



Substance Use Treatment Services, Community Choices

Providing Person-Centered Services to Improve the
Quality of Life of Individuals and Families



Providing High Quality Person-Centered Services

At Community Choices, Inc., we strive every day to enhance the quality of life of persons with intellectual and developmental disabilities, as well as those diagnosed with mental health issues. We recognize the unique and valuable contributions these individuals can bring to their communities, and through our wide range of services, we seek to empower them not only through abundant compassion and care, but also through an environment of mutual respect.

It is our mission to work together with individuals and their families, as well as our valued partners throughout each community we serve, to create a more inclusive community in which our consumers can enjoy active, rewarding lives and reach their full potential.



Experiencing New Beginnings

Substance Use Services: CAI's most recent growth occurred in Mecklenburg County, North Carolina (Charlotte). In 2005, CAI was awarded the CASCADE Services Program to provide an integrated continuum of services for substance abusing pregnant and parenting women in Mecklenburg County. In 2006, CAI expanded these services in Durham and Winston-Salem, NC.

In Charlotte, Winston-Salem, & Durham, NC, CAI (doing business as Community Choices, Inc.) provides services to pregnant and parenting women who have substance abuse problems, to help them become drug/alcohol free so they can deliver healthy babies and parent successfully. A wide variety of services are offered to these women and their children, including but not limited to Case Management, Intensive Outpatient Treatment, Residential (Charlotte & Durham only), Prenatal care; Childcare, Transportation, Parenting classes, Job skills training, and aftercare. CAI's substance abuse programs currently serve 104 women.



Featured Services

In Charlotte,NC we provide outpatient treatment, and residential treatment services.

In Durham,NC we provide residential treatment.

In Winston-Salem,NC we provide outpatient treatment.

Substance Use Treatment Services

Services Offered in North Carolina

Eligibility Criteria:

adult female (18 years old)

pregnant or postpartum female (has a child less than 1 year old) **or

parenting female

Work First participant

Substance abuse diagnosis

Must meet ASAM III.5 to be eligible for residential treatment

North Carolina resident

Priority admission will be given to the following individuals

Based on Federal Regulations:

First priority: pregnant, injecting drug user

Second priority: pregnant substance abuser

Third priority: female injecting drug user



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Purpose

The purpose of our programs is to support women and their children by:

- Interrupting the cycle of addiction
- Decreasing morbidity and mortality related to substance misuse
- Increasing positive birth outcomes;
- Decreasing health care cost
- Promoting well families through healthy lifestyles

A History of Dedication and Commitment

For over the years, Community Alternatives, Inc.(Doing business as Community Choices in North Carolina) has offered person-centered services to families, children and adults. Through our nationally accredited (CARF) service operations we provide quality care to individuals with severe disabilities including intellectual disabilities, mental illness, physical disabilities and substance use diagnosis. It is our commitment to build on our years of service and to be a stable, reliable organization for those that rely on us.

We Are Here to Help

Charlotte,NC: The CASCADE (Courage and Support for Changing Attitudes, Dependencies and Environments) Services Program provides both outpatient and residential treatment and prevention services. Contact: 704-336-4844

Durham,NC: The CASCADE @ Durham Program provides residential treatment services. Contact: 919-490-6900

Winston-Salem,NC: The WISH (Women and Infant Services for Health) Program provides outpatient treatment. Contact: 336-397-7500

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