

***Community Resources
For Fentress County
Clarkrange & Jamestown
Head Start Centers
2025-2026***



To locate additional information on Community
Resources access:

<https://empoweruppercumberland.org/discoverresources/>.

Or <https://ucassist.org/search/>

Developed and Distributed by L.B.J. & C. Head Start

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Adult Education:

Fentress County Adult Education

209 N Main St..

Jamestown, TN, 38556

phone: (931) 879-3802

***They offer: GED, Adult High School,
Basic Computer Training***

*(Assists Adults to further their
education)*

Roane State Community College

2567 Cook Rd. Crossville, TN 38555

931-456-9880

*(Assists Adults to further their
education)*

Roane State Community

College/Jamestown Campus

6844 S. York Hwy Clarkrange, TN

931-752-8320 or 1-866-462-7722

www.roanestate.edu

*(Assists Adults to further their
education)*

Tennessee Technology Center

740 Hi Tech Dr. Livingston, TN. 38570

(931) 823-5525

*(Assists Adults to further their education
and job skills training)*

Tennessee Technological University

1 William Jones Dr. Cookeville,

Tennessee 3101

(800) 255-8881 or (931) 372-3888

*(Assists Adults to further their
education)*

Volunteer State Community College

113 Windle Community Rd. Livingston,
TN 38570

931-823-7065

*(Assists adults with furthering their
formal education. Assistance with*

*financial aid & scholarship sign-up is
available)*

Adult Job Training Services:

American Job Center at Cookeville

Career guidance service

620 S Jefferson Ave Ste 202 ·

(931-520-6020)

Skill Up Tennessee

Barb Siddiqui

Administrative Associate II

Family & Consumer Sciences

UT Extension, Knoxville, TN

865/200-4532 - Office

skillup.tennessee.edu

American Job Center @ Crossville

60 Ridley St.

Crossville, TN 38555

931-484-7456

(Assist adults in locating jobs)

Social Security Administration - SSI Program

1145 Perimeter Park Dr. Cookeville, TN
38501

931-528-9765 & **Hotline:** 800-772-1213

*(Assists with Disability Services,
Money/Employment Assistance. The SSA
administer a program called SSI for
persons with disabilities who are age 65
or older, a blind adult or child, or
disabled adult or child - children under
18. If under 18, substantially reduced
ability to function independently,
appropriately and effectively in a
manner expected of children of similar
age due to a physical or mental
impairment, which has lasted or is
expected to last at least 12 months or
end in death.)*

Tennessee Department of Human Services – Fentress County

240 Colonial Circle, Suite B
Jamestown, TN 38556
931-879-9976

(Assists with Children's Issues, Disability Services, Food, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Tennessee Technology Center at Crossville

910 Miller Ave.
Crossville, TN 38555
931-484-7502

(Assists Adults to further their education and job skills training)

Tennessee Technology Center at Livingston

740 Hi Tech Dr. Livingston, TN. 38570
(931) 823-5525

(Assists Adults to further their education and job skills training)

Upper Cumberland Human Resource Agency - Fentress County

308 Main Street
Jamestown, TN 38556
931-879-8040

(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth

Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls)

Vocational Training Center

955 E 20th St.
Cookeville, TN. 38501
(931) 526-4721

(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)

Resources for Bereavement:

Heart of the Cumberland

25 W Broad St. #11
Cookeville, TN 38501
Phone: 931-525-2600
heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Hospice Grief Recovery Group

Sponsored by: Lazarus House Hospice
155 E Spring St. Ste. A,
Cookeville, TN 38501.
931-528-5133

Love Memories Support Group

306 S. Main St. Jamestown, TN 38556
Meet at Fentress County Library
931-879-7512
(For those who have lost loved ones)

Childcare:

CLARKRANGE HEAD START
1399 FRANKLIN LOOP
CLARKRANGE, TN 38553-0000
(931) 450-8249

Faith Christian Academy
627 S. MAIN STREET
JAMESTOWN, TN 38556
(931) 879-9137

JAMESTOWN HEAD START
629 NORTH MAIN STREET
JAMESTOWN, TN 38556
(931) 450-4583

KIDS KORNER
629 N. Main St.
JAMESTOWN, TN 38556
(931) 879-3675

Kids Land
719 Allred Rd
Clarkrange, TN 38553
931-863-5155

KIDS ZONE
2016 MEADOWVIEW DRIVE
JAMESTOWN, TN 38556
(931) 879-0663

SMALL WORLD DAY CARE
314 STEWART STREET
JAMESTOWN, TN 38556
(931) 879-9695

Resources to help in Child Abuse Situations:

