

## Throwers Club Masters Throwers Meet #3

## Toronto Track and Field Centre Saturday, August 18, 2018 9:30am start Ontario Throws Pentathlon & Triathlon Championships

Fees:	1st Event \$26 for members; \$36 for non-members; \$26 for junior/university/para athletes
	2 <sup>nd</sup> Event \$7, 3 <sup>rd</sup> Event \$6, 4 <sup>th</sup> Event \$5 & 5 <sup>th</sup> Event \$5
	Throws Pent \$49 for members, \$59 for non-members. Note: junior/university/para athletes will not be
	permitted to enter the throws pentathlon. Throws Triathlon \$39/\$49. If you want to enter all 5 events & do
	6 throws enter throws pentathlon & choose the 6 throw option. Best of 3 counted towards throws
	triathlon/pentathlon. Result only recorded in single event if 4 or more throws are attempted.
	Membership Required (Ontario Masters Athletics, Athletics Ontario, Athletics Canada or USATF). For
	Members meet rate, entrant must be paid up Throwers Club member for 2018.
Events:	Throws Pentathlon, Triathlon and Single Throws Events (hammer, shot put, discus, javelin and weight throw).
	Events will be held in order of the Throws Pentathlon i.e. hammer, shot put, discus, javelin and weight throw.
	Scoring is by WMA 2014 tables. Throws Pentathlon and Triathlon will be 3 attempts for each event.
	Individual events will be 6 attempts. Men and women will compete in the same flights. NOTE: SCHEDULE
	HAS CHANGED FROM LAST YEAR BECAUSE THE EAST CAGE IS NOT AVAILABLE. Separate Masters & Juniors
	flights will be run for shot, discus and javelin. Only shot will have simultaneous flights.
	Meet will start at <u>9:30am</u> sharp. <u>THIS IS A NEW START TIME.</u> <u>Schedule is attached.</u>
	This is an Athletics Ontario and IPC Sanctioned Meet.
Entry:	Click for Meet Entry. Entry Deadline Wednesday, Aug 15th at 11:59pm. Please email Bill Pearson Meet
	<u>Director</u> if you have any questions.
	NOTE: There will be NO late or same day entries.
Equipment:	Throwing equipment for all age classes and events will be provided. Throwers who wish to use their own
	implements must bring them at least 30 minutes before the meet starts for weigh-in. Once weighed-in,
	implements will be part of the meet implements and available for use by all competitors.
Results:	Complete results will be posted following the meet on the
	Throwers Club website at <a href="https://www.throwersclub.ca">www.throwersclub.ca</a> No qualifying standards for entry
Facilities:	Full throwing facilities for hammer, shot put, discus, javelin and weight throw. For further information see -
	http://www.toronto.ca/parks/sports/trackfield.htm
	Pay parking is available at the lot east of the Toronto Track and Field Centre off Founders Road.
Hosted by:	Throwers Club www.throwersclub.ca

