

# APRIL 2019 ACTIVITY CALENDAR

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b>  <b>8-4 All Day Quilting/Sewing</b>                      9:30 Mindfulness Meditation                      10:00 Beginner Bridge                      12:30 Advanced Bridge  <b>1:00 Beginner Ukulele and Guitar Lessons</b>  <b>1-3 Healing Touch</b></p>	<p><b>2</b>  <b>9:30 Trip Down Memory Lane</b>                      10:00 Scrabble  <b>10:00 Books on the Go: NPL</b>  <b>11:00 Bingo: Evergreen</b>                      12:30 Pinochle                      1-3 Rummikub                      3-7 PM Spades</p>	<p><b>3</b>                      8-4 All Day Painter's Wksp.                      9:30 Mindfulness Meditation                      9:30 Mexican Train Dominoes  <b>12:30 Women's Grief Support</b>                      12:30 Advanced Bridge                      12:30 Euchre  <b>3-4:30 Men's Grief Support</b></p>	<p><b>4</b>  <b>9:00 Beg. Sign Language</b>  <b>9:45 Int. Sign Language</b>  <b>10:00 Great Books</b>  <b>12:30 Slow Jam</b>                      2-4 ARCooustic Jam Session                      3-7 PM Spades</p>	<p><b>5</b>  <b>9-2 VITA</b>  <b>9-11 Matter of Balance</b>  <b>10:15 ARC Avid Readers Book Club</b>                      12-4 Quilting and Sewing  <b>12:30 Texas Hold 'Em Poker Tournament</b>                      12:30 Advanced Bridge</p>
<p><b>8</b>  <b>9-12 One on One Durable Power of Attorney</b>                      9:30 Mindfulness Meditation  <b>9:30-3 WRAP Class</b>                      10:00 Beginner Bridge                      12:30 Advanced Bridge  <b>1:00 Beginner Ukulele and Guitar Lessons</b>  <b>1-3 Healing Touch</b>  <b>2:00 Dickens on the Road Traveling Theatre</b></p>	<p><b>9</b>                      10:00 Scrabble  <b>10:30-2 Drop In Diabetic Shoe Clinic</b>  <b>11:00 Bingo: Blair House</b>    <b>12:30 Pinochle Tournament</b>                      1-3 Rummikub                        3-7 PM Spades</p>	<p><b>10</b>                      8-4 All Day Painter's Wksp.                      9:30 Mindfulness Meditation                      9:30 Mexican Train Dominoes  <b>10:30 "A Place to Stand: Community Media"</b>  <b>11:00 Android Basics 1</b>                      12:30 Euchre                      12:30 Advanced Bridge  <b>1:00 iPhone Basics 1</b></p>	<p><b>11</b>  <b>9:00 Beg. Sign Language</b>  <b>9:45 Int. Sign Language</b>  <b>10-12 Stamping</b>  <b>10:00 RSVP Volunteer Opportunities</b>  <b>12:30 Slow Jam</b>                      2-4 ARCooustic Jam Session  <b>2-3 Creative Writing</b>  <b>2-3 Pool School</b>                      3-7 PM Spades</p>	<p><b>12</b>  <b>8:30-11:30 Beginner Crochet</b>  <b>9-2 VITA (Ends)</b>  <b>9-11 Matter of Balance</b>  <b>10 &amp; 1 Movie: The Barkleys of Broadway</b>                      12-4 Quilting and Sewing                      12:30 Advanced Bridge  <b>12:30 Bunco</b></p>
<p><b>15</b>  <b>Bus Trip: St. Charles</b>  <b>8-12 Morning of Stamping</b>                      9:30 Mindfulness Meditation  <b>9:30-3 WRAP Class</b>                      10:00 Beginner Bridge                      12:30 Advanced Bridge  <b>1:00 Beginner Ukulele and Guitar Lessons</b>  <b>1-3 Healing Touch</b>  <b>1-2:30 Android Basics 2</b>  <b>3-4:30 iPhone Basics 2</b></p>	<p><b>16</b>  <b>9-10:30 Android Apps</b>                      10:00 Scrabble  <b>10:00 Books on the Go: NPL</b>  <b>11-12:30 iPhone Apps</b>  <b>11:00 Bingo: Sugar Creek</b>                      12:30 Pinochle  <b>1:00 Parkinson's Support Group: DBS Update</b>                      1-3 Rummikub                      3-7 PM Spades</p>	<p><b>17</b>                      8-4 All Day Painter's Wksp.  <b>9-11 Vision Screenings: Normal Lions Club</b>                      9:30 Mindfulness Meditation                      9:30 Mexican Train Dominoes  <b>10:30 Music Enrichment</b>                      12:30 Advanced Bridge  <b>12:30 Euchre Tournament</b>  <b>12:30 Women's Grief Support</b>  <b>3-4:30 Men's Grief Support</b></p>	<p><b>18</b>  <b>9-12 One on One Durable Power of Attorney</b>  <b>9:00 Beg. Sign Language</b>  <b>9:45 Int. Sign Language</b>  <b>10:30 Brain Bootcamp</b>  <b>12:30 Slow Jam</b>                      12:30 Inter. Bridge                      2-4 ARCooustic Jam Session                      3-7 PM Spades</p>	<p><b>19</b>  <b>8-4 All Day Quilting and Sewing</b>  <b>9-11 Matter of Balance</b>    <b>12:30 Texas Hold 'Em Poker Tournament</b>                      12:30 Advanced Bridge</p>