Avalon Center
196 10th St. Crossville, TN. 38555
1-800-641-3434 24-hour crisis line
(931) 484-4642 24-hour crisis line

(931) 456-0747 Center office
(Crisis line for those being physically or sexually assaulted)

Child Abuse Hotline
900 2nd Avenue North
Nashville, TN 37201
877-237-0004

Children's Center
340 West Central Ave
Jamestown, TN. 38556
(931) 879-7290

Department Of Children's Services
240 Colonial Circle
Jamestown, TN 38556
(931) 879-9976

Fentress County Anti-Drug Coalition
326 White Oak st. Jamsetown, TN
38556
931-752-7075

Fentress County Justice Center
140 Justice Center Dr
Jamestown, Tennessee 38556
(931) 879-8142 or 931-752-0911
9-1-1 Emergencies

Jamestown Police Department
222 S Main St
Jamestown, Tennessee 38556
(931) 879-5871
9-1-1 Emergencies
(Assist with emergency needs)

LifeCare Family Services
665 S. Jefferson Ave. Cookeville, TN.
38501
(931) 528-0051
(615) 781-0688
(A faith-based community Non-profit mental health facility that offers community mental health and counseling)

services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street
Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Dental Providers who take TennCare:

Cookeville Regional Dental Clinic

327 North Cedar Street
Cookeville, TN 38501
(931) 528-5105

Cloudland Dental Clinic

510 Livingston Rd.
Crossville, TN. 38555
(931) 484-3007

Dr. Steven Ellis

215 Oak St
Livingston, TN. 38570
(931) 823-5517
(Provides dental services)

Dr. Buckie Parsons

215 Oak St
Livingston, TN. 38570
(931) 823-5517
(Provides dental services)

Dr. Joe Upton

415 University Street
Livingston, TN 38570
(931) 823-5653
(Provides dental services)

Hermitage Dental Clinic

Dr. Charles Burdeshaw
107 Bonnahbrook Drive
Hermitage, TN 37076
615-889-1654

Putnam County Health Department

701 County Services Drive
Cookeville, TN. 38501
(931) 528-2531

Dental Providers, who may not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0503
(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Cookeville Rescue Mission

1331 S Jefferson Ave, Cookeville, TN 38506
(931) 528-5819

Resources for Persons with Disabilities:

Access Program

715 E Spring St.
Cookeville, TN 38501

(931) 520-8465 (Assists persons with disabilities)

Children's Special Services

Jamestown, TN

931-879-9936

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Friends of T.I.P.S.

1 William L Jones Dr.

Tennessee Tech University

Cookeville, TN 38505

931-372-6247

(Assist with Children's Issues , Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee

Early Intervention Program at 931-372-3561.)

KIDS Putnam

1130 Chocolate Dr.

Cookeville, TN 38501

931-526-5437

(Assists with Children's Issues, Disability Services)

Lion's Club

931-752-8878

(Assist with eye exams/free glasses)

Project Affirm

501 Spruce Street

Dale Hollow Mental Health Center

Livingston, TN 38570

931-432-5590 & **Hotline:** 931-823—5678

(Provides support services for families with children ages 2 - 17 diagnosed with serious emotional disturbance or dual diagnosis of developmental and behavioral disorder. They also provide respite alternatives ranging from indirect to direct care services. Services are not provided to children who are in the custody of the Department of Children's Services)

TN Early Intervention System (TEIS) - Jamestown

Carol Crabtree

Education/training

(931) 510-5857 *(Assist children/families birth - 3 yrs)*

Resources to help in Domestic Violence situations:

Alliance Against Domestic Violence

Cookeville TN 38501

(931) 526-4730

(931) 526-5197

Genesis House

Street location is confidential
Cookeville, TN N/A
(931) 526-5197
Toll Free: 800-707-5197

