

If you cannot read this email, go to [www.essexcorinthian.org/archive.html](http://www.essexcorinthian.org/archive.html) to download a PDF version of this issue.

NOTE: Please add [ecyc@essexcorinthian.org](mailto:ecyc@essexcorinthian.org) to your address book to avoid e-blasts being considered spam by your email program!

Essex Corinthian Yacht Club

July 2017



THE ESSEX CORINTHIAN YACHT CLUB

## OFF-SHORE

### IDEAL 18 FLEET NEWS

**Help is needed! ECYC and EYC are co-hosting a race day for Pettipaug Sailing Academy students** in the Ideal 18s. We hope to make this an annual event as a "graduation present" for the senior class. This will be the first time most of them will race a keel boat and we hope it will draw some interest to our clubs. The date is Wednesday July 26th. EYC is providing the race committee and we are providing two mark boats. Commodore Steve will use his boat to bring spectators (mostly parents of the sailors, but anyone is welcome - just bring a PFD) out to watch the racing. The mark boats should be small powerboats. Their purpose is to drop, move, and retrieve the marks of the course. For frostbiting, they also rescue capsized sailors. If you have never been a mark boat before it doesn't matter - we will have an experienced racer on board with you to do the dirty work hauling the marks and to provide guidance. The race committee is in radio contact with the mark boats telling them where to go and what to do. Please contact me via e-mail if you can volunteer to be a mark boat. You would be needed between 10am and 3pm.

**Good news from our Ideal 18 sailors:** Rumor has it that Jon Gibbs is tearing up the Tuesday night races and that Sue Watts is rapidly improving.



The club's Ideal 18s are available for any qualified skippers to take out other club members or guests (please familiarize yourself with our Ideal 18 Usage Guidelines).

Please sign out the boats and follow the rules posted on the Ideal 18 bulletin board.

Bring a VHF radio. If you do not have your own, please ask Jean Little or me about using the club's radios. Please ensure you return the radios to their chargers after use.

Life jackets must be worn at all times. There are a couple of spare life jackets in the lockers next to the side door.

- Check that each boat has two paddles as it can be difficult to clear the outer docks.

For graduates of Cindy Gibb's racing clinic and any other qualified skippers who feel they are ready to test themselves, one of our Frostbite skippers will be happy to crew for you in the Tuesday night EYC races which we are allowed to participate in. The racing is not highly competitive and is a good stepping stone to Frostbiting, the Rum Challenge, and the team race.

## IMPORTANT DATES:

- July 15th: Three Mile Harbor Fireworks
- July 16th: Sunday Night Dinners Start
- July 22nd: Essex Rum Challenge
- July 25th: BOG Meeting
- July 26th: PYC Sailing Academy Race
- August 6th: 3rd Round The Buoy Regatta
- August 12th: Summer Fun(d)raiser
- August 25-26th: Leukemia Cup



Refer to our event calendar on our website at [www.essexcorinthian.org](http://www.essexcorinthian.org) for event details!

## VIEW FROM THE BRIDGE



### Fellow Corinthians!

I am pleased to report that we had another terrific **4th of July** celebration. The weather was ideal and the parade, music and food were excellent. I want to thank all those who helped make this day happen, well done!

Now that the weather is finally nice and Friday nights are getting busy, remember to order from the Galley sooner rather than later. Please do take a moment to read the revised **Food Rule** (a.k.a. House Rule 12) now posted upstairs. It is important that everyone knows about this revision.

Contact Tom Atkinson (860- 662-4005) or Jon Gibbs (860-391-5700) if you are interested.

*Note: All members and guests using the Ideal 18s must sign the waiver and contact information forms, and sign out on the bulletin board in the River Room as well!*

Please contact me if you have any questions.

