

Activated B12 Folate



Distributed by: Adaptogen Research
625 Barksdale Road, Suite 113
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Activated B12 Folate

Clinical Applications



- Energy Support*
- Supports Cardiovascular Health & Homocysteine Balance*
- Supports Healthy Nervous System*
- Supports Mental and Cognitive Health*

Activated B12 Folate provides bioactive forms of both vitamin B₁₂ and folate for highest bioavailability of these important B vitamins. A high concentration of vitamin B₁₂ is included to bypass normal absorptive mechanisms that rely on intrinsic factor.

All Adaptogen Research Formulas Meet or Exceed cGMP Quality

Discussion

Activated B12 Folate combines a bioactive vitamin B12 with folate at concentrated levels to support cardiovascular and nervous system health.* Activated B12 Folate comes in a convenient lozenge form to support optimal absorption and utilization by the body.*

- **Vitamin B12** plays a variety of critical roles in the body, from creating new red blood cells to working on the smallest level of the body, helping to build DNA.* Another role vitamin B12 plays is the methylation of a compound called homocysteine.* Homocysteine is an amino acid that, when methylated, is linked to positive cardiovascular health. Vitamin B12 supports healthy blood cells, cardiovascular health and optimal functioning of the body on many levels.*
- **Folate**, is also considered part of the B vitamin family. Folate works synergistically with vitamin B12 and plays an important role in supporting nerve and cardiovascular health.* Just as vitamin B12 supports the methylation of homocysteine, folate also plays a role in this process, working together with vitamin B12.* Women of child-bearing age are recommended to take this vitamin as it supports healthy fetal development of the nervous system.* Because folate supplementation can mask a B12 deficiency, these vitamins are usually taken together.

Lozenge Form To Support Optimal Absorption:*

The lozenge tablet form of Activated B12 Folate tastes great and dissolves in the mouth, facilitating absorption when swallowed.*

Bioavailable Form Of Vitamin B12: *

Vitamin B12 can be supplied in many forms.

- Cyanocobalamin, a form of vitamin B12 commonly found in dietary supplement products, is not as easily absorbed and utilized by the body.
- Activated B12 Folate uses a form of vitamin B12, Methylcobalamin, that is more bioavailable to support optimal absorption and utilization by the body.*

Active Form Of Folate:*

Activated B12 Folate uses methylfolate (Metafolin®), the active form of folate. Compared to folic acid, a version of folate most commonly found in dietary supplements and fortified foods, Metafolin is highly bioavailable, supporting absorption and utilization in the body.* Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans. Contains no artificial colors, flavors, or preservatives.

***These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**



Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

Amount Per Tablet	% Daily Value
Folate (as Metafolin®* L-5-methyltetrahydrofolate)	800 mcg 200%
Vitamin B ₁₂ (as methylcobalamin)	1 mg 16,667%

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Other ingredients: Mannitol, vegetable stearine, silicon dioxide, carboxymethylcellulose sodium, and magnesium stearate.

*Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany



Suggested Use

Dissolve 1 tablet daily in the mouth before swallowing or as directed by a healthcare professional.

Allergy Statement

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans. Contains no artificial colors, flavors, or preservatives.

Caution

If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of reach of children.

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