<p><b>22</b>  <b>9:00 Trivia DVD Challenge</b>                      9:30 Mindfulness Meditation  <b>9:30-3 WRAP Class</b>                      10:00 Beginner Bridge  <b>11:00 Retirement Investment Strategies</b>                      12:30 Advanced Bridge  <b>1:00 Beginner Ukulele and Guitar Lessons</b>  <b>1-3 PM Walk-In SHIP</b></p>	<p><b>23</b>                      10:00 Scrabble  <b>10, 1, &amp; 4 Movie: Green Book</b>  <b>11:00 Bingo: Walgreens on Raab</b>                      12:30 Pinochle                      1-3 Rummikub                        3-7 PM Spades</p>	<p><b>24</b>                      8-4 All Day Painter's Wksp.                      9:30 Mindfulness Meditation                      9:30 Mexican Train Dominoes  <b>10:30 F3E: Mitigating the Cost of Long Term Care</b>  <b>12-1 ARC Tech Club</b>  <b>1 &amp; 6 Practices for Inner Peace Demo</b>                      12:30 Advanced Bridge                        12:30 Euchre</p>	<p><b>25</b>  <b>8:30-12:30 Smart Driver</b>  <b>9:00 Beg. Sign Language</b>  <b>9:45 Int. Sign Language</b>  <b>10-12 Stamping</b>  <b>12:30 Intermediate Bridge Tournament</b>  <b>12:30 Slow Jam</b>  <b>2-3 Creative Writing</b>  <b>2-3 Pool School</b>                      2-4 ARCooustic Jam Session                      3-7 PM Spades  <b>5:00 New to Medicare</b></p>	<p><b>26</b>  <b>8:30-11:30 Intermediate Crochet</b>  <b>8:30-12:30 Smart Driver</b>  <b>9-11 Matter of Balance</b>                      12-4 Quilting and Sewing  <b>12:30 Advanced Bridge Tournament</b>  <b>12:30 Bunco</b>  <b>2:00 Community Cash Grow Bingo</b>                      12:30 Advanced Bridge</p>
<p><b>29</b>                      9:30 Mindfulness Meditation  <b>10-2 Janet Puntoni: Watercolor Class</b>                      10:00 Beginner Bridge  <b>11:00 Senator Barickman: Town Hall Meeting</b>  <b>11-12:30 Android GPS</b>                      12:30 Advanced Bridge  <b>1:00 Beginner Ukulele and Guitar Lessons</b>  <b>1-2:30 iPhone GPS</b></p>	<p><b>30</b>                      10:00 Scrabble  <b>11:00 Bingo: Foundation for Financial Education</b>                      12:30 Pinochle                      1-3 Rummikub                        3-7 PM Spades</p>	<p><b>FREE and ONGOING.....</b>                      Intermediate Bridge: Tues. &amp; Thurs., 12:30PM                      8 Ball Tournament: Thursdays, 9 AM                      Texas Hold 'Em Poker: Tues., 10 AM/12:30 PM, Thurs., 12:30 PM                      Computer Assistance, Thurs., 9-11 AM                      Chess, Wed. 1-3 PM                      California Canasta, Mon. 10 AM                      Strat-O-Matic Baseball, Mon., Tues, &amp; Thurs, 2-4 PM</p>	<p><b>FREE and ONGOING.....</b>                      Mah Jongg: Mon., T., R, 12-3 PM, Wed. 11:30-3 PM                      Knitting/Needlework: Thursdays, 12:30 PM                      Information &amp; Assistance: 2nd &amp; 4th Thurs., 9-11 AM                      Origami, 1-3 PM Fridays                      Hand and Foot, 9-12 Fridays                      Cribbage, Mon., 1-4 PM                      Fun &amp; Games, Fri. 1-4 PM                      Conversations Café, Thursdays, 9 AM</p>	<p><b>New Day Ringers Bell Concert</b>    <b>Saturday, April 6 10 AM</b>                        Register at ARC or by calling 888-9099</p>