**Tom Atkinson**

**Fleet Captain**

**Email: [fleetcaptain@essexcorinthian.org](mailto:fleetcaptain@essexcorinthian.org)**

### **Race Committee Update**

#### **Upcoming Regattas:**

Round-the Buoys Friendly Regatta: Sunday, August 6th  
Essex Rum Challenge: Saturday, July 22nd  
North Cove Outer Light Classic: Saturday, July 22nd  
Essex YC Sam Wetherill Overnight Race: Friday, August 18th  
Tri-Club Leukemia Cup Regatta: August 26th  
Fall Off Soundings: September 15th - 16th  
ECYC Cross Sound Challenge: September 23rd  
ECYC Thomas Clark Memorial (Tri-Club River Series): October 21st

Thanks in advance to all our Race Committee and Protest Committee volunteers. Without the help of these club members we would not be able to sustain our PHRF racing program! If you'd like to be involved in planning the Cross Sound Challenge or the Thomas Clark Memorial, please contact me at [racechair@essexcorinthian.org](mailto:racechair@essexcorinthian.org).

See you on the water,

**Tim Brewer**

2017 Race Committee Chair

Email: [racechair@essexcorinthian.org](mailto:racechair@essexcorinthian.org)



### **ON-SHORE**

#### **Entertainment Committee Update:**



Osprey leading the Harbor Parade

#### **Ahoy, All Members of Essex Corinthian Yacht Club!**

The **July 4th Cook-Out** was a successful event once again. Thanks to all who brought an appetizer and/or salad. We had a wonderful selection to compliment the meal. As always, the Corinthian Spirit is alive and well.

We look forward to upcoming events including new additions to our Wednesday night entertainment. Last night's performance by Megan Errichetti and Matthew Campisi was a great success (despite torrential downpours that forced us back indoors). Musicians that you

Coming up soon in July, we will enjoy our annual outing to watch the **Three Mile Harbor Fireworks, the Summer Cruise, Essex Rum Challenge, and in August the third Round the Buoys Regatta**, as well as a few other on-shore events. Please check our online calendar for a list of our special events.

Now that we are in July, we are starting **Sunday night dinners** - so come on down and enjoy our wonderful food and views of the river from our decks!

A special note, on **Saturday August 12th we are having a Summer Fun(d)raiser**. Please watch for details about this event! Proceeds will go towards improving the River Room.

**Membership Update:** We are currently down twelve members from last year after bringing in ten new members. We continue to need your help finding new folks from our surrounding communities who would enjoy what we have to offer. Remember, boating is only part of our club and prospects do not have to have a boat to join. About half of our members currently own a boat. The application is on our website and I would be happy to go over it with you. Remember it's the people who make ECYC a fun place.

**BOG 2018:** We are currently looking to fill some slots on next years Board Of Governors. Now is the time to raise your hand. Several terms are ending including mine and I want to start next year well prepared. This is a great service for our Club and you will enjoy the experience. Please contact me for details.

Please note that the list of BOG meeting dates is posted on the bulletin board outside the office. Members are welcome. Please let us know if you wish to attend.

**Steve Rodstrom**

**Commodore**



#### **Vice Commodore's Update:**

**Our summer weather has been a mixed bag so far, but this has not stopped us from the club.** Our first **"Docktails"** get-together was a great success, and we are looking forward to more such pre-dinner events this summer.

Those of you who attended "Docktails" know that we are trying to use our **River Room** and adjacent deck space more frequently, as this area has been rather underutilized until now. One of our current projects involves a remodel of the interior space, including updating the furnishings. In spring, we painted the interior, but that was just the beginning. Because this is a project that will require some funding, we are holding a special event to help. We are calling this event a **"Fun(d)raiser", and the date is Saturday, August 12th.**

To help raise funds for this project, we are asking anyone with a special talent, skill or profession to donate some time, product or service to our special auction. For example, if you like to bake, you could offer baking a birthday cake for someone; or if you are handy with tools, you could offer helping out in someone's yard; etc., etc. The possibilities are endless! We will create auction sheets for people to bid on all this and hope this will help us not only to fund some of the River Room improvement, but also have some fun and foster our community-oriented Corinthian spirit!

