



# Chalk Talk

The Monthly Newsletter of The Ohio Gymnastics Institute, Inc.

5701 W. Webb Rd Austintown, OH 44515 330-652-4386 330-652-4387 (fax)

E-Mail TeamOGI@aol.com Online at www.OhioGymnasticsInstitute.com

July/ August 2008

## Calendar

### July '08

- 1-3 AAU Age Group Nationals in Orlando, FL
- 4 Closed for Independence Day
- 18 Team OGI Banquet

### August '08

- 12 Last day to join the Banana Split Club
- 18-23 Medal Week- Countdown to THE GOLD!
- 11-17 Registration open to currently-enrolled students
- 18-24 Registration open to new and returning students
- 19 Members of the Banana Split Club, join us as the McDonald Dairy Queen for a free DQ treat!
- 26- Sept 1 Closed for the week through Labor Day

### September '08

- 2 First day of fall schedule

## Athlete of the Month

We are so excited to announce our Athlete of the Month, T.J. Gaydosh! T.J. is the seven-year-old son of Ted and Jennifer Gaydosh, and an older brother to Audri, a Bouncing Bear in our Jungle Gym program. He is in second grade at Seaborn Elementary, and has two dogs named Zoey and Charlie.

T.J. is enrolled in our Boys Novice level, and his favorite event is Tumble Track. T.J.'s proudest moment here at OGI was winning Trampoline in our Interclass Competition. He looks forward to learning a back handspring on floor.

Besides gymnastics, T.J. enjoys soccer, basketball and X-Box. When he grows up, he hopes to attend The University of Dayton (but definitely NOT Michigan or Florida! ☺) and design video games. One thing people might not know about T.J. is that he is, in fact, quite smart! He earns straight As in school and on top of that, he is really good at soccer! Way to go, T.J.!



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# Registration

## for Fall Schedule

Current Students- week of August 11



Returning Students- week of August 18

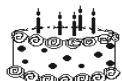
**National Gymnastics Day is September 13!**

## Staff Spotlight

Our staff spotlight is on Lauren Williams! Mrs. Lauren is not only our Assistant Competitive and Recreational Director, but she is also our staff newlywed! She married her handsome husband, Marquis, this past June. She has been coaching at OGI since fall of 1998. Lauren was a gymnast

Summer  
Intraclass  
Competition  
(ICC)

## July & August Birthdays



Jenna Amodio	Maggie Beistel
Aiden Birmingham	Maddie Bitner
Alex Bogniard	Bryce Butler
Avery Cabuno	Joey Callard
Jessica Charles	Morgan Cheeks
Stefani Christy	Candace Cox
Riley Cuckovich	Paxten Denzin
Brandon Dykes	Abbie Dzurinda
Sarah Ellis	Allison Farley
Kylie Gardner	Brooke Gerst
Ashley Gore	Haley Gregory
Alexandra Hames	Sydney Heinbaugh
Emily Johnson	Kendall Johnson
Hannah Jones	Madison Kelly
Zach Leger	Sonora Lehman
Keara Lengyel	Sidney Less
Cierra Milligan	Maggie Mitrega
Miranda Mitrega	Kimmy Muccio,
Olivia Perkins	Leo Puhalla
Olivia Puhalla	Renn Rohrer
Justine Rovnak	Zane Rummell
Sydney Russell	Stephen Scannel
Logan Schnabl	Madelyn Scott
Nathan Scott	Joe Selim
Faith Slater	Samantha Snyder
Mackenzie Solic	Aiden Thompson
Maci Toporcer	Chelsea Williams
Mrs. Lauren	

## Countdown to the Gold

This summer is the year of the 2008 Summer Olympics in Beijing, and we are counting down to all of the excitement! We are holding a special "Count Down to THE GOLD" program in all of our classes. Each week in our Recreational, Cheerleading and Tumbling & Trampoline classes, students will enjoy an exciting Olympics-related theme as they get closer each class to earning a medal! Be sure to bring back those handouts so we can display them in our lobby! Our Jungle Gym Preschool children will have their own countdown with special handstamps all summer long and will also receive a medal at the end of the summer schedule. We would also love to hang their artwork for everyone to see. Have a fantastic O-GYM-PIC summer!



## Ohio Gymnastics Institute Birthday Parties!

Party invitations                      1 hour gym  
time

Cake    1 ½ hour

of  
Drink & goody bag                      of the



## Jungle Gym News

OGI's Preschool Gymnastics Program

These summer months will sure be full of fun here in the Jungle Gym! As we continue to count down with weekly handstamps in our "Countdown to THE GOLD" program, we will be enjoying some exciting summer themes such as, "Ice Cream", "Fishing", and "Fairy Tales"! Our little gymnasts have been making amazing progress so far this summer. Some of the tumbling skills we have been working on include forward rolls, dive rolls, backward rolls, backward extensions, handstands, cartwheels, and round offs. You will see these very important skills broken down into what are called "progressions". Progressions teach specific elements of skills, strengthening the children and helping them become more aware of how their bodies move (kinesthetic awareness). Once the children build enough strength and have had enough practice doing these "parts" of skills, you will see them begin to put them all together into whole recognizable skills. That, families, is something to be excited about!