

**BENTON INVITATIONAL**

Van Horne,  
 School Campus  
 Weather: Sunny, 5mph, 94% & 57  
 Host: Benton Community  
 Saturday, September 09, 2023

**MEET OFFICIALS**

**Meet Director:**  
 Shawn Priffner  
**Meet Referee:**  
 Derek Roberts  
**Timing:**  
 Andrew Kauder - Kauder Racing, LLC



**KAUDER RACING**  
**OFFICIAL MEET REPORT**  
 printed: 9/9/2023 9:46 AM

**Race #3**  
**Girls 5K**

**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Williamsburg	48	3-6-12-13-14(20)(21)	1:53:17	22:40	2:13.2
2 Xavier Cedar Rapids	51	2-7-8-16-18(24)(27)	1:53:59	22:48	3:26.0
3 Vinton-Shellsburg	58	5-10-11-15-17(22)(25)	1:55:41	23:09	2:15.0
4 Benton Community	73	1-4-19-23-26(32)(35)	1:57:46	23:34	5:38.3
5 Independence	137	9-30-31-33-34(36)	2:13:33	26:43	5:28.8
6 Waterloo Christian	171	28-29-37-38-39(40)	2:20:31	28:07	3:00.5

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 LYONS, Jaida	SR	Benton Community	1	20:14.8	6:30.6	4:03.0
2 DEEGAN, Mia	SO	Xavier Cedar Rapid	2	20:49.5	6:41.8	4:09.9
3 AXMEAR, Edie	FR	Williamsburg	3	21:15.3	6:50.0	4:15.0
4 HELLMAN, Madison	SR	Columbus Catholic	-	21:49.8	7:01.1	4:22.0
5 KAUDER, Kyra	FR	Benton Community	4	21:50.2	7:01.3	4:22.0
6 PRIMROSE, Olivia	JR	Vinton-Shellsburg	5	21:54.5	7:02.7	4:22.9
7 BUCHHOLTZ, Zada	SR	Williamsburg	6	21:59.0	7:04.1	4:23.8
8 LUDWIG, Stella	SO	Columbus Catholic	-	22:18.1	7:10.3	4:27.6
9 MUSICK, Sofia	FR	Xavier Cedar Rapid	7	22:34.7	7:15.6	4:30.9
10 RICHMOND, Keira	JR	Xavier Cedar Rapid	8	22:39.5	7:17.1	4:31.9
11 RESSLER, Reaghan	JR	Independence	9	22:45.2	7:19.0	4:33.0
12 SWENSON, Bree	SR	Vinton-Shellsburg	10	22:45.5	7:19.0	4:33.1
13 ROSTER, Kaelynn	FR	Vinton-Shellsburg	11	23:12.9	7:27.9	4:38.6
14 CAPPER, Makenna	FR	Williamsburg	12	23:14.9	7:28.5	4:39.0
15 HOFFMAN, Ashlyn	SO	Williamsburg	13	23:19.7	7:30.0	4:39.9
16 RIVERA, Anya	SO	Williamsburg	14	23:28.4	7:32.8	4:41.7
17 PHIPPEN, Lainey	FR	Vinton-Shellsburg	15	23:38.3	7:36.0	4:43.7
18 MALONEY, Nora	SR	Xavier Cedar Rapid	16	23:39.9	7:36.5	4:44.0
19 MARTIN, Eryca	JR	Vinton-Shellsburg	17	24:09.5	7:46.1	4:49.9
20 ARENS, Ella	FR	Xavier Cedar Rapid	18	24:15.4	7:48.0	4:51.1
21 DEMOSS, Layna	FR	Benton Community	19	24:29.5	7:52.5	4:53.9
22 KEARNEY, Lydia	SR	Valley Lutheran	-	24:31.5	7:53.1	4:54.3
23 SCHAEFER, Claire	SO	Columbus Catholic	-	24:32.9	7:53.6	4:54.6
24 MCMENOMY, Reagan	SR	Williamsburg	(20)	24:37.9	7:55.2	4:55.6
25 PARSONS, Maelyn	JR	Williamsburg	(21)	24:39.3	7:55.6	4:55.9
26 RHOMBERG, Abigail	SR	Columbus Catholic	-	24:41.7	7:56.4	4:56.3
27 ROLLINGER, Kara	FR	Vinton-Shellsburg	(22)	25:04.4	8:03.7	5:00.9
28 WOLF, Lizzy	SO	Benton Community	23	25:18.0	8:08.1	5:03.6
29 UHLMANN, Graceyn	FR	Williamsburg	-	25:19.0	8:08.4	5:03.8
30 BRUNS, Grace	JR	Xavier Cedar Rapid	(24)	25:19.6	8:08.6	5:03.9
31 LUTZ, Aliyah	FR	Vinton-Shellsburg	(25)	25:47.1	8:17.5	5:09.4
32 FRESE, Libi	FR	Benton Community	26	25:53.1	8:19.4	5:10.6
33 BIRKER, Isabel	JR	Vinton-Shellsburg	-	26:01.9	8:22.2	5:12.4
34 PFAB, Eleanor	FR	Xavier Cedar Rapid	(27)	26:16.3	8:26.8	5:15.2
35 O'BRIEN, Ciara	JR	Xavier Cedar Rapid	-	26:40.8	8:34.7	5:20.2
36 STEPHENSON, Ellie	SO	Xavier Cedar Rapid	-	26:41.0	8:34.8	5:20.2