**Please contact Nancy Simms, Pat Atkinson or me by August 5th to let us know what you can do to help!**

#### **A word of thanks to everyone who helped with the 4th of July Cook-Out!**

We were sold out, but thanks to our Rear Commodore, Chris Morano, who provided extra picnic tables downstairs, it did not feel crowded this year, which made for a very pleasant, relaxed afternoon. Thank you to our master grillers who were busy at the bbq grilling up delicious hot dogs and burgers, and the entertainment crew who decorated the space and pulled out all the stops to make the afternoon special. The Arrowhead String Band was on deck not just at the club, but also played on our Commodore's boat during the parade (a first!), and everyone was smiling and happy to be there. Thank you to the many members who brought a plethora of appetizers and sides! It was very gratifying to see that the Corinthian Spirit is alive and kicking!

I am happy to report that last week's **Maritime Art Reception** at the Lyme Art Association was very well frequented! Members from several local yacht clubs attended and enjoyed the exhibition and a few libations! As this was sort of an 'experiment' cooked up by the LAA and yours truly at another reception, we were very pleased with the turnout and hope to continue this multi-organization cooperation in the future. Since our local artists are represented at various art associations up and

have always enjoyed will also continue to play on Wednesday evening such as: The Essex Corinthian Jazz Band, Scott Konrad and the Occasional Jazz Band as well as Russ Becker returning in July. Please refer to the ECYC e-blasts for dates each artist will be playing.

We are planning another "Docktails" on a Sunday evening in the near future, date to be announced.

Thanks for all you do to help make these events a success. We continue to look forward to many enjoyable events this summer.

**Pat Atkinson**

**& Nancy Simms**

**Co-Chairs Entertainment**

Email: [nancy-events@essexcorinthian.org](mailto:nancy-events@essexcorinthian.org)

or [pat-events@essexcorinthian.org](mailto:pat-events@essexcorinthian.org)

### Special Event Organization Appeal:

**As you know, our club's premier regatta, the Cross Sound Challenge, will be held on September 23rd, 2017.**

To date we have secured the same party space over at Brewer Essex Island Marina, like in years past, and the US Coast Guard permit for the regatta is in the works. We are reaching out to past and potential new sponsors to help us make this regatta a success.

In order to do so, we need your help. You do not need to be on the race or entertainment committee to become a part of our regatta, anyone is welcome! **We need people to help us with the planning for and organization of the actual day, as well as folks who are willing to ask their business contacts to become an event sponsor.** We will post all details and a sponsorship on a special webpage shortly.



Please contact our **Race Committee Chair, Tim Brewer or Nancy Simms and Pat Atkinson, our Entertainment Committee Co-Chairs** to let them know that you are ready to help!

**Tim Brewer** Email: [racechair@essexcorinthian.org](mailto:racechair@essexcorinthian.org)

**Nancy Simms** Email: [nancy-events@essexcorinthian.org](mailto:nancy-events@essexcorinthian.org)

**Pat Atkinson** Email: [pat-events@essexcorinthian.org](mailto:pat-events@essexcorinthian.org)

### House Committee Update:

**One of ECYC's MVPs is at it again. Myron Stacks** contacted me about two weeks ago all but pleading to please be allowed to scrape, sand, and finish coat the stairs on each end of our riverside upper deck. Their deplorable condition has been allowed to continue as my optimism and hope for a decking replacement was the root for procrastination. Myron, being of sounder mind than myself, had all the right reasons, as well as the ambition of someone half his age, only sought blessing and concurrence on how best to proceed. Today, after a brief interlude as he travelled out of state, Myron got back to it, resulting in southern stairs having a second life. The northern staircase soon to follow. Corinthian spirit has Myron's picture in the definition. Request all members to join me in extending a huge thank you to Myron.

There is an ever so slight update to the 5-step renovation plan I've been describing and referencing. A brief meeting with Brewers general manager Doug Domenie was encouraging as next steps is to submit contractor estimates for each subproject for him to include for consideration in the Brewers 2018 capital budget. Should any member know of a contractor we could contact for renovation estimate(s), please advise. I will seek the assistance of house committee members to obtain budget estimates.

It's July, had hope to have a couple of more tasks completed by now, but seems time is not my own these days. I'm in the midst of home projects, absorbing a great deal of focus, time, and energy. I remain

down the river and shoreline, it is a nice way to enjoy some spectacular artwork and support these artists at the same time!

