BAY COMMUNITY SUPPORT SERVICES

Annual Walk, Run, & Roll Pledge Form

8am Registration Opens | 9am Race Starts Race held at Greenwell State Park Timed 10k & 5k Run and Fun Walk/Run/Roll

Registration Fees are waived for participants who receive \$90 or more in pledges!



THANK YOU FOR YOUR PLEDGE!

To Pledge with a Check: Please make checks payable to Bay Community Support Services or Bay-CSS and please put WRR in the Memo section. Thank You!

To Pledge with Credit Card: Please visit www.baycss.org/walkdonate. Please note the Donors name and pledge amount on the sheet below to receive credit for an online donation.

	Sponsor Name	Email	Pledge Amount	Check/Online
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For 30 years, Bay Community Support Services has provided personalized services to adults with intellectual and developmental disabilities. We are committed to the belief that every individual, regardless of their ability or disability, is afforded the opportunities and skills necessary to work, live, and participate in their community. Our services are specially tailored to support varying levels of intellectual abilities and physical mobility.

HOW IT WORKS:

Pledging is a great way to raise money for a great cause! You don't have to ask for a lot from any one person, but everyone who pledges is still making a BIG difference in the lives of someone with a disability!

- 1. Ask your family, friends, coworkers, neighbors, etc to make a commitment.
- 2. Collect all pledges at the time of the commitment. Pledges may be made by check or credit card.
 - a. To Pledge with a Check: Please make checks payable to Bay Community Support Services or Bay-CSS and please put WRR in the Memo section.
 - b. To Pledge with Credit Card: Please visit www.baycss.org/walkdonate. Please note the Donors name and pledge amount on the sheet below to receive credit for an online donation.
- 3. Return your pledge form and contributions to Stephanie Raines at Bay-CSS the Monday before the event to be considered for the prize.

You can drop off your pledge form or mail it to:

Bay Community Support Services ATTN: Stephanie Raines 25410 Rosedale Manor Lane Hollywood, MD 20636

QUESTIONS:

Have questions? Please contact Stephanie Raines at (240) 309-4046 x 316 between 9-5pm Monday-Friday or at rainess@baycss.org anytime!

THANK YOU!

Thank you so much for participating in our Annual Walk, Run, & Roll! We rely on community members like you to make a difference in the lives of disabled adults living in your area. We appreciate you!!!