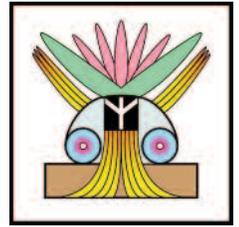




## FIGU-LANDESGRUPPE CANADA NEWSLETTER

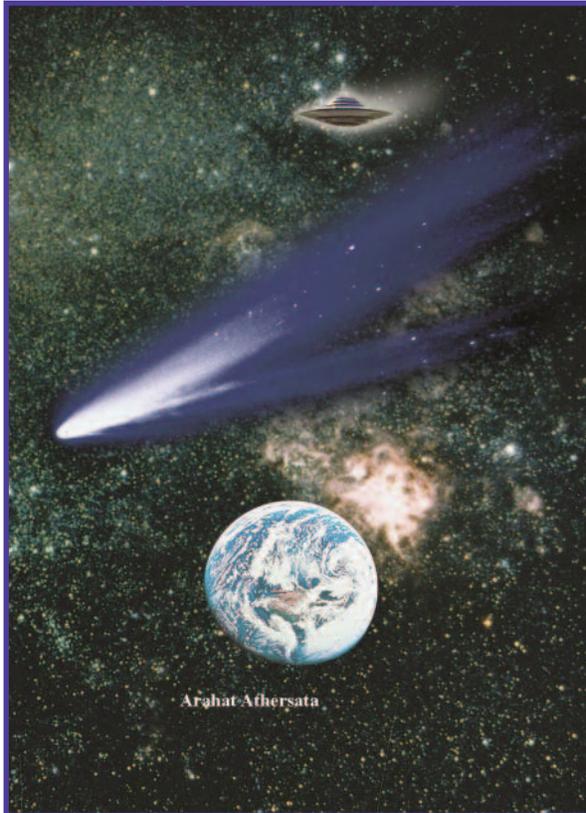
OFFICIAL NEWSLETTER OF THE FIGU CANADA NATIONAL GROUP / FLCA

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#### COMPARE AND CONTRAST

by Jimmy Chen / March 2019

When we are born into this world, from birth onwards, we encounter information presented to us through our family, schools, media, friends and acquaintances, etc. The information we receive encompasses a large variety of topics, e.g. science, history, social and philosophy, etc. Some information is truthful and in accordance with reality and some is not, and especially with topics in the realm of philosophy which deal with the most profound questions of the existence of life, e.g. Why are we here? What is the purpose of life? etc., there are the most diverse theories presented. And because these questions inevitably come up during our life time and are also so profound and difficult to answer, we often seek the answers and are often misled by the wrong information, since after all, it is very difficult to prove the validity of the information one way or another and to choose the right path. And it is also for this reason that religions and false philosophies, etc. can gather so many believers even if their information does not correspond with reality, which is often a mix of partial truths and the most extreme fabrications and lies. However, a life misled by and

continues on page 2

#### NEWLY PUBLISHED BY FLCA:

#### THE FIRST GERMAN-ENGLISH EDITION OF ARAHAT ATHERSATA

The Teaching of the Spirit-WE-Form  
ARAHAT ATHERSATA or its inspirational  
transmissions and instructions

ARAHAT ATHERSATA (Sanskrit) =  
"The valuable one who looks at time"

Inspired written work of a higher spirit-form.  
Transmitted from an incorporeal, unmaterial and  
pure spiritual level. 'Billy' Eduard Albert Meier  
was the inspirational recipient of the message  
which was received and written down from  
May 15th 1975 to August 11th 1975.

#### FLCA UPCOMING EVENTS

APRIL 12-14, 2019

TOTAL HEALTH SHOW 2019 / TORONTO, ON  
Metro Toronto Convention Center / Admission: \$10  
FLCA INFO BOOTH: #1001

LECTURE: Understanding Reincarnation  
INFO LINK:



MAY 11, 2019

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STREET FAIR / TORONTO, ON  
FLCA INFO BOOTH @ STUDIO BRILLANTINE  
1518 Queen Street West, Toronto / 12-6PM

INFO LINK:

<http://parkdalevillagebia.com/tag/spring-into-parkdale/>

MAY 25-26, 2019

HOLISTIC HEALING FAIR 2019 / BARRIE, ON  
Barrie Molson Centre 555 Bayview Dr, Barrie

Free Admission

FLCA INFO BOOTH: TBA

INFO LINK: [www.holistichealingfair.com](http://www.holistichealingfair.com)

COMPARE AND CONTRAST from page 1

built upon fabrications and lies only lead to a stunted consciousness (intellect and rationality) and a life of unhappiness and exploitation, wars, unpeace, and self-destruction (destruction of the psyche), etc. which are unfavourable circumstances and contrary to a life of fulfilment in peace, love, harmony and freedom.

In order to distinguish the facts from lies within this type of religious or philosophical information, it would require the actual truth. But where can it be found and who can be in the position to actually know all these facts and properly explain it? It would require a source who has the knowledge of the most profound nature of our universe, and who has actually proven this to be truthful in accordance with the reality through many millions of years of experience – and so the factor of the spirit and its existence beyond one single life time comes into play. A spirit form and its associated constituents (e.g. overall consciousness-block, storage-banks, etc.) which has gathered the necessary information regarding the most fundamental questions of our life and universe through countless of life times.

In the information presented by the Spiritual Teaching by Billy, the topics deal with exactly this and the most fundamental questions of life. Here is a short summary in a compare-and-contrast format which can hopefully provide some insight and help to distinguish untruth from truths regarding one of the most fundamental questions of life:

**What is the purpose of life?**

**Religious Teaching (Christianity, Buddhism, etc.)**

**Spiritual Teaching**

Faith and submissiveness to an all-mighty God with sins and atonement, and a life in hell or heaven in the beyond.

Duty and adherence to laws and recommendations set out by the highest power and might, Creation Universal Consciousness, which is actually within and enlivens all of us as a part-piece spirit (seated in the superior colliculus of the human brain). A life of hell or heaven exists only within our life by the way we have created it through our thinking, feeling, actions, etc. A life beyond only as a spirit form and reincarnation into further lives after assimilating the necessary information from the previous life.

Life of suffering, karma, punishment, etc.

Life of learning through necessary mistakes and the required consequences through the laws of cause and effect. No punishment or karma that carries through to the next life but only the effects (good or bad) which have been created within the current life.

Ascension into higher realms with neglect to physical well-being or self-castigation.

Over the course of millions of years and countless life times, the human being along with his or her spirit form evolves and gains more wisdom, love, peace and harmony, and one day reaches the pure spiritual realms (e.g. Arahats, Atharatas, after approximately 40 million years) and then eventually joins back with the Creation Universal Consciousness to further its evolution; however, during the time on the physical plane, the human being must not neglect his or her physical well-being and must develop both spiritually and materially.

There is life after death for human beings, and one can or has before been incarnated into an animal life form.

There is life after death for human beings, however, a spirit form belonging to a human being can only reincarnate into a human body and a spirit form belonging to an animal form can only reincarnate into animals, otherwise the evolution of the human spirit form becomes stunted since there is no possibility of a self-conscious evolution within an animal life form.

Be fruitful and multiply.

It is necessary to observe and control the number of people on a planet based on the availability of natural resources, otherwise the planet will defend itself and catastrophes will occur (wars, natural disasters, shortage of food, self-destruction, etc.).

**COMPARE AND CONTRAST** from page 2**Materialistic Teaching (Materialism)**

Life came about as a result of chance and evolution from micro-organisms up to human beings as a result of environmental factors, etc. (Darwin's Theory) and survival of the fittest in the fight for a right to live in a materialistic world.

Expansions of economies, material wealth, material goods, etc. as the most important factor.

Life is only a material phenomenon, and life can be equated to and replaced by robots or artificial intelligence life forms, etc.

The more the merrier for many hands to produce products and serve (\$\$\$), infinite expansion for the purpose of profit.

You only live once.

