen	(St.Mk.Rm.)
* 18/2/2025 - 8.00 p.m. – Tamil Charismatic	(church)
* 24/2/2025 - 8.00 p.m Lay Spirituality for Senior Citizen	(St.Mk.Rm.)
* 25/2/2025 - 8.00 p.m. – Tamil Charismatic	(church)

FEB. & MARCH COFFEE MORNINGS:

- 9/2/2025 Tamil Hospitality
- 16/2/2025 Eucharistic Ministers.
- 23/2/2025 BEC St.Alphonsus Liguori.
- 2/3/2025 Lectors/Commentators
- 9/3/2025 BEC St.Anthony
- 16/3/2025 Sun. Sch.
- 23/3/2025 Caritas OMPH.
- 30/3/2025 BEC St.Monica (T)

BIBLE REFLECTION & HOME-GATHERING:

- * 19/2/2025 8.00 p.m.- BEC St.Peter (Cafeteria)
- * 21/2/2025 8.00 p.m. BEC St.Francis De Sales; Home of Tony Xavier & Mary

CCCOORDINATORS

Every 2nd Friday of the month at 8.00 p.m.in St.Mark's room.

All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.

Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

EVENING FOR THE ENGAGED 2025

Please see your Parish Priest for registration.

EE143	16-18 May 2025
EE144	8-10 Aug 2025
EE145	7-9 Nov 2025

Couples planning to get married in the year 2025, please take note of the EE Weekends held in **english** during the year. You are requested to register six (6) weeks before the weekend For **Tamil marriage preparation** course **2025** –

Dormitory	May 24/25
St.Anne,	
Bukit	Aug 23 & 24/
Mertajam.	Nov 15 & 16
Church of	(Closing date on:
St.Anthony,	1st day of each month)
Nibong Tebal.	

Please see your Parish Priest for registration.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance. Next infant Baptism will be on **Sunday 23 February, 2025**.

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

WEDDING BANNS

* Augustino a/l Jude & Diana Rose a/p Robert

OMPH Catholic Charismatic Renewal Group WEEKLY PRAYER MEETINGS

ALL ARE WELCOME to CCR PRAYER Meeting on Wednesdays @ 7.30 p.m.

Join us in praise and worship, intercessory prayers, ministering and Word of God.

ECOLOGY FORMATION (E)

Co-organized by Creation Justice Commission Penang & OMPH church, Ipoh on (date) **Sun. 16 Feb.,2025** (time) 1.30 p.m. to 5.20 p.m. (venue) ven Francis Xavier Rm. Register at OMPH parish office or with your Ministry Leader.

Catechesis of the Good Shepherd (CGS) Level 1 Part 1 FORMATION

Come and experience this beautiful journey where the child encounters God in a very special way in the Atrium.

(date) **14 to 18 March** 2025 (5 days) (venue) Atrium, OMPH church, Ipoh. Open to parents, catechists and anyone interested to journey n faith with young children. Register now:
Camelia 012 5782674/
Auselia 012 8092908/
Andy Choong 012 2282288.

120th ANNUAL FEAST of Our Lady of Lourdes Church, Jln Silibin, Ipoh.

"Pilgrims of Hope in the Immaculate Conception" (date) **Sat. 15 Feb., 2025** (time) 6.00 p.m.

Anointing of the Sick on Tues., 11 Feb.,2025 starting at 7.30 p.m. with Novena,Rosary & Mass at 8 p.m. Login to register for Anointing:-

https://docs.google.com/forms/d/ e/1FAlpQLSf52Z0U2qDbwdzYK AhM3WJ8ljQvjQG8KF9DEjU3Fz PhYrlqIA/viewform

ASH WEDNESDAY –

is on Wednesday, 5 March, 2025.

* OLD PALM LEAVES

Please bring your old palm leaves and placed it in the box provided at the church doors.