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<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
37 ROZEBOOM, Lulu	SO	Xavier Cedar Rapid	-	26:41.5	8:34.9	5:20.3
38 COSTELLO, Katie	SR	Waterloo Christian	28	26:48.7	8:37.3	5:21.7
39 KNIGHT, Lydia	JR	Waterloo Christian	29	26:53.3	8:38.7	5:22.7
40 BANGHART, Brooklyn	SO	Independence	30	27:09.6	8:44.0	5:25.9
41 ABERNATHY, Lillyona	JR	Williamsburg	-	27:10.3	8:44.2	5:26.1
42 EXCHANGE, Renee	JR	Independence	31	27:10.9	8:44.4	5:26.2
43 WELTE, Alex	SO	Benton Community	(32)	27:20.2	8:47.4	5:28.0
44 SNOW, Kaitlyn	SR	Williamsburg	-	27:24.9	8:48.9	5:29.0
45 PFAB, Hannah	FR	Xavier Cedar Rapid	-	27:29.0	8:50.2	5:29.8
46 CARTER, Sophia	JR	Xavier Cedar Rapid	-	27:44.3	8:55.1	5:32.9
47 GARBES, Dotti	FR	Xavier Cedar Rapid	-	28:04.6	9:01.6	5:36.9
48 FARLEY, Bella	FR	Independence	33	28:12.6	9:04.2	5:38.5
49 TOALE, Gabby	SR	Independence	34	28:14.0	9:04.7	5:38.8
50 PHILLIPS, Mary	SR	Benton Community	(35)	28:18.8	9:06.2	5:39.7
51 WIELAND, Jasmine	JR	Independence	(36)	28:19.8	9:06.5	5:40.0
52 OEHLER, Lucy	JR	Xavier Cedar Rapid	-	28:21.1	9:07.0	5:40.2
53 HAHN, Song	SO	Waterloo Christian	37	28:28.5	9:09.3	5:41.7
54 FRIEDRICH, Lily	FR	Waterloo Christian	38	28:31.3	9:10.3	5:42.3
55 SITAS, Naomi	FR	Williamsburg	-	28:33.7	9:11.0	5:42.7
56 MCCULLOUGH, Kora	SO	Vinton-Shellsburg	-	28:36.4	9:11.9	5:43.3
57 SIMPSON, Rylee	SR	Xavier Cedar Rapid	-	29:35.3	9:30.8	5:55.0
58 LINN, Ava	JR	Xavier Cedar Rapid	-	29:41.2	9:32.7	5:56.2
59 TUCKER, Maggie	SR	Xavier Cedar Rapid	-	29:45.9	9:34.2	5:57.2
60 BATES, Calla	JR	Waterloo Christian	39	29:49.2	9:35.3	5:57.8
61 EID, Thea	SO	Xavier Cedar Rapid	-	30:09.5	9:41.8	6:01.9
62 BOSTWICK, Ginny	FR	Xavier Cedar Rapid	-	30:30.8	9:48.7	6:06.2
63 DEWULF, Makayla	SO	Xavier Cedar Rapid	-	30:39.3	9:51.4	6:07.9
64 ADAMS, Keara	SO	Xavier Cedar Rapid	-	30:41.5	9:52.1	6:08.3
65 THURM, Leah	SO	Xavier Cedar Rapid	-	31:09.6	10:01.1	6:13.9
66 ROLLINGER, Rachel	SR	Vinton-Shellsburg	-	31:25.0	10:06.1	6:17.0
67 CAMPBELL, Cady	SR	Williamsburg	-	31:38.6	10:10.5	6:19.7
68 DEMOSS, Jessa	SR	Benton Community	-	32:40.9	10:30.5	6:32.2
69 KRAMER, McKenna	SR	Benton Community	-	33:00.7	10:36.9	6:36.1
70 VOGL, Kasey	SO	Xavier Cedar Rapid	-	33:06.3	10:38.7	6:37.3
71 GLAWE, Ana	JR	Benton Community	-	33:26.3	10:45.1	6:41.3
72 WILLENBORG, Kayley	SO	Xavier Cedar Rapid	-	33:50.5	10:52.9	6:46.1
73 KETTMANN, Claire	JR	Xavier Cedar Rapid	-	33:52.2	10:53.4	6:46.4
74 WEETS, Ellie	JR	Vinton-Shellsburg	-	39:23.7	12:40.0	7:52.7
75 LITWILLER, Anna	JR	Waterloo Christian	(40)	39:58.7	12:51.3	7:59.7