




# CounselCareCanada Learning Solutions

<http://www.counselcarecanadalearningsolutions.com>

A Canadian Learning Organization 

## Application Form for CBT-AG- 10170218

Learn to Facilitate Group for CBT Client Anxiety

Oct 28, 2017 to Feb 28, 2018

Registration Deadline Oct 20, 2017

Early Bird Discount Before: Sept 18, 2017

Please complete this application form and return it to [counselcarecanada@bell.net](mailto:counselcarecanada@bell.net) If you have any questions, please call: (519) 627-7655 or Fax (519) 627-7977, and allow 24 hours for a response.

In order to register for the CounselCareCanada Learning course **“Learn to Facilitate Cognitive Behaviour Therapy Client Groups with Anxiety”**, participants are asked to commit to: participate fully in the program in the best interest of themselves and their learning peers; to use the CBT model to its fullest as taught in this program (fidelity to method); and to abide by the policy of respecting the curriculum for the course **“Learn to Facilitate Cognitive Behaviour Therapy Client Groups with Anxiety”** as the sole property of CounselCareCanada Learning Solutions, and not to share with others in any way without the explicit consent of the organization.

I agree to the conditions listed above \_\_\_\_\_

### Personal Information *(please complete all fields)*

First Name: \_\_\_\_\_ Middle Name/Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_

Street Address: (number & name): \_\_\_\_\_

Town or City Name: \_\_\_\_\_ Postal/Zip: \_\_\_\_\_

Province/State: \_\_\_\_\_ Telephone #: \_\_\_\_\_

Time Zone: \_\_\_\_\_ Email address: (please write clearly): \_\_\_\_\_

Emergency Contact Name & Contact Information:  
\_\_\_\_\_



Professional Designation

**What is your Professional Discipline?**

- |                                  |                          |                            |                          |
|----------------------------------|--------------------------|----------------------------|--------------------------|
| Registered Social Worker         | <input type="checkbox"/> |                            |                          |
| Registered Social Service Worker | <input type="checkbox"/> | Registered Psychologist    | <input type="checkbox"/> |
| Registered Nurse                 | <input type="checkbox"/> | Addictions Counsellor      | <input type="checkbox"/> |
| Marriage & Family Therapist      | <input type="checkbox"/> | Registered Psychotherapist | <input type="checkbox"/> |
| Mental Health Counsellor         | <input type="checkbox"/> | Occupational Therapist     | <input type="checkbox"/> |
| Registered Dietician             | <input type="checkbox"/> | Pastoral Counsellor/Priest | <input type="checkbox"/> |
| Physician                        | <input type="checkbox"/> | Pharmacist                 | <input type="checkbox"/> |
| Recreation Therapist             | <input type="checkbox"/> | Other _____                |                          |

Professional Experience

Are you a student in your field? *(If so please indicate the name of your program and school):*

\_\_\_\_\_

How many years have you worked in your discipline? \_\_\_\_\_

What is your current knowledge level in CBT? *(Read a book, it was covered in a course, attended a workshop, none, etc.):*

\_\_\_\_\_  
\_\_\_\_\_

Do you have access to clients with which you can practice CBT? \_\_\_\_\_



**Please check as many of the following that apply to your situation:**

I currently work with counselling/therapy clients on a regular basis (weekly)

I currently work with or have worked with counselling/therapy clients as a student:

I have recently studied counselling but have never worked with a client:

I have graduated from a counselling program and am in the process of setting up a practice:

**Please check the services you have provided to counselling/therapy clients:**

Service	Past (# of years)	Current
Supervision of others in my discipline		
Individual Psychotherapy		
Group Psychotherapy		
Addictions Counselling (substance)		
Addictions Counselling (process)		
Skills Training		
Educator of others in my discipline		
As a student counsellor/therapist		
Crisis Intervention Role		
Community Treatment of Severe Mentally ill		
Case Management in the Mental Health Field		
Group Psychoeducation		
Pharmacotherapy		
Support to Family Members		
At Risk Clients		



In which of the following models have you received training and supervision?

Name of Model	Formal Course Based	Supervision	Self-Directed Learning
Client Centered Therapy			
Contextual Therapy			
Brief Solutions Focused Therapy			
Gestalt Therapy			
Object Relations/ Self-psychology Therapy			
Integrative Therapy			
Expressive (Narrative)			
Analytical			
Systems Therapy			
Mindfulness Models			
Schema Based Therapy			
Insight Oriented Therapy			
Play Therapy			
Nursing Theories			

Please indicate the Methods/Techniques you already use in your practice, and how these methods/techniques were learned:

Methods/techniques	Formal Education & Supervision	Informal Self-Directed Learning
Cognitive Behaviour Therapy (Assessment)		
Cognitive Behaviour Therapy (Individual Case Conceptualization)		
Collaboratively Setting Therapy Goals with Clients		
Psycho-Education about Thoughts, Beliefs, and Actions		
Radical Acceptance of Clients		
Cognitive Interventions for Schema Change		
Identification and Evaluation of Negative Automatic Thoughts (NATS)		
Identification of Emotional Dysregulation in Clients		
Providing Insight into Client Problems		
Increasing Self-cohesion and Integration		
Client Skills Training		



Payment Information

Program Cost (due with application):

In form of check made payable to **CounselCareCanada Learning Solutions** or with Credit Card.

Credit Card information sent or Check mailed<sup>1</sup> for amount of \_\_\_\_\_(Cost of Program and 13% HST)

Before Sept 18, 2017: \$1450.00 Less Early Bird Discount of \$100.00 = \$1350.00 plus HST \$175.50 = \$1525.50

After Early Bird Date of Sept 18 and before Oct 20: \$1450.00 plus HST \$188.50 = \$1638.50)

It is possible to make two payments (\$25 fee for processing for a Total, \$1,663,50)

1<sup>st</sup> payment of \$831.75 (before Oct 20, 2017)

2<sup>nd</sup> payment of \$581.75 (before Jan 5, 2018)

#####

Credit Card Information:

MasterCard  Visa  American Express  Discover

Name as it appears on Credit Card (please print): \_\_\_\_\_

Address of Credit Card owner (if different than above): \_\_\_\_\_

Credit Card Number #: \_\_\_\_\_

Expiry Date: (month)\_\_\_\_\_year \_\_\_\_\_

Three or Four Digit Security Code, depending on Credit Card Company, (on back of card in upper right corner): \_\_\_\_\_

Signature: \_\_\_\_\_


**(Please see next page)**

<sup>1</sup> Check mailed to: CounselCareCanada Learning Solutions, 707 James Street, Wallaceburg Ontario, Canada, N8A 2P4



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I hereby authorize CounselCareCanada Learning Solutions to charge my credit card account number as indicated above with:

1. A one-time payment for the total cost of the program (before early bird date Sept 18, 2017) the amount of: \$1525.50\_\_\_\_\_
2. After Early Bird Date of Sept 18, 2017 and before Oct 20, 2017, the amount of: \$1638.50 \_\_\_\_\_
3. When a payment plan is selected, a one-time processing fee of \$25 applies. The cost of \$1663.50 is arranged over two payments: 1<sup>st</sup> payment of \$831.75 (before Oct 20, 2017); 2<sup>nd</sup> payment of \$831.75 (before Jan 05, 2018) \_\_\_\_\_

Signature: \_\_\_\_\_