Life is only what you can perceive through the five material senses: hearing, seeing, touching, smelling and tasting.

**Other Philosophical Teaching**

There is no purpose in life, life only exists in our 'mind' and the actual world does not exist, e.g. when a tree falls in a forest, would it make a sound if no one was there to hear it?  
Life is a simulation and exists only in our mind, etc.

**Spiritual Teaching**

Life came about as a result of a necessity to evolve, through the creation of the universe (planets, galaxy, life, etc.) by a spiritual intelligence (Creation Universal Consciousness). A natural evolution from micro-organisms up to human beings and its variations due to different environmental circumstances in conjunction with the spirit form which steer the path of material evolution, e.g. our limbs, body, eyes, nose, mouth, organs, etc. are a result of material evolution but also steered and influenced by the spirit form.

Expansion of spiritual values (truth, love, peace, freedom, harmony, etc.) as the most important factors but also material progress as a secondary important factor which are tools for our evolution on the material plane. The necessary material work for the purpose of evolution and the up-keep of life.

Life is not only a material phenomenon, but a spiritual creation. A human being is an autonomous self-conscious life form but also has a spirit form living within which cannot be equated to or replaced by robots or artificial life forms. Artificial life forms can help to relieve the human beings of certain duties and let them concentrate on other areas of life; however, the spiritual evolution of the human being can never be carried out by artificial life forms.

It is necessary to observe and control the number of people on a planet based on the availability of natural resources, otherwise the planet will defend itself and catastrophes will occur (wars, natural disasters, shortage of food, self-destruction, etc.).

When the body dies, the human being's spirit form leaves the body and travels to the beyond, and from there, after a certain amount of time, reincarnates into a new body with a new personality into the same planet (or closest habitable planet). The spirit form of the human being is immortal and lives through millions of lives.

Life can be perceived by the five material senses, however, the human beings are equipped with two other additional senses, the feeling and fine-spiritual perception which involve the finer inner parts of the human being (subconsciousness, psyche and spirit, etc.), which allows the human being to perceive the finer fluidal and spiritual side of life, e.g. through intuition, premonition, sensing of the finer energies, etc.

**Spiritual Teaching**

Life exists not only in our mind, but also in a real physical world constituted by spiritual energy (e.g. physical world exists and everything is made up of spiritual energy). Physical world existed before human beings came and it exists even if there are no human beings present to perceive it. However, the physical world is largely made for and shaped by human beings through their activities for the purpose of evolution, e.g. the world in which the human beings live on is a reflection of their thinking, feelings, deeds, actions, etc. as determined by the laws and recommendations of the Creation.

**COMPARE AND CONTRAST** from page 3

So how does the Spiritual Teaching explain and answer this question and how does it compare to the rest? As can be seen above (the column on the right), it is often a combination of partial truths from the other teachings. It can also be quickly realised that the religious teachings and other philosophical teachings often contain bits and pieces of the truth but with their own slant and various additional fabrications which often lead to a desolate and demoralising sense of life. And that the truth is often 'somewhere in between' and joins various facts together in a manner that is logical and creates a peaceful and harmonic inner calmness as well as a logical, truthful and happy outlook of life which is always tied with the necessity to further progress both spiritually and materially.

The above topic is just one of many which can be found in the Spiritual Teaching and there are many more similar profound questions of life which are thoroughly explained and answered. When the facts are properly realised and truths are distinguished from lies and untruths, it is then much easier to resist or not be misled into religious irrational teachings since the fundamental truths have been found and identified. By the realisation of the proper facts, it is then possible to steer away from irrational teachings which lead to exploitation, destruction, unpeace, wars, unhappiness, etc. and to finally turn around and walk the path of the truth which leads to a life of fulfilment in peace, love, freedom and harmony.

**SICH SELBST SEIN = TO BE ONESELF (Excerpt)**

by Billy on February 5, 1980

Translation: Christian Frehner

[Prepared for the public lecture held by Christian Frehner at the Toronto Public Library/Lillian Smith Branch / Sept 9, 2018]

A great many human beings are not themselves, because they are making the thoughts, feelings and doings of others their own, whereby they get addicted to anger, joylessness, hatred, grief and sorrow and so on. In general, human beings don't understand that when they are pestered with bad words and actions by others, they absorb these and make them their own, whereby they are not themselves anymore, but become a copy of those who inflict harm or damage in any form to them. But exactly to refrain of becoming a copy must occur, because, fundamentally, the thoughts, feelings and doings of those with an ill-will regarding harm, evil and damage are not the business of those, who are exposed to the attacks; on the contrary, these are the sole business of those with the ill-will, the antagonists and self-appointed enemies etc. And since everything is the business of the opponents, it is urgent that the thoughts, feelings, words and doings etc., which are created by the opponents, are not absorbed and not made one's own, as it very often is the case, unfortunately, by which the human beings are not themselves anymore, but are becoming a copy of those who are provoking disturbance, unpeace, hatred and defamation, etc.

In order to not let such worthlessness come near to oneself, and to not indulge in anger, grief, sorrows and hatred etc., there remains just one possibility for the attacked human beings, namely to direct one's own thoughts and feelings in such way as not taking serious the attacks by the antagonists, and to remain clear and to say to oneself again and again that the thoughts, feelings, the hatred, the hostility, the evil words and the defamations and machinations etc. are solely the issue of the opponents, but not one's own. This means, therefore: All attacks and problems of any kind of those who are hostile to me, are not my problems, but simply and solely their business, through which they harm themselves, and with which they have to cope themselves.'

Attacks by others, be it through thoughts and feelings, through words, hatred, defamations or action, may never be made one's own business, because, fundamentally, these belong to the initiators, who have to cope with it themselves. Through

their attacks against their fellow human beings, they inflict damage to themselves, because their machinations impair their own thoughts and feelings, whereby they are without peace and joy within themselves and fall prey to evil frustration.

In general, attacks and problems of other persons must be ignored and must be parried in such a wise that the issue, the attacks and problems of the opponents are not those of the own person. Only through this reasonable insight, as well as this manner of thinking, feeling and acting, can human beings protect themselves against the attacks, lies, accusations, hatred and defamations etc. of others, because, actually, all evil and problems of such kind do not belong to one's own person, but belong to the attackers and adversaries. The attacks and problems of the others are not my business, but those of the male and female attackers', must be the constant slogan for those who are attacked, who are pestered by words, thoughts, feelings, lies, problems, defamations and actions etc. And only when the thoughts, feelings and modes of behaviour are fostered in such a form, are the human beings able to free themselves from being a copy of the opponents, and to truly be themselves.

If human beings want to be themselves, they may not practise hostility, and not so even against one's most evil enemies and opponents. If, firstly, the attacks and problems etc. of the opponents are not considered as one's own business and are rejected back to the attackers, then it is required to oppose the adversaries in a peaceful wise. This has to occur in such a wise as to respond friendly, lovingly and peacefully, and also – frequently and at possibly daily opportunities – to send them thought- and feeling-based loving and good wishes. This safeguards, on the one hand, against building up hostility oneself, and, on the other hand, there results a valuable self-protection which safeguards the development of one's own evil thoughts and feelings and, resulting from these, malice, hatred or even needs for revenge, etc. All this effects that generally everything has a beneficial effect on one's own personality and one's own character, and, through this, an entirely neutral-positive balanced attitude is built up.

As the human being thinks, so he or she lives, and as the human being lives, so he or she thinks; and what the human being thinks, so he or she is. This very ancient wisdom finds itself being confirmed in the human being's world of

continues next page

**COMMON VALUES**

by Michael Uyttebroek / Tiny, Ontario / June 2018

When working together in a group we will always be confronted with different personalities with various goals that may or may not be compatible. With any team or cooperating group there always needs to be rules in order to assure that a minimum common direction and consensus is achieved so that the participants feel united with a common vision. One basic factor which enables the successful forward evolution of a FIGU group in particular is respect...respect of differences of opinion. When a decision is to be taken, each person has a voice and shares their view and then a vote is taken.