Our **Wednesday Night Music program started on June 7th** with the return of the Corinthian Jazz Band, and we have had several different performers entertain the dinner crowd on Wednesday nights since then. Last night we were treated to a special performance by Megan Errichetti and Matthew Campisi, and if you are on Facebook, take a look at the short clip that is posted there. This is what Wednesday nights at the club in summer are like! If you haven't been to one of our Musical Wednesday Nights yet, why not come down to the next one?

As always, I am indebted to our great group of volunteers who help us maintain a steady flow of events and entertainment for our members to enjoy. Our volunteers are what makes this club so special. Please support their efforts by attending as many of them as possible - or even better, come join a committee! Trust me, we do have a lot of fun, and it is a great way to meet fellow club members.

**More on upcoming events in our Entertainment Update on the left!**

Please contact me at [vicecommodore@essexcorinthian.org](mailto:vicecommodore@essexcorinthian.org) if you would like to help out at any of our events, or even better, all our events! Our success hinges on the involvement of our volunteers. Please get involved!

Remember, our events are listed online at our website, just go to [www.essexcorinthian.org](http://www.essexcorinthian.org) ... and click on "Events"!

**Ruth Emblin**

Vice Commodore

Email: [vicecommodore@essexcorinthian.org](mailto:vicecommodore@essexcorinthian.org)



### Rear Commodore's Update:

**We have been enjoying a number of club events so far this season, but preparing for our many events requires a lot of planning.** Not only in people power, but also in ensuring that we are in compliance with the relevant laws and regulations. Our off shore committees have been doing this for years, making sure that every event, from regattas to our 4th of July parades, are properly registered and run pursuant to State, Local and Coast Guard requirements. We are in the process of seeking a Club Liquor Permit to satisfy regulations that govern our on-shore events. This does not mean the Club intends to open a bar, as it does not. Everything will stay the same, we will just be following the law and allowing all of us to rest assured, while we enjoy the many special functions ahead. Stay tuned for updates, and feel free to contact me if you have any questions or concerns.

Once again, **enjoy the 2017 Season.** Don't blink, as it always seems to go by too quickly.

**Chris Morano**

Rear Commodore

Email: [rearcommodore@essexcorinthian.org](mailto:rearcommodore@essexcorinthian.org)



### Revised House Rule 12

House Rule 12 of the ECYC Bylaws was revised following a membership poll and its evaluation.

**Signs have been posted throughout the club to reflect these changes. The only items permitted are nuts, bar mix, snacks like "Goldfish", and chips & dip. This applies to days on which our galley is open for food service.**

**Please familiarize yourself with the new rule. Thank you.**



hopeful that we will get a few activities done, but I'm realizing it is not impacting the enjoyment of the members' use of the club. Please do enjoy the club, it really has some of the best seats on the riverfront. On this topic, I must comment on the outstanding job and efforts of our entertainment high octane co-chair pair of **Pat Atkinson and Nancy Simms**. They're making so much happen, and energetically exploring new activities the club can organize. **Mark Bovolack** has been an endless source of ideas and catalyst to a number of special events (think wine & beer tastings etc.). Mark recently had knee replacement, I wish him a speedy recovery, and knowing Mark he's got plans still in motion, even as his is limited.

Have a great summer, enjoy these special weeks.

### **Chuck Grusse**

House Chair

Email: [house@essexcorinthian.org](mailto:house@essexcorinthian.org)

### **Membership Committee Update:**

The pace of membership applications has picked up with the onset of summer and all it has to offer at ECYC. Your Board of Governors is delighted to welcome the following new additions to our Club:

**Sean Costello**, of Manhattan, whose Non-Resident application was approved by the Board at its June meeting. Proposed by Mike Ingrassia, Sean, as well as his partner - also Sean (Mahon) -- is spending more time in our area and is eager to learn the ropes of boating as a diversion from his work in finance.

**Lee Moody and Walter Konior**, of Durham, proposed by Mark Bovolack and inducted in June. Retired as a marketing executive, Lee and her husband have been increasingly drawn to the waters of the Sound and Lower Connecticut River Valley and, with recent ASA certification, look forward to sharpening their sailing skills. Lee has sailed and kayaked in the oceans and lakes of North America, as well as in the Caribbean and South Pacific, and has been active in shoreline and Rhode Island boating organizations. She delighted in a recent Monday ladies' sailing course with Cindy Gibbs and the couple has volunteered to help on no fewer than six diverse Club committees.