**Resources available to help fight
the Alcohol and Drug Abuse
(Including METH) Problems in
your area:**

All Local Churches in Area

Adult & Teen Challenge

200 Freedom Ln
Livingston, TN 38570
1-888-688-0470
TeenChallengeUC.org

**Bradford Health Center @ Cookeville
Regional Office**

1330 Neal Street, Suite D
Cookeville, TN 38501
931-528-6803
*(Treatment Facilities for Alcoholism and
drug addiction for adults & children)*

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN. 38570
(931) 823-5678
*(Assist with family or individual
counseling for drugs/alcohol/etc...)*

Drug Abuse Hotline

1-800-662-4357
(Call to report illegal drug activity)

Drug Addiction Hotline/TN Redline

1-800-889-9789
(Call to get help for drug abuse)

Drug Rehab Treatment

1-866-845-8975
(Call to get help for drug abuse)

Manna House Ministries

326 White Oak St.
Jamestown, TN 38556
931-752-7075
*(Outreach Ministry for those suffering
from addictions)*

Meth Hotline/Statewide

1-866-293-7031
(Call to report suspected Meth activity)

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38506
Phone: (931) 432-4123 & Hotline: (877)
567-6051
*(Assist persons with disabilities/mental
illness & Drug abuse in various ways)*

Thirteenth Judicial Task Force

1270 W. Broad St. Cookeville, TN.
38501
(931) 528-5400
(Drug Task Force)

**UpperCumberland-Community
Services Agency**

1000 England Dr. Suite F.
Cookeville, TN 38501
(931) 520-0200

**Assistance in the event of an
Emergency Situation:**

Air Evac Life Team

106 Emergency Services Drive
Albany, KY 42602
(606) 387-9099
Emergency = 9-1-1
(Assist with emergency needs)

American Red Cross

200 White Oak St
Jamestown, TN 38556
931-879-8122

(Assistance with clothing, food & shelter in the event of a disaster, such as house fires)

Clarkrange Volunteer Fire Department

6802 S. York Hwy. Clarkrange, TN 38553
931-863-5777
(Assist with emergency needs)

Disaster Assistance

DisasterAssistance.gov
1-844-684-6333

Fentress County Fire Department

115 Justice Center Dr.
Jamestown, Tennessee 38556
931-879-8310 or 9-1-1 Emergencies
(Assist with emergency needs)

Fentress County Rescue Squad

222 Duncan St.
Jamestown, TN 38556
931-879-7396

Jamestown Fire Department Unit 1

Jamestown TN 38556
931-879-8130

Muddy Pond Fire Department & Rescue

Muddy Pond
Crawford, TN. 38554
(931) 445-3036
9-1-1 Emergencies *(Assist with emergency needs)*

Overton County Rural Fire Department

255 Industrial Park Dr.
Livingston, TN. 38570
(931) 823-1133 *(Assist with emergency needs)*

Overton County Rescue Squad

118 N Court Square
Livingston, TN 38570
(931) 823-5404 *(Assist with emergency needs)*

Poison Control

1-800-222-1222

Shriners of Tennessee

1354 Brick Church Pike
Nashville, TN. 37207
(615) 226-7676
(Helping children with orthopedic and burn conditions at no cost to the families or outside agencies)

TEMA

www.tn.gpv/tema

Volunteer Electric Cooperative (Electric)

1023 S. Old Hwy 127
Jamestown, Tennessee 38556
931-879-5853

Fentress County Utilities (Water)

1026 Taylor Place Rd
Jamestown, Tennessee 38556
931-879-7639

Assistance with Food/Clothing/Utilities Needs:

Alive in the Spirit Church

126 Merry Ln.
Jamestown, TN 38556
(931) 879-4971

American Red Cross

931-879-4060
(Assistance with clothing, food & shelter in the event of a disaster, such as house fires)

Church of The Harvest
5512 S. York Hwy Grimsley, TN 38565
(931) 863-4663
(Assist with various needs)

Community Education Office for the Food Stamp Program
Legal Aid Society of Middle Tennessee and the Cumberlands
9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817
(Provides Pre-screenings and information for the Food Stamp program. Serves all counties in the LBJ&C Head Start Service area.)