Speaking behind the backs of other members is unacceptable. If there are difficulties that need to be addressed then they must be spoken with all present or one on one, perhaps with a mediator present. In each case both/all parties must have their views respected and they must respect the views of the other, even if they do not necessarily agree with them. At no time should one's personality be suppressed by another's in order to comply with another's point of view.

This would indeed lead to domination and submission and possibly to a hierarchical system. No one is free of error in their behaviour. With that this expression comes to light "Life is easy but we make it complicated" or said in other words "Reality simply is, but we do not see it, but view life through our biased perceptions that cloud and colour the reality with our opinions and assumptions so that we are no longer able to perceive reality but only our distorted view of it." We each have a unique perspective on reality.

Not speaking one's mind will cause an inner or outer explosion sooner or later. Accusations do not lead to constructive results. Working together to achieve a common goal in respective concordance with each other means that we work together, not because we are forced to or feel pressure to do so, but because we see the unique position that we are in, as an assist to the evolution of humanity through our efforts and primarily through the efforts of Billy Meier and the Plejaren and the pure spiritual planes Arahath Athersata and Petale. In setting aside our differences and acknowledging our strengths, and how we can further support each other in a positive balanced wise without imposing our personal tendencies on one another, but acknowledging that we all have strengths and weaknesses, that no one is perfect, but that despite these impediments that are self-created, we can still recognise that we have an important task to fulfil with regards to evolution, both for our own consciousness evolution as also for the rest of humanity which still gropes about in total darkness and despair within their shallow conclusions and materialistic goal-desires of material power and success, without the least consideration for their fellow human being, the flora and fauna and the planet in general.

Incorrect behaviours can be pointed out but it is up to the individual to recognise these and to correct their actions on their own accord and not because they feel that they are being pressured into making this change. Fear is the deadly enemy of truth and reality. For where there is fear, reality is obscured. The fear of rejection, of not being accepted, of losing one's job, of giving up power, of not being okay or normal. The fears are too many to list, however, in each case, they hamper one's ability to see the facts as they really are.

**TO BE ONESELF** from page 4

thoughts and feelings and in his or her actions. And when human beings truly and consciously endeavour to see their self-appointed enemies and opponents etc. only as human beings, and not as enemies and opponents, and if they don't make their attacks and problems their own, but reject these to the originators, and at the same time cultivating loving and peaceful thoughts towards them, then all hostility is fading. As a result, at the end of life, only dear fellow human beings remain, but never enemies.

Self-responsibility is the striving factor for evolution. This cannot be imposed upon another. Each person must see for themselves the benefit of being free from self-imposed fear, know-it-all attitudes, etc. The impetus for change must be one's own desire to improve oneself, to view life with clear eyes and to learn from the challenges that life presents us with. After all, it is up to each person how they choose to respond to criticism, confusion, disharmony. One may see the facts as they are or twist them according to one's beliefs and assumptions, however, in the end, each person needs to see that truth is not discord but an understanding of it in a neutral positive balance. Therefore one is not limited by belief and opinion but strives for understanding that is free of belief.

Working cooperatively means that we work towards the same common goals, applying our unique talents and abilities and adding a small piece to the puzzle to fulfil the final goal of the evolution of the consciousness. Working together means supporting our strengths as a collective and the strengths of the individuals, in a harmonising manner and not in a manner that further leads to discord. Discord is detrimental to working together. Jealousy, envy, arguments, disagreements that are verbally abusive, accusations, speaking badly of another directly or behind their back, all of these factors will sooner or later lead to the destruction of the cooperative functioning of the work group of FIGU. Differences of opinion cannot be avoided. All must share their point of view, however in the end, no one person must insist that their way is the only correct way. That would simply be a dictatorship and hierarchy. In each case, after each person has shared their perspective, a vote must be taken and a decision made based on democracy. The will of one person cannot and may not be imposed upon another. Each person has to be free to express their opinion, freely. Only then can we be clear on where each person stands with regard to a topic of discussion. In no way is it acceptable to suppress another's point of view. Finally, after all voices have been heard and listened to, a general group conclusion can be reached.

Setting aside our differences and striving to fulfil our unique capabilities for the fruition of FIGU's mission for the evolution of humanity in a non-coercive mode, is the common goal of FIGU. It is inclusive of all our talents and abilities and it is understanding of the self-imposed beliefs which are restrictive and hampering to one's own consciousness. Why are we so fortunate and why should we set aside our personal problems? We are at the pinnacle or forefront of information that can help in the evolution of each person. Information that clears up many misunderstandings and

continues next page

**COMMON VALUES** from page 5

exposes the truth about religion, reincarnation, the paranormal, the source of our universe, the purpose of life, what is the Creation and its natural laws, cause and effect, how to be a real human being, etc. If we can recognise our part as a link to getting this information out to interested persons, making this information available to those striving for greater self- understanding, that we are a link which includes, first and foremost, the writings of Billy, with the assistance of the Plejaren, and the Arahats Athersata and Petale pure spirit levels and we are publishing these materials and making them available through our website and at various shows and events, we can indeed consider ourselves lucky to be part of this process. We are privileged to be part of this evolution process, to be a contributing factor for the further consciousness development of humanity and facilitating this entire process through the translating and publishing of Billy's material. Our personal differences, petty arguments and misunderstandings must be let go of so that we can fulfil our task. We must teach by example, which means that we must strive to cooperate, strive to improve ourselves, free ourselves from fear, and other baggage that encumbers our forward movement and our ability to recognise truth. And this is more than just a superficial intellectual comprehension. If we are to live free then this must be palpable, applicable in our daily life. This also applies to our relationships. If we feel suppressed, not listened to, disrespected, unvalued, or want recognition from others, to have power over others, to be dominant, etc., all of these expectations are due to our incorrect thinking. We all have issues, that is for sure, but it is our own responsibility to correct our behaviour or not. If our behaviour is such that it goes contrary to the correct functioning of the FIGU group then it needs to be brought to the forefront so that the incorrect behaviour can be addressed and a resolution achieved.

**MITGEFÜHL**

von Billy

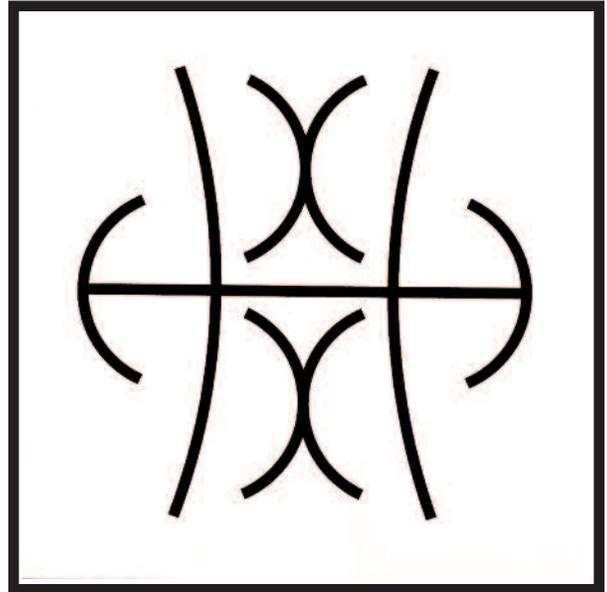
Ein Auszug aus dem Booklet: "Die Belebung des Bewusstseins durch die Lehre des Geistes"/ FIGU 2014

Das Mitgefühl, geleitet von der Liebe zu den Mitmenschen und zum Leben selbst, ist eine zärtliche Berührung sämtlicher Gedanken und Absichten des Menschen gegenüber sich selbst, gegenüber allen Tieren und Pflanzen und gegenüber allen Mitmenschen. Das Mitgefühl ist alles andere als ein moral-philosophischer Begriff, sondern es ist eine existente und spürbare schwingungsmässige Übereinstimmung und Harmonie mit den Kräften der Lebensformen, des Lebens und der Existenz selbst. Es ist eine Resonanz mit der Wirklichkeit und deren Wahrheit, gepaart mit Verständnis, Glücksgefühl, Freude und Lebenskraft. Die Folge des Mitgefühls ist die Erfüllung durch Gerechtigkeit.

