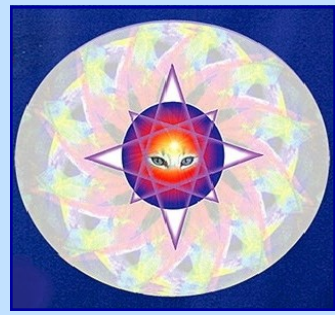


Swim with Humpback Whales in the Silver Banks Itinerary



Laurie and Anne are excited to be able to share this unforgettable experience to swim with wild Humpback whales in the clear waters of the Silver Banks.



Saturday, January 21 Board the M/V SunDancer II

You should arrive in Puerto Plata, Dominican Republic with enough time to arrive at the Ocean World Marina by 5:00 pm Board our Yacht. You will meet Laurie and Anne and the boat's crew and be assigned to your cabin.
 6:00 pm We will have a vessel orientation.
 7:00 pm Dinner will be served.
 8:30 pm Laurie and Anne will lead a spiritual group activity and meditation.
 11:00 pm Boat departs for the Silver Banks.

Sunday, January 22 Arrive in the Silver Banks

7:00 am Breakfast on board the boat.
 9:00 am ish Our yacht will arrive at around in the Silver Banks. While the crew anchors the boat and prepares the tenders (smaller whale watching boats) we will have a Humpback whale and snorkeling orientation by the ship's guide.
 12:00 pm Lunch will be served.
 1:00 pm we will head out in the tenders for our first Humpback whale encounter of the week. The tenders will return to the mother ship at 5:30 pm.
 5:45 pm After a shower and dry clothes we will gather before dinner to share our experiences and insights after our time with the whales.
 7:00 pm Dinner will be served.
 8:30 pm Evening Spiritual presentation and Meditation led by Anne and Laurie



Monday-Thursday, January 23-26 Swim with the Humpbacks

7:00 am Breakfast
 8:30 am Head out to observe and swim with the Humpbacks.
 11:30 am Return to Mother ship.
 Noon Lunch
 1:30 pm Head out to observe and swim with the Humpbacks.
 5:30 pm Return to Mother ship.
 5:45 pm After a shower and dry clothes we will gather before dinner to share our experiences and insights after our time with the whales.
 7:00 pm Dinner will be served.
 8:30 pm Evening Spiritual presentation and Meditation led by Anne and Laurie.



Friday, January 27 Cruise back to port

7:00 am Breakfast
 7:30 am Our boat pulls up anchor and departs the Silver Banks
 Noon Lunch
 4:30 pm ish Boat arrives Ocean World Marina
 5:00 pm Free time to explore the ashore, shop and have dinner on your own at a local restaurant.



Saturday, January 28 Goodbye and travel home

7:00 am Continental Breakfast
 8:00 am Say goodbye to the boat, crew and your new friends and make your own way to the airport to travel home filled with incredible memories and open hearts after your week swimming with the humpback whales.



Trip price:

\$4,250 Master Stateroom
\$4,095 Deluxe Stateroom
 Prices based on Double Occupancy

Contact us with any questions or to book this trip:

Anne Gordon de Barrigón Anne@WhaleWatchingPanama.com
 Laurie Reyon LaurieReyon@yahoo.com

www.WhaleandDolphinWisdomRetreats.com