

SDX FEES...making dysphagia easier to swallow since 1997



SDX is a Therapist-owned company, originally established in 1997 by a speech pathologist in Connecticut. Since our inception, we have spread to Massachusetts and Rhode Island, with a customer base of over 280+ skilled nursing facilities. We are speech pathologists specially trained in the Fiberoptic Endoscopic Evaluation of Swallowing (FEES), Medicare CPT code 92612.

We promote the growth and development of the medical speech therapy community through ongoing educational networking events and are current members of RIHCA, the MA Chapter of ACHCA and Mass Senior Care.

Our popularity in skilled nursing is driven by our prompt, professional services. We aim for 48-hour scheduling from the time of your call ensuring that in a reimbursement era operating under shorter lengths of stay, you don't wait for answers about a resident's diet.

Our Goal:

To provide functional outcomes, balancing patient quality of life with progressive therapy including biofeedback and staff training via FEES. SDX FEES Specialists will collaborate with your facility speech pathologist and nursing staff to ensure we meet your needs every time.



See the
FEES difference
with **SDX**

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Avon, CT 06001

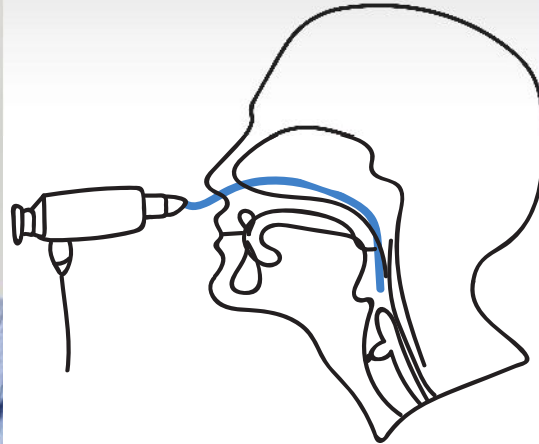
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katrina@swallowingdiagnostics.net
SDX-FEES.COM

SDX

Making Dysphagia
easier to swallow
since 1997.
Service in 48 hours
now available in
CT, Mass & RI!

Learn more at
SDX-FEES.COM

See the FEES difference with SDX!



SDX

FEES is the only swallow test that lets us view secretions, spontaneous saliva swallows and laryngeal & pharyngeal tissue because of our top-down view into the pharynx. We can determine if there are signs of laryngo-pharyngeal reflux or even aspiration of oropharyngeal secretions. When we come across residents with chronic cough or aspiration pneumonia in the absence of aspiration of food or liquid, **FEES** is the test that can provide the necessary information for a differential diagnosis and functional management.

The FEES (Fiberoptic Endoscopic Evaluation of Swallowing) procedure has been well-established in the research over the last 30 years since its inception by Dr. Susan Langmore. The “gold standard” of instrumental dysphagia testing is to truly have the choice to select the best exam based on the patient’s symptomatology and clinical considerations. A FEES does not use radiation like the MBS (Modified Barium Swallow) procedure which means a FEES has no time limits. A FEES can assess an entire meal and on average, an SDX FEES lasts 12 minutes. Research has proven that 90% of aspiration happens before or after the swallow, the stages of the swallow the FEES is most adept at viewing. With continuous recording, footage can be used for biofeedback and staff and caregiver training which is particularly beneficial in the decision-making process to determine the least restrictive diet.

When you think FEES, think about residents who have the following challenges:

- Slow to eat
- Difficult to position or limited time out of bed
- Restricted upright position due to surgery or pain
- Respiratory difficulties due to pre-existing conditions like COPD & CHF
- Neurodegenerative disorders
- Medically fragile residents
- Residents that fatigue when eating
- Vocal changes/wetness or coughing during or after a meal
- Vocal changes/wetness or coughing persisting even when the resident is not eating



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