Der Mensch lässt alle seine Gedanken und Gefühle des täglichen Lebens von einem grundsätzlichen Wert ausgehen und hervorquellen: Dem Altruismus. Altruismus aber bedeutet: Bescheidenheit, Verständnis des Lebens und dessen Beachtung in bewusster Hinwendung. Der Mensch beobachtet alle seine Gedanken, Gefühle und Handlungen, und er erkennt, welcher Art sie wirklich sind. Dabei helfen ihm die Reaktionen der Mitmenschen, die ihm einen Spiegel seiner wirklichen Gedanken, Handlungen und Absichten vor die Augen halten.

**Symbol: COMPASSION**

from "Symbols of the Spiritual Teaching" retrieved from the storage banks of Nokodemion and Henok and recorded by "Billy" Eduard Albert Meier

**COMPASSION**

is one of 623 symbols in the book "Symbols of the Spiritual Teaching" [2018 German/English Edition published by FLCA] In total there are 52,476,812 symbols.

**COMPASSION**

by Billy

Translation: Ben Blijleven / March 2015

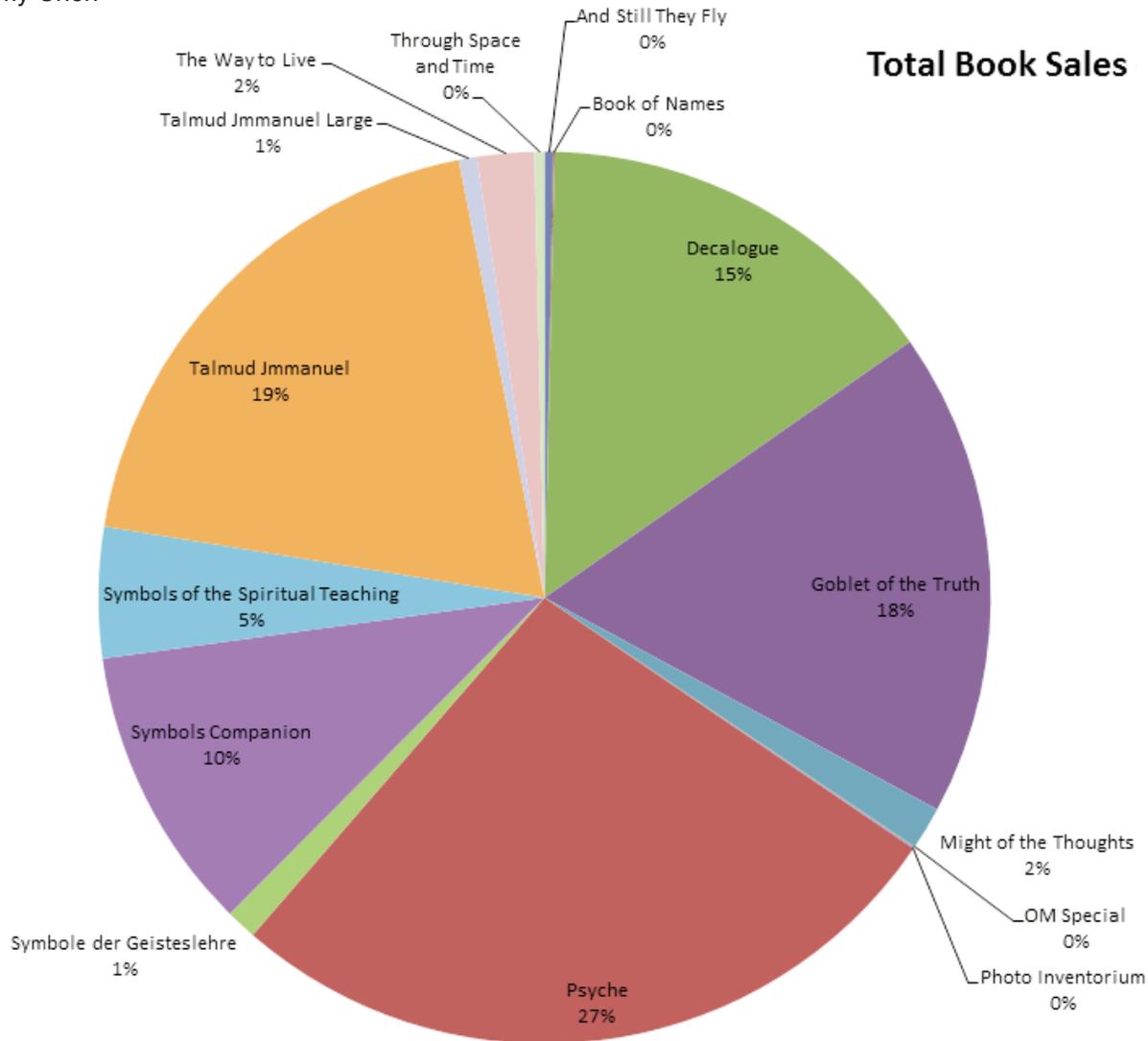
An excerpt from the booklet : "The Revival (stimulation) of the Consciousness through the Spiritual Teachings" / FIGU 2014

Compassion, guided by love towards the fellow human being and life itself, is a gentle (tender) touching of all thoughts and intentions of the human being towards himself, towards all animals, plants and towards all fellow human beings. Compassion is anything but a moral philosophical concept, but rather an existent and tangible lukewarm vibration in conformity and harmony with the forces of all Life-forms, the life and existence itself. It is a resonance with the Reality and its truth, combined with understanding, happiness, joy (delight) and vitality (life force). The result (effect) of compassion is a fulfilment through righteousness. The human being now allows all his thoughts and emotions of everyday life to rise from a fundamental value: Altruism. Altruism however means humility, understanding of the life and its observance in conscious devotion. The human being now observes all his thoughts, feelings and actions, and he realizes of what kind they really are. Assistance is provided to him by the reactions of his fellow human beings, acting as a mirror of his real thoughts, actions and intentions right in front of his eyes.

*N.B. This is an unofficial translation and contains errors due to the insurmountable language differences between German and English.*

**FLCA BOOK AND BOOKLET SALES SINCE 2013**

by Jimmy Chen



**Book sales since 2013 (over 3500 books sold):**

And Still They Fly	12
Book of Names [sample]	2
Decalogue	575
Goblet of the Truth	680
Might of the Thoughts	59
OM [sample]	1
Photo Inventorium	2
Psyche	1037
Symbole der Geisteslehre	43
Symbols Companion Guide	400
Symbols of the Spiritual Teaching	132
Talmud Jmmanuel	748
Talmud Jmmanuel [large print]	34
The Way to Live	78
Through Space and Time	14