First Baptist Church
306 Central Ave. E
Jamestown, TN 38556
(931) 879-8412 or 879-8358
(Assist with various needs)

Alive in the Spirit South
1125 Clarkrange/Monterey Hwy
Clarkrange, TN 38553

Muddy Pond Baptist Church
Muddy Pond Community
(931) 445-4120 *(Assist with food and other needs)*

Pine Haven Baptist Church
829 N. York Hwy
Jamestown, TN 38556
(931) 879-5515
(Assist with food and other needs)

THE HIDDEN PEARL
6302 S. YORK HWY
CLARKRANGE, TN 38553
ASSISTS WITH FOOD AND OTHER NEEDS

Travisville United Methodist Church
(931) 879-5410
3419 Caney Creek Rd Pall Mall, TN 38577
(Provide assistance with food/clothing/utilities/pre-marriage counseling)

Tennessee Department of Human Services – Fentress County
240 Colonial Circle, Suite B
Jamestown, TN 38556
931-879-9976
(Services: Food Stamp; Families First; Medicaid; and TennCare)

Upper Cumberland Human Resource Agency - Fentress County
308 S. Main St. #101
Jamestown, TN 38556
931-879-8040
(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse, Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

York Chapel

(931) 879-5797

3021 N. York Hwy. Jamestown, TN.
38556

*(Provide assistance with
food/clothing/utilities/pre-marriage
counseling)*

**Resources to assist with
Housing/Homeless Needs:****Bread of Life Homeless Shelter and
Clinic**

281 4th Street
Crossville, TN 38555
931-707-0503

Cookeville Rescue Mission

1331 S Jefferson Ave, Cookeville, TN
38506
(931) 528-5819

Habitat for Humanity

329 McLarty Lane
Crossville, TN 38555
931-484-4565
*(Builds homes for low-income families.
There is an application and selection
process)*

HART

Homeless Advocacy for Rural
Tennessee
Grant based program, which allocates
homeless assistance
P.O. Box 3311
Crossville, TN 38557
931-484-3207

Cookeville Housing Authority

67 Irwin Ave. Crossville, TN. 38555
931-484-2990

Upper Cumberland Homeless Shelter

308 S. Main St. #101
Crossville, TN. 38555

(931) 456-8172

**Upper Cumberland Human Resource
Agency - Fentress County**

Jamestown, TN 38556
931-879-8040

**United States Department of
Agriculture*****Rural Development***

390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 528-6539

**Assistance with Insurance
Needs:****Blue Cross Blue Shield**

888-849-2284
*(Affordable Insurance for Families &
Individuals)*

**Tennessee Department of Human
Services – Fentress County*****Coverkids***

240 Colonial Circle, Suite B
Jamestown, TN 38556
931-879-9976
(Insurance for children)

Tennessee Justice Center

211 7th Ave. N. #100 Nashville, TN
37219
615-255-0331
*Assists with strategies for obtaining
TennCare and appeals process, etc.*

Legal/Governmental Assistance:**Child Support Services of Tennessee -
Cookeville**

580 S. Jefferson Ave. Cookeville, TN
38501
931-528-8598
*(Helps locate parents who are not
paying child support. They will provide*

legal representation in child support hearings. They also provide paternity testing)

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue, #102

Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 1-800-656-4673

Translation services offered: Yes

Tennessee 211

865-215-4211

UpperCumberland-Community Services Agency

1000 England Dr. #F

Cookeville, TN 38501

(931) 520-0200

Upper Cumberland Human Resource Agency - Fentress County

308 Main Street #101

Jamestown, TN 38556

931-879-8040

Resources to Strengthen Marriages:

Allardt Baptist Church

1478 Pennsylvania Ave

Allardt, TN 38556

(931) 879-6232

(931) 879-5433

Assessment/Counseling/training Services (ACTS)

377 Short St. #D. Cookeville, TN. 38501

(931) 528-9399

Joyce Crouch, Counselor

205 South Main Street

Jamestown, TN 38556

(931) 879-4725

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

Travisville United Methodist Church

(931) 879-5410

3419 Caney Creek Rd. Pal Mall, TN 38577

Upper Cumberland Development District

1104 England Dr.

Cookeville, TN 38501

(931) 432-4111

Pre- Marriage Counselors:

Allardt Baptist Church

1478 Pennsylvania Ave

Allardt, TN

(931) 879-6232

(931) 879-5433

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501

(931) 528-9399

Dale Hollow Mental Health Center

501 Spruce St. Livingston, TN 38570

931-823-5678

Travisville United Methodist Church

(931) 879-5410

3419 Caney Creek rd. Pall Mall, TN
38577

**Medical Providers who take
TennCare:**

Dr. Jonathon Allred

234 West Central Ave
Jamestown, TN 38556
(931) 879-8139

Children's Special Services

Cookeville Regional Health Office
200 W. 10th Street Cookeville, TN
38501
931-528-7531

