

**Shrewsbury Episcopal Parish**

The Very Reverend Henry Sabetti, Rector  
The Reverend Stephan Klingelhofer, Priest Associate  
The Reverend Dr. Thomas Sinnott, Hispanic Missioner

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www.shrewsburyparish.org



**Shrewsbury Episcopal Parish Services**

7:30 a.m. Holy Eucharist Rite I  
8:45 a.m. Adult Spiritual Formation in the Parish Hall  
10:00 a.m. Holy Eucharist Rite II and livestreamed on our Facebook page

**Sagrada de Familia de Jesus Service Schedule for this Summer**

\*Services are at 4:00 p.m.

June 26, 2022  
July 10, 2022  
July 24, 2022  
August 7, 2022  
August 21, 2022

*The Shrewsbury  
In Vision*

**SHREWSBURY EPISCOPAL PARISH NEWSLETTER**



## From Your Rector: **Is the Table Open?**

Recently I had a hard run on a hot day and finished it near the intersection of 213 and 444. I was fairly spent and bent down, breathing hard, putting my palms on my knees. Get the picture?



A red car pulled over and a woman asked me if I was okay. I said, I was fine and thanked her for being kind enough to stop, notice and ask about my welfare. We exchanged a few more pleasantries and she asked if she could give me a ride? Did I look that bad? LOL. I told her no need as I had only a mile cool down. She smiled and drove away. I was truly touched by that gesture.

Reflecting on this brief encounter has led me to believe that that unknown and kind stranger was for me the presence of the Jesus incarnate within. She was the eyes, ears, voice and hands of Christ. Her presence was real and I believe so was that of Jesus on a hot and humid day near a cornfield only a mile from home.

This summer at The General Convention of the Episcopal Church, which will be in Baltimore in July, delegates both lay and clergy will be presented with a resolution from the Diocese of Northern California which essentially says we as the Episcopal Church will move to an “open table.”

The canonical requirement and the Book of Common Prayer now both assert that “All BAPTIZED Christians may receive communion.” The resolution would change this requirement of baptism and open communion to ALL PERSONS without making baptism a prerequisite.

You can just imagine the now beginning theological debate going on in church, theological and canonical circles. Having read a bit myself, I am fascinated by the wonderful points being purported by both the Baptism First and the Open Table camps.

Since being ordained a deacon in 1998 and a priest in 1999, I have been blessed to serve three parishes (including Shrewsbury) and one residential treatment facility, where I was a chaplain. In each of these places, I have supported and practiced what is called an open communion, stating all are welcome to receive the sacrament of the Body and Blood of Christ. I have sought and received the diocesan bishop’s permission to practice an open table.

In many instances, especially as a chaplain, I was struck by how coming to the table leads one to inquire about Baptism. At Saint Francis Academy (now St. Francis Ministries) in Kansas it was not uncommon to baptize over 20 teenage boys per year. While the normative practice is to be baptized and then receive Holy Communion, what is normative is not always normative for ALL.

If indeed I can experience the real presence of Christ after running and meeting Christ near a cornfield through the humanity of a stranger, then I suppose that real presence is open to all, in ways beyond our imagination. My friends, the presence of Christ is not confined to a wafer for the baptized on Sunday mornings. It is real, alive and offered freely and lovingly in the experience of life and living and people everywhere. That is why as long as I am your priest we will have a table open to all, everyone who comes seeking something none of us can confine or even define.

And when someone says they wish to be baptized or a parent asks for this beautiful sacrament on behalf of their child, we will offer the waters of new life as freely as we do the Holy Eucharist.

Ours is a parish in a denomination that is open and inclusive and welcomes all, all the time. That is who we are as a church. That is who I try to be as a Christian and a priest. And my sense is most importantly, that is who Jesus was and is.

“Alleluia He is coming. Alleluia He is here.”

Peace and Blessings,

Henry+

## Holy Rollers Bocce Ball 3-2!



Holy Rollers: After our first win, we celebrated at Uncle Charlies.  
Top left (down): Cathy Halsted, Joe Halsted, Pam Quarstein, Barbara LLOYD  
Top right (down): Lou Malzone, Lynn McElroy & Beth Gunther



Captain Barbara leads the team to a winning record!



Game time rainbow!

# YOGA IS BACK!!!

## GENTLE YOGA AT SHREWSBURY PARISH!

OUR FIRST CLASS OF 2022 is Wednesday, June 15, 9:30 - 10:45 AM!

### CLASS REGISTRATION LINKS:

June 15 registration link:

<https://momence.com/s/971836>

June 29 registration link:

<https://momence.com/s/971838>

We will continue with the alternating Wednesday schedule again this year.