**Booklet sales since 2013:**

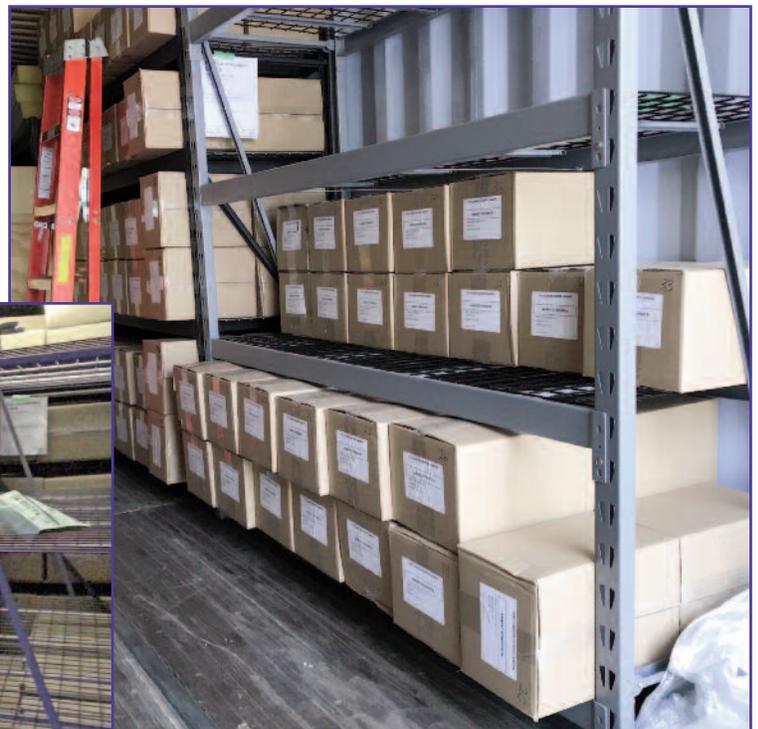
49 Questions	44
77 Meditations Flipbook	77
Attacking Questions from Japan	25
Brochure of Photos [sample]	1
Diet and Nutrition	110
Interview with A UFO Contactee	65
Overpopulation	10
Physical Wellbeing	126
Reincarnation & the Spirit-form	77
Reincarnation Booklet (colour)	2
Reincarnation	3

**Grand Total 3817**

**Grand Total 540**

FLCA RECEIVING THE ARAHAT ATHERSATA BOOK SHIPMENT /  
PENETANGUISHENE, ONTARIO / FEBRUARY 28, 2019

Photos: Peter Chladek



**IS IT A GOOD IDEA TO DRESS PROVOCATIVELY ?**

by Catherine Mossman / Tiny, Ontario / December 6, 2018

There are endless points of view about whether dressing in a revealing manner is acceptable. To what degree 'provocative' attire, and the revealing of bodily parts, is correct or moral is a societal bone of contention. Can one who dresses lewdly be considered moral? Is the determination of morality purely in the eyes of the beholder? Does the one who decides to present themselves scantily clothed bear responsibility for the manner of attention they garner? Are men that helpless over their self-control when they see a half-naked woman? Do women find half-naked men equally provocative? Is the concept of dressing modestly something that only belongs to religions? What about morality? It was of interest to find this little snippet in Contact 445 discussing how the Plejaren dress. We, of course, are not at the level of evolution of the Plejaren but perhaps we could take into consideration what Ptaah reveals in the non-revealing dress sense of the Plejaren.

**Excerpt from Contact 445, March 8, 2007, 10:28 p.m. (Page 122, Kontaktberichte, Block 11)**

Billy:..... die sich auf die Kleidungweise der Plejaren bezieht.

Was ich diesbezüglich im Alltagsleben auf Erra gesehen habe war das, dass sich Frauen, Kinder und Männer in einer angemessenen sittlichen Form kleiden.

Also habe ich keine gesehen, die halbnackt oder gar völlig nackt einhergegangen wären.

Wie sieht das aber beim Baden aus? Bei einem Küchengespräch am 21. Februar wurde dazu folgende Frage an mich gerichtet, die ich nicht beantworten konnte, weil ich bei meinem kurzen Besuch auf Erra nicht gerade sehr viel gesehen habe, was sich auf die Frage bezieht: <<Nacktheit in der Öffentlichkeit: Was ist bei den Plejaren die akzeptable Limite der Bekleidung?>> Wenn du mir in kurzen Worten die wichtigsten Dinge nennen kannst, die sich auf diese Frage beziehen, dann wäre ich froh.

Ptaah:

14. Das kann ich natürlich:

15. Wir Plejaren in der Öffentlichkeit immer derart vollständig bekleidet, dass nicht Körperteile frei sichtbar sind, die auf das andere Geschlecht sexuell aufreizend wirken könnten.

16. Beim öffentlichen Baden wird natürlich eine spärlichere Badekleidung getragen, die sich jedoch in bezug auf die Blöße des Körpers in züchtigen und ethischen sittlichen Grenzen hält.

17. Also ist es auch nicht üblich und auch nicht zulässig, dass im Alltag oder beim Baden in öffentlichen Gewässern oder dafür bestimmten Anlagen unzüchtige Kleidung getragen and auch nicht halbnackt oder völlig nackt einhergegangen wird.

18. Halb- oder Ganznacktheit ist nur in intimer Weise in Lebensgemeinschaften oder bei speziellen Freundschaften gegeben, jedoch niemals in der Öffentlichkeit.

19. Bei den speziellen Freundschaften ist zu vermerken, dass eine Halb- oder Ganznacktheit nur dann ihre Berechtigung hat, wenn die Freundschaft beiderlei Geschlechts in rein platonischer Form ohne jegliche sexuelle Absicht besteht.

20. Die Sittlichkeit hat bei uns Plejaren einen sehr hohen Stellenwert, weshalb die ethischen Formen in jeder Beziehung streng gewahrt und gepflegt werden, wodurch natürlich auch die Prostitution jeder Form verpönt und durch die Gesetzgebung untersagt ist.

Billy: In Lebensgemeinschaften gibt es denn da irgendwelche Tabus oder Regeln?

Billy:..... may I discuss a question relating to the way the Plejaren dress.

What I have seen on Erra in everyday life is that women, children and men dress in an appropriate moral form.

Thus I did not see any that went half-naked or completely naked.

But what does that look like when swimming? During a 'kitchen talk' on February 21, the following question was addressed to me, which I could not answer, because during my short visit to Erra I did not see very much, which refers to the question: "Nakedness in public: What is the acceptable limit of clothing for the Plejaren?" If you can tell me in a few words the most important things, which refer to this question, then I would be glad.

Ptaah:

14. Of course I can:

15. We Plejaren are always fully clothed in public in such a manner that no parts of the body are freely visible which could be sexually provocative to the other sex.

16. Naturally, when swimming in public, a sparser bathing suit is worn, which, however, remains within disciplined and ethical or moral limits with regard to the nakedness of the body.

17. It is therefore also not customary and also not permissible that in everyday life or when swimming in public waters or certain facilities that lewd clothes are worn and that includes half-naked or complete nakedness.

18. Half-nudity or total nudity is only present in an intimate form in life--partnerships or special friendships, but never in public.

19. With the special friendships it is to be noted that a half or total nakedness has its justification only if the friendship of both sexes exists in purely platonic form without any sexual intention.

20. Morality has a very high value with us Plejaren, which is why the ethical forms are strictly maintained and cultivated in every respect, whereby naturally also every form of prostitution is proscribed and forbidden by the legislation.

Billy: Are there any taboos or rules in life-partnerships?

IS IT A GOOD IDEA TO ... from page 9

Ptaah:

21. Davon kann keine Rede sein, denn das Privatleben ist in jeder Beziehung unantastbar, wenn es im Rahmen der Gesetzgebung stattfindet.

Billy: Darunter verstehe ich, dass eine Lebensgemeinschaft in allen Dingen des Rechts geführt wird, gemäss einer speziellen Lebensgemeinschaft-Gesetzgebung.

Also dürfen keine Verstösse in irdendwelcher Form gegen die Rechte der Lebensgemeinschaftsführung stattfinden.

Dabei ist zu denken, dass das sowohl auf verschieden-geschlechtliche als auch auf gleichgeschlechtliche Lebensgemeinschaften zutrifft, oder? Ausserdem hat diese Lebensgemeinschaft-Gesetzgebung wohl nichts zu tun mit den staatlichen Gesetzen, nehme ich an?

Ptaah:

22. Sie siehst alles in richtiger Weise....

At the next contact with Ptaah, Billy follows up on the previous conversation about Plejaren clothing habits.

**(Excerpt from Contact # 446, March 17, 11:03, pg. 137):**

Billy:

Dazu hat man mich gefragt, was denn unter 'sexuell aufreizend' zu verstehen sei hinsichtlich des Tragens der Keileigung.