Dr. Clough & Colburn

5751 Bradford Hicks Dr. Livingston, TN
38570 931-823-3030

Fentress County Health Department

240 Colonial Circle Jamestown, TN
38556
(931) 879-9936

Dr. Dilip Joshi

117 Duncan Street North
Jamestown, TN 38556
(931) 879-5884

Dr. Larry Mason

8401 Highway 111
Byrdstown, TN 38549
(931) 864-3187

Dr. Chris Sewell

341 West Central Ave Jamestown, TN
38556
(931) 879-9892

Dr. Richard Smith

100 N. Duncan St. Jamestown, TN 38556

(931) 879-5864 or 931-863-5095

Tennessee Pediatrics

435 North Cedar Street
Cookeville, TN. 38501
(931) 526-6100

Dr. MH Koucheiki

40 Elmo Dr.
Crossville, TN 38555
931-484-5525

Dr. Berman

3234 Miller Ave
Crossville, TN 38555
931-707-8700

Plateau Pediatrics

3234 Miller Ave.
Crossville, TN 38555
931-707-8700

Clarkrange Medical Clinic

6845 S. York Hwy
Clarkrange, TN 38553
931-863-5095

**Medical Providers, who may not
take TennCare, but offer
services to low-income families:**

**Bread of Life Homeless Shelter and
Clinic**

281 4th Street
Crossville, TN 38555
931-707-0503

*(Primary care medical clinic for
uninsured no-income and low -income
persons. Medication, clinic, dental
services for extractions only. Long-term
day shelter program for families, single
men and women or single parents with
children. Employment and emergency
food assistance is available)*

Children's Special Services

Jamestown, TN

931-879-9936

(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Fentress County Health Department

Jamestown, TN 38556

(931) 879-9936

(Takes TennCare and has affordable rates for those who do not have TennCare)

Lion's Club

Jamestown, TN. 38556

752-8878

(Vision screenings & eye glasses for those who cannot afford them)

Partnership for Prescription Assistance

Phone: 1-888-477-2669

www.pparx.org

If you do not have prescription coverage and/or cannot afford your medicines, this organization may be able to help

Mental Health Providers who take TennCare:**Cumberland Plateau Recovery**

106 Elm grove Rd.

Livingston, TN. 38570

(931) 403-3577

(931) 265-5382

(Assists those recovering from substance abuse with counseling and support services)

Cumberland Counseling Center

34 North Jefferson Ave

Cookeville, TN. 38501

(931) 528-2371

(Assists those recovering from substance abuse with counseling and support services)

Dale Hollow Mental Health Center

501 Spruce Street

Livingston, TN. 38570

(931) 823-5678

(Assist with family or individual counseling for drugs/alcohol/etc.,)

LifeCare Family Services

665 S. Jefferson Ave. Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling**: intensive and therapeutic case management: and family preservation.)*

Personal Growth and Learning Center

509 North Cedar Avenue

Cookeville, TN 38501

931-520-8435

(Provides out-patient psychiatric and psychotherapy services (individual - adult and child, family, couples, groups) with specialties in trauma and abuse recovery, eating disorders, child/play therapy, EMDR, employee assistance programs, expert witness, and other generalized mental health services)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 1-800-656-4673

(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance,, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Team Evaluation Center

600 North Holtzclaw Avenue
Chattanooga, TN 37404-1220
(423)-622-0500

(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow Ave.
Cookeville, TN 38506

931-432-4123 **Hotline:** 1-800-281-4943

(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)

Mental Health Providers, who do not take TennCare, but offer services to low-income families:

Assessment/Counseling/training Services (ACTS)

377 Short St. #D Cookeville, TN. 38501
(931) 528-9399

LifeCare Family Services

665 S. Jefferson Ave. Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Street
Cookeville TN 38506
Phone: (931) 432-4123
Hotline: (877) 567-6051

Pacesetters Inc.