This year's schedule includes the following dates:

June 15 & 29; July 13 & 27; August 10 & 24; September 7 & 21; October 5 & 19

To allow for proper spacing, there is a 12 person limit for each class.

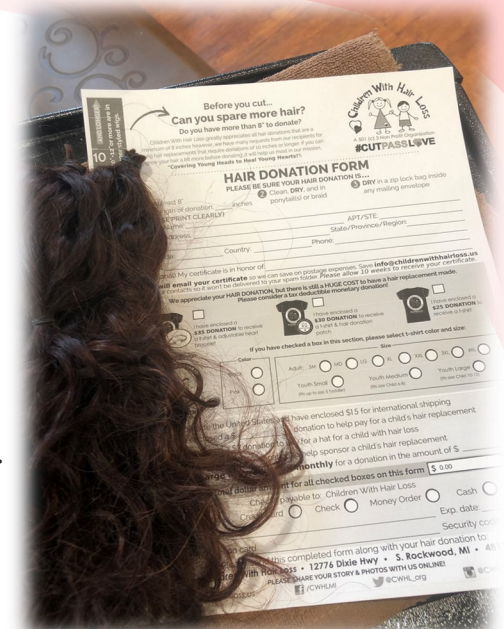
ONLINE PRE-REGISTRATION IS REQUIRED FOR EACH CLASS.

If you have any questions, please feel free to contact Julie Phillips-Turner at [Chesapeakeyoga@gmail.com](mailto:Chesapeakeyoga@gmail.com).



This was the 4th time Pam Quarstein has donated her hair; the last time was in 2018.

Please come to church or watch the service on Facebook to see the new do !!



There is a Lions Club eye glass donation box on the shelf in the narthex. "All types of glasses are appreciated. Eye glasses are processed and usually end up in third world countries where access to glasses is rare."

## Social Ministries

We would like to thank the congregation for supplying bags and containers for the Friday Meals for the Homeless. We now have enough bags to start our own store, so no need for bags.

The people look forward to their Friday home cooked meals.

Thanks to all the people who have cooked or donated to this worthy cause.

We had our first ever Shrewsbury Tea Party Booth (to my knowledge) on May 29, 2022. Again, thank you for your contributions of snacks. Katie, Emily and Sue sold some snacks, but a truly remarkable thing happened. People read our sign FUNDS FOR THE HOMELESS and contributed donations and thanked us. The \$134 we collected will go to the Kent County Coalition for the Homeless.



Social Ministries continues to supply Wednesday AA with treats.

The remaining sweet treats from our booth will go to them this month.

When the bags are packed for the homeless, they will get some snacks too.

Please join the Social Ministry Committee the second Tuesday every month at 6:00 p.m. in the Parish Hall. The next meeting is on June 14, 2022 and we will have a snack for you!



## CUBA OUTREACH...

Ken Sweitzer and Aaron Lampman will once again be leading two upcoming Educational Research trips to Cuba (one of students in June and adults in January for the National Jazz Festival). They are both music professors at Washington College and together their trips over the last ten years have been able to support an extended family of almost 40 people. Each trip takes about 20 travelers who stay in peoples' homes and enjoy personal tours and home-cooked meals by their hosts. The Cuban people live on less than \$600. a month when their income is not supplemented by Ken's trips and donations. Ken and Aaron have gotten our government's permission to ship some much-needed supplies free of charge. Robert Bryan and I were lucky fortunate to have been on the January trip three years ago – the trip of a lifetime!

Any of the following items you can donate would be most appreciated. Collection will run through August. Further info can be found on their website at <https://asheculturaltours.com/staff> or [ken@cubamusicandculture.com](mailto:ken@cubamusicandculture.com)

Gratefully,

Carol Niemand, Community Relations Liaison, [mscarolniemand@gmail.com](mailto:mscarolniemand@gmail.com)  
703-864-7139

Sue Coleman and Emily Cassidy, Social Ministries Co-Chairmen

- ~Band aids
- ~Antibiotic ointment
- ~Baby products (diapers and wipes)
- ~Soaps and deodorants
- ~Crayons
- ~Notebooks
- ~Colored pencils



DO SOMETHING GREAT

### Chesapeake Coalition for the Homeless Sponsorship Evolves

Early this year, in the very coldest days of winter, Parishioner Carol Niemand and Fr Henry identified a critical unmet need of for a period of emergency housing for several homeless individuals. With funding from the Diocese, Kent County Commissioners, and many generous donors, Shrewsbury Parish Church became the founding sponsor of Chesapeake Coalition for the Homeless, with the goal of transitioning stewardship to an independent organization. We are proud to share that the project, renamed the Kent County Coalition for the Homeless, now has an independent board of directors, including Fr. Henry and parishioners Carol Niemand, Bob O'Connell, and chaired by parishioner Thad Bench under the stewardship of non-profit Chesapeake Charities, Inc.