Aus meinem Verständnis heraus habe ich erklärt, dass damit das Tragen von Kleidung gemeint sei, durch die geschlechtliche Merkmale aufreizend zur Schau getragen resp. dass die Geschlechtsorgane aufreizend zum Ausdruck gebracht werden.

Bei den Frauen, so denke ich, betrifft das auch den Busen, denn ich habe immer nur gesehen, dass bei euch das weibliche Geschlecht den Busen bis zum Ansatz züchtig verhüllt, wenn nicht eine völlig bis zum Halsansatz reichende Kleidung getragen wird.

Gehe ich mit meiner Erklärung richtig?

Ptaah

Dene Erklärung entspricht dem, was gegeben ist.

Ptaah:

21. There is no question of this, because private life is inviolable in every respect if it takes place within the framework of legislation.

Billy: By this I mean that a life-partnership is conducted according to all things that are correct, according to special life-partnership legislation.

So there must be no violations of the rights in the conduct of the life-partnership in any form.

It has to be said that this applies to both opposite-sex and same-sex life-partnerships, is that not so? Besides, I suppose that this legislation has nothing to do with the state laws?

Ptaah:

22. You see everything in the correct wise.....

Billy:

In addition I have been asked, what is then to be understood by 'sexually provocative' regarding the wearing of the clothing.

From my understanding, I have explained that this refers to wearing clothes which display sexual characteristics in a provocative manner or which express the sexual organs in a provocative manner.

In the case of women, I think, this also applies to the breasts, because I have always only seen that in your case the female sex covers the breasts up to the base of the neck, when clothing is worn that reaches completely up to the neckline.

Am I correct in my explanation?

Ptaah

The explanation corresponds to what is given.

*N.B. This is an unofficial translation and contains errors due to the insurmountable language differences between German and English.*

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## THE 'STEP BY STEP' EVOLUTION OF THE TERMS IN THE SPIRITUAL TEACHING / A CLARIFICATION

### The Decalogue/Dodecalogue (German / English) FLCA first printing

Clarification: Christian Frehner / December 2018

Page 74 / line 283 - "Also it, the Creation, often and often lay immersed in profound pain as it was created by the Ur-Creation and was set on its own path."

Clarification: According to Billy our Creation has been created by the Absolutes Absolutum, and both, the Absolute Absolutum and an Ur-Schöpfung (Ur-Creation) can create Schöpfungen/Creations. Billy explained that in earlier days (at the beginning of the official mission in the second half of the seventies and onward) several aspects and terms etc. were not specified/defined because the whole teaching had to evolve/develop one step after another. It's the same principle - which is valid throughout the universe - that the learning process is continuing one step after another (like in kindergarten and primary school and onward). This principle was also - and still is - considered by Petale. The Dekalog Dodekalog (in German) is one of those books which Billy wrote very early.

There are other examples of this one-step-after-another type of learning process, like the use of "geistig" (spiritual) by Semjase in the beginning, which later was specified by Billy to mean consciousness-based in many instances. Or the information about the Absolutes Absolutum, which later was specified with the other 6 Absolutum forms up to the SEIN-Absolutum, and so on.

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**FRAGEN BEANWORTET VON BILLY**

**EINE FRAGE BEZÜGLICH DER RUTENGÄNGEREI**

Frage von Enrico Freguja, Italien:  
(Passivgruppe-Generalversammlung vom 26. Mai 2018)

Im Lehrbrief Nr. 16, Seite 172, spricht man von einer 'Pendel-Methode' und von Radiästhesie, um Antworten aus dem eigenen Unterbewusstsein zu bekommen.

Was ist diese Methode und was ist Radiästhesie? Gibt es ein gutes Buch, das mir empfohlen werden könnte?

Antwort:

Die Pendelmethode ist das Auspendeln einer Antwort mittels eines Pendels und die Radiästhesie ist das Erforschen einer Antwort mittels einer sogenannten Wünschelrute.

Beide Methoden können funktionieren, wenn sie korrekt angewendet werden und wenn sich der Mensch in seinem Bewusstsein absolut neutral verhält.

Da dies aber in der Regel nicht der Fall ist, werden die Antworten beim Auspendeln resp bei der Radiästhesie durch unbewusste oder auch bewusste Gedanken beeinflusst, was die Ergebnisse dann unbrauchbar macht, weil sie reinen Illusionen, einem Wunschenken oder auch nur schieren Einbildungen entsprechen.

Richtige Resultate können nur bei einem völlig neutralen Gedankenverhalten erzielt werden, was für viele Menschen unmöglich ist.

Empfehlenswerte Literatur gibt es zu diesen Themen nicht, weil diese stets esoterisch 'verseucht' ist und keinen Zusammenhang mit der Wirklichkeit und Wahrheit hat, sondern alle Unwerte wie Einbildungen, Wahnvorstellungen, Illusionen und Wunschenken unterstützt und fördert.

Wollen solche Methoden korrekt und neutral praktikabel erlernt werden, dann muss zuerst die eigene Wahrnehmung derart geschult werden, dass sie jederzeit die Wahrheit erkennt und anerkennt.

Dazu muss sich der Mensch zuerst mit der Realität und der Wahrheit, die aus der Wirklichkeit resultieren, befassen und die Erkennung dieser Werte in seinem eigenen Denken schulen.

Kontaktberichte, Gespräche, Block 11  
Kontakt 450, 30. Mai 2007 Seiten 181-182

Billy: Noch eine Frage bezüglich der Rutengängerei: Wie mir bekannt ist, reagiert die Rute nicht auf angebliche Wasservorkommen und sonstige Dinge, die gesucht werden, sondern es ist die Feinstoffsinnlichkeit des betreffenden Menschen, der Rutengängerei betreibt.

Durch die Feinstoffsinnlichkeit - wenn sie wirklich funktioniert - werden die Nerven des Rutengängers aktiviert, wodurch unmerkliche Bewegungen in der rutentragenden Hand entstehen und also die Rute zum Schwingen bringen.

Das ist ja der wahre Grund, warum feinstoffsinnlich veranlagte Menschen tatsächlich durch Ruten und Pendel Wasserquellen und verlorene Dinge usw. finden können.

Menschen jedoch, die derart feinstoffsinnlich Fähigkeiten

**QUESTIONS ANSWERED BY BILLY**

Translation: Michael Uyttebroek / Tiny, Ontario /  
March 11, 2019 & January 6, 2019

**A QUESTION ABOUT DOWSING**

Question by Enrico Freguja, Italy:  
(Passive Group General Assembly, 26th of May 2018)

In the [Spiritual Teaching] lesson no. 16, page 172, one speaks of a 'pendulum method' and of radiesthesia in order to get answers from one's own subconsciousness.

What is this method and what is radiesthesia? Is there a better book that could be recommended to me?

Answer:

The pendulum method is the oscillation of an answer by means of a pendulum and the radiesthesia is the fathoming of an answer by means of a so-called dowsing rod.

Both methods can work if they are applied correctly and if the human being is absolutely neutral in his/her consciousness.

Since, as a rule this is not the case, however, the answers, through oscillations or radiesthesia, are influenced by unconscious or conscious thoughts, which makes the results useless because they correspond to pure illusions, a wishful thinking or even sheer imaginations.

Right results can be obtained only with a completely neutral thought behaviour, which is impossible for many human beings.

There is no recommendable literature on these topics because it is always esoterically 'contaminated' and has no connection with reality and truth, but supports and promotes all unvalues such as imaginations, delusions, illusions and wishful thinking.

If such methods are to be learned correctly and neutrally in a practical manner, then one's own perception must first be trained so that it recognises and acknowledges the truth at all times.

To this end, the human being must first concern himself/herself with the reality and the truth which result from actuality and train the recognition of these values in his/her own thinking.

Contact Reports, Conversations, Block 11  
Contact 450, May 30, 2007 pages 181-182

Billy: Another question about dowsing: As I know, the rod does not react to alleged water resources and other things that are searched for, but it is the fine-fluid-sensoriness of the human being, in question who practises the dowsing.

