

Nutrition Facts

Serving size

20 oz

Amount Per Serving

Calories

469

% Daily Values*

Total Fat 2.26g **3%**

Saturated Fat 1.118g **6%**

Trans Fat 0g

Cholesterol 60mg **20%**

Sodium 176mg **8%**

Total Carbohydrate 96.82g **35%**

Dietary Fiber 7.9g **28%**

Total Sugars 72.8g

Includes 0g Added Sugars **0%**

Protein 22.63g **45%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.