The remaining Shrewsbury Parish Chesapeake Coalition for the Homeless bank account will be ultimately turned over to the new organization, but remain open for several months should additional donations be received during that time.



*Philippians 2:4*

*Let each of you look not to your own interests but to the interests of others.*

## The Fatherhood Initiative: Finding Solutions Together at Big Mixx's

May 23, 2022 by James Dissette

Parenting has its challenges, but for fathers separated from their families because of legal, financial, or other issues, it can feel like an impossible dream to be a part of their children's life. A criminal record, arrears with child support, and behavioral problems all become obstacles to re-entering a relationship with a child.

And even with a willingness to try to find a solution, resources are not always readily apparent.

In a search for solutions, Carol Niemand, Jamie "Big Mixx" Barrett, and Richard Lewis have been working on an impromptu support system to steer fathers in the right direction to achieve a new relationship with their children.

Niemand says that her 40 years as a special education teacher have given her the insight to recognize students without fathers in their lives. Because of that absence, children often display emotional, social, and academic problems in school that play out in young adulthood.

"There was nothing I could do to make up for their absence. Then a light went on as I watched Jamie "Big Mixx" Barrett parent and foster parent children who came into his life these past few years," she says.

The two decided to work together and came up with goals for a fatherhood program: "To equip individuals with tools to succeed in fatherhood; provide help in anger management, literacy, positive parenting and financial stability; build a positive mindset by providing resources spiritual guidance, employment education, substance abuse and mental health; to collaborate with the judicial system by providing help with legal matters; help get criminal cases expunged, and provide resources to stop recidivism."

This March, with a grant from the Episcopal Diocese of Easton, "The Fatherhood Initiative" was founded. Big Mixx's barbershop on Philosopher's Terrace would become the Wednesday meeting place.

"A barbershop is a place you can be yourself and share any problem you might have among friends," says Fatherhood Coordinator Richard Lewis. "We might not always have the answers on hand, but we can point them in the right direction."

So far, more than a dozen men have attended the meetings with the hope of remedying their situation. "Some of these guys have already found the answers they need and have come to share," Barrett says.

It doesn't hurt that every meeting ends next door for dinner at Phat Daddy's where the conversations continue.

Every 2nd and 4th Wednesday from 6 pm to 8 pm, Big Mixx opens his doors for men wanting to find solutions to their parenting dilemmas often with the help of guest speakers who visit to discuss financial health, working with the court to expunge a record, revisit child support issues, and anger management.

Ward 3 Councilmember Jose Medrano will discuss financial literacy Wednesday from 6 pm to 8 pm at Big Mixx's, 100 Philosophers Terrace, near Dollar General. 410-778-9496.

## Two Major Projects Completed!

When visiting Shrewsbury Parish this Easter season, we all saw gleaming new paint on the Rectory and Church. Zierfuss Painting and Restoration restored and preserved our church home through painting and repair of minor problems uncovered at the time. We appreciate Karl Zierfuss and his team for completing the work on the church carefully and safely in time for our Easter Sunday celebration, and Property Committee Co-Chairs Rick and Kelly Schelts for their project leadership.

As soon as the painters moved away from the church, materials arrived for implementation of a long-awaited improvement to the drainage system around the exterior walls of the church. Originally conceived by our late Senior Warden Larry Samuels, the brick and oyster shell drainage system was designed by local architect Barton Ross to complement the appearance of our historic church while protecting the walls from damage due to seepage and ground moisture. Cemetery Warden Rob Busler and Junior Warden Rich Walls led the contracting and implementation. Skillful installation was performed by Maurice L. Jones Masonry, the contractor who built the Parish Hall patio that has served us so well for outdoor worship during the pandemic. Note that final grading, seeding, and landscaping of the area adjacent to the drainage hasn't yet started, so exercise caution when you admire the new brick and oyster shell gutter system.

Many thanks to both contractors for their hard work on these two projects and to all of you who contributed the funds necessary to contract for this work. So far, we've received donations of 84% of final cost the two projects. If you haven't yet had a chance to contribute, or would like to make an additional contribution, please designate your donation as Painting/Drainage Project and send it to the Parish office.



## Rector's Vacation Dates

Fr Henry and Lisa will be on vacation in July beginning the 19th and returning August 1st. During this time the Rev. Stephan Klingelhofer will be our Celebrant for 2 Sundays, July 24th and 31st and will also be "on-call" for pastoral emergencies. Please phone the Parish Office if you need assistance.



**Summer is here at Shrewsbury!**