Through the fine-fluid-sensoriness - when it really works - the nerves of the one practising dowsing are activated, whereby imperceptible movements ensue in the hand carrying the rod and thus making the rod swing.

This is the real reason why human beings with a fine-fluid-sensoriness can actually find water sources and lost things, etc. through rods and pendulums.

Human beings, however, who have such fine-fluid-

**QUESTIONS ANSWERED...** from page 11

haben, sind selten zu finden, denn das Gros der Rutengänger und Pendler gehört entweder zu den Betrügern, zu Wahnkranken oder zu Scharlatanen, deren Wirken sie durch ihr Mächtgerngesetue bewusst oder unbewusst betrügerisch auslösen.

Das Ganze wird so oder so allgemein irrtümlich als etwas Übersinnliches bezeichnet, das es wahrheitlich nicht gibt, denn für den Menschen ist sinnlich alles und jedes sinnlich erfassbar.

Und was nicht grobstoffsinnlich erfasst werden kann, wird feinstoffsinnlich wahrgenommen, wie ich das in der Geisteslehre im Sonderlehrbrief XLVII [47] und im Sonderbulletin Nr. 38 mit dem Titel 'Übersinnliches resp. Feinstoffsinnliches resp. Fluidalkräfte' beschrieben habe.

Durch die Feinstoffsinnlichkeit können von Menschen, Tieren und von vielem Getier nicht nur Gedanken und Gefühle usw., sondern auch fluidale Schwingungen von Gegenständen usw. sowie allerlei elektromagnetische Schwingungen von Elementen und Stoffen wahrgenommen werden, so also auch von Wasser usw.

Dazu nun die Frage, ob ihr über irgendwelche Geräte oder Apparaturen verfügt, durch die ihr nebst den grobstofflichen Schwingungen auch die Feinstoffschwingungen wahrnehmen und analysieren könnt?

Darin schliesse ich auch abgelagerte menschlich Fluidalkräfte ein.

Ptaah: Solche Analysegeräte gehören beim uns zur Standardausrüstung bei jedem Fluggerät, wie aber auch zu jeder Person, die in fremden Bereichen Forschungsarbeiten usw. verrichtet, die ein kleines Gerät dieser Art in ihrer Kleidung trägt.

**EINE FRAGE BEZÜGLICH DER POLYGAMIE**

von Überbevölkerung und Polygamie  
FIGU BULLETIN NR.70

Frage, die an der Passivgruppe-Generalversammlung gestellt wurde: Warum wird beim Thema Überbevölkerung das Thema Polygamie nicht hervorgehoben?

Antwort:

Das hat verschiedene Gründe: Einerseits fehlt für die Polygamie heute in den meisten Staaten dieser Erde die Rechtsgrundlage, weshalb diese auch in fast allen Ländern der Erde verboten ist, andererseits ist beim grössten Teil der Weltbevölkerung das grundlegende Verständnis dafür nicht vorhanden.

Das ist in der Regel auch so bei Völkern, die heute die Polygamie aufgrund überlieferter Traditionen ausüben dürfen und in deren Staaten auch die Rechtsgrundlage dafür besteht.

So wie die Polygamie heute von fast allen Menschen gelebt wird, denen diese Bündnisform erlaubt ist, kann nicht von einer echten und grundlegenden, schöpfungskonformen und naturgesetzsmässigen Partnerschaft zwischen den Männern und ihren Frauen gesprochen werden, weil die Frauen nicht oder nur in absoluten Ausnahmefällen als gleichberechtigte Partnerinnen akzeptiert und behandelt, sondern in der Regel als Arbeitstiere und Gebärmaschinen missbraucht werden.

Würde die Polygamie in der heutigen Zeit weltweit rechtlich etabliert und von den Menschen unserer gegenwärtigen Welt

sensory capabilities, are rarely to be found, because the majority of dowsers and those who use pendulums belong either to the swindlers, to delusional sick persons or to charlatans, who, consciously or unconsciously, fraudulently trigger their activities through wannabe posturing. In one way or another, the whole thing is erroneously described as something supernatural, which truthfully does not exist, because for the human being, all and everything sensory is sensorily graspable.

And what cannot be coarse-substance-sensorily grasped is fine-fluid-sensorily perceived, as I described in the spiritual teaching in the Special Lesson XLVII [47] and in the Special Bulletin No. 38 with the title 'The Supernatural, or, the Feinstoffsinnlich, or, Fluidal-powers'.

Through the fine-fluid-sensoriness, not only thoughts and feelings, etc. can be perceived by humans, animals and many creatures, but also fluidal swinging waves of objects, etc. as well as all kinds of electromagnetic swinging waves of elements and substances, thus also of water, etc.

So now the question is whether you have any devices or apparatus that you can use to perceive and analyse the fine-fluidal swinging waves in addition to the coarse-substance swinging waves?

In it I also include deposited human fluidal powers.

Ptaah: Such analysis devices belong to our standard equipment for each flying device, but also to every person who carries out research work etc. in foreign areas, who wears a small device of this kind in their clothing.

**A QUESTION ABOUT POLYGAMY**

from Overpopulation and Polygamie  
FIGU BULLETIN NR. 70

Question raised at a Passive Group General Assembly:  
Why is it that with the topic of overpopulation, the topic of polygamie is not highlighted?

Answer:

There are several reasons for this: On the one hand, polygamie today lacks a legal basis in most countries of this world, which is why it is banned in almost all countries of the Earth. On the other hand, a basic understanding of this is not available for the majority of the world's population.

As a rule, this is also the case with peoples who today are allowed to practise polygamie on the basis of handed down traditions and in whose countries the legal basis also exists for it.

Just as polygamie is lived today by almost all human beings who are allowed this form of alliance, a genuine and fundamental creational-conforming and natural-law-based partnership between the men and their wives, cannot be spoken of, because the women are not accepted and treated as partners having equal rights, or only in absolutely exceptional cases, but are generally abused as working animals and birthing machines.

If polygamie were legally established worldwide in this day and age and lived by the human beings of our present world, the overpopulation in all countries and also in the

**QUESTIONS ANSWERED...** from page 12

gelebt, würde die Überbevölkerung in allen Länder und auch in den Industriestaaten noch sehr viel mehr überhandnehmen und schon bald zum Zusammenbruch aller Systeme führen.

Der Erdenmensch wird erst dann reif für polygame Bündnisse, wenn sich sein Menschenbild und sein Verständnis in bezug auf Leben, Verpflichtung, Liebe und Verantwortung grundlegend verändert und wenn er sich in die Lage gebracht hat, die Realitäten und Tatsachen des Lebens als Wahrheit zu erkennen und sich danach zu richten.

Bis dahin ist aber noch ein sehr weiter Weg.

Ein weiterer Punkt ist der, dass sich für polygame Bündnisse natürlich die passenden Partner finden müssen, die das grundlegende Verständnis dafür aufbauen und für alle Beteiligten gerecht umsetzen können.

Die polygame Lebensweise wird in den Schriften durchaus angesprochen, wie z.B. im 'Gesetz der Liebe' und in verschiedenen Überbevölkerungs-Schriften.

Unsere Prioritäten sind aber darauf ausgerichtet, dass die notwendigen und dringendsten Informationen abgegeben werden, wie z.B. der Überbevölkerung begegnet werden kann, und nicht darauf, für die Menschheit völlig neue Lebensentwürfe zu kreieren und ihnen Lebenswege vorzuschreiben oder aufzuzeigen, die sie sich durch eigenes Denken, eigene Vernunft und eigenen Verstand erarbeiten müssen.

Abgesehen davon ist die Polygamie zur Bekämpfung der Überbevölkerung nicht die grundlegende Lösung, sondern eben die Eindämmung der Weltbevölkerung durch eine probate Geburtenreduktion und Geburtenkontrolle.