**Becky and Gary Riggio**, of Ivoryton, proposed by Bruce Glowac and approved by the Board at its May meeting. Gary's love of sailing traces back to his youth, when he bought his first boat at eight years old with proceeds saved from his newspaper delivery route! Gary is co-owner of Richard Riggio and Sons, a respected local general contractor, and Becky, a Deep River native, recently retired from the Guilford school system after 38-year career as a Physical Education/Health educator. They enjoy fishing and cruising on Getaway, their 42' Post Sportfish, and look forward to serving on the ECYC Waterfront Committee and broadening their circle of nautical friends.

Although our program season is in full swing, it's never too late to recruit new members. Doing so now benefits both proposed and new member alike, as 2017 dues are prorated for admissions after August - and the proposer will receive a \$100 credit toward his/her 2018 dues, subject to the new member's admission and payment in full of applicable initiation and dues charges.

As your Board of Governors charts the Club's future course, Membership takes on a front-and-center role - financially and otherwise. Our Membership Committee, which includes Sarah Waterhouse and Judy Taylor, invites your constructive suggestions on new ways to broaden our membership base. Just drop me a note at [membership@essexcorinthian.org](mailto:membership@essexcorinthian.org).

### **Scott Konrad**

Membership Chair

Email: [membership@essexcorinthian.org](mailto:membership@essexcorinthian.org)

## **GREEN TIP OF THE MONTH**

*Tread Lightly.....*

## **House Rule 12:**

Effective May 1, 2017



**BYO Snacks Permitted  
on Galley Service Days:  
Nuts, Bar Mix, Snacks  
like "Goldfish", and  
Chips & Dip**

## **GALLEY NEWS**

**It is finally feeling like summer** and the deck at ECYC is a great place to enjoy the view and a delicious meal from the galley. Ed and Monique have been serving some tasty specials along with the beloved favorites. Remember on busy nights, appetizers can be preordered so they are ready for you when you arrive.

**Also a friendly reminder**, the only BYO appetizers that are permitted are nuts, bar mix, and snacks such as "Goldfish", and chips and dips. Thank you in advance for your cooperation.

**If you are entertaining at home**, remember CCC can cater your party so you can spend time with your guests instead of being in the kitchen.

**Now that your friends can pay for their own meal by credit card**, it's very easy to introduce them to this special club.

If you have any questions or concerns please feel free to contact me. Bon appetite! I look forward to seeing you around the club!

### **Catherine Gazikas**

Galley Liaison

### **Summer Galley Hours:**

#### **Lunch:**

**Wednesday, Thursday, Friday and Saturday**

**(self-service) :**

**11.30 am to 2.00 pm**

#### **Dinner:**

**Wednesday (self-service)**

**Friday (table service)**

**Sunday (self-service):**

**5.30 pm to 8.30 pm**

#### **Brunch:**

**Sunday (self-service):**

**11.00 am to 2.30 pm - special brunch hours on selected holidays!**



### **DID YOU KNOW?**

The Galley serves a great lunch with soups, salads and all kinds of tasty fare while you enjoy the views across the Connecticut River! Why not come and give it a try? Daily Wednesdays through Saturdays, and brunch on Sundays.

Menus are available at  
[www.essexcorinthian.org/dining.html](http://www.essexcorinthian.org/dining.html)

**We want your feedback about our galley activities.**

Please let us know what you think!

Email [galleyliaison@essexcorinthian.org](mailto:galleyliaison@essexcorinthian.org)

**FEEDBACK**

**We want to know what you  
think about our galley!**



"Tread Lightly on Land and Water" is an organization offering a variety of tips and tricks to decrease any negative impact on our environment created by our outdoor activities. The organization has a comprehensive website with links to tips on everything from motorized and non-motorized summer to winter sports, outdoor activities to education programs and resources to help us make responsible choices as we enjoy our great planet.