2511 HWY 111 North
Cookeville, TN. 38506
(931) 537-9100

Upper Cumberland-Community Services Agency

1000 England Dr. #F
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Fentress County

308 Main Street, #101
Jamestown, TN 38556
931-879-8040

Quit Tobacco Resources

Tennessee Tobacco Quitline: 1-800-784-8669

**Cumberland County Health
Department**

Smoking Cessation

Ruth Lucas

131 South Webb

Crossville, TN 931-484-6196

Ascension Saint Thomas Highlands

401 Sewell Dr.

Sparta, TN 38583

Quit 4 Life Smoking Cessation

Greg Williams

931-738-9211

**Cookeville Regional Medical Center-
Algood Room**

Quit 4 Life Smoking Cessation

Tandy Todd

142 W. 5th St.

Cookeville, TN 38501

931-646-2693

**Tennessee Department of Health,
WIC Program**

S.M.A.R.T. – Smart Mothers are

Resisting Tobacco

1-800-342-5942

Nicotine Anonymous

800-642-0666

American Lung Association

Freedom from Smoking

800-586-4872

info@lung.org

**American Lung Association of
Tennessee**

212 S. Peters Rd Suite 106

Knoxville, TN 37923

865-691-7228

www.lungusa.org

Former Smokers

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

**Resources to assist persons
raising children possibly other
than their own:**

**Agricultural Extension Service,
Fentress County**

207 N. Smith St. Jamestown, TN 38556

931-879-9117

Department Of Children's Services

South Main Street

Jamestown, TN 38556

(931) 879-9976

Help Us Grow Up Successful (HUGS)

Upper Cumberland

Regional Office

200 West 10th Street

Cookeville, TN 38501

931-528-7531

Relatives as Caregivers

1225 South Willow Ave.

Cookeville, TN. 38506

931-476-7123

1-877-275-8233

**The Exchange Club/Stephens Center
for the Prevention of Child Abuse**

616 N Church St. B, Livingston, TN

38570

Contact: Carolyn Isbell, Executive

Director

931-823-6432 & 800-635-5199

**Upper Cumberland-Community
Services Agency**

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

Upper Cumberland Human Resource Agency - Fentress County
308 Main Street, #101
Jamestown, TN 38556
931-879-8040

Youth Villages
448 Neal Street
Cookeville, TN. 38501
(931) 525-6900

Resources to assist with Transportation Needs:

Beaty's Auto Repair
1627 Frank Campbell Road
Jamestown, TN. 38556
(931) 879-7218
(Repairs vehicles)

Gary's Auto Salvage
299 Spring Street
Jamestown, TN. 38556
(931) 879-4457
(Repairs vehicles)

Med Ride Inc
1032 Gouldstown Rd.
Jamestown, TN 38556
931-752-7433

Moody's Transportation
1910 Michigan ave. Allardt, TN 38504
(931) 879-7419

Upper Cumberland-Community Services Agency
1000 England Dr. #F, Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Fentress County
308 Main Street, #101
Jamestown, TN 38556
931-879-8040 & 931-823-7323

931-879-8041

Upper Cumberland Development District
1104 England Dr.
Cookeville, TN 38501
(931) 432-4111

Promoting Youth Involvement:

ASSE
International Student Exchange Programs
404-754-1667
1-800-473-0696

Art Circle Public Library
3 East St.
Crossville, TN. 38555
(931) 484-6790

Boy Scouts
1-800-588-6514

4-H Youth Development Programs
Agricultural Extension Service, Fentress County
P.O. Box 1127 Jamestown, TN 38556
931-879-9117

Central Union Church
Jamestown TN 38556
(931) 879-7454

Girl Scouts
1-800-474-1912

Methodist Youth Group
Jamestown TN 38556
(931) 879-5410

Teens Against Drugs (TAD Center)
Crossville, TN.

Upper Cumberland-Community Services Agency
1000 England Dr. #F, Cookeville, TN 38501

931-520-0200

Youth Center of Cumberland County
Hayes Street Crossville, TN. 38555
(931) 484-9736

WCTE American Graduate& Ready To Learn
IWray@wcte.org
CPutnam@wcte.org
931-528-2222

Language Assistance
(All Counties)

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community.
(Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance

coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center
(615) 227-7500
(800) 280-8682

Hispanic Association
732 Lafayette Rd Red Boiling Spgs, TN 37150
(615) 699-6279

LifeCare Family Services - Cookeville - Counseling and Therapeutic Services
665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051
Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training.
(Spanish Language Services)