Alle anderen Massnahmen können erst dann ergriffen werden und erfolgreich sein, wenn sich die Überbevölkerung auf unserem Planeten weitgehend normalisiert hat.

Die Polygamie ist eher ein Mittel zur Vorbeugung als zur Lösung der heutigen und noch lange andauernden Misere.

industrialized countries would become still much more prevalent and soon lead to the collapse of all systems.

Only when his/her conception of the human being and his/her understanding concerning the life, obligation, love and responsibility has fundamentally changed and when he/she has brought him/herself into the position to recognise the realities and facts of the life as truth and to act accordingly, does the Earth-human become ripe for polygamous alliances.

Until then, however, there is still a very long way to go.

A further point is that for polygamous alliances, naturally the suitable partners must be found who can build up the basic understanding and implement it fairly for all participants.

The polygamous form of life is thoroughly addressed in the writings, as for example, in the 'Law of Love' and in various overpopulation writings.

Our priorities, however, are directed as follows, that the necessary and most urgent information is provided, as for example, how to be able to respond to the overpopulation, and not to create completely new life plans for the humanity and to prescribe or show them life paths that they have to develop through their own thinking, their own rationality and their own intellect.

Apart from that, polygamy to combat the overpopulation is not the fundamental solution, but rather, simply the containment of the world's population through an effective reduction of births and birth control.

All other measures can only then be taken and be successful when the overpopulation on our planet has largely normalised.

Polygamy is more a means of prevention than a solution to the current and long-lasting misery.

*N.B. This is an unofficial translation and contains errors due to the insurmountable language differences between German and English.*

**A NEW PERSPECTIVE**

by Jimmy Chen / Tiny, Ontario / March 2019

In our current world, when all things appear to be going towards an impending disaster because of the rampant religious influences, materialism, one-sided technological developments and overpopulation, the human being can easily lose his or her true consciousness-direction and because of this, can fall into a negative state of consciousness, resulting in damages to their psyche and a desolate fate. But if one has reached this negative state and cannot see a way out of it, but nonetheless wants to find a better way, how can one help themselves to achieve this and overcome the negative influences? The answer is simply the Spiritual Teaching which helps to, step by step, allow the human beings to regain their true consciousness-direction and live a life according to the truth and the creational laws and recommendations.

In the Spiritual Teaching, there is one part in particular that can be very helpful for one to quickly adopt if they are in need of a better direction, and that is: to see things from a new and higher perspective, to step back from their normal everyday thinking and see the evolution of the consciousness and from it, the evolution of the spirit dwelling within each of us and thus the Creation as the most important goal in life. If one has this goal in mind, they will quickly find that their consciousness is a lot freer and unburdened because as taught in the Spiritual Teaching, when one thinks in the right direction, the results will naturally follow in all areas of life (inwards and outwards). To see the evolution of the consciousness, spirit and thus the Creation as the true goal in life, one quickly sees that all human beings are equal and all of us have the same purpose in this world whether we are rich or poor, young or old, unhappy or happy, religious or non-religious, regardless of gender or race, etc. Everyone and everything has a place in this world because for the evolution of the Creation, all are needed, and mistakes, problems and negative occurrences are just lessons to be drawn from and tools for the promotion of evolution. All human beings have a spirit-form dwelling within which is in need of evolution, and seeing this as the actual real goal in life, dissolves many of the tensions and desolate outlooks in life and puts things back into the right perspective. In a world where the evolution of the consciousness, the spirit and thus the Creation is seen as the actual true goal in life, peace, freedom, love, equality, progress and harmony would prevail.

**MEIN VERMÄCHTNIS: MENSCH DER ERDE,  
ICH WÜNSCHE DIR...**

von <Billy> Eduard Albert Meier (p.151)

Mensch der Erde, ich wünsche dir, dass sich dir dein Leben trotz negativen Erfahrungen und Erlebnissen immer lohnt, denn auch aus dem Negativen kannst du stets Gutes und Positives gewinnen.

Gehe allem offen entgegen und lass jeden neuen Tag mit Freude und frohem Mut an dich herantreten.

Wenn du so am Morgen erwachst, dann begrüße ihn friedvoll und freue dich darüber, was dir der neue Tag bringen wird, denn in jedem Fall wird er für dich lebendig sein und dir Dinge bringen, durch die du lernen und fortschrittlich sein kannst, ganz gleich, ob das Auf-dich-Zukommende negativer oder positiver Natur ist.

Denke daher in einer Weise an den dir bevorstehenden Tag, die dir Hoffnung auf Neues und Erfahrungsreiches macht – denke an Fortschritt und Erfolg, niemals jedoch an Last und Not, denn sonst hast du den Tag bereits verloren, ehe er für dich überhaupt richtig begonnen hat.

Dann nämlich wird der neue Tag für dich zur Hölle werden, die du während vielen Stunden hart durchkämpfen musst, wonach du dich dann am Abend gequält niederlegst und keine wahre Ruhe findest, weil du darüber besorgt und verzweifelt bist, was war und was sich den ganzen verflochtenen Tag in unerfreulicher und niederschmetternder Art zuge tragen hat.

Und bricht dann nach qualvoller oder unruhiger oder gar schlafloser Nacht der nächste neue Tag an, dann bist du bereits voller Niedergeschlagenheit oder Wut und Zorn darüber, was sich am vorgegangenen Tag Übles, Missgeschickliches, Unerfreuliches oder Niederschmetterndes zuge tragen hat.

Und du ärgerst dich darüber oder beschimpfst dich gar selbst dafür, was am gestrigen Tag nicht geworden ist, was du nicht zustande brachtest und was du verkehrt gemacht hast. Dadurch vergällst du dir bereits den neuen Morgen und verlierst den neue Tag.

Gehe daher allem offen entgegen und lass jeden neuen Tag mit Freude und frohem Mut an dich herantreten.

Sei freundlich und friedvoll zu dir selbst, wie auch zum neuen Morgen und dem anschliessenden Tag, denn nur dadurch kannst du Freude haben, friedvoll sein, lernen und dich fortschrittlich verhalten.

**MY BEQUEST: HUMAN BEING OF THE EARTH,  
I WISH FOR YOU...**

by 'Billy' Eduard Albert Meier (p.151)

Translation: Jimmy Chen / November 2018

Human being of the Earth, I wish for you that your life is always worthwhile despite negative experiences and events, because also from the negative things, you can always gain the good and positive.

Embrace everything openly and let every new day approach you with joy and joyful courage.

When you wake up in the morning in this manner, then greet it peacefully and rejoice in what the new day will bring you, because in every case, it will be dynamic and bring you things through which you can learn and be progressive, regardless of whether the things approaching you are of negative or positive nature.

Therefore, think of the day standing before you in a wise that gives you hope for new things and things rich in experience – think of progress and success, never, however, of burden and affliction, because otherwise you have already lost the day before it has even rightly began for you.

Namely, then the new day becomes a hell for you which you must fight through hard for many hours, after which you then lie down tormented in the evening and find no true rest because you are worried and despaired about what was and what had happened in the entire bygone day in an unjoyous and devastating manner.

And when the next new day approaches after a tormenting or unrestful or even sleepless night, then you are already full of glumness or anger and rage about the misfortunate, unjoyous or devastating things which happened in the bygone day.

And you fret about or even berate yourself for what had not turned out in the previous day, what you did not bring about and what you have done wrong.

Thereby you already tarnish the new morning for yourself and lose the new day.

Therefore, go towards everything openly and let every new day approach you with joy and joyful courage.

Be friendly and peaceful to yourself, as well as to the new morning and the following day, because only thereby can you have joy, be peaceful, learn and conduct yourself progressively.

*N.B. This is an unofficial translation and contains errors due to the insurmountable language differences between German and English.*

**CREATION**

**O driving force of all life  
The mystery of mysteries  
Within all and us  
Ponder growth  
A thought as seed  
Glory be to Creations  
Love expressed  
I share within.**



Cambell F.