While most of the suggestions will seem a matter of common sense to many of us, there are quite a few tips in there that will spark an 'aha' effect or remind us of something we may have forgotten or overlooked. Many of us have a certain routine when we embark on our outdoor adventures, and after doing some research on the site you may realize that you can help just by tweaking your routine a tiny bit!

For more information go to [www.treadlightly.org/tread-lightlys-tips-for-responsible-motorized-boating/](http://www.treadlightly.org/tread-lightlys-tips-for-responsible-motorized-boating/)

*Thank you for being an environmentally responsible ECYC member!*

**Ruth Emblin**  
ECYC Vice Commodore



Full Moon over the Connecticut River  
(Photo Credit: R.Emblin)



### Friday Night Colors:

Friday Night Colors has been a long-standing tradition at the time of sunset at our yacht club, just like at countless yacht clubs around the country.

We generally time our ceremony with that of our neighbors' at the Essex Yacht Club.

***Some of you may not be familiar with the procedure, so here is a little primer:***

The day's Officer on Deck (usually a member of the Board of Governors scheduled for that evening) will take the ECYC saluting cannon out of the trophy case and place it on the pedestal mount on the rail immediately next to the club by the flagpole prior to the time of sunset. He/she then loads the cannon with a shot gun shell.

Just before sunset the staff at the Essex Yacht Club will ring a bell as a warning prior to firing their salute cannon. They will then lower the EYC burgee.

When the EYC burgee has been lowered, our Officer on deck will ring **our club's bell TWICE** and say "Stand for Colors". ECYC members and guests are to stand and quietly face the US Flag at EYC as it is lowered. We follow this procedure as we do not lower our own US Flag, since our flagpole is lit throughout the night.

Once the bell has been rung and members have been called to "Stand for Colors," the assistant Officer on Deck (the following week's OOD or other designated assistant) will fire our cannon by hitting the end of the cannon with the mallet. The assistant and anyone close to the cannon should wear ear muffs or plug their ears against the noise.

#### **WARNING:**

The cannon shot is VERY LOUD when you are out on the deck!

When the US Flag has been lowered, the OOD will ring our bell ONCE and say, "As you were." Members and guest can now return to their seats and continue as before.

### SUMMER HOURS IN EFFECT AT THE CLUBHOUSE:

<b>Tuesday, Wednesday and Thursday</b>	<b>9 am to 9 pm</b>
<b>Friday</b>	<b>9 am to 10 pm</b>
<b>Saturday and Sunday</b>	<b>11 am to 9 pm</b>

*Note: Private meetings may be scheduled after-hours, except Mondays. Please contact Jean Little for details.*

#### **NO SMOKING AT ECYC:**



The clubhouse, the decks and the surrounding dock areas are non-smoking areas. Please remind your guests of this restriction, it is part of a facility-wide prohibition of open flames.

#### **WEBSITE:**

All of our events, weekly menus and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, [www.essexcorinthian.org](http://www.essexcorinthian.org)!

***The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued by the Essex Corinthian Yacht Club of Essex, CT.***

For general questions on ECYC please refer to our website at [www.essexcorinthian.org](http://www.essexcorinthian.org), email us at [ecyc@essexcorinthian.org](mailto:ecyc@essexcorinthian.org), or snail-mail to

**Essex Corinthian Yacht Club**  
PO Box 759 - Essex, CT 06426  
Telephone: (860) 767-3239

Contact Information for individual BoG Members is posted at [www.essexcorinthian.org/club-officers.html](http://www.essexcorinthian.org/club-officers.html)

Find us on Facebook at: [www.facebook.com/EssexCorinthianYachtClub](https://www.facebook.com/EssexCorinthianYachtClub)

*Please note that schedules may change at any time without prior notice. ECYC and the editor are not responsible for any errors or inaccuracies derived from information provided by third parties.*



Essex Corinthian Yacht Club, Novelty Lane, PO Box 759, Essex,, CT 06426

[SafeUnsubscribe™](#)

[Forward this email](#) | [Update Profile](#) | [About our service provider](#)

Sent by [ecyc@essexcorinthian.org](mailto:ecyc@essexcorinthian.org